



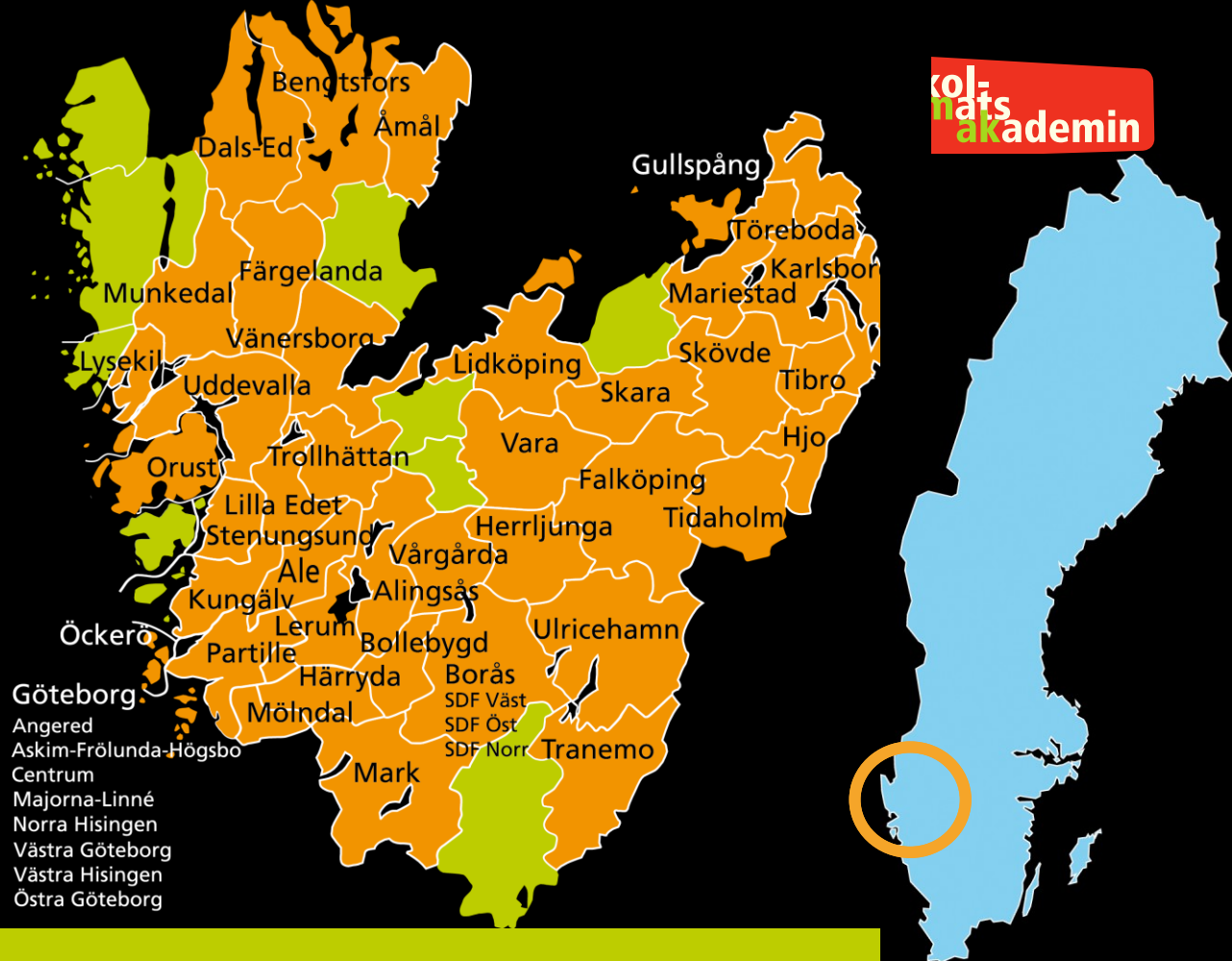
School Meals in Sweden

70 years: 1946 – 2016

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Free School Meals in the nordic countries

- Sweden and Finland have the same model with **cost-free** meals in school.
- Free of charge, **regardless** of parents income.



Free public school meals in Sweden – How does it work?

- **Legal requirements** - Cost-free and nutritious school meals to all children in compulsory school National Educational Act - SFS 2010:800 10 kap. Grundskolan
- **National Food Agency (Livsmedelsverket)** – recommendations



- **Budget** - Every municipality sets their own budget (ca. 1,5 €/student/meal)
- **Challenges:** Recruitment of cooks and chefs, procurement (local food), higher demands (quality and diet demands), refugees and multicultural

The food

Can we see the difference?



School food or restaurant food?



The room



The p

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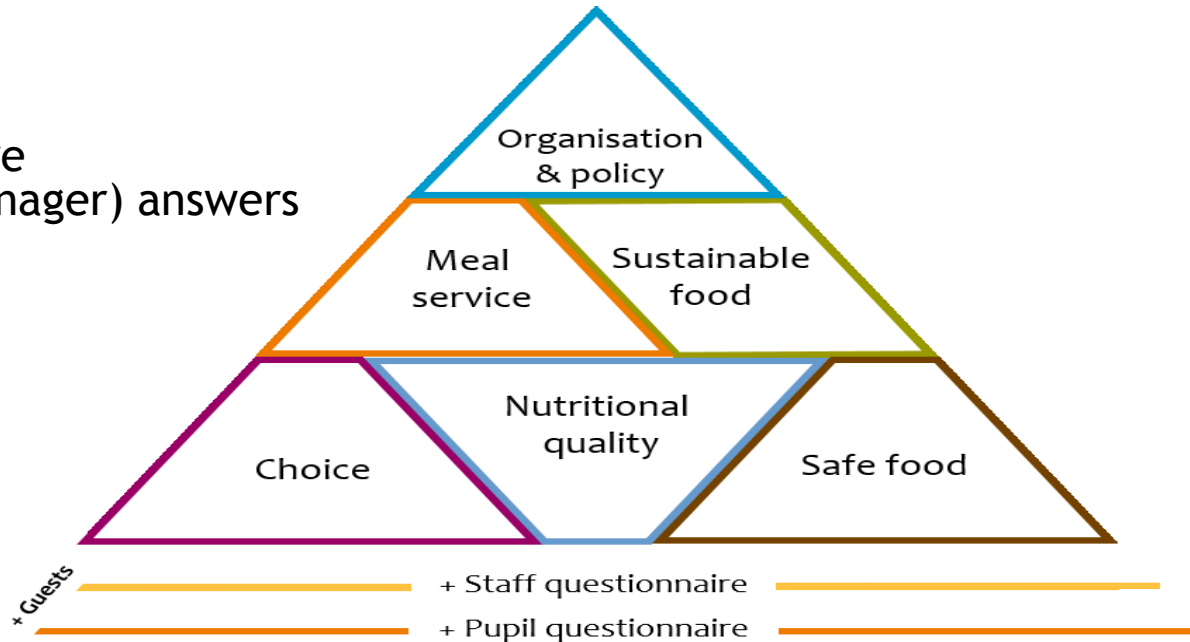
From "School food" to "School meals"

- The **big picture** is more important than individual nutrients in food



- a holistic approach to school meal quality

- Web-based, free-of-charge
- Validated
- Easy to use
 - A school representative (often the kitchen manager) answers questions
 - Pupils and staff can also be surveyed
- Feedback
 - Instantaneous
 - includes suggestions for improvements



SkolmatSverige has multiple goals

- To help schools evaluate and improve meal quality
- To monitor the effect of a new school meal policy from 2011
- To enable discussions on school food to be evidence-based
- To build up a unique database for research

We can see that meal quality has improved even since 2012

We can see that schools that use the tool improve their quality



Integrated school meals

- generates food enjoyment, inspiration and relaxation
- can be a bearer of culture and an icebreaker
- a socio-economic equalizer and an educational resource **IF** you make the most out of it – together with teachers and schools



Thank you!

Contact

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