

<b>RECORD</b>  <b>Vacational Training in Nursing II</b>  Program: General medicine  3 <sup>rd</sup> year, Spring semester	
<b>Name and surname:</b> .....  <b>UČO:</b> ..... <b>Academic year:</b> .....	
<b>Name and address of the hospital:</b>  .....  .....  <b>Name of department or clinics:</b> .....  .....  <b>Name and surname of the contact person (Head nurse):</b>  .....  <b>E-mail:</b> ..... <b>Tel. No:</b> .....	
<b>Practice period:</b> from ..... to.....  Completing <b>30 hours of practical training</b> is a condition for confirmation of the internship.	

## Evaluation of the student by the Head nurse<sup>1</sup>:

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In .....

Date .....

Stamp of the health service provider and stamp and signature of the Head nurse<sup>2</sup>

<sup>1</sup> Student evaluation especially in the area: Student **interest** in the performance of duties within the framework of practical training at the department/clinic. **Precision and accuracy** in the performance of nursing interventions. **Communication** with patients and staff. **Accepting the guidance** of the Head nurse. Readiness to practice (theoretical knowledge, personal treatment, work clothes, etc.).

<sup>2</sup> The confirmed record of the completed practice must be submitted before 1<sup>st</sup> October 2024 at the latest to the Homework Vault of the course aVLPX062t Vacation Training in Nursing II in the IS. The documents are checked and awarded credits by the study officer.

## **PRACTICE GOALS AND REQUIRED NURSING ACTIVITIES**

### **Vacational Practice in Nursing II**

#### **Programme: General Medicine**

#### **3<sup>rd</sup> year, spring semester**

*Vacational Training in Nursing II* builds on the subjects *Nursing* and the *Vacational Training in Nursing I* during the second year of study. The aim of *Vacational Training in Nursing II* is to introduce the student to the activities of a general nurse in an inpatient ward/treatment unit, in particular:

- with the categories of non-medical health professionals and their competencies;
- with the principles of teamwork and communication;
- with the character of the treatment unit, with the equipment, storage of aids, with the organization of work and its schedule;
- with organizational forms of nursing care and with categories of patients;
- keeping medical and nursing documentation;
- with evaluation scales and tests (to assess the risk of falls, the risk of pressure ulcers, to assess self-sufficiency, to assess pain, with nutritional screening, etc.);
- with the implementation of the nursing process, e.g., with individualized nursing care for adult patients based on knowledge of their biopsychosocial needs and problems, with the determination of nursing diagnoses, goals, and plans of nursing activities and with the evaluation of nursing interventions;
- with the principles of barrier nursing care and other activities within the prevention of diseases associated with the provision of health care;
- with the principles of aseptic working procedures;
- with nursing procedures for selected nursing activities (an overview of required activities and services is given below).

**The scope of *Vacational Training in Nursing II* is 30 hours. The internship can be completed on any inpatient ward (adult medicine department).** During the shift, the student is entitled to a 30-minute break, which is not included in the working time and is

determined according to the possibilities of the operation, taking into account the Labour Code.

## **STUDENT RESPONSIBILITIES:**

- in cooperation with an authorized person (mentor/trainer/nurse), participates in the provision of nursing care resulting from Decree No. 55/2011 Coll., on the activities of health care workers and other professional staff, as amended;
- complies with Section 51 of Act No 372/2011 Coll., on health services and conditions of their provision (duty of confidentiality);
- complies with Act No 101/2000 Coll., on the protection of personal data;
- works under the Code of Ethics for Non-Medical Healthcare Professionals and the Rights of Patients of the Czech Republic;
- complies with the hygiene and epidemiological regulations and works following Decree No. 306/2012 Coll., on the conditions for preventing the occurrence and spread of infectious diseases;
- observes working hours;
- walks in an orderly manner according to the established rules.

## **ACTIVITIES WITH WHICH THE STUDENT SHOULD BE INTRODUCED DURING HOLIDAY PRACTICE IN NURSING:**

- organization/schedule of work in the nursing unit;
- principles of hand hygiene and aseptic working practices;
- implementation of the nursing process;
- admission, transfer and discharge of the patient;
- care of equipment, disinfection, sterilization;
- hygienic care of self-sufficient, partially self-sufficient and non-sufficient patients;
- bed preparation;
- serving the food and feeding to patients;
- emptying of patients including enemas, insertion of urinary catheters in women, care of incontinent patients;

- taking care of rest and sleep of patients;
- taking care of patients in pain;
- prevention of pressure injuries, care of patients with pressure injuries;
- care of patients with disorders of consciousness;
- measurement and recording of vital signs, electrocardiography;
- rounding, assisting with rounding;
- collection of biological material;
- peripheral vein cannulation and catheter care;
- nurse's tasks in the preparation and administration of drugs per os, per rectum, on the skin and in body cavities, administration of injections (subcutaneous, intramuscular, intravenous);
- preparation and administration of infusion and transfusion;
- oxygen and inhalation therapy;
- aspiration of secretions from HDC in conscious patients over 10 years of age;
- dressing of aseptic and septic wounds, drain care, ostomy care;
- familiarization with basic dressing technique, prevention of venous thrombosis - bandaging of lower extremities, care of the patient with immobilization dressing;
- rehabilitation nursing - positioning, mobilization, breathing exercises, training in self-care and self-sufficiency;
- care of the dying and care of the dead body;
- optional: preoperative preparation and postoperative care.

The station/head nurse confirms completion of the required activities and performances with her signature and stamp in the Logbook.<sup>3</sup>

Guarantor of the course Vacation Training in Nursing II  
prof. PhDr. Andrea Pokorná, Ph.D.

[apokorna@med.muni.cz](mailto:apokorna@med.muni.cz)

Department of Health Science, Faculty of Medicine, Masaryk University  
Kamenice 3, 625 00 Brno Czech Republic

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<sup>3</sup> Activities and interventions that cannot be fulfilled can be performed by the student during the whole study and during other clinical practice.

Document updated: March 2024, any questions will be answered by the study officer Tereza Sáňková.