

You see a situation where someone might need help

The situation is safe for you **S**

Ask the patient loudly: "Can you hear me?" **S**

He/she responds

"Do you need any help?"

NO

YES
Ask for further information

He/she does not respond

Shake his/her shoulders

He/she responds

He/she does not respond

"Do you need any help?"

NO

YES
Ask for further information

Shout for help **S**

Open the airway by head tilt **A**

Check for breathing (10 seconds) **B**

- Look
- Listen
- Feel

The patient is breathing normally

The patient is not breathing at all or is not breathing normally (i.e. gasping)

- Check for breathing regularly.
- Call EMS.
- If indicated, turn the patient in the recovery position if needed.

C

- Call EMS
- Start CPR

For further details, see Unit 2

S - safety
S - stimulate
S - shout for help
A - airway
B - breathing
C - CPR/circulation