

Jídlo

Food in Czechia (and in Brno)

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Topics

- general facts
- Typical dishes
 - Smažák, zabijačka (CONTENT WARNING), svatomartinská husa, ...
- Traditional dishes
- Where to go for good Czech food - Brno highlights



general facts about Czech food

- meat everywhere, although historically ...
- non-meat dishes usually sweet
- fatty and fattier (*máslo* and *sádlo*)
- typical day is a 3-meal day
 - breakfast <https://www.cooklikeczechs.com/czech-breakfast/>

showcase: <https://youtu.be/BhtmANIVzvl>

How many meals a
day do people in your
country eat?

Christmas and Easter

Christmas

Dinner is served after sunset (traditionally, it should not be served until after the first star has come out) and consists of carp and potato salad, sometimes preceded by mushroom, sauerkraut or fish soup.

Easter

http://www.myczechrepublic.com/czech_culture/czech_holidays/easter/index.html

Svatomartinská husa (now in season!)

<https://www.informacezbrna.cz/spolecnost/svatomartinska-husa-brno.html>



Zabijačka (pig slaughter)

- <https://www.czechology.com/zabijacka-pig-slaughter-czech-way/>
- <https://www.ceskatelevize.cz/porady/1102732990-folklorika/316292320040011/>
(20:55)



Where can I taste zabijačka products?

- A LOT of public gourmet events during winter
- restaurants
 - U Karla (tlačěnka, jelito a jitrnice) - <https://www.facebook.com/UKarlaBrno>
- shops
 - Krásno - <https://www.krasno.cz/prodejny/>
 - mikroFarma - <https://www.facebook.com/MikrofarmaBrno>

Which holidays in your country are traditionally connected with food?

Smažák (deep-fried cheese)

- Czechs take their smažák seriously!
- Where to eat
 - Brno - Lokál u Caipla <https://lokal-ucaipla.ambi.cz/cz/>
 - <https://www.mapotic.com/smazakomapa>

Sweet food

Šišky s mákem (below)

<https://www.czechology.com/sisky-s-makem-potato-dumplings-with-poppy-seeds>



tvároňové knedlíky (above)

Food scene of Brno

- Coffee
- Bread and Pastries
- Open sandwiches
- Liquor

Brno = a mecca of specialty coffee

- Take5
 - <https://www.facebook.com/take5.zidenice>
- Industria
 - <https://www.facebook.com/industria.coffee>
- tHE ROses
 - <https://www.facebook.com/therosescoffeestore>
- Skøg
 - <https://www.facebook.com/skogbrno>



Chlebíčky (open sandwiches)

<https://www.czechology.com/czech-open-sandwiches-chlebicky-are-the-star-of-any-party/>

Where can I find it in Brno?

- <https://www.emachlebicek.cz/>

Bread and Pastries

- Chleba Brno <https://www.chlebabrno.cz/>
- Mamma Stella https://www.instagram.com/mama_stella_artisan/
- William Thomas <https://www.wtbakery.cz/>



Liquor

Brno?

<https://www.littleurban.cz/>

<https://www.hauskrecht.cz/> and many, MANY breweries

Czechia?

<https://rudolfjelinek.com/>

Where to eat in Brno

- Hladinka a šnyt - <https://www.facebook.com/hladinkaasnyt>
- U Karla -
- Pivnice U Čápa - <https://www.facebook.com/pivniceucapa>
- plus some extra tips by Honest Guide - <https://youtu.be/spQwWG0BPHY>

- **In your country, is there a clash between traditional and modern cuisine?**
- **Do people in your country snack regularly between the main meals?**
- **What is the one meal that is national for you but it is also well known abroad?**
- **What's your favorite brand of beer?**