

## Sports activities at the Faculty of Sports Studies (FSpS)

### Free sports and P.E. courses available for students of Masaryk University

Some sports and P.E. courses in English are available to all international students regardless of their field of study or Faculty. These courses are offered by the Faculty of Sports Studies (FSpS) but also international students from other faculties of Masaryk University can enrol in these courses: [www.fsp.s.muni.cz/courses](http://www.fsp.s.muni.cz/courses)

The capacity of these courses is limited, and some of them might be already full, but be patient. Enrolled students can cancel (and some surely will) until the end of course enrolment changes period till **29 September 2019**. You also have to finalize your timetable, enrol or cancel courses by this date!

These free courses are dedicated primarily to the degree-seeking students who are required to obtain two credits of physical education during their Bachelor's degree study. ***If you are not a bachelor degree-seeking student, it is necessary to send the enrolment exception application in the Information System!***

Code	Course name	Timetable	Location
p902	Physical Education - Fitnessyoga	Tue 13:00 – 14:40	Vinařská large gym
p903	Physical Education - Volleyball	Mon 17:00 – 18:40	Vinařská large gym
p904	Physical Education - Climbing	Fri 10:00 – 11:40	Staňkova climbing wall
p909	Physical Education - Fitness Gym	Thu 13:00 – 13:50	Údolní fitness gym
p910	Physical Education - Table Tennis	Thu 19:00 – 20:40	Vinařská large gym
p911	Physical Education - Futsal	Fri 12:00 – 13:40	Vinařská large gym
p912	Physical Education - Pilates	Wed 9:00 – 10:40	Údolní small gym
p913	Physical Education – Wellness Fit Prog.	22-24 Nov 2019	Field trip
P9011	PE – Functional and Core Training	Thu 14:00 – 14:50	Údolní small gym
p9904	Physical Education - Rollpilates	Thu 18:00 – 19:40	Údolní small gym
P9908	Physical Education - Zumba	Tue 20:00-21:40	Údolní small gym
p9910	Physical Education - Floorball	Mon 13:40-15:20	Campus gym 153
p9014	Physical Education - Spinning	Tue 13:00 – 14:40	Vinařská small Gym
P9016	Physical Education – Winter Course	dates will be specified	Field trip
P9018	Physical Education – Skiing	dates will be specified	3 single one-day trips
P9020	Physical Education – Football	Tue 12:50 – 14:30	FC Sparta, Komárov

\* All PE courses are worth 1 ECTS

### Specialized courses for Sports (FSpS) students

Sports-related special courses are offered by specialized departments at FSpS MU. These courses are mainly practical, however, involve also some theory lectures and independent study.

Sports-related special courses are dedicated especially to FSpS students and require previous knowledge and skills. ***If you are not FSpS student, it is necessary to send the enrolment exception application in the Information System!***

Code	Course name	ECTS	Timetable	Location
e001	Corrective Exercises	2	Thu 17:00 – 17:50	Campus gym A34/117
e002	Adapted Physical Education	2	Wed 9:30 – 10:20	Campus gym A34/119
e003	Combative Activities	2	Tue 16:10 – 17:00	Campus gym A34/117
e005	2D and 3D Motion Analysis	3	Tue 10:00 – 10:50	Campus room A15/207
e006	Psychomotricity	2	Tue 12:50 – 13:40	Campus gym A34/118
e007	Sociology in Sport	4	Wed 12:00 – 13:50	Campus room A11/207
e008	First Aid	3	Tue 9:00 – 10:40	Campus room A34/203
e009	Harmonization Exercises	2	Wed 8:00 – 8:50	Campus gym A34/118
e012	Hiking	4	14 – 17 Oct 2019	Field trip
e013/01	Outdoor Activities	3	Mon 14:00 – 15:40	Veslařská 181/3 centre
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e016	Table Tennis	2	Fri 10:00 – 11:00	Vinařská large gym
e017	Futsal	2	Wed 10:00 – 11:40	Rybnická 75
e018	Fitness	3	Mon 13:40 – 15:20	Campus gym A34/118
e020	Body and Mind	2	Tue 10:20 – 11:10	Campus gym A34/118
e022	Strength Training and Conditioning	4	Mon 7:00 – 8:40	Campus gym A34/147
e024	Basketball	3	Mon 11:40 – 13:20	Campus gym A34/153
e027	Nontraditional Games	2	Wed 12:50 – 13:40	Campus gym A34/153
e028	Physiology of Sports and Exercise	5	Wed 10:00 – 11:40	Campus room A34/203
e031	Wellness – Health Promotion	2	Thu 16:00 – 17:40	Vinařská seminar room
e032	Exercise and Sport Psychology	5	Wed 11:00 – 13:30	Campus room A11/311
e033	Gymnastics	3	Mon 11:00 – 12:40	Sokol, Kounicova 20/22
e034	Sport Management and HR	5	Wed 9:00 – 10:40	Campus room A11/311
e035	Basic Techniques of Sports Massage	4	Mon 16:00 – 16:50 Tue 8:00 – 9:40	Campus room A34/203 Campus room A34/224
e037	Sports Volunteering	5	Field trip	To be specified
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Majority of these courses are taught in the Czech language. Nevertheless, in most of the courses, it should not be a problem for international students to follow the class. A fee is required for these courses, but the price is lower than in usual commercial fitness centres. You can pay the fee through the Shopping Centre.

Courses: box, aerobic, volleyball, zumba, fitness gym, spinning, SM system, bodystyling, yoga, fitness yoga, acro yoga, pilates, basketball, self-defense, bosu, capoeira, ballet, systema, street dance, self-defence, juggling, floorball, table tennis and many others

Registration is open. Some of the courses might be already full ("vyprodáno").

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Faculty of Sports Studies

Kamenice 5, Campus Bohunice, A33/121

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## Sports activities at the Faculty of Sports Studies (FSpS)

### Free sports and P.E. courses available for students of Masaryk University

Some sports and P.E. courses in English are available to all international students regardless of their field of study or Faculty. These courses are offered by the Faculty of Sports Studies (FSpS) but also international students from other faculties of Masaryk University can enrol in these courses: [www.fsp.s.muni.cz/courses](http://www.fsp.s.muni.cz/courses)

The capacity of these courses is limited, and some of them might be already full, but be patient. Enrolled students can cancel (and some surely will) until the end of course enrolment changes period till **29 September 2019**. You also have to finalize your timetable, enrol or cancel courses by this date!

These free courses are dedicated primarily to the degree-seeking students who are required to obtain two credits of physical education during their Bachelor's degree study. ***If you are not a bachelor degree-seeking student, it is necessary to send the enrolment exception application in the Information System!***

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p903	Physical Education - Volleyball	Mon 17:00 – 18:40	Vinařská large gym
p904	Physical Education - Climbing	Fri 10:00 – 11:40	Staňkova climbing wall
p909	Physical Education - Fitness Gym	Thu 13:00 – 13:50	Údolní fitness gym
p910	Physical Education - Table Tennis	Thu 19:00 – 20:40	Vinařská large gym
p911	Physical Education - Futsal	Fri 12:00 – 13:40	Vinařská large gym
p912	Physical Education - Pilates	Wed 9:00 – 10:40	Údolní small gym
p913	Physical Education – Wellness Fit Prog.	22-24 Nov 2019	Field trip
P9011	PE – Functional and Core Training	Thu 14:00 – 14:50	Údolní small gym
p9904	Physical Education - Rollpilates	Thu 18:00 – 19:40	Údolní small gym
P9908	Physical Education - Zumba	Tue 20:00-21:40	Údolní small gym
p9910	Physical Education - Floorball	Mon 13:40-15:20	Campus gym 153
p9014	Physical Education - Spinning	Tue 13:00 – 14:40	Vinařská small Gym
P9016	Physical Education – Winter Course	dates will be specified	Field trip
P9018	Physical Education – Skiing	dates will be specified	3 single one-day trips
P9020	Physical Education – Football	Tue 12:50 – 14:30	FC Sparta, Komárov

\* All PE courses are worth 1 ECTS

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Sports-related special courses are offered by specialized departments at FSpS MU. These courses are mainly practical, however, involve also some theory lectures and independent study.

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e005	2D and 3D Motion Analysis	3	Tue 10:00 – 10:50	Campus room A15/207
e006	Psychomotricity	2	Tue 12:50 – 13:40	Campus gym A34/118
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e008	First Aid	3	Tue 9:00 – 10:40	Campus room A34/203
e009	Harmonization Exercises	2	Wed 8:00 – 8:50	Campus gym A34/118
e012	Hiking	4	14 – 17 Oct 2019	Field trip
e013/01	Outdoor Activities	3	Mon 14:00 – 15:40	Veslařská 181/3 centre
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e027	Nontraditional Games	2	Wed 12:50 – 13:40	Campus gym A34/153
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Courses: box, aerobic, volleyball, zumba, fitness gym, spinning, SM system, bodystyling, yoga, fitness yoga, acro yoga, pilates, basketball, self-defense, bosu, capoeira, ballet, systema, street dance, self-defence, juggling, floorball, table tennis and many others

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There is a fitness gym at the Faculty of Sports Studies at University Campus Bohunice. It is possible to use the gym when there is no class. The price is 70 CZK per one entrance or 500 CZK per 10 entrances. You can pay the fee at the faculty Cash office (building A33, first floor). Before entering the fitness gym you should show your card at the reception.

## Contact:

**Andrea Kakulidu**

International Relations Office

Faculty of Sports Studies

Kamenice 5, Campus Bohunice, A33/121

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## Sports activities at the Faculty of Sports Studies (FSpS)

### Free sports and P.E. courses available for students of Masaryk University

Some sports and P.E. courses in English are available to all international students regardless of their field of study or Faculty. These courses are offered by the Faculty of Sports Studies (FSpS) but also international students from other faculties of Masaryk University can enrol in these courses: [www.fsp.s.muni.cz/courses](http://www.fsp.s.muni.cz/courses)

The capacity of these courses is limited, and some of them might be already full, but be patient. Enrolled students can cancel (and some surely will) until the end of course enrolment changes period till **29 September 2019**. You also have to finalize your timetable, enrol or cancel courses by this date!

These free courses are dedicated primarily to the degree-seeking students who are required to obtain two credits of physical education during their Bachelor's degree study. ***If you are not a bachelor degree-seeking student, it is necessary to send the enrolment exception application in the Information System!***

Code	Course name	Timetable	Location
p902	Physical Education - Fitnessyoga	Tue 13:00 – 14:40	Vinařská large gym
p903	Physical Education - Volleyball	Mon 17:00 – 18:40	Vinařská large gym
p904	Physical Education - Climbing	Fri 10:00 – 11:40	Staňkova climbing wall
p909	Physical Education - Fitness Gym	Thu 13:00 – 13:50	Údolní fitness gym
p910	Physical Education - Table Tennis	Thu 19:00 – 20:40	Vinařská large gym
p911	Physical Education - Futsal	Fri 12:00 – 13:40	Vinařská large gym
p912	Physical Education - Pilates	Wed 9:00 – 10:40	Údolní small gym
p913	Physical Education – Wellness Fit Prog.	22-24 Nov 2019	Field trip
P9011	PE – Functional and Core Training	Thu 14:00 – 14:50	Údolní small gym
p9904	Physical Education - Rollpilates	Thu 18:00 – 19:40	Údolní small gym
P9908	Physical Education - Zumba	Tue 20:00-21:40	Údolní small gym
p9910	Physical Education - Floorball	Mon 13:40-15:20	Campus gym 153
p9014	Physical Education - Spinning	Tue 13:00 – 14:40	Vinařská small Gym
P9016	Physical Education – Winter Course	dates will be specified	Field trip
P9018	Physical Education – Skiing	dates will be specified	3 single one-day trips
P9020	Physical Education – Football	Tue 12:50 – 14:30	FC Sparta, Komárov

\* All PE courses are worth 1 ECTS

### Specialized courses for Sports (FSpS) students

Sports-related special courses are offered by specialized departments at FSpS MU. These courses are mainly practical, however, involve also some theory lectures and independent study.

Sports-related special courses are dedicated especially to FSpS students and require previous knowledge and skills. ***If you are not FSpS student, it is necessary to send the enrolment exception application in the Information System!***

Code	Course name	ECTS	Timetable	Location
e001	Corrective Exercises	2	Thu 17:00 – 17:50	Campus gym A34/117
e002	Adapted Physical Education	2	Wed 9:30 – 10:20	Campus gym A34/119
e003	Combative Activities	2	Tue 16:10 – 17:00	Campus gym A34/117
e005	2D and 3D Motion Analysis	3	Tue 10:00 – 10:50	Campus room A15/207
e006	Psychomotricity	2	Tue 12:50 – 13:40	Campus gym A34/118
e007	Sociology in Sport	4	Wed 12:00 – 13:50	Campus room A11/207
e008	First Aid	3	Tue 9:00 – 10:40	Campus room A34/203
e009	Harmonization Exercises	2	Wed 8:00 – 8:50	Campus gym A34/118
e012	Hiking	4	14 – 17 Oct 2019	Field trip
e013/01	Outdoor Activities	3	Mon 14:00 – 15:40	Veslařská 181/3 centre
e013/02	Outdoor Activities	3	Mon 9:00 – 10:40	Veslařská 181/3 centre
e016	Table Tennis	2	Fri 10:00 – 11:00	Vinařská large gym
e017	Futsal	2	Wed 10:00 – 11:40	Rybnická 75
e018	Fitness	3	Mon 13:40 – 15:20	Campus gym A34/118
e020	Body and Mind	2	Tue 10:20 – 11:10	Campus gym A34/118
e022	Strength Training and Conditioning	4	Mon 7:00 – 8:40	Campus gym A34/147
e024	Basketball	3	Mon 11:40 – 13:20	Campus gym A34/153
e027	Nontraditional Games	2	Wed 12:50 – 13:40	Campus gym A34/153
e028	Physiology of Sports and Exercise	5	Wed 10:00 – 11:40	Campus room A34/203
e031	Wellness – Health Promotion	2	Thu 16:00 – 17:40	Vinařská seminar room
e032	Exercise and Sport Psychology	5	Wed 11:00 – 13:30	Campus room A11/311
e033	Gymnastics	3	Mon 11:00 – 12:40	Sokol, Kounicova 20/22
e034	Sport Management and HR	5	Wed 9:00 – 10:40	Campus room A11/311
e035	Basic Techniques of Sports Massage	4	Mon 16:00 – 16:50 Tue 8:00 – 9:40	Campus room A34/203 Campus room A34/224
e037	Sports Volunteering	5	Field trip	To be specified
e043	Marketing, Business Intelligence and Social Media in Sport	5	Wed 17:00 – 18:40	Campus room A11/311
e054	Applied Sports Nutrition	4	Wed 11:00 – 12:40	Campus room A15/207

## P.E. and Sports Courses for students with fee

Haven't you found any interesting course for you? You can also have a look at a wider offer of PE courses in the Shopping Centre in IS: [https://is.muni.cz/obchod/fakulta/fsps/placena\\_tv/?lang=en](https://is.muni.cz/obchod/fakulta/fsps/placena_tv/?lang=en)

Majority of these courses are taught in the Czech language. Nevertheless, in most of the courses, it should not be a problem for international students to follow the class. A fee is required for these courses, but the price is lower than in usual commercial fitness centres. You can pay the fee through the Shopping Centre.

Courses: box, aerobic, volleyball, zumba, fitness gym, spinning, SM system, bodystyling, yoga, fitness yoga, acro yoga, pilates, basketball, self-defense, bosu, capoeira, ballet, systema, street dance, self-defence, juggling, floorball, table tennis and many others

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