Health Care Reform

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Czech healthcare system before 1989

- Established after the Second World War (Semaschkov)
- o Centralised and hierarchic
- o Budgetary financed
- State monopoly in providing, financing and managing the health care services
- o Private practice prohibited
- o Ineffective
- o Undemocratic
- ο...
- $\rightarrow \rightarrow$ worsened population's state of health

Capacity of the past HCS

o Relatively high

- 1110,8 beds per 100 000 popul. (1989)
- 272,14 physicians per 100 000 popul.
- Current situation at <u>http://data.euro.who.int/hfadb/</u>

Seemingly not high enough

- Excessive demand
- Waiting list
- Corruption
- o Relatively low cost 4,8% of GDP in1988

Problems

 Low level of remuneration of health workers, especially qualified nurses and physicians

- o Obsolete medical and non-medical equipment
- o Almost critical lack of some drugs
- o Corruption

Health status

- Good at the beginning (10th among 27 European countries between 1960-1964)
- But then significantly lower than other
 European nation at that time (27th place in 1980)
- $\rightarrow \rightarrow$ Czechs sicker and died sooner than nationals of other countries \otimes
- →→Chronic and deep crisis of health status and Health Care System in Czech republic

Need of reforms – general

- The expenditures on healthcare outpacing economical growth
- o Demographical factors
- o Technological boom
- Solutions (?): co-payments, private insurance, government regulations, economic incentives, standards, clinical recommendations ...

Government or market? - general

Market

- Individual responsibility
- Desirable competition
- Private insurance
- Elimination of moral hazard
- Increasing effectiveness
- BUT adverse choice, cream skimming, inequality

Government

- Specifities of healthcare
- Elimination of different accessibility
- Provides stable financial supply
- Eliminate over- or underdimensiong of some services
- BUT under regulations INFORMAL market

Transformation (1989-1991)

 <u>General goal</u>: flexible Health Care System which guarantees a balance among professional, economic and human aspects

- o More democratic and liberal system which allows:
 - providing services of better quality
 - better control of resources

General Reform Principals I.

- Democratization, humanization and provision of health services of better quality
- o Decentralization, privatization, competition
- State guarantees equal access to "adequate" levels of services for every one
- Plurality in financing but an obligatory Health Insurance System since 1991

General Reform Principals II.

- o Free choice of provider
- No more state monopoly in providing, financing and managing the health care services
- Plurality within the health service— the prevailing form of health care service should remain the public health service, but there will also : regions, municipalities, church and private sector ...
- o Increased responsibility for own health
- An income for physicians and/or the health service facility should depend on their performance in terms of quality and quantity

Healthcare reform steps – plural Health Insurance System (1993)

- The biggest insurance company (VZP) established in 1993 with special rights and duties
- Other smaller IC have been founded at the aim of establishing a concurrence among payers (up 27)
- o IC bankrupted, merged ... 9 IC nowadays
- Insurance premium paid by employees, employers and the government – its amount is based on a gross income

Healthcare reform steps – reimbursement

- Fee-for-service applied to all kinds of services
- o A massive increase in services produced was an immediate reaction
- o Deficit development was started ... $\boldsymbol{\boldsymbol{\Im}}$

Some outcomes

- o the volume of provided care increased significantly
- o dtto for the amount of hi-tech equipment
- o the quality of care rose too (?!)
- o a rapid increase in the life expectancy could be observed between 1990 and 2001 (male 67.63 in 1990 \Rightarrow 72.14 in 2001).

Number of transplantation

Number of transplantations and cardiac operations

		Trans	cardiac operations			
Year	heart	kidney	liver	pancreas	lungs	
199	91 9	9 178	8 2	-	-	1 657
199	92 19	9 190) 2	_	-	1 825
199	34	4 313	8 2	2	-	2 471
199	94 50	4 06	5 11	8	-	3 330
199	95 60) 389) 31	13	-	4 008
199	96 7 <u>5</u>	5 393	4 2	19	-	5 043
199	96 96	6 445	5 4 9	21	1	5 943
199	98 55	5 366	66	21	8	6 463
199	9 64	4 316	67	24	14	6 868
200	0 58	353	61	23	7	7 640
200)1 49	9 330) 58	25	10	8 277

Zdroj: Institut klinické a experimentální medicíny

Medical equipment

Year	1002	1002	1004	1005	1006	2001
Equipment	1992	1993	1994	1995	1996	2001
СТ	48	59	64	69	73	117
Mammograph	44	56	68	87	106	125
Lithotriptor	11	22	25	25	29	30
MRI	4	6	7	10	11	19
Lasers	86	111	156	515	1,02	1,4
Lung ventilators	843	988	980	983	1,188	1,683





Current situation

- Relatively high level of healthcare expenditure (7,4 % of GDP)
- Relatively high level of insurance premium paid by employees (13,5%)
- Reform efforts have lasted for more than 15 years, system remains in crisis
- o 1995-2005: a lot of strategic policy materials, most of them just on a paper
- o 13 Ministers between 1990-2005
- o Absence of a vision, clear strategies
- Need to redefine the range of guaranteed care (compulsory and optional health insurance)
- o Optimize the network of providers

Reimbursement methods

- o GPs capitation plus limited services extra
- o Ambulatory specialists fee-forservice with time limitation
- Hospitals mostly lump sum payment following their output in the previous year, (originally was introduced as an temporary and provisional tool to save critical financial imbalance...)



Major issues I.

- Drug expenditures escalalation increase from 1990 to 2001: 130% measured in daily doses per 1 000 inhabitants and 711% in consumption per inhabitants in CZK)
- o Physicians' complains
 - Salary in public hospitals
 - Heavy income regulation for ambulantory specialst
 - Administrative complication

Major issues II.

o Serious probems with/in hospitals :

- 50% of total health expenditures
- Debt 9 billion CZK (2002)
- Huge number of hopitals (difficult to optimize the hospital network because of employees, public...)
- Hospitals transferred from state level to regions – with debt (serious problems)

Economic results of hospitals 2003 (in million CZK)

Hospital	Number	Costs	Revenues	Economic results	
Public hospitals	19	36 639	35 395	- 1 244	
Regional	79	32 343	31 366	- 977	
Municipal	27	5 079	4 873	- 206	
Private	52	4 705	4 696	- 9	
Total	177	78 766	76 330	- 2 436	
Army hospitals	4	2 391	2 382	- 9	
TOTAL	181	81 157	78 712	- 2 445	

Alternative approaches to reform I.

Social-democratic concept:

- Healthcare as a public service
- No co-payments
- No private hospitals (no transformation to incorporated companies)
- Financial stabilisation of public health insurance
- Improved execution of public administration in: health insurance, regulation and control of the financial management of hospitals

Alternative approaches to reform II.

Liberal concept:

- Market-based system
- Competition among providers and payers
- State responsible for legal framework and regulation of the market
- Increased freedom and responsibility of patients
- Individual accounts of health insurance

