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LITHUANIAN  
SPORTS  
UNIVERSITY



European Group for Research  
into Elderly and Physical Activity



International scientific - practical symposium  
In collaboration with the  
European Group for Research into Elderly and Physical Activity

## “CLIMBING THE LADDER OF LIFE, ACTIVE AND FIT”

October 5<sup>th</sup> – 7<sup>th</sup>, 2017

Kaunas, Lithuania

*You are cordially invited to the International Scientific Symposium which will focus on the latest trends in research on active and successful aging. This symposium will therefore include scientific and academic sessions as well as practical workshops. In this way we can encourage academicians as well as practitioners – physical activity teachers, physiotherapists, trainers and physicians – to participate in both the scientific sessions as well as the active/experimental sessions.*

### KEYNOTE SPEAKERS



Prof. Dr. Yael Netz, Academic College at Wingate, Israel

**COGNITIVE AND EMOTIONAL FUNCTIONING IN ADVANCED AGE – THE EFFECT OF PHYSICAL ACTIVITY AND PHYSICAL FITNESS**



Prof. Dr. Eling D. de Bruin, Institute of Human Movement Sciences and Sport, ETH Zürich, Switzerland

**PREPARE YOURSELF FOR THE WORLD: OIL YOUR MIND BECAUSE STRENGTH ALONE WILL NOT DO**



Prof. Dr. Alfonso Jimenez, Coventry University, UK

**THE ACTIVE AGEING CHALLENGE FOR EXERCISE PROFESSIONALS: HOW WE COULD SUPPORT INACTIVE AGEING POPULATIONS TO BECOME ACTIVE AND ENJOY A HEALTHY LIFESTYLE**



Dr. Oron Levin, KU Leuven Movement Control and Neuroplasticity Research Centre, Belgium

**AGING AND MOTOR INHIBITION: A CONVERGING PERSPECTIVE PROVIDED BY BRAIN STIMULATION AND IMAGING APPROACHES**



Prof. Dr. Habil. Albertas Skurvydas, Lithuanian Sports University, Lithuania

**NEUROPLASTICITY AND HEALTHY AGING**



Priv.-Doz. Dr. Michael Brach, University of Munster, Germany

**EVALUATION RESEARCH IN HEALTH-ORIENTED EXERCISE INTERVENTIONS**

### IMPORTANT DATES

Online registration and abstract submission deadline – 25<sup>th</sup> September, 2017

Payment acceptance deadline – 30<sup>th</sup> September, 2017

Submission deadline of the full text of papers – 7<sup>th</sup> October, 2017

### SYMPOSIUM FEE

**40 EUR** One day attendance fee

**60 EUR** Two days attendance fee

**90 EUR** Regular registration fee

**SYMPOSIUM LANGUAGE:** English

**SYMPOSIUM VENUE:** Lithuanian Sports University, Sporto str. 6, Kaunas, Lithuania

<http://www.lsu.lt/en>

**MORE INFORMATION:** <http://www.lsu.lt/en/symposium-2017/welcome>

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LOOKING FORWARD TO MEETING YOU IN KAUNAS!