The human body

1. Look at the picture and study the vocab. Complete any other words that you can think of. (Podívejte se na obrázek a naučte se slova. Doplňte jakákoli další slova, která Vás napadnou)



My words:

2. Vocabulary: Human body

hand	[hænd]	ruka	
finger	[ˈfɪŋgə]	prst	
thumb	[θʌm]	palec na ruce	
knuckle	[ˈnʌkəl]	kloub na prstech ruky, "kotníček"	
palm	[pɑːm] dlaň		
wrist	[rɪst]	zápěstí	
forearm	[ˈfɔːrˌɑːm]	[ˈfɔːrˌɑːm] předloktí	
elbow	[ˈelbəʊ]	loket	

		paže, celá ruka (od	
arm		ramene dolů ! hand=	
		ruka od zápěstí po	
	[aːm]	prsty)	
shoulder	[ˈʃəʊldə]	rameno	
collar bone			
	[ˈkɒlə bəʊn]	klíční kost	
trunk	[trʌŋk]	trup	
shoulder blade	[ˈʃəʊldə bleɪd]		
		lopatka	
neck	[nek] krk, hrdlo		
throat	[θrəʊt]	hrdlo, krk vnitřek	
esophagus			
	[iːˈsɒfəgəs]	jícen	
larynx	[ˈlærɪŋks]	hrtan	
backbone			
(=vertebral	[ˈbækˌbəʊn],		
column, spine)	[spaɪn]	páteř	
rib	[rɪb]	žebro	
rib cage	[rɪb keɪdʒ]	hrudní koš	
heart	[haːt]	srdce	
a lung	[lʌŋ]	plíce (jedna)	
breast	[brest]	hruď, prs, prsa	
chest (=thorax)	[tʃest]= [ˈθɔːræks]	hrudník	
stomach (=belly,			
tummy, abdomen)	[ˈstʌmək]	žaludek, břicho	
small and large			
intestine	[ɪnˈtestɪn]	tenké a tlusté střevo	
liver	[ˈlɪvə]	játra	
gall bladder	[gɔːl ˈblædə]	žlučník	
kidney	[ˈkɪdnɪ]	ledvina	
spleen	[spliːn]	slezina	
ureter	[jʊˈriːtə]	močovod	
urethra	[jʊˈriːθrə]	močová trubice	
urinary bladder			
di inary biaddei	[ˈjʊərɪnərɪ ˈblædə]	močový měchýř	
back	[bæk]	záda	
hip	[hɪp]	bok, kyčel	
pelvis	[ˈpelvɪs]	pánev	
buttocks (=behind,			
backside)	[ˈbʌtək]	zadek	
leg		noha (celá od kyčle	
'~б 	[leg]	dolů)	
foot			
	[fʊt]	noha(od kotníku dolů)	

knee	[niː] koleno		
thigh bone (femur)	[ปอา bอซท]	stehno	
calf	[kɑːf] lýtko		
shin	[ʃɪn] holeň		
ankle	[ˈæŋkəl]	kotník	
instep	[ˈɪnˌstep]	nárt	
sole	[รอซl]	chodidlo, šlapka nohy	
toe	[təʊ]	prst na noze	
big toe	palec na noze		
skull	[skʌl]	lebka	
limb (=extremity)	[lɪm], [ɪkˈstremɪtɪ]	končetina	

3. Listen to the song and complete the words. (Poslechněte si písničku a doplňte slova)

Body parts song https://www.youtube.com/watch?v=ot4mJ_qUNMY

The parts of the body, the body parts song. 3x	This is my 6
This is the body parts song.	This is my elbow.
This is my 1	This is my 7
This is my forehead.	This is my wrist.
These are my 2	These are my 8, five in each hand.
These are my ears.	The parts of the body, the body parts song. 3x
This is my 3	This is the body parts song.
This is my mouth.	This is my 9
This is my 4	This is my knee.
This is my neck.	This is my 10
The parts of the body, the body parts song. 3x	This is my ankle.
This is the body parts song.	This is my foot.
This is my 5	This is my 11, five on each foot.
This is my chest.	

4. Listen and practice pronunciation. (Poslouchejte a procvičujte výslovnost)

https://www.youtube.com/watch?v=mAWciXC3WVc

hair armpit arm navel chest, abdomen wrist thigh knee leg forehead, cheek, ear, neck, nose, chin, lip, tongue, eye eyebrow, eyelash, hand, thumb, little finger ring finger, middle finger, index finger, finger nail, foot, toe, shoulder, elbow, back, chin, lip, ear, eyelash, nose, hair, cheek, forehead, eyebrow, jaw, mouth, temple, earlobe, eye, nostril

5. Complete. (Doplňte.)

1. PAF 2. 3. 4. 5. 6. 7.	RTS OF THE HEA	 8. 9. 10. 11. 12. 13. 14. 15. 	
1	2	3	4
5	6		8
9	10		12
13	14		

6. Complete the words to the definitions. (Doplňtě slova k definici).

lungs, brain, bones, heart, veins and arteries (=vessels), skin, skeleton, ribs, liver, stomach, throat, kidneys, intestines

- 1. ______ your heart pumps your blood around your body.
- 2. ______ when you breathe, the air goes into your lungs.
- 3. ______ these transport blood through your body. They are like little tubes.
- 4. ______ this is your 'thinking machine' inside your head.
- 5. ______ food goes down this to get to your stomach.
- 6. ______- the organ that cleans your blood.
- 7. ______ your food goes here when you swallow it.
- 8. ______ a long tube, food goes through it from the stomach to the
- 9. ______ the organs of the urinary system that process all your body waste.
- 10. ______ all of the bones in your body.
- 11. ______ these are the bones that protect the organs in your chest.
- 12. ______ your skeleton consists of many _____. There are about 206 in your body.
- 13. ______ it covers almost the whole body and helps keep all the organs and muscles in place.

7. Read the text and complete, which system is it. (Přečtěte si text a doplňte, který system to je)

Human anatomy

Nervous system, endocrine system, digestive system, integumentary system, lymphatic (immune) system, skeletal system, muscular system, respiratory system, urinary (renal) system, reproductive system,

1. ______ system – The system carries <u>blood</u> to all parts of the body. It is also called <u>circulatory</u> system. It consists of the heart and <u>vessels</u>. There are three main types of vessels: <u>arteries</u>, <u>veins</u> and <u>capillaries</u>. The arteries carry oxygenated blood with nutrients to the tissues, and veins transport deoxygenated blood with waste materials back. The <u>heart</u> is the key organ in the circulatory system. It usually <u>beats</u> from 60 to 100 times per minute and it <u>pumps</u> blood around the body. The blood <u>consists</u> <u>of</u> red and <u>white</u> blood cells and platelets.

Cardiovascular disease is the leading cause <u>of</u> death in the United States. Many people suffer from <u>high</u> <u>blood pressure</u> (= hypertension), they have more than 140/90 mm Hg (140 <u>over</u> 90 millimetres of <u>mercury</u>). Other diseases of the cardiovascular system are <u>heart attack</u>, <u>stroke</u>, atherosclerosis, <u>abnormal</u> heart rhythms (arrhythmias), heart <u>valve</u> disease and varicose <u>veins</u>.

Cardiologists are specialists who diagnose, treat and prevent disease of the heart, arteries and veins.

2. ______ system – The system converts food into energy. We chew the food in the mouth, where the food mixes with saliva. Then we swallow it. Stomach digests the food and it goes to the small and large intestine. The waste products go away through the anus. Salivary glands, liver, pancreas and gallbladder help with the ingestion and digestion of food.

3. _____ *system* – The system consists of ductless glands. These glands produce hormones and secrete them into the blood or lymph. The hormones regulate mood, growth, metabolism and reproductive processes.

4. ______ *system* – This system covers the body and it consists of the skin (the largest organ in the body), hair and hairs, nails and sweat glands. It protects tissue from injury, bacteria and viruses. It regulates body temperature and prevents dehydration.

5. _____ **system** – This system sends signals around the body and helps people respond to what is around them. It regulates and coordinates activities of the body, such as breathing, digesting and heartbeat. It consists of the brain, the spinal cord and nerves.

8. Complete the words into the text. (Doplňte slova do textu)

Circulatory system

HEART, VALVE, CONSIST OF, ARTERIES, CAPILLARIES, CIRCULATORY, VESSELS, BLOOD, WHITE, HEART ATTACK, VEINS, MERCURY, CAPILLARIES, BEATS, OVER, STROKE, TREAT, PUMPS, HIGH BLOOD PRESSURE, ULCER, ABNORMAL, VESSELS The system carries _______ to all parts of the body. It is also called _______system. It consists of the heart and _______. There are three main types of vessels: ______, _____and ______. The arteries carry oxygenated blood with nutrients to the tissues, and veins transport deoxygenated blood with waste materials back. The _______ is the key organ in the circulatory system. It usually _______ from 60 to 100 times per minute and it _______ blood around the body. The blood ______ red and _______ blood cells and platelets.

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Cardiologists are specialists who diagnose, ______and prevent disease of the ______, and

Key:

exercise 3:

1 hair; 2. eyes; 3. nose; 4. chin; 5. shoulder; 6. stomach, 7. arm, 8. fingers, 9. thigh, 10. calf, 11. toe

exercise 5:

5. 1="hair",,2="temple" 3="ear" 4="earlobe" 5="cheek" 6="mouth" 7="lip" 8="forehead" 9="eyebrow" 10="eyelash" 11="eye" 12="nose" 13="nostril" o4="jaw",15="chin"

exercise 6:

- 1. **heart** your heart pumps your blood around your body.
- 2. lungs when you breathe, the air goes into your lungs.
- 3. **veins and arteries (vessels)** these transport blood through your body. They are like little tubes.
- 4. **brain** this is your 'thinking machine' inside your head.
- 5. throat food goes down this to get to your stomach.
- 6. liver the organ that cleans your blood.
- 7. stomach your food goes here when you swallow it.
- 8. intestines a long tube, food goes through it from the stomach to the
- 9. kidneys the organs of the urinary system that process all your body waste.
- 10. skeleton all of the bones in your body.
- 11. ribs these are the bones that protect the organs in your chest.

12. **bones** - your skeleton consists of many **bones**. There are about 206 in your body.

13. skin - it covers almost the whole body and helps keep all the organs and muscles in place.

exercise 7.

1. Circulatory system 2. Digestive system 3. Endocrine system 4. Integumentary system 5. Nervous system

exercise 8

HEART, VALVE, CONSIST OF, ARTERIES, CAPILLARIES, CIRCULATORY, VESSELS, BLOOD, WHITE, HEART ATTACK, VEINS, MERCURY, CAPILLARIES, BEATS, OVER, STROKE, TREAT, PUMPS, HIGH BLOOD PRESSURE, ULCER, ABNORMAL, VESSELS

The system carries ___blood_____ to all parts of the body. It is also called ____circulatory____system. It consists of the heart and ____vessels____. There are three main types of vessels: ___arteries____, ___veins___and ___capillaries_____. The arteries carry oxygenated blood with nutrients to the tissues, and veins transport deoxygenated blood with waste materials back. The ___heart____is the key organ in the circulatory system. It usually ____beats____from 60 to 100 times per minute and it ____pumps____blood around the body. The blood ___consists of ____red and ____white____blood cells and platelets.

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Cardiologists are specialists who diagnose, __treat____and prevent disease of the _____heart____, and blood _____vessels.