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Basic principles of simulation-based education

Tereza Vafková

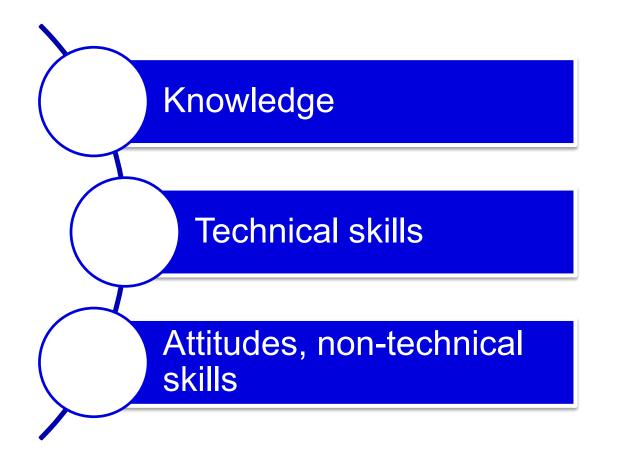
Learning goals

 Student will familiarise with the basic principles of simulationbased education.

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What is a simulation?

- modern interactive teaching method
- it creates a situation or environment to allow persons to experience a representation of a real event for the purpose of practice, learning, evaluation, testing, etc.



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What can we learn/train in the simulations?

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 $\mathbb{N} \vdash \mathbb{N}$

- management of the patient
- technical skills
- teamwork
- communication
- competences concentrated on patient's safety
- testing new hospital protocols, etc.

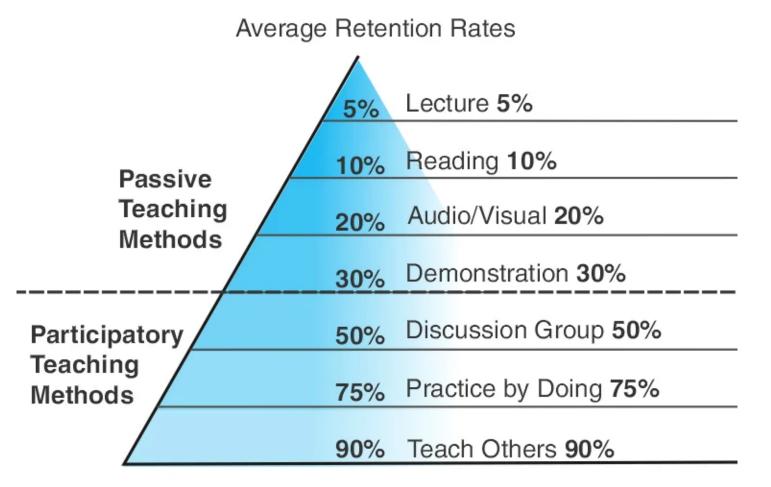
What is it all for?

- <u>– the aim is not to "catch" you in a mistake</u> or to prove that you cannot do the procedure or do not know something, etc.
- in First Aid practice we also will not assess your performance in the simulation
- our aim is to:
 - give you the opportunity to train all the skills of giving first aid practically
 - give you the opportunity to repeat the steps many times to learn them properly and to focus on the process of learning
 - learn from the mistakes you will do in the safe learning environment where you cannot harm anyone
 - learn to give and receive feedback

5 Basic principles of simulation-based education

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The pyramid of learning



Adapted from National Training Laboratories. Bethel, Maine

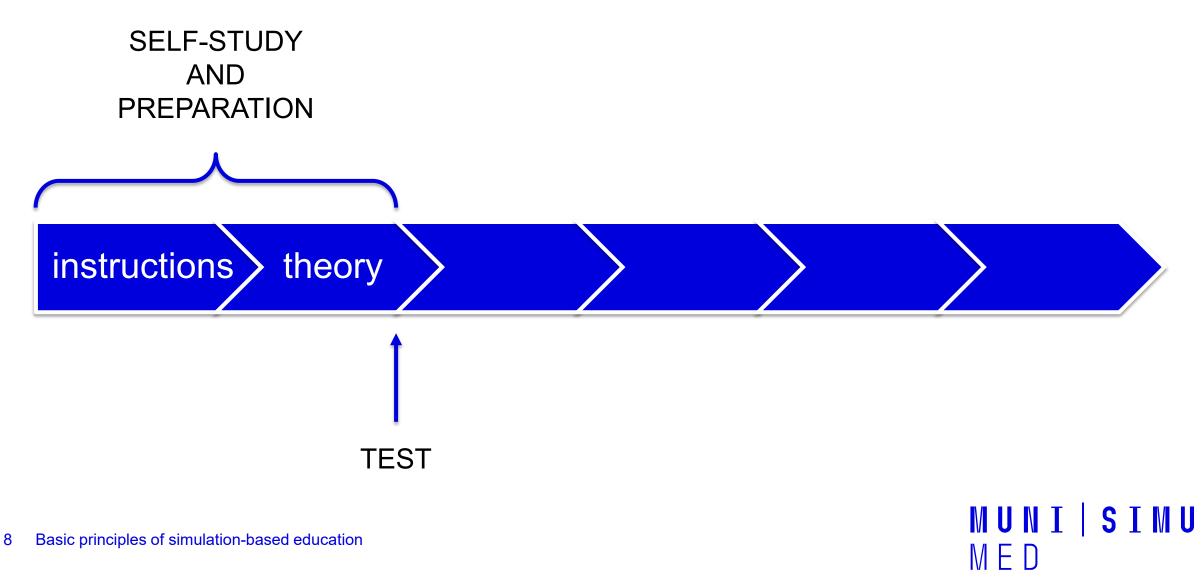
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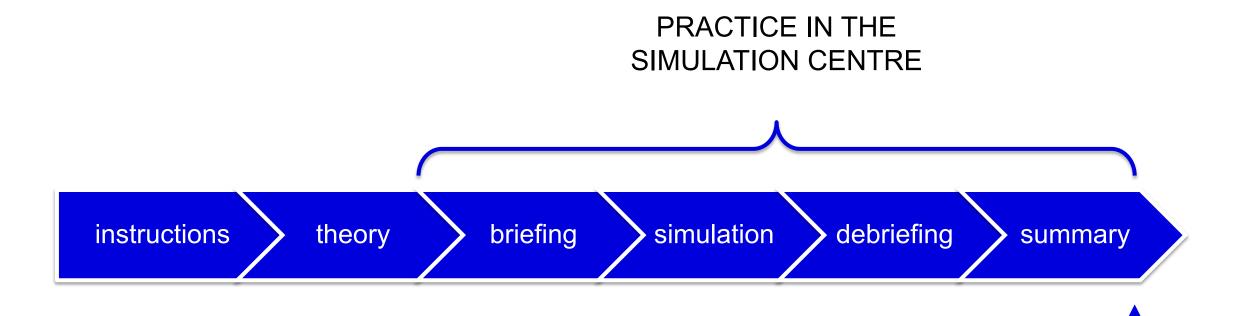


7 Basic principles of simulation-based education





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10 Basic principles of simulation-based education

TEST + EVALUATION
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How to maximize your learning in the simulation?

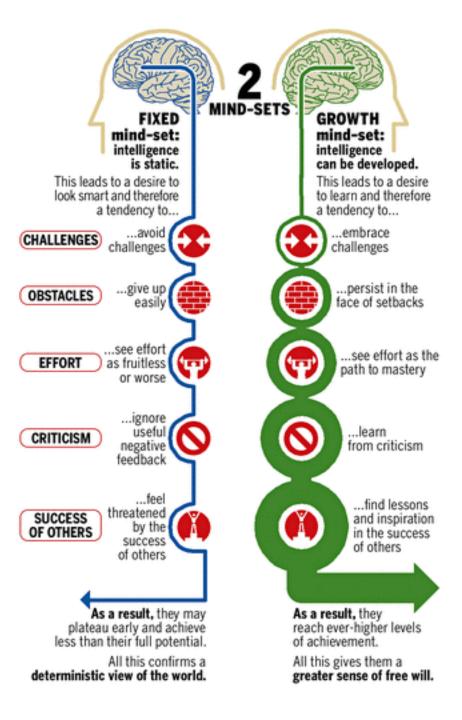
- self-study and prepare before the practice
- pay attention during the practice
- be active in the simulations (try different roles), take part in the post-simulation trainings

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 $\mathbb{N} \vdash \mathbb{N}$

- observe your colleagues
- be open to feedback
- interact in the debriefing

Fixed vs. growth mindset



Feedback

- specific information that compares the performance of the participant with expected "standard"
- the aim is to improve and to approximate to "standard"
- concrete information including details, examples, etc.
 concentrated on things we can change

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active listening

Debriefing

- facilitated reflection that follows a learning activity
- the aim is to identify together the performance gaps and to close them
- active participation of the learner
- structured approach



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Learning outcomes

- Student knows the basic principles of simulation-based education.

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Thank You for Your attention.

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16 Basic principles of simulation-based education

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