## Congenital disorders

Z. Rozkydal P. Janíček **Congenital abnormalities** 

The child is born with them

1. Typical - genetic, chromosomes and genes abnormality familiar occurence

2. Atypical – not genetic embryonal damage during pregnancy Gene mutation

Chromosomal disorders

Autosomal dominant transmission Autosomal recessive transmission

X-linked disorders

#### Classification

1. Genetic disorders of cartilage and bone growth Achondroplasia, epiphyseal dysplasia..)

2. Collagen disordersOsteogenesis imperfecta, Marfan syndromNeurofibromatosis ..

3. Enzyme defects Mucopolysacharidosis, Gaucher disease..

4. Chromosome disorders Down syndrom ..

#### Classification

1. Disturbance of the form (shape) 2. Disturbance of separation 3. Duplication 4. Gigantism 5. Hypoplasia 6. Congenital constrictions 7. General deformities

1. Disturbance of the form

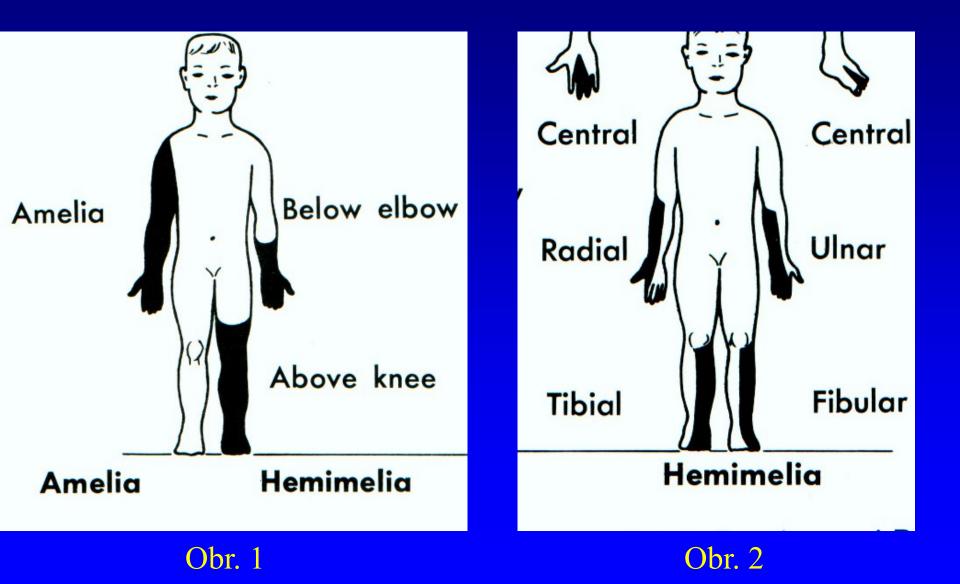
#### A. Transversal defects

- terminal
- intercalary

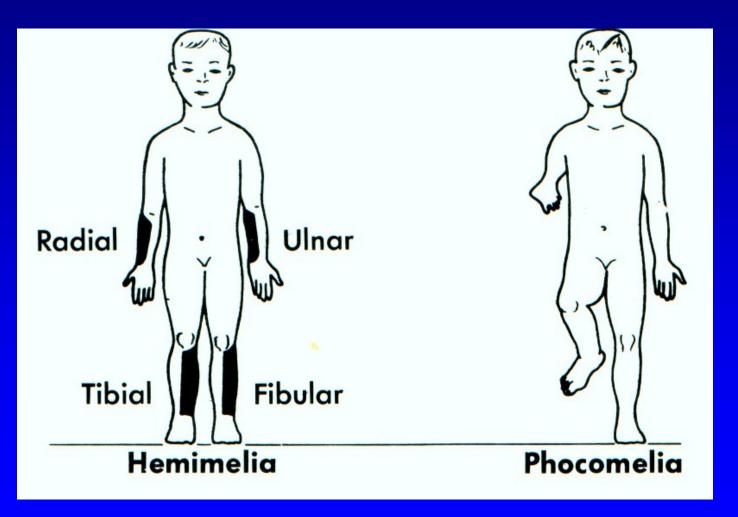
#### B. Longitudinal defects

- terminal
- intercalary

#### Terminal defects



#### Intercalary defects

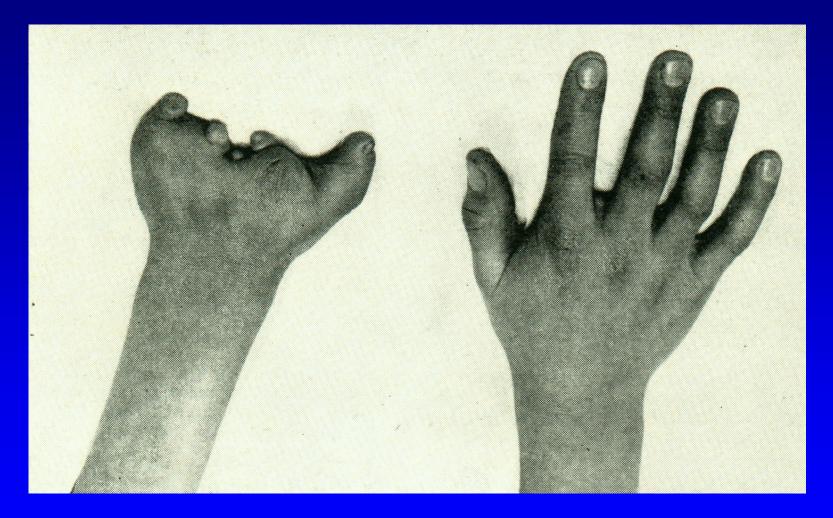


#### Focomelia

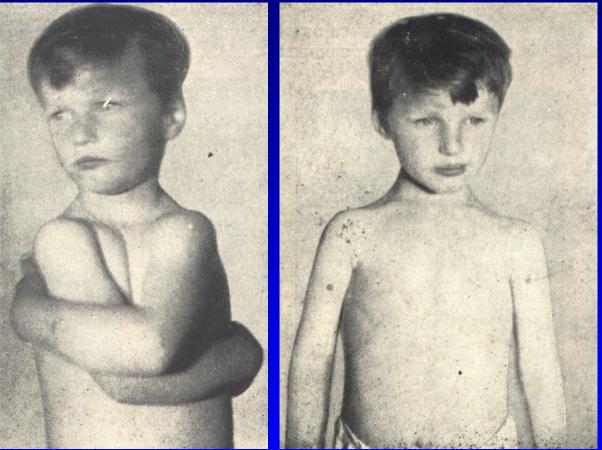
Obr. 4

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#### Congenital aplasia of fingers

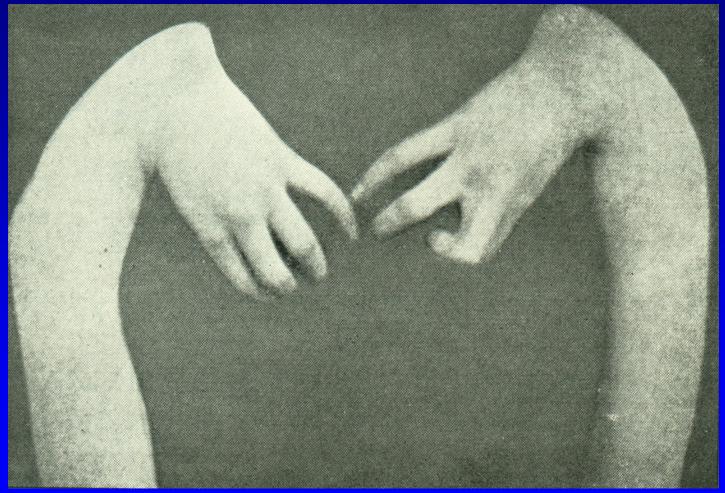


#### Dysostosis cleidocranialis



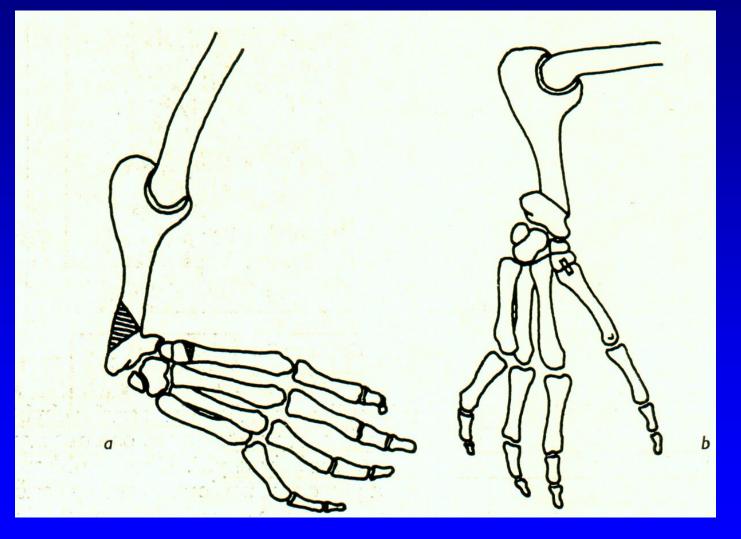
#### Absence of clavicle

#### Congenital aplasia of radius - manus vara





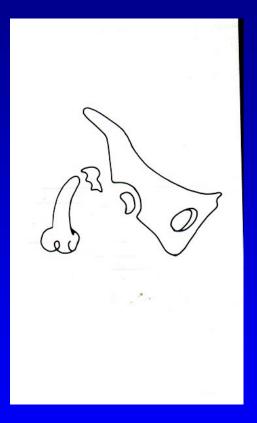
#### Correction surgery for manus vara

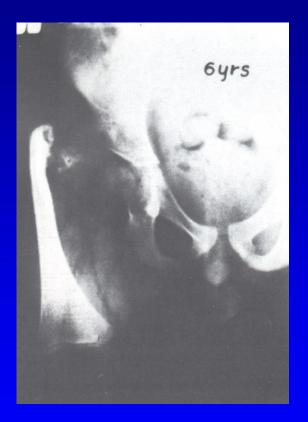


#### Cleft hand



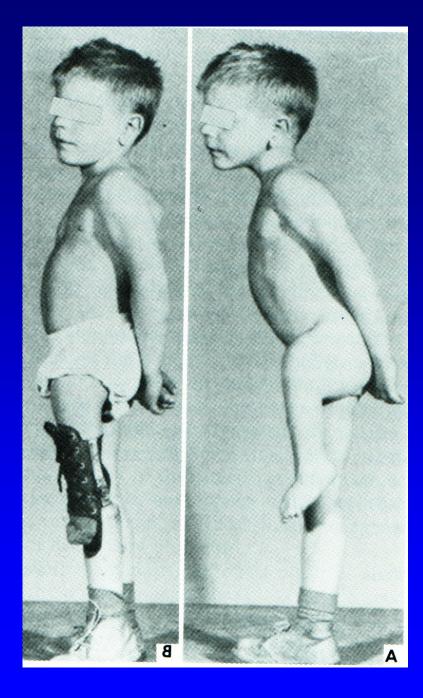
#### Aplasia of the femur



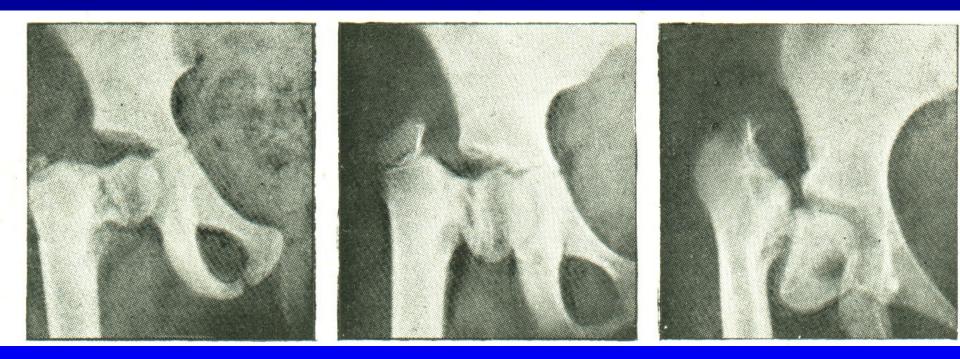


#### Obr. 10

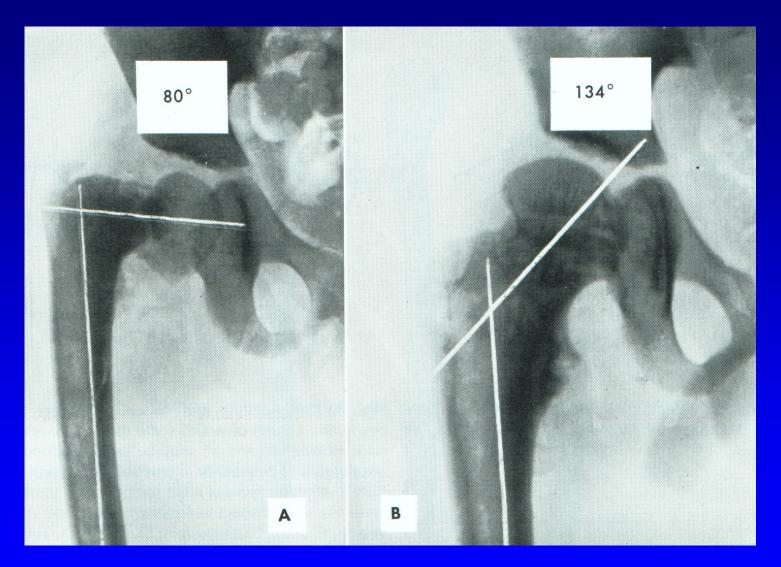
### Congenital aplasia of the femur



#### Coxa vara congenita



#### Coxa vara congenita



#### After correction

## Congenital nonunion of the tibia



#### Aplasia of pectoral muscles



#### 2. Disorders of separation

Syndactylia Radioulnar synostosis synostosis of carpal bones Synostosis of vertebras Tarsal coalition

## **Syndaktylia**



#### Radioulnar synostosis



#### Tarsal coalition





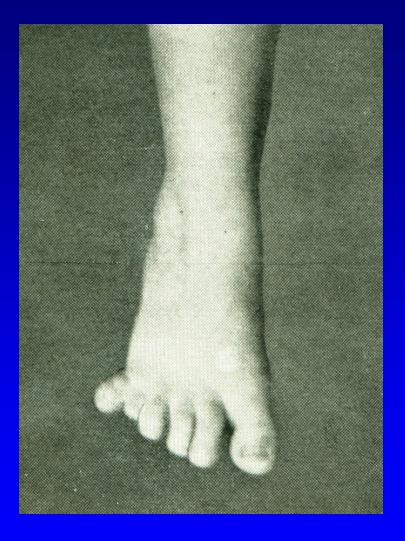
Sprengel deformity - high scapula



Small scapula Os omovertebrale Fixed rotation of scapula Limited movements

## 3. Duplication

#### Polydaktylia



## Polydaktylia



## Polydaktylia

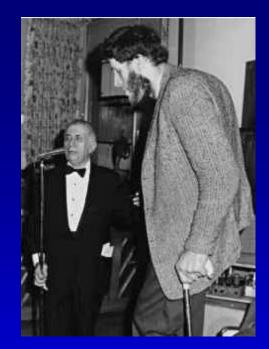


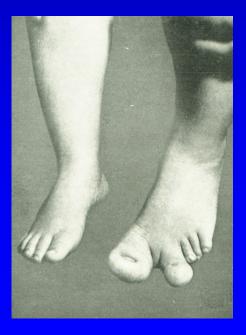
## 4. Gigantism

Growth hormon disorders

A- high stature (over 2 m) Gigantisms

B- hypertrophy of a part of body macrodactylia





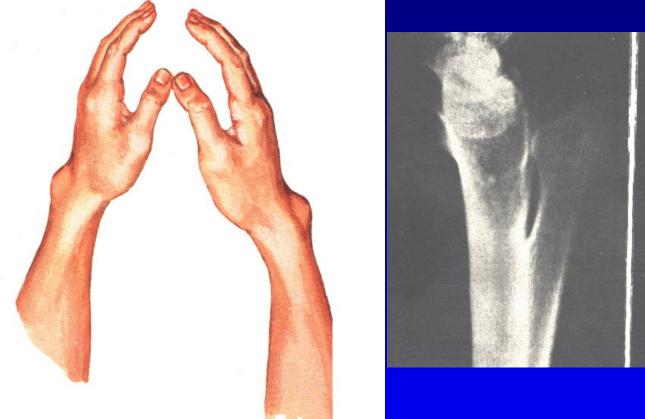
#### Makrodactylia



5. Hypoplasia

Brachydactylia Brachyphalangia Madelung deformity Talipes equinovarus

#### Madelung deformity





Obr. 26

## Talipes equinovarus

Frequent disorder Occurence 1/1000 Boys more often affected

Equinus of the ankle
 Varus of the heel
 Adduction of forefoot

4. Supination of the foot

5. Excavation of dorsum of the foot

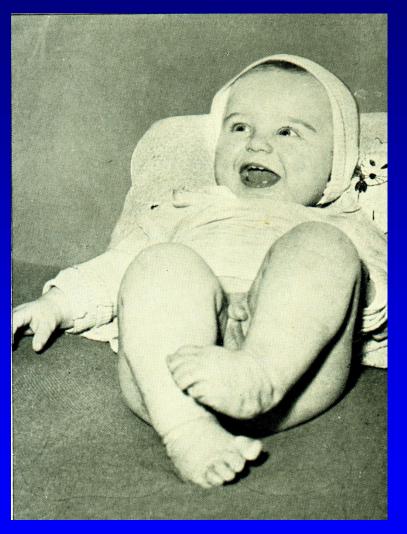


## Talipes equinovarus

Positional

Rigid

Rigid with other deformities



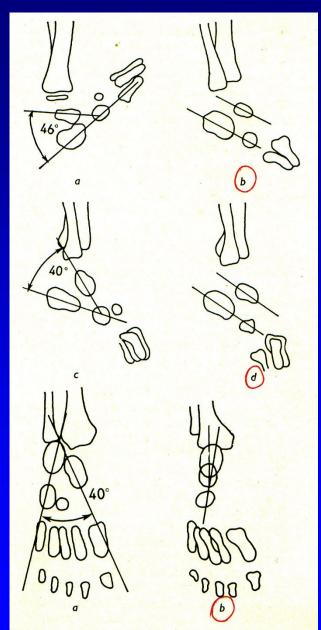


# Pes equinovarus congenitus

X ray

Normal

PEC



#### Management Fysiotherapy – first 2 days



# Splinting

First days after a birth

Change- twice weekly

10 weeks- 3 months

Correction of all deformities





### Ponseti method

Splinting 4 weeks + correction of all deformities

Achilotomy + 6 weeks plaster

Denis- Brown splint

60 % succes40 % surgery then necessary



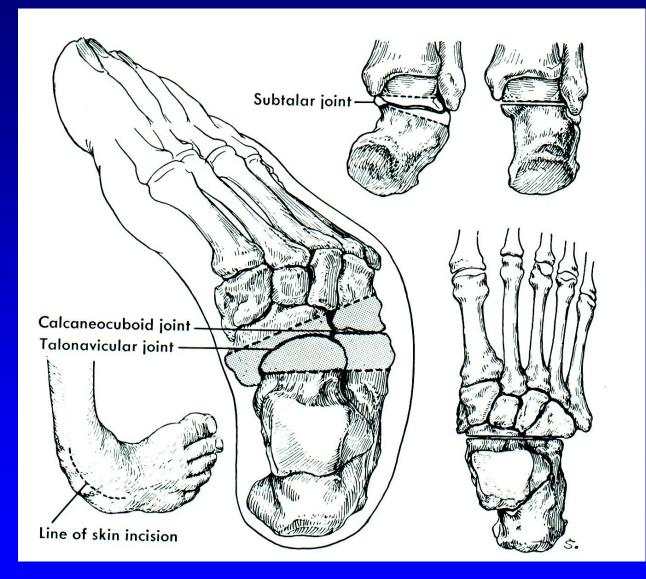


Posterior capsulotomy + lenghtening of Achilles tendon

Surgery- Turco, Mc Kay, Dwyer, Heymann, Bermann + Gartland.

Aftertreatment- plaster, correction splints

# **Triple arthrodesis**



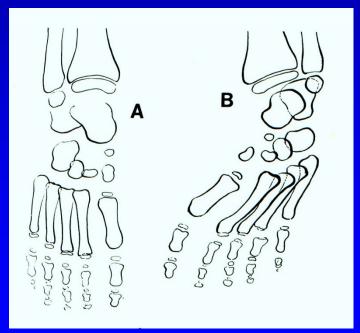
After 15 years of age

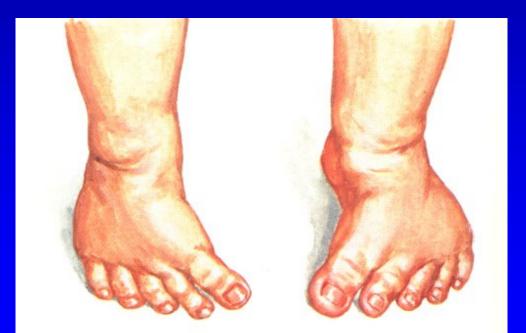
# Neglected pes equinovarus congenitus



Metatarsus varus congenitus

Mild form of equinovarus deformity - adduction and supination of the forefoot Conservative and operative treatment

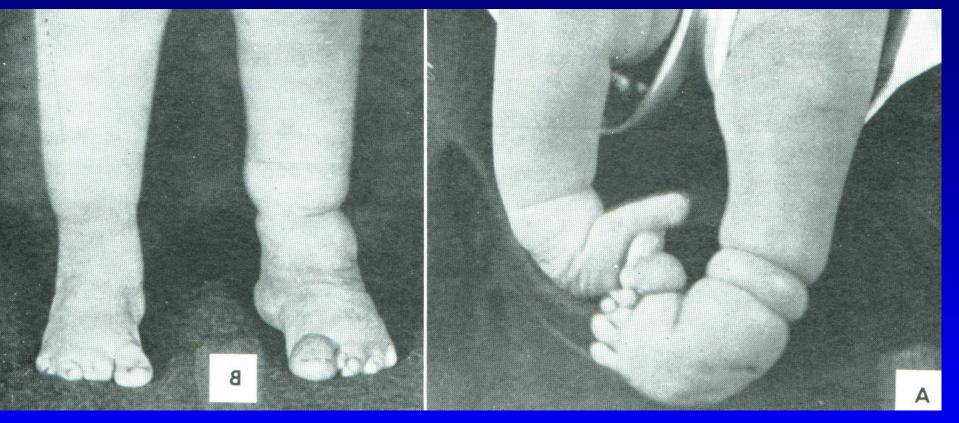








# 6. Congenital constrictions



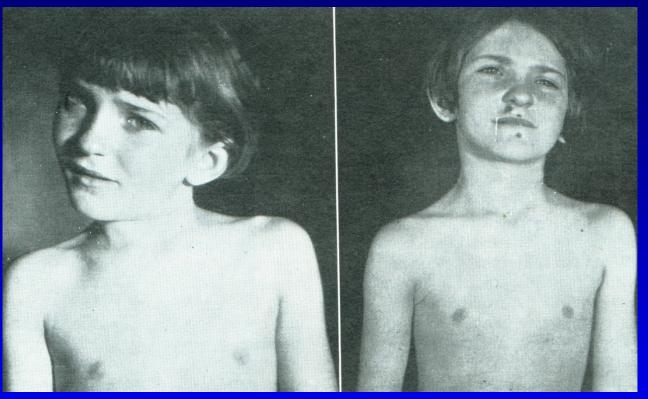
Obr. 37

#### Intrauterine development

# Pterygium colli



# Wry neck- torticollis muscularis congenita



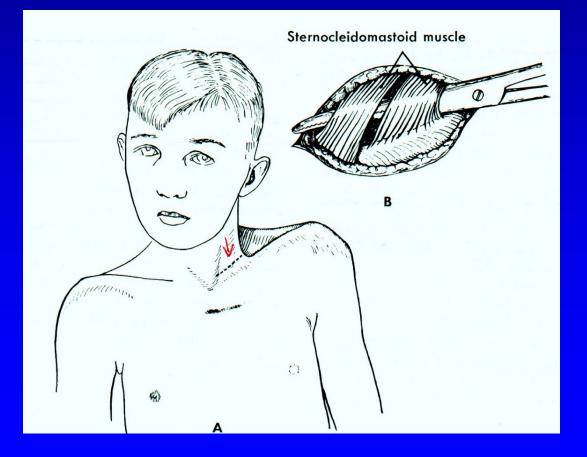
Obr. 39

Trauma of sternocleidomasteoideus muscle during delivery Haematoma, tightening and fibrous shortening The head – rotated to the healthy side tilted to affected side Asymetry of the face

## Torticollis muscularis congenita

### Positioning Bandage





### General skeletal deformities

A. osseous

B. cartilage

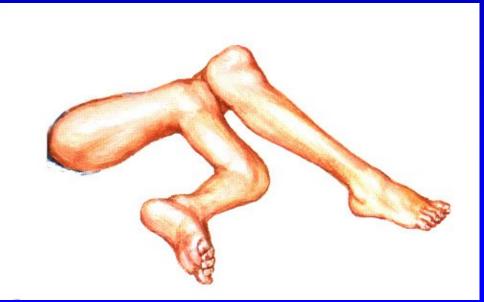
C. mesenchymal



Osteopetrosis

- I. V. types
- letal (multiple fractures intrauterine)
- tarda (fractures, deformities, kyphosis, kyfoscoliosis, blue eyes deafness (otosclerosis)

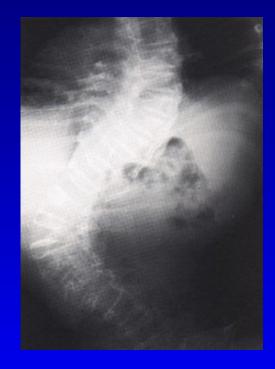












Obr. 43

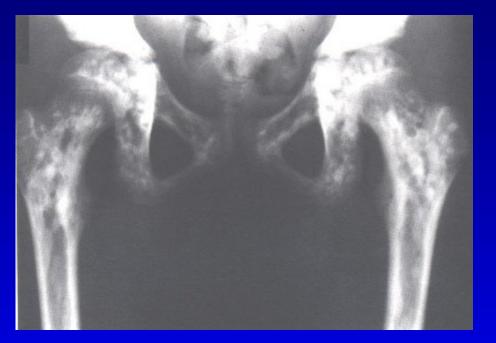


Obr. 45



### Osteopetrosis





Obr. 48

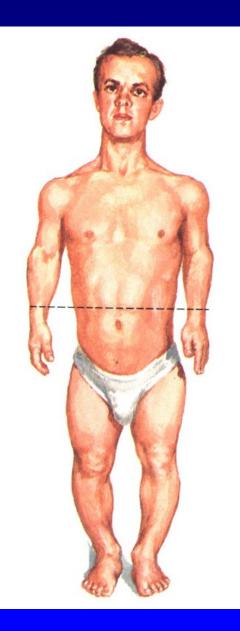
#### Osteopoikilosis

Obr. 47 Osteopetrosis Sclerotic and fragile bone

# B. Cartilage

Achondroplasia Multiple chondromatosis Multiple epipsyseal dysplasia

# Dwarfism- achondroplasia



Dysproportional short stature Long trunk, short extremities

Normal mental condition

Low function of growth plates with their premature closure



# Spondyloepifyseal dysplasia



Obr. 50



#### Obr. 51

Disorder of enchondral growth and ossifications Deformity of epiphyseal region Affections of joints, platyspondylia

# Multiple osteochondromatosis



Obr. 53

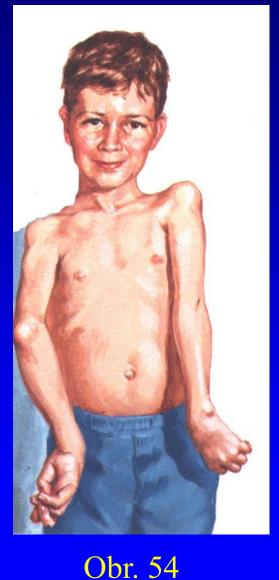
Obr. 52

Multiple osteochondroms

# C. Mesenchymal

Arthrogryphosis congenita Neurofibromatosis Fibrous dysplasia M. Ehlers-Danlos Marfan syndrom Mucopolysacharidosis

# Arthrogyphosis congenita



Change of muscles into fibrous and adiposis tissue

Stiff joints

In flexion In extension

Normal mental condition



#### Multiple neurofibroms

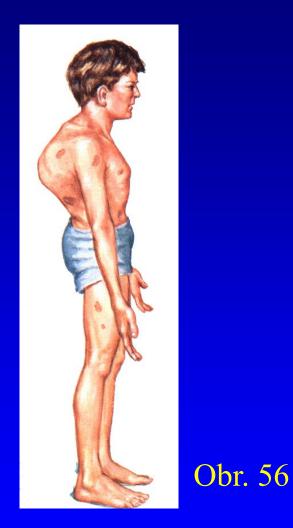
#### Caffe au lait patches

#### Large naevus

### Hyperplasia

Hypoplasia







Obr. 57

#### **Kyfoskoliosis**

#### Elefentiasis

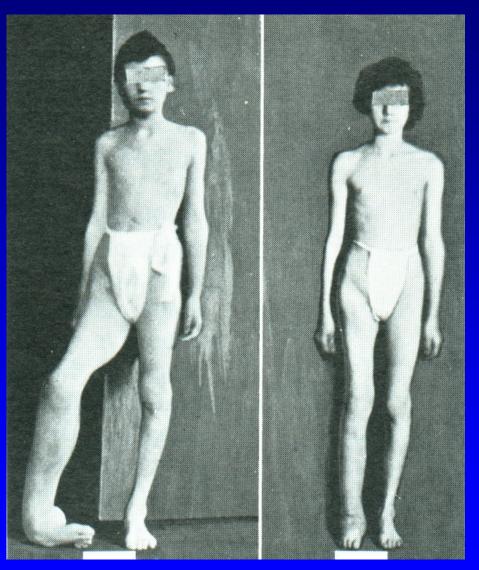
Oedema

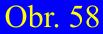
### Elefantiasis

### Haemagiomas

Hyperplasia

Hypoplasia





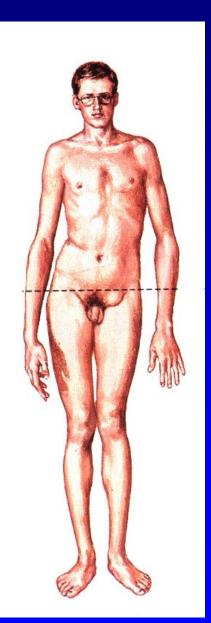
### Scoliosis Deformity of the pelvis





# Marfan syndrom

- Tall stature Long extremities Long fingers Scoliosis Deformity of the sternum
- Aneurysma of the aorta Hearth failure Lens dystopy Gothic palate



# Marfan syndrom



Obr. 61



Obr. 62

Mesenchymal general laxity genu recurvatum

### Mucopolysacharidosis

Morquio- Brailsford syndrom Hurler syndrom Hunter syndrom

# Morquio- Brailsford syndrom



Platyspondylia hyperkyphosis Short stature Short neck Pectus carinatum Weaknes of muscles Hip deformities

# Developmental dysplasia of the hip

Occurence: 5 % of all children

Czech republic: 80-120 diclocations/ year

3-5 time more often girls

20 % of dysplastic O.A.





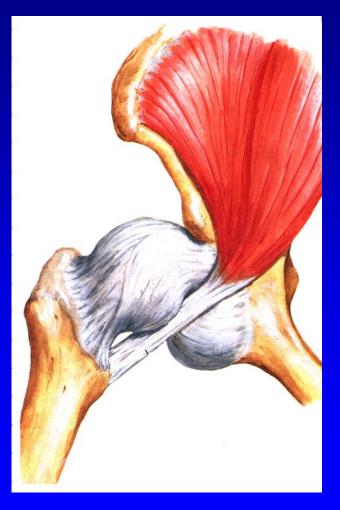
### DDH

Perinatal and postnatal changes

Genes for acetabular dysplasia Genes for joint capsule laxity

Increased laxity- relaxin

External forces Birth- pelvis first





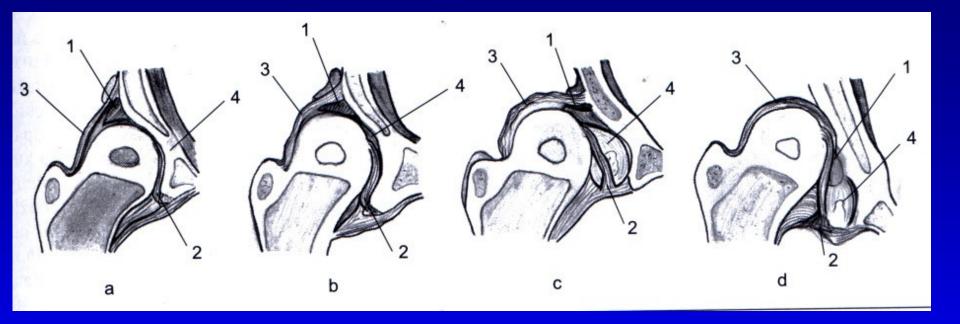
### DDH

1. Dysplasia a- stable hip
b- unstable hip
steep osseous tectum
late ossification of femoral head
no decentration

2. Subluxation – head is subluxated

3. Dislocation- head is outside of the acetabulum

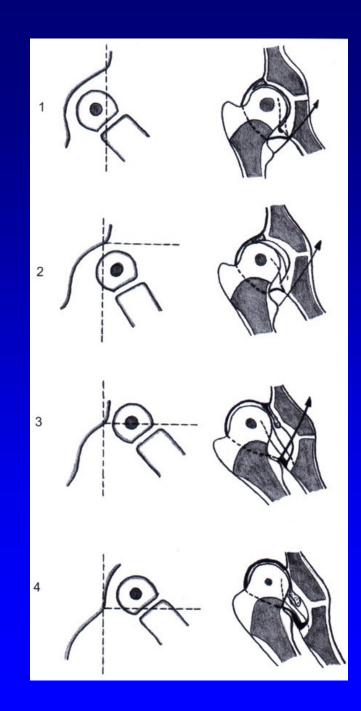
### DDH



a dysplasia, stable hipb dysplasia, unstable hipc subluxationd dislocation

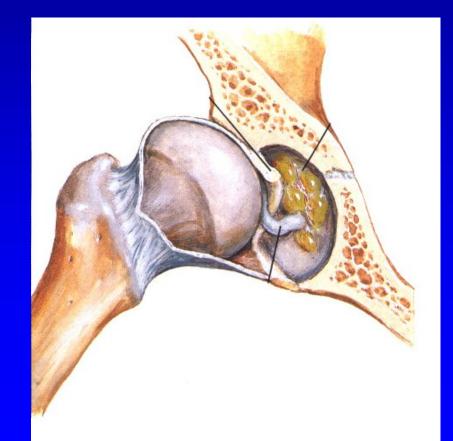
#### AKH classification of DDH

stable dysplasia (preluxation)
 unstable dysplasia
 subluxation
 dislocation



#### 4.dislocation – head is outside of the acetabulum

luxatio marginalis luxatio supracotyloidea luxatio iliaca



# Symptoms in a newborn child- certain

Ortolani abduction test (reduction)

**Dislocation tests:** 

- Palmén test
- le Damany test
- Barlow test

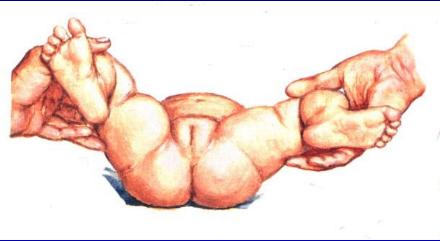
High position of greater trochanter

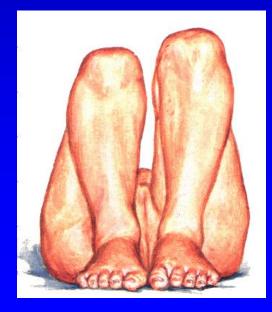
Femoral head is palpable under abductors or in groin region



Symptoms in a newborm child - suspision

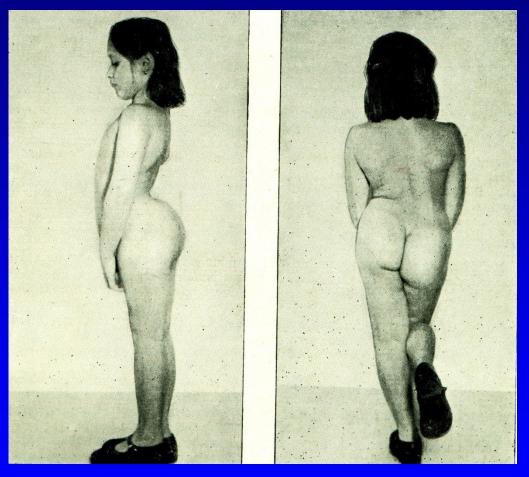
Limited abduction Asymetry of skin grooves Increased tonus of adductors Shortening of the extremity





# Symptoms in an older child

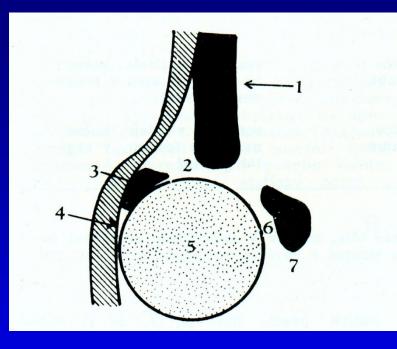
Limping Shortening of the extremity Trendelenburg sign Lumbar hyperlordosis Rocking child in bilateral cases



#### Obr. 70 Trendelenburg sign

# Ultrasonography

# Graf classification 1a1bII a IIb Πc II d III a III b IV

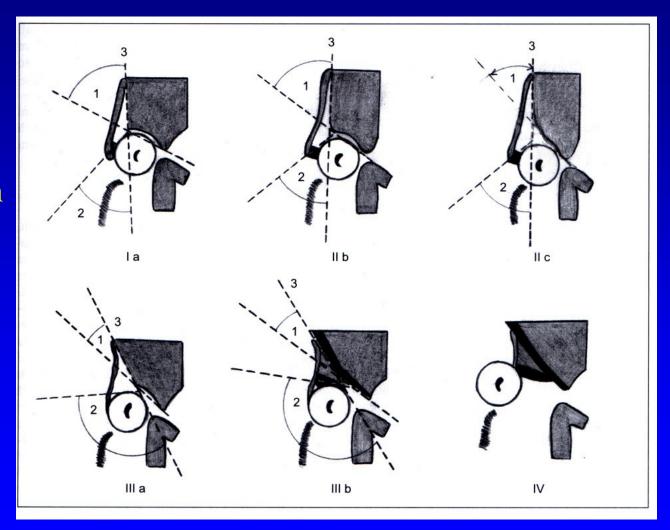


- 1- iliac bone
- 2- cartilago of lateral acetabulum
- 3- labrum acetabulare
- 4- joint capsule
- 5- femoral head
- 6- osseous tectum
- 7- inferior margin of the iliac bone

#### Graf classification- ultrasonography

Ia, Ib normal

IIa,b,c,d dysplasiaIIIa,b subluxationIV dislocation



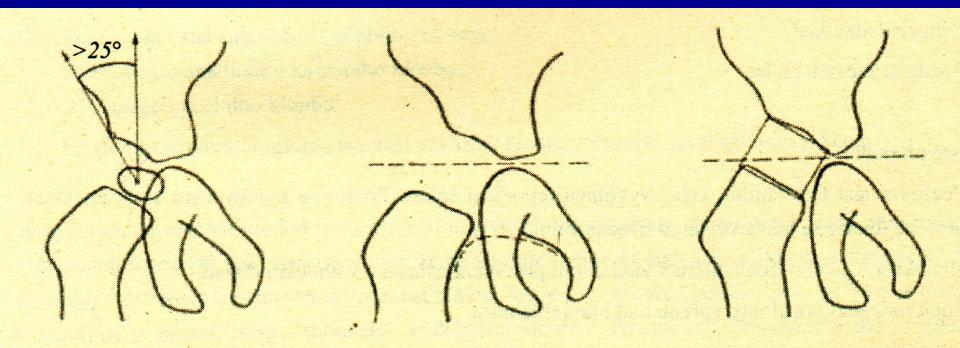
#### Examination in Czech republic

In the first week after birth- clinical examination + ultrasonography - Early onset of the treatment

After 6 weeks – clinical examination + ultrasonography

After 3 months- clinical examination + ultrasonograpy in a case of pathological finding- X ray

# X-ray (after 3 months of age)



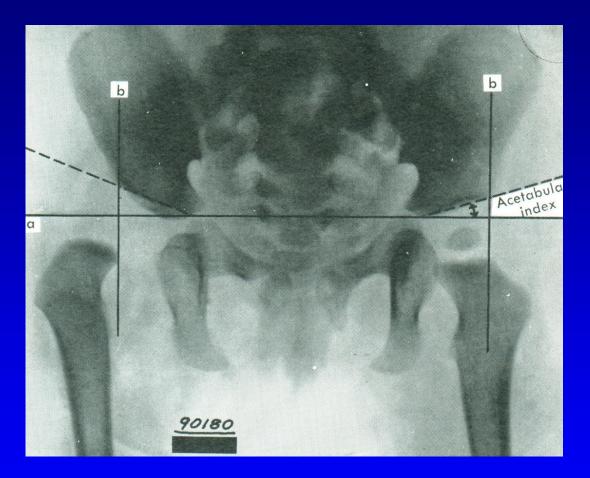
Obr. 72

Wiberg angle

Shenton line

Kopitz paralerogram

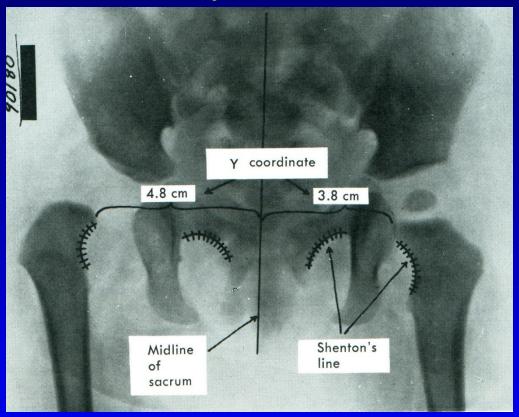




Obr. 73

#### Dislocation of the right hip Absent ossification of proximal epiphysis





Obr. 74

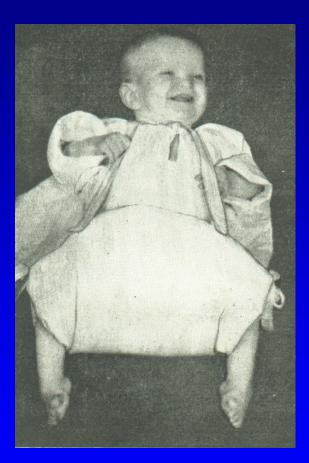
Dislocation of the right hip Femur is upwards and lateral Shenton line is disrupted No ossification of proximal epiphysis Conservative management - closed reduction

In the first month: reduction by gentle Ortolani manevuer- keep in abduction in Pavlik harness Keep in safe zone: 90-120° flexion 50-70° abduction

Spontaneous reduction: up to 2-3 months

- abduction positioning (napkins)
- Frejka pillow
- Pavlik harness

# Functional treatment (Frejka)



Obr. 75





### Frejka pillow

Pavlik harness

# Over head traction

- 1. 2 weeks horizontal
- 2. 4 weeks in fexion of 100° gradually increasing of abduction up to 70° buttock is slightly above the bed
- Bilateral hip spica flexion 100°, abduction 50° for 6 weeks

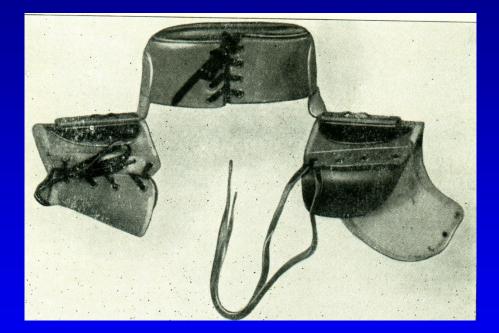


4. Aftertreatment with Pavlik harness or abduction apparatus

# Hip spica

# Abduction apparatus







# Arthrography or MRI

#### Left hip

#### **Inverted limbus**

# Constriction of joint capsule



# Arthrography

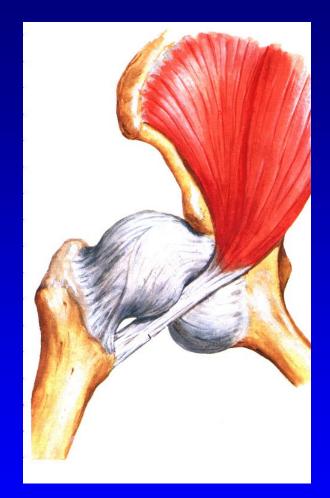
## Large inverted limbus

#### Dichotomy of femoral head



# Obstacles for reduction

- 1. Inverted limbus
- 2. Constriction of joint capsule
- 3. Hypertrophy of lig. capitis femoris
- 4. Ileopsoas tendon
- 5. Big anteversion of the femoral neck



Obr. 82 Iliopsoas tendon

## Operative treatment: open reduction, Salter osteotomy



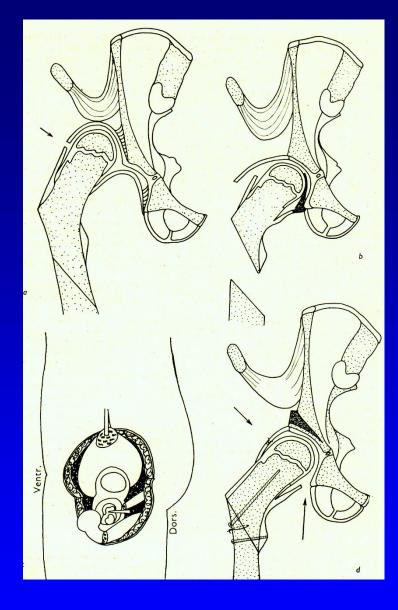
Operative treatment Open reduction

Removal of the obstacle Reduction into the acetabulum

Pelvic osteotomy-Salter, Dega, Pemberton Shortening osteotomy of the femur

Osteotomy of proximal femur

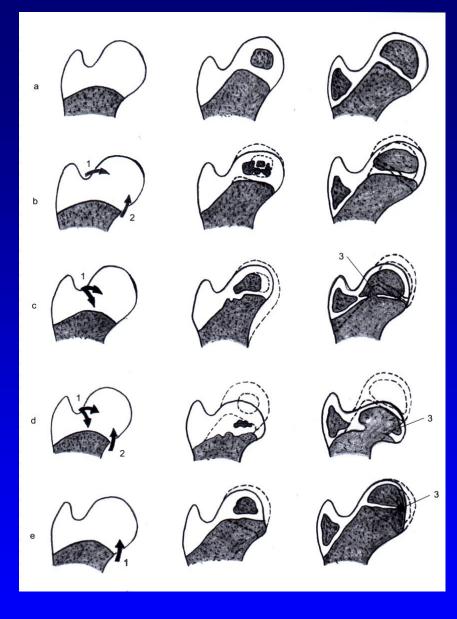
- Shortening of the femur
- Correction of CCD angle and anteversion



Open surgery- Zahradníček

Ischemic necrosis in DDH

a normal b type I slight flatening c type II valgus deformity d type III severe flattening, varus neck e type IV medial part of epiphysis



#### **Buchholz and Ogden**

#### Type I





# Type II



#### Type IV.



# Type III



# **Operative treatment**

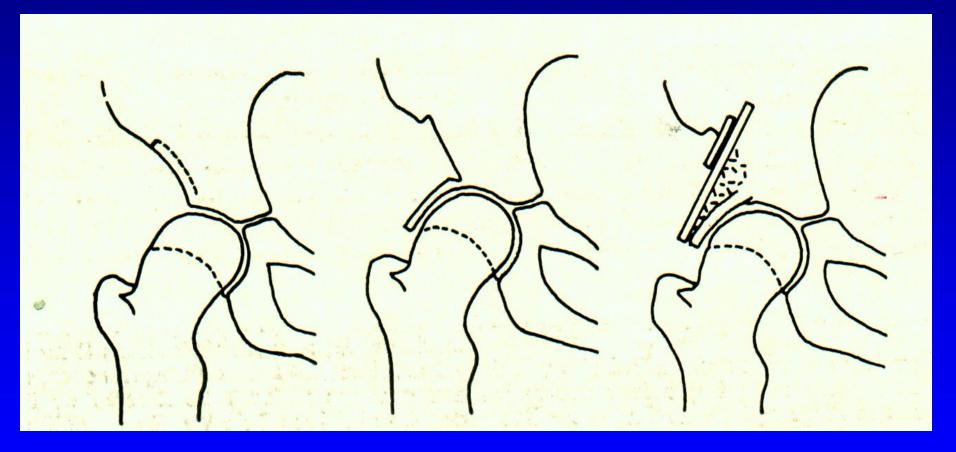
Shelf plasty

Osteotomy of the pelvis Steel, Sutherland, Eppright, Chiari

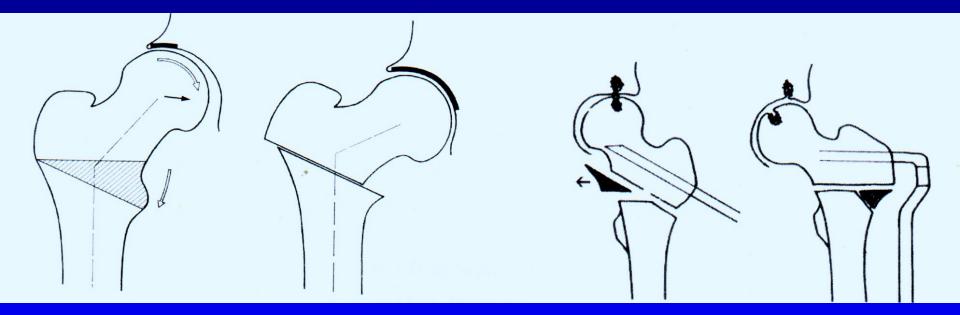
Osteotomy of the femur

- varus
- valgus
- shortening
- derotation

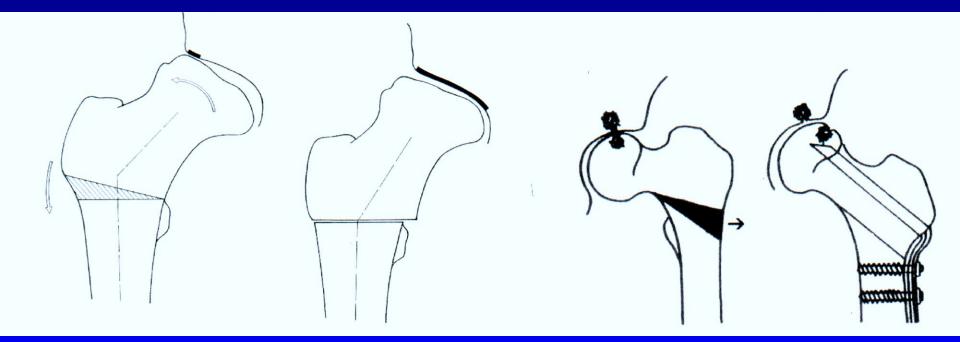
# Shelf plasty



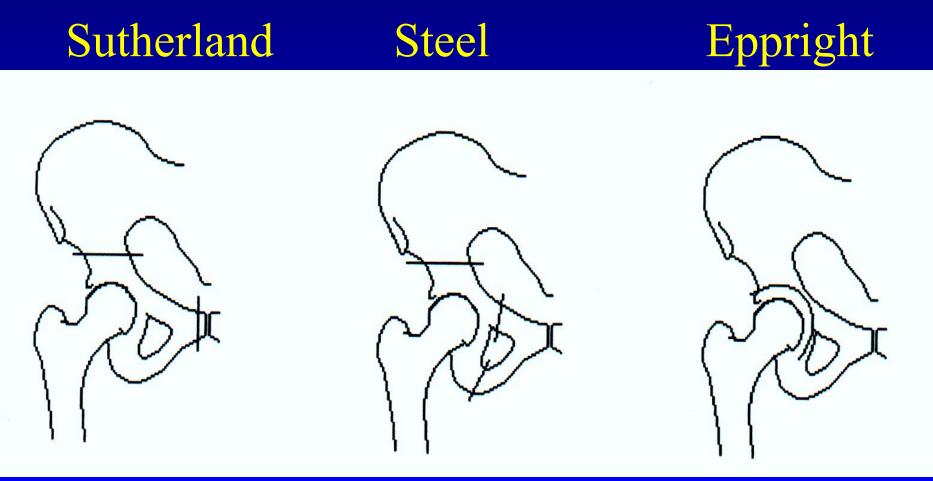
## Varus osteotomy



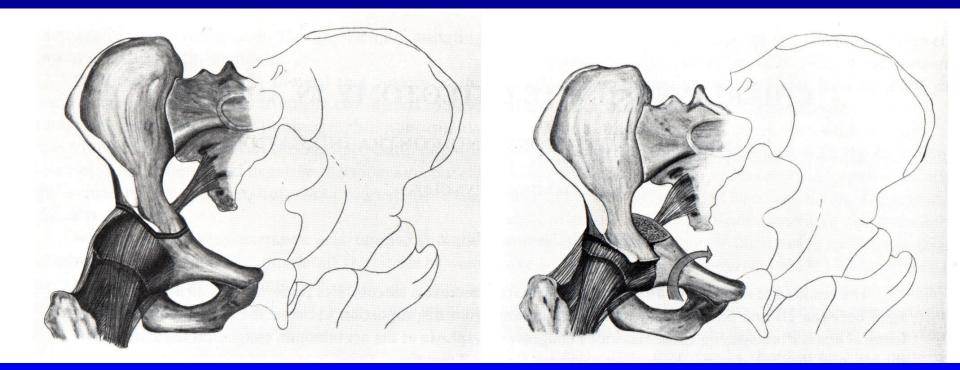
# Valgus osteotomy



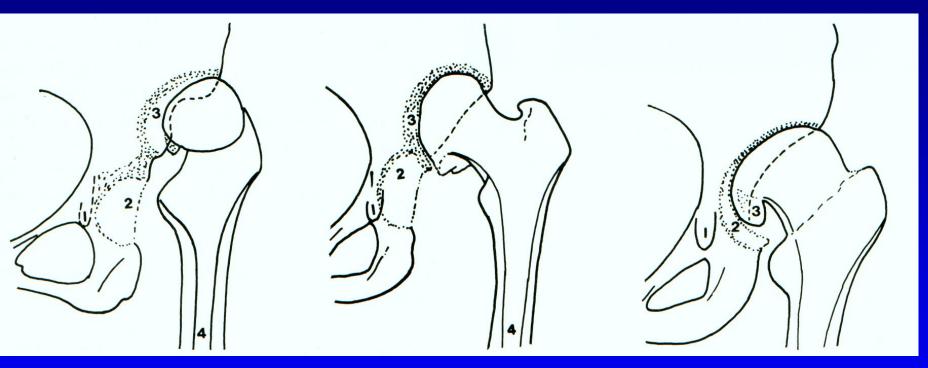
# Osteotomy of the pelvis



# Chiari osteotomy of the pelvis



# Consequences of DDH in adults



Obr. 65

#### Dislocation

## Subluxation

Dysplasia

# Consequences of DDH

Ischemic necrosis of femoral head

**Residual deformity** 

Damage of the labrum







# Consequences of DDH

- Shortening of the extremity Pain
- Limited movements
- Limping
- Weak muscles arround the hip
- Dysplastic O.A.
- Dyscomfort
- Walking aids



# Consequences of DDH

