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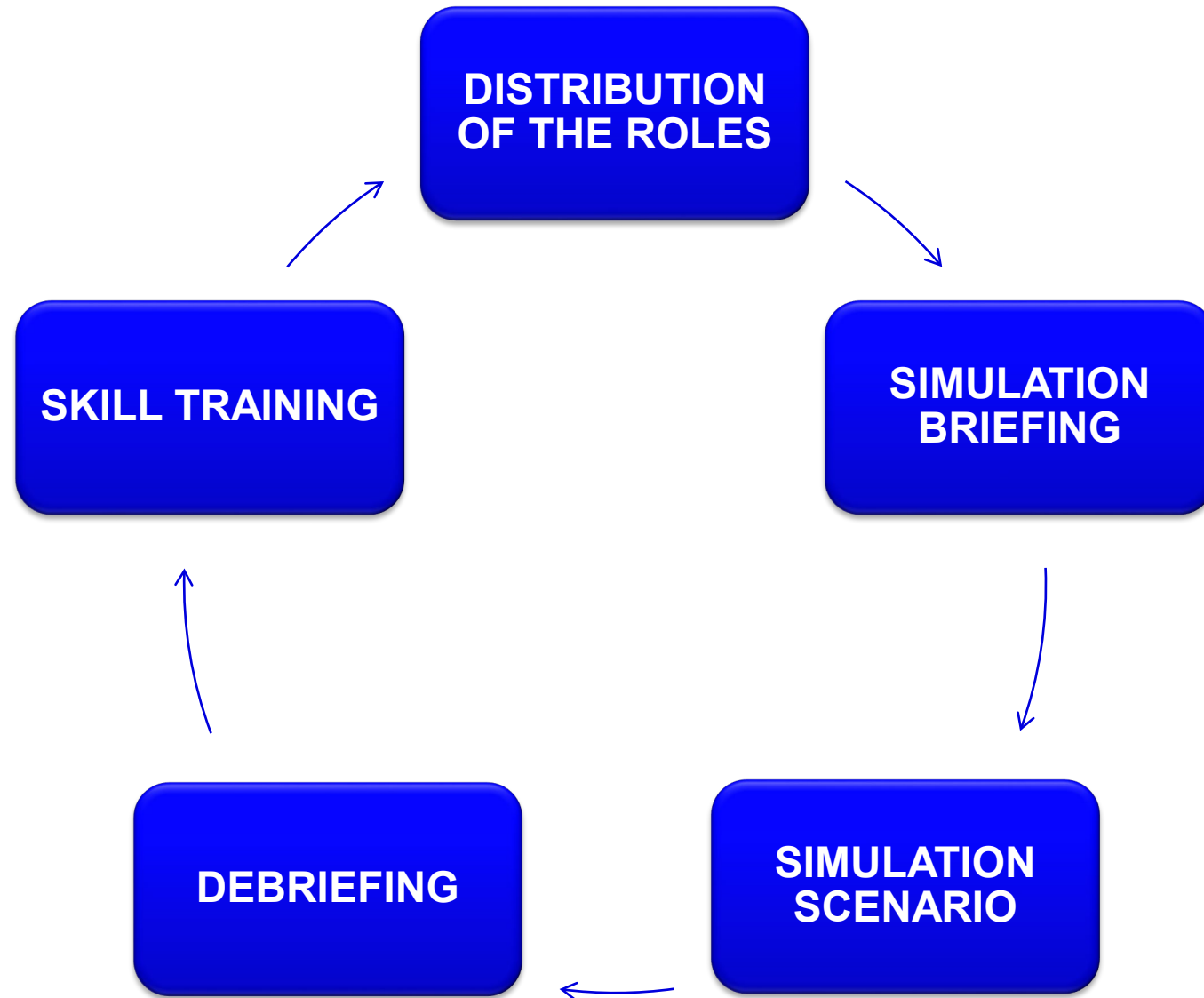
Simulation rules

Tereza Vafková

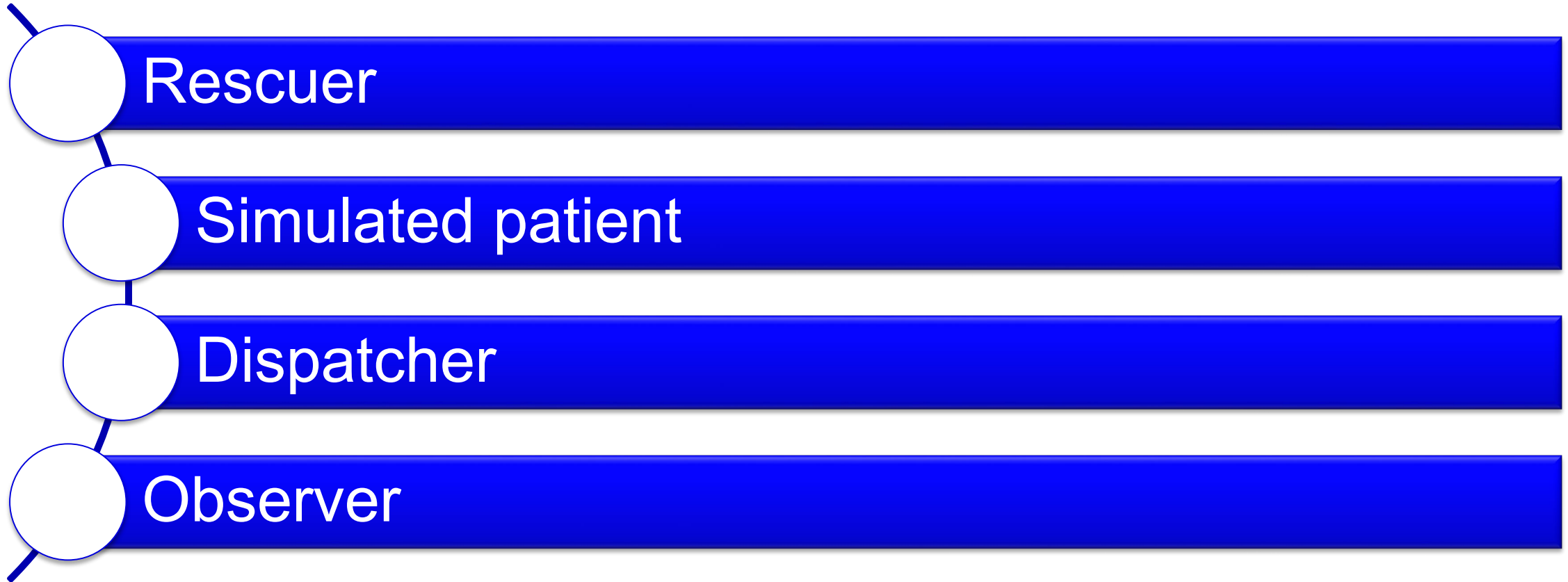
Learning goals

- Student will become familiar with the rules of the simulations used in First Aid practice.

Course of the practice



Roles in the simulations



Instructions for the students

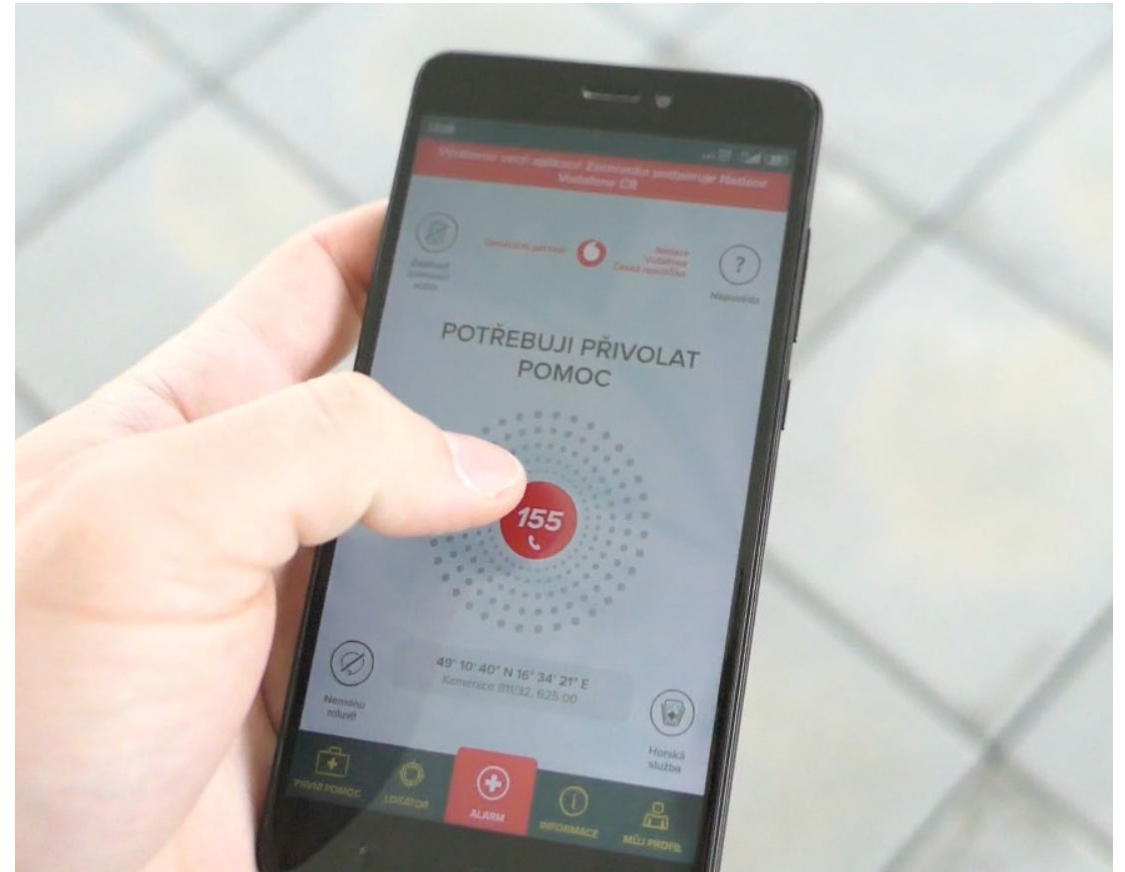
- **Always follow the prepared instructions in the simulation.**
- Unless you get the information in the instructions or from the lecturer, everything is how you (as the rescuer) see it.
- **Do not ask the lecturer about anything during the simulation,** he/she just observes the simulation.

Example of the instructions

Z1.1	You have just entered a classroom in the Simulation Centre. You see a person lying face up on the floor. What will you do?
F1.1	<ul style="list-style-type: none">• You are lying on the floor face up, your head is rotated on the side.• You are unresponsive – your eyes are closed, you are not moving, you are lifeless.• When the rescuer handles you, you do not either resist or help them.• You do not respond to speaking or shaking.• If the rescuer tilts your head in the right way, you are breathing normally.• If the rescuer does not fix the head tilted, you rotate it slowly on the side and “stop breathing”.

Do not comment it, but do it

- If you want to do something in the simulation, **do not comment it or explain it, but do it practically.**
- Exceptions:
 - Emergency calls
 - Chest compressions
 - Using tourniquet



Emergency calls

- The rescuer says:

*„I want to call
155 / 112.“*

- The lecturer or the student chosen by the lecturer communicates with the rescuer as a dispatcher according to a prepared scenario.

Chest compressions



- **Never start chest compressions on the simulated patient.** Do it always only on the mannequin.
- If you want to start with CPR, say it to the lecturer and he/she will give you the mannequin.

Tourniquet

- Choose the spot where you want to apply the tourniquet and demonstrate the application, but **never tighten it**.
- Explain the procedure of the application.



Material and requisites

- The lecturer will show you in the beginning of each practice the requisites and simulators that will be used in the simulations.
- **All the requisites used in the simulations are safe. They are intended for training.**



Safety and gentle manipulation with the SPs

- Always have in mind **the safety and the gentle manipulation with the SPs.**



The beginning / The end of the simulation

- **The simulation is always started and terminated by the lecturer** either when the time is up or when you complete certain procedure or reach certain point in the scenario.
- Until then continue playing your roles in the simulation (both the rescuer and the SP).

Immersion in the simulation

- **Always try to identify with your role as much as you can** (as the rescuer or as the SP).
- Read the instructions carefully and behave according to them.
- We will not use moulage during the practice.



Fiction contract

- It is always not possible to prepare everything as it would be and look like in the reality. We will try hard to be as real as it is in the practice possible.
- **In the role of the rescuer try your best to solve the simulation as you would do in the real situation.**
- We realize that sometimes it can happen in the simulation that we have to behave differently than we would do in the reality.

Mistakes are welcomed

- Simulations you will undergo in the practice are designed for your training.
- **Your performance in them will have no impact on the final assessment in the subject First Aid.**
- **You will be assessed during the colloquium at the end of the semester.**

Learning outcomes

- Student knows the rules of the simulations used in First Aid practice.

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Thank You for Your attention.

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