

## Safety Measures for Sports Classes

### Students are obliged:

1. Students have to behave so as not to put their schoolmates at risk or to cause any damage during sports classes, summer or winter sports courses and any other sports competitions organized by the Faculty of Sports Studies.
2. Students are obliged to follow the orders given by lecturers, course leaders or trainers during sports classes and other sports activities.
3. Students mustn't smoke in all the gyms and other sports facilities marked as non-smoking and have to act so as not to cause fire.
4. Students must immediately report any defect in the gym or other sports facilities that can endanger students' safety or cause fire or some other damage.
5. Students cannot start doing exercise or use any sports facilities until being allowed by the lecturer and being sure that he or she can not endanger his or her health or even life.
6. Students have to report any injury he or she's suffered from during the class or another sports activity organized by the university to the lecturer, course leader or trainer.
7. Students can not drink alcohol or take any drugs before the beginning and during the class or sports competition when taking an active part in. It is strictly forbidden to participate in sports classes under the influence of any drugs.
8. Students should wear suitable and recommended sports outfit and safety aids. Students should not wear jewellery and leave their valuables including the personal documents in the changing room.

### Statement:

I confirm that I know all the safety measures for sports classes. I was acquainted with all the principles of safe and health-protective behaviour in sports classes, courses and other sports activities organized by the university.

I am aware of the fact that when enrolling on sports course this activity becomes a part of my study with all the consequences according to the Study Statutes.

I am conscious of the fact that the university is not responsible for possible health damages emerged in the personal free time.

I am aware of the facts that the instructions given by the lecturer, course leader or trainer for a particular sports course are obligatory for all the participants.

Name..... Date and signature.....

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