**TOPICS OF PRACTICAL DEMONSTRATIONS**

**14.3.2024**

**Sensory issue – Vision** – **Ingrid**

**21.3.2024**

**Issues of the cardiovascular system – Hypertension** – **Rocío**

**28.3.2024**

**Old age and ageing –** Focused on the development of **functional fitness** in seniors – **Thea**

**4.4.2024**

**Metabolic issues – Adult obesity** – **Veronika**

**11.4.2024**

**Pregnancy – Daniela**

**18.4.2024 - CANCELLED**

**25.4.2024 – each 20 to 25 minutes**

**Old age and ageing** – Focused on the development of **cognitive functions** in the elderly – **Mathias**

**Sensory issue – Hearing** – **Isabel**

**2.5.2024 – each 20 to 25 minutes**

**Neuropsychological issues – ADHD** syndrome – **Daniel**

**Alvaro – Asthma**

**9.5.2024 – CANCELLED**

**16.5.2024 – CANCELLED – MUNI DAY**