School-related stress by intellectually gifted adolescents

Mgr. Petra Holeková
Faculty of Pedagogy
Masaryk University Brno, Czech Republic

Introduction

• Why should we deal with this question?
• Have intellectually gifted adolescents stress in school? (Pilot study in 2010)...YES!
• The aim of this presentation is to point at presence of school stress and occurrence of stressors in intellectually gifted adolescents and their influence on school achievement and motivation.

Table of contents

1) Intellectually gifted adolescents (IGA)
  • Specifics of gifted students
    ➢ Higher IQ, Creativity
    ➢ Originality of thinking (Laznibatová, 2001)
    ➢ Interest in an activity in which they excel
    ➢ Good results in school doesn’t have to be connected (not conditionally) with giftedness

2) Stress, academic stress
3) Influence of school stress on achievement and motivation
4) Stressors
5) Implications
6) Completion of the research
2) Stress, Academic stress

- School environment is typical for stressful situations
- Everyone sees the stressful situation differently
- Everyone copes with stress differently
- Stress influences school achievement and motivation to learn
  1) Positively
  2) Negatively

3) Influence of school stress on achievement

Stressors

- Writen tests
- Oral examination
- Marking
- Subject matter

5) Implications

- Work with IGA is needed
- IGA need help to cope with stress
- IGA want to work if they are motivated
- IGA are most vulnerable group in terms of developing their giftedness (talent)
- Adolescence is a period when an individual may cease to be interested (for any reason) in the activity in which excelled. (Dočkal, 2005)
6) Completion of the research

- Pilot study 2010
- Study – stress, stressors 2011
- Study - correlation of individual personality characteristics and coping strategies
- Design subsequent interventions for teachers

Thank you for your attention😊😊😊

Mgr. Petra Holešovská
104845@mail.muni.cz

Occurrence of my presentation on INTED 2012 was underpinned by scholarship program PDF MU (Faculty of Pedagogy, Masaryk University).