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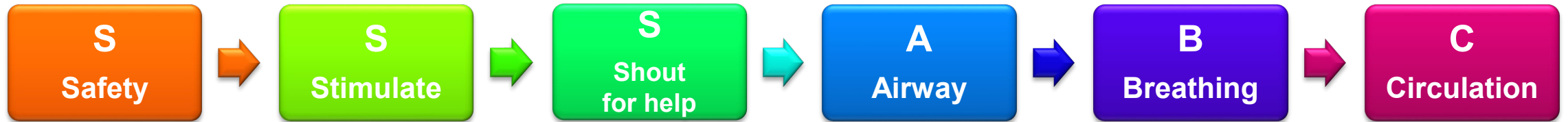
Approach to unresponsive victim

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Learning objectives

- Student will learn the algorithm of approach to the unresponsive victim.

Algorithm



<https://blog.physical-sports.co.uk/2014/08/15/the-drs-abc/>

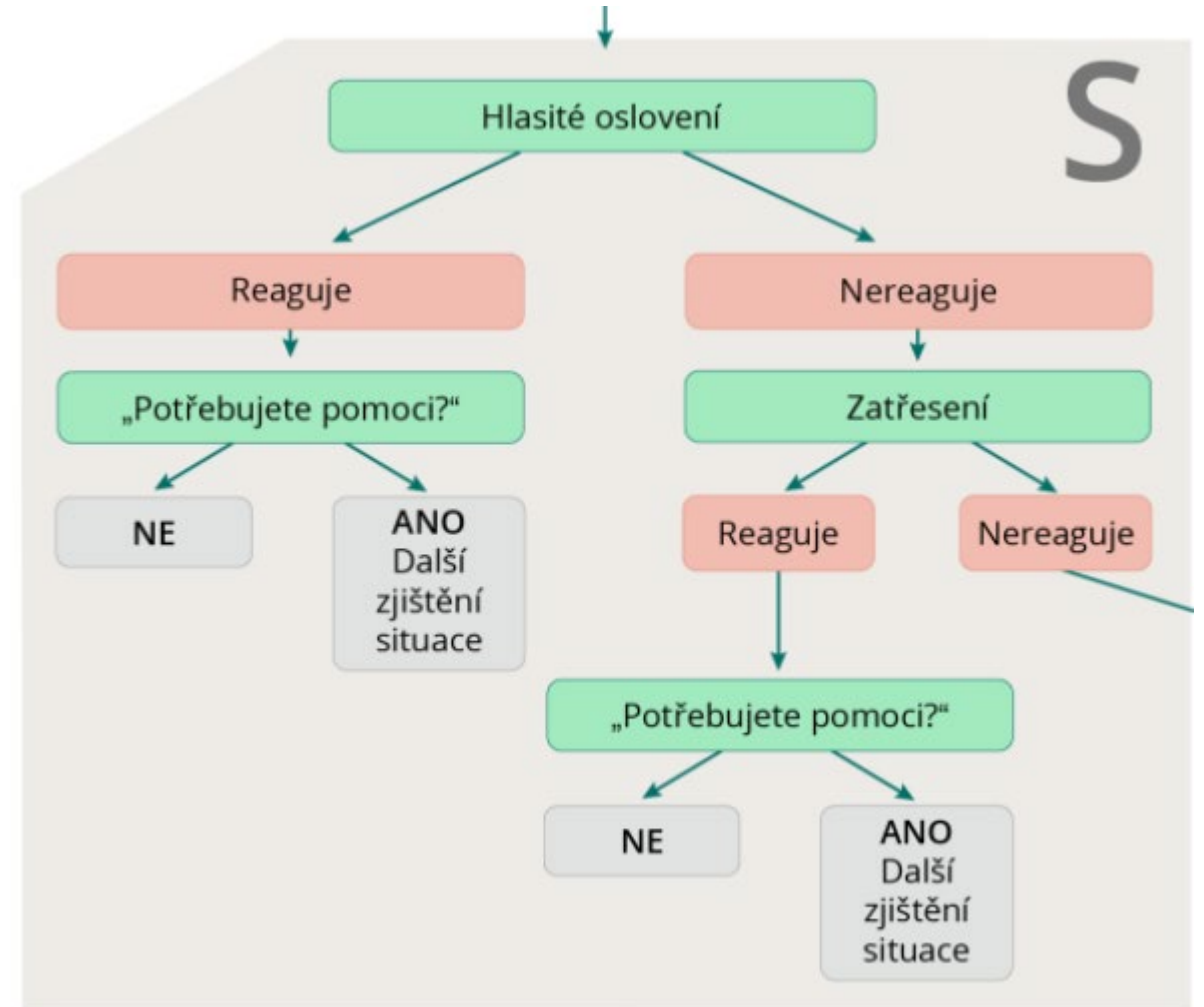
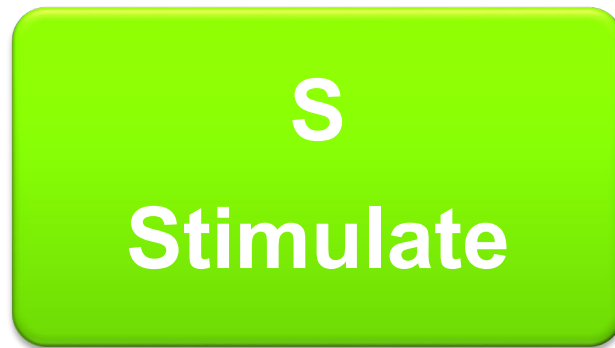
Safety

- Check the danger
- Safety of rescuer is priority
- Individual assessment



Stimulate

- Consciousness assessment
- Verbal stimulation
- Shake



Shout for help

- To get help
- Shout for help loudly
- Do not leave the victim
- More hands could be big help



Airway

- Open the airway
- Head tilt and chin lift
- We need to tilt the head thoroughly.
- **If the patient is unresponsive, you need to keep the airway open till ambulance come.**



Airway



A
Airway

Breathing

- Check the breathing
- First need to open the airway
- Search for normal breathing
 - Chest rising
 - Can hear breathing
 - Regular respiratory rate, at least 2 breaths in 10 s
- Technique
 - Look
 - Listen
 - Feel
 - 10 s



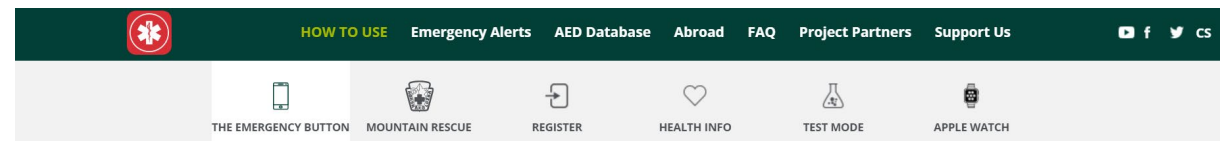
Breathing

- If you are not sure that the victim is breathing, act like the victim is not breathing.



Call ambulance

- Now we know if the victim is breathing or not
- Call ambulance
- Záchranka application
- <https://www.zachrankaapp.cz/en/how-to-use-the-app>

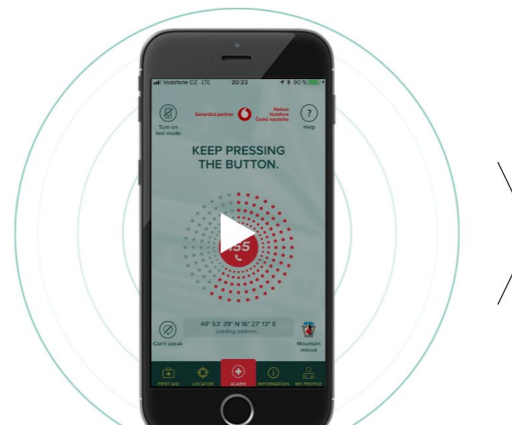


THE EMERGENCY (RED CROSS) BUTTON

- 1 Open the app.
- 2 Press the red emergency button symbol for **3 seconds** (after this, you still have 5 seconds to press cancel).
- 3 After the 5-second interval an emergency message will be sent with your exact location. **At the same time your phone will dial the 155 emergency line.**

You should always wait to be connected to an operator. Your conversation with the emergency dispatch operator will start the rescue response.

Emergency messages are sent via a data connection. If this is not possible, the message is sent as an SMS.



Circulation

- Ensure circulation
- Start CPR
- Quality of CPR
 - Place: centre of the chest
 - Depth: 5-6 cm not more than 6 cm
 - Rate: 100-120/min
 - Ratio: 30:2 = chest compressions: rescue breaths
- **High quality of chest compressions and minimal pauses are the most important.**



Circulation



C
Circulation

Learning outcomes

- Student is able to list steps in the algorithm of assessment to the unconscious.
- Student knows the process of opening the airway.
- Student is able to describe how to check the breathing.

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Thank you for your attention

Sources

- www.erc.edu
- <https://www.zachrankaapp.cz/>
- Pictures:
 - www.erc.edu
 - <https://blog.physical-sports.co.uk/2014/08/15/the-drs-abc/>
 - <https://www.vectorstock.com/royalty-free-vector/hazard-warning-signs-caution-icons-vector-19204582>

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