

Self-reflection for Language Learning

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4th February 2016



looking back

reflecting now

planning



metaphorically speaking...

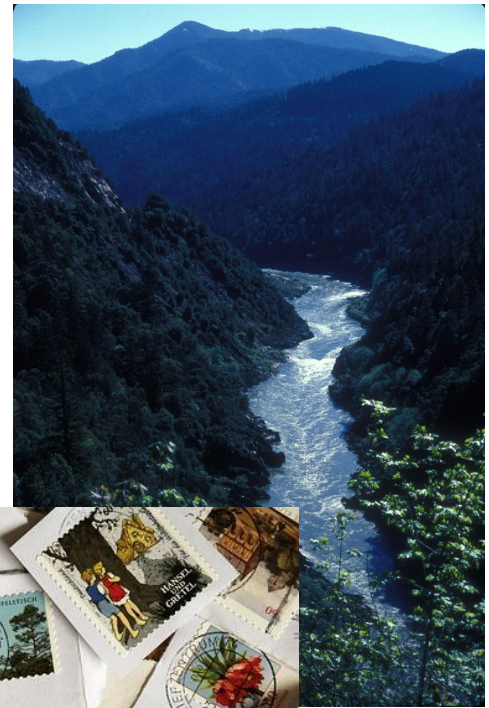
learning is...

a / the learner is...

a / the teacher is...



metaphorically speaking...



language learning history



strengths

specific language skills

learning skills

achievements

strengths

weaknesses

problems

difficulties

frequent mistakes

strengths

weaknesses

people

inspiration

possibilities

opportunities

strengths

weaknesses

obstacles

dangers

lack of...

opportunities

threats

kaleidoscope



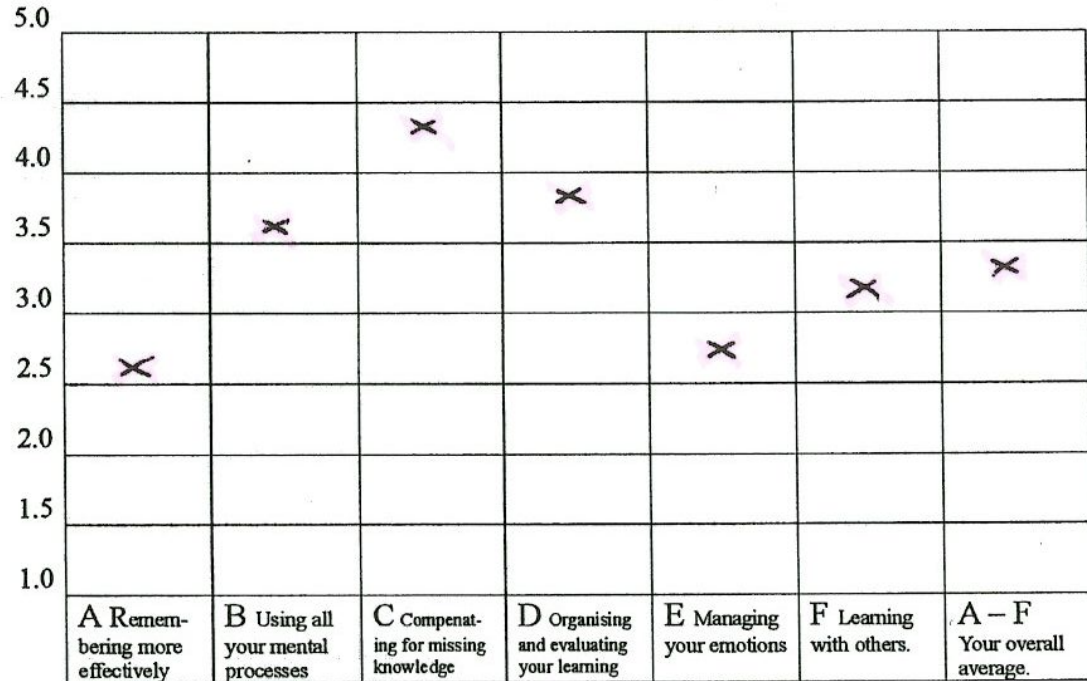
multiple intelligencencies

[quiz](#)



strategies...

strategies...



The overall average tells you how often you use strategies for learning English. Each part of the SILL represents a group of learning strategies. The averages for each part of the SILL show which groups of strategies you use most for learning English.

needs analysis

ALMS ENGLISH NEEDS ANALYSIS

PRIORITISING YOUR NEEDS

In the table below you have the language skills related to particular types of tasks. Tick (☞) the skills you see yourself needing most at present or in the future.

LANGUAGE FOCUS	NOW	FUTURE
READING		
reading academic articles or texts		
reading literature		
reading text on the Internet		
reading newspapers or magazines		
reading advertisements and public information		
WRITING		
writing essays, reports		
writing academic articles/papers		
creative writing		
writing curriculum vitae		
writing a diary		
writing formal letters		
filling in forms		
writing informal letters		
writing texts on the Internet		
writing memos and messages		
writing newspaper articles		
writing scholarship, grant proposals		
writing for talks and presentations		
LISTENING		
listening to lectures, talks, presentations		
listening to conversation, discussions		
listening to entertainment (e.g. TV, films, drama)		
listening to interviews		
listening to news on TV, radio		
listening to songs, music		
listening on the Internet		
listening on the telephone		
SPEAKING		
holding social conversation		
taking part in group discussions (e.g. tutorials)		
having interviews		
giving talks and presentations		
holding telephone conversations		
attending meetings		
communication when travelling (e.g. airports, hotels)		

dear diary...

dear diary...

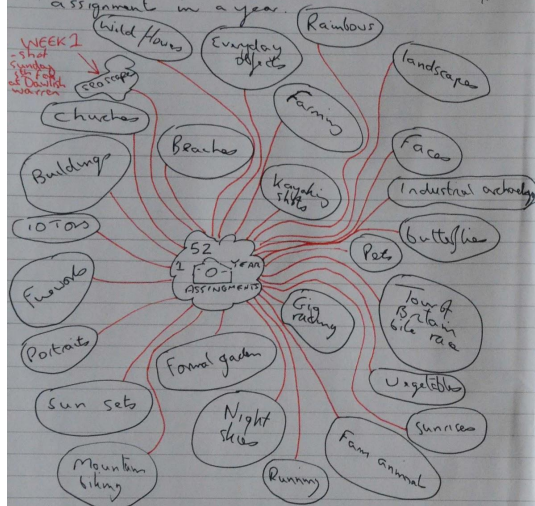
[video log](#)

[blog](#)

WHY AM I DOING THIS COURSE? 4/12/12

- 'learn how to use all this kit properly'
- 'start producing a much wider range of photographs'
- 'go from pointshood to creative composition'
- 'be pushed out of my comfort zone'
- 'really excited'

BEFORE THE COURSE MATERIAL ARRIVED I DECIDED TO SET UP A '52 WEEK' PROJECT. 52 different assignments in a year.



HERE ARE SOME IDEAS FOR HALF OF THE YEAR - NOT MANY PEOPLE GET...

MUST remember it is a marathon NOT a sprint NEVERTHELESS I want to make the most of the next 12 months

Getting to know my camera + equipment

- use it - try and take photos everyday
- D7000 manual ⇒ camera bag
- Other 'kit'

Do a couple of Photoshop/Lightroom video tutorials from Digital Camera + Digital Photography each week

Wider range of work

'52 week project'

To creative composition

This course

- Photo exhibitions
- Professional photographers work
- Photo magazines/journals
- Experiment
- Out of my comfort zone

Hmm... not sure how to ditch kit yet

- Read + finished Introduction + completed exercises 4/12/12
- Started Part 1 The Frame
- Read + annotated Chapter 1 Freeman's Photography: Eye 4/12
- Went to Royal Albert Memorial Museum in Exeter to see Roger Fenton + Julia Margaret Cameron Exhibition 3/1/12
- Started reading 'Joe Cornish - a photographer at work' by Eddie Graham 4/12/12
- Subscribed to British Journal of Photography 3/1/12

Reflection follows...

planning

small steps

short-term and long-term

speaking, writing, listening, reading, vocabulary, grammar

verbalization - write it down

vision board - “mind map for the future”

contract

SMARTness

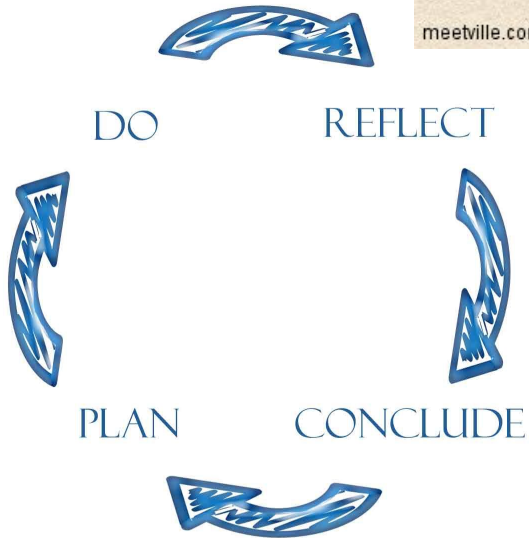




Learning without reflection is a waste. Reflection without learning is dangerous.

Confucius

meetville.com



We do not learn from experience...we learn from reflecting on experience.

John Dewey

meetville.com

Thank you for your attention.

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sources of inspiration

Dewey, J. (2011) *How we Think*. Houghton Mifflin College Div.

Gardner, H. (2011) *Frames of Mind. The Theory of Multiple Intelligences*. Basic Books.

Karlsson, L. (2008) *Turning the Kaleidoscope*. University of Helsinki.

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Sfard., A. (1998) *On Two Metaphors of Learning and the Dangers of Choosing Just One*. Educational Researcher, Vol.27, pp.4-13.

pictures from google images, downloaded via google.docs drive

bonus

