



Pluricultural Competences in Action IV

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Warm-u

- **What is a culture shock?**



Warm-u

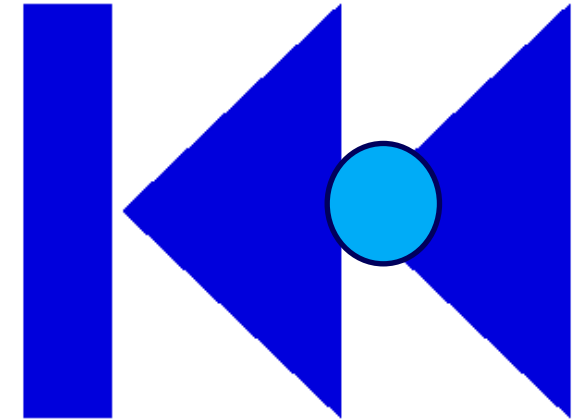
- **Can you share an example of your own culture shock experience?**

Culture shock describes the impact of moving from a familiar culture to one that is unfamiliar. It includes the shock of a new environment, meeting lots of new people and learning the ways of a new culture.



Basic Concepts

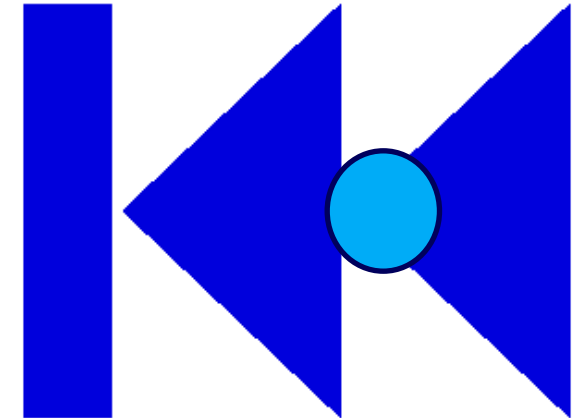
Culture shapes the way people see the world and can be thought of as the way in which people preserve societies and meet a range of human needs. Shared belief systems, behaviors, and traditions are only a few factors that make up a culture. It is easy to be unaware of the tremendous impact culture plays in our lives when we are surrounded by individuals who share the same assumptions and shared values. We may experience “culture shock” when we find ourselves in a culture different from the one we are accustomed to.



Source: Mindtools.com

Basic Concepts

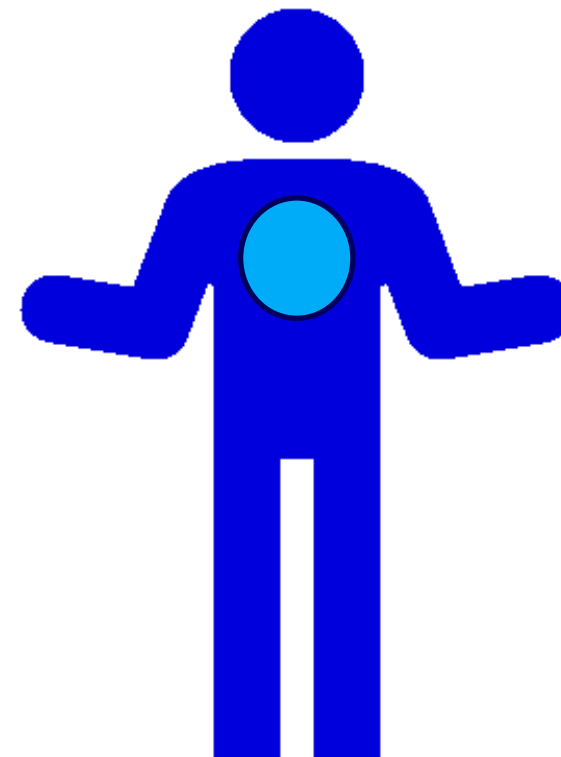
- “Culture shock” is a *normal process* of adapting to a new culture. It is a time when a person becomes aware of the differences and/or conflicts in values and customs between their home culture and the new culture they are in.
- Common feelings may be anxiety, confusion, homesickness, and/or anger.



Source: Mindtools.com

Culture shock

- Unexpected reactions
- Way of treatment
- Manners



The Cultural Iceberg

SURFACE CULTURE

Food

Language

Music

Holidays

Literature

Fashion

Arts and crafts

Games

Communication styles and rules:

facial expressions, gestures, eye contact, personal space, touching, body language, displaying emotions, tone of voice

Notions of :

courtesy, friendship, leadership, cleanliness, modesty, beauty

Approaches to:

religion, marriage, raising children, decision making, problem solving

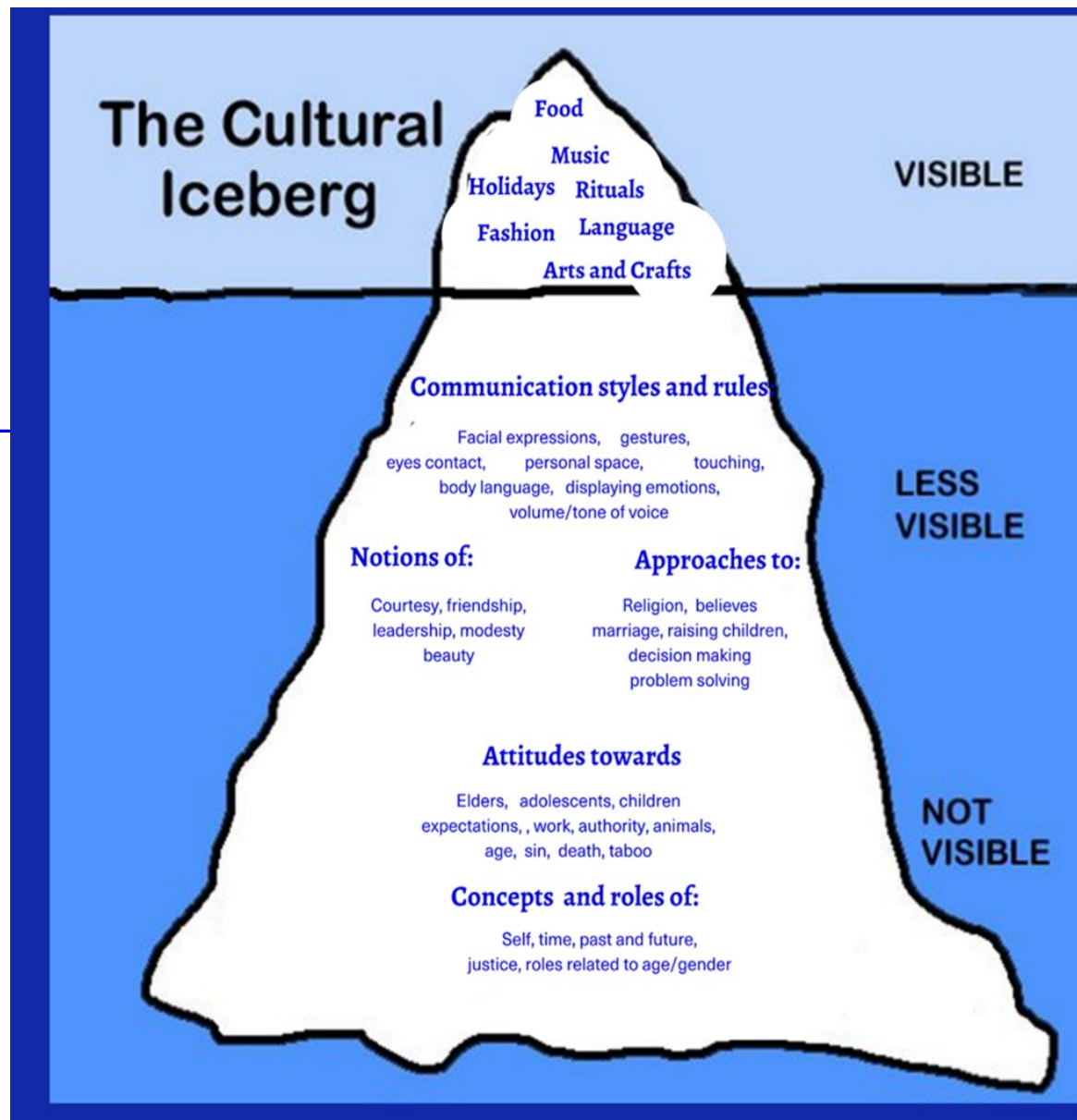
Attitudes towards:

elders, adolescents, expectations, work, authority, animals, age, death, sin

Concepts of:

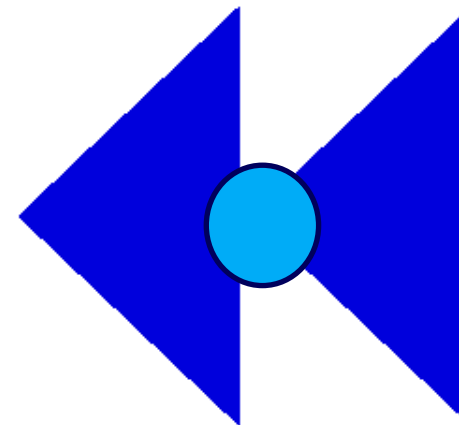
self, time, past and future, justice, roles related to age, sex, class, family...

DEEP CULTURE



Introduction to the Topic

- **Cultural differences**
- **Personal space - proximity**
- **Eye Contact**



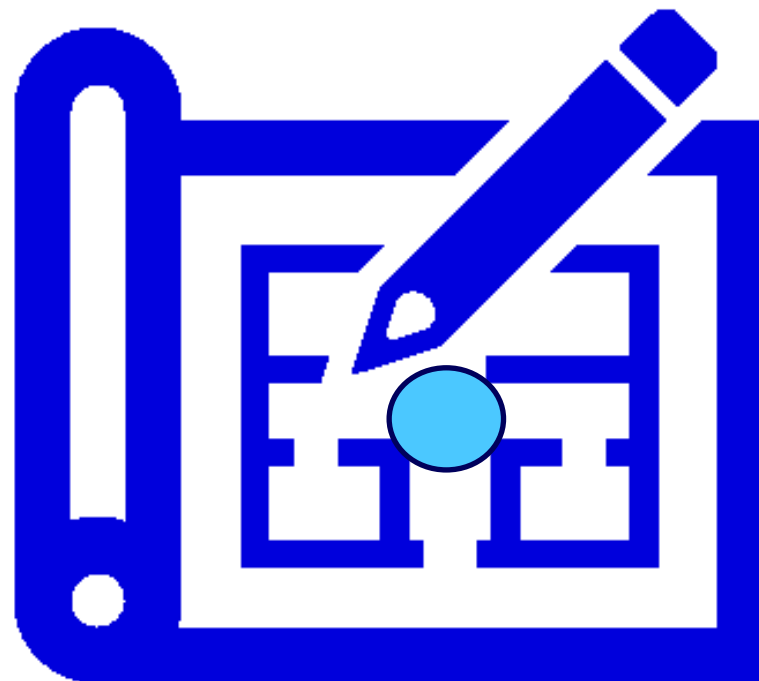
Workshop

- **Activities**
- 1) Individual
- 2) In pairs
- 3) In groups



Workshop

- **Use worksheets**
- **see the Syllabus, please**



Questions & Answers. Discussion.



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Which part of the seminar have you enjoyed most today and why? Have you missed anything?

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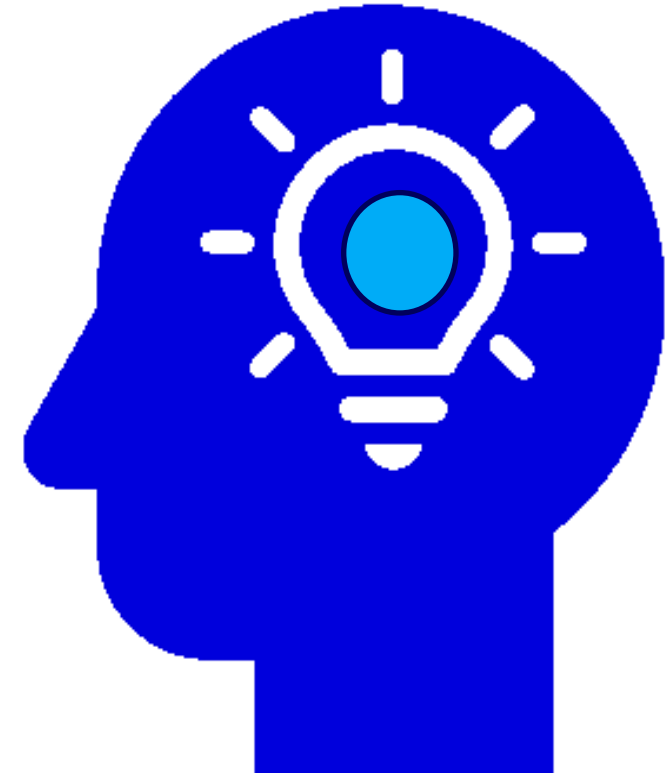
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Final slide: Reflection

“Strength lies in differences,
not in similarities.”

Stephen R. Covey



Thank you for your attention

