



Time Management and Productivity

OWN THE NEW NOW

Alexis Solanas



How to achieve it

GTD (Getting Things Done)



Pomodoro technique



Popcorn technique





GTD : Before we start

Don't panic, it is not complicated

Tasks have no priority

Only four steps to follow

Valid both for work and personal life



GTD : The four steps

Collect all the information

Processing

Organization

Doing and reviewing



GTD: Collect Process Organize Do & Review

Capture ideas, task, anything you have to do

All the information goes to a place called Inbox

As soon you capture an idea, put it in the Inbox

No more steps needed



redhat. GTD: Collect Process Organize Do & Review

Take the items out of the Inbox

Is it actionable ?

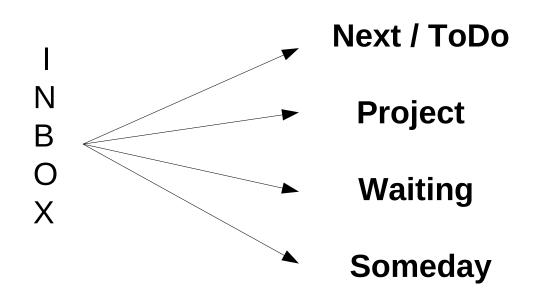
Always apply the "2 minutes rule "

Do it twice a day



GTD : Collect Process Organize Do & Review

Assign all the tasks created before





redhat. GTD: Collect Process Organize Do & Review

Check the status of the tasks and projects

At least once a day

Change the state, move the tasks

This ensures the success of the method





GTD : How do this apply to Red Hat

Inbox

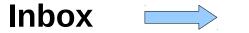




My plate, Email, Telephone



GTD : How do this apply to Red Hat



My plate, Email, Telephone

ToDo

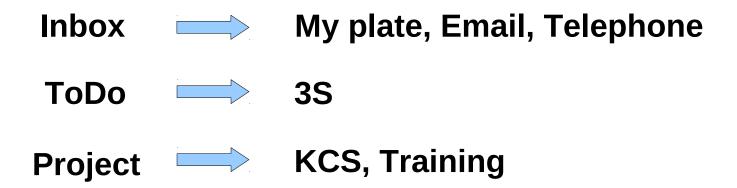












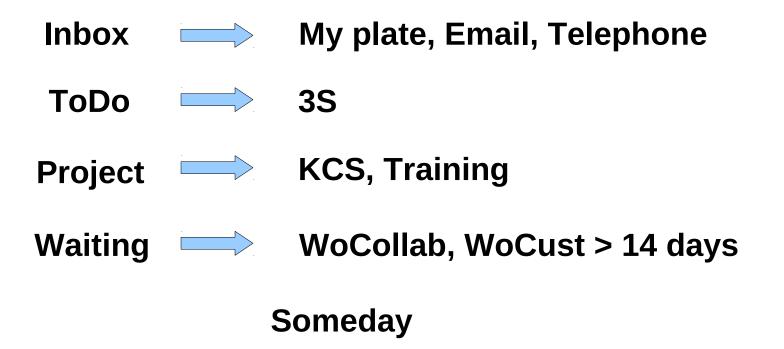


















New Case (1)

GTD : How do this apply to Red Hat

Our situation at first time in the morning

| new case | | | | | | | | | |
|----------|----------|---------|------------|-----|---|--|--------------------|--------------------|--------------------|
| Action | Case Nu | SBT ↑ | Severity | St | R | Subject | Status | Internal Status | SBR Group |
| Edit 🗸 | 00617214 | | 3 (Norm | No | | Problema en cluster de 5 nodos | Waiting on Red Hat | Waiting on Owner | Clusterha |
| Edit 🗸 | 00624710 | | 2 (High) | Yes | | dcgnsis1: server hung | Closed | Waiting on Owner | Base OS; Kernel |
| Edit 🗸 | 00337411 | -52,933 | 2 (High) | Yes | | KDE locking issue | Waiting on Red Hat | Waiting on PM | Desktop |
| Edit 🗸 | 00623569 | -3,593 | 2 (High) | No | | snmpd[16457]: Received bad msgID | Waiting on Red Hat | Waiting on Owner | Base OS |
| Edit 🗸 | 00619032 | -2,351 | 3 (Norm | No | | bug - missing line in "less" | Waiting on Red Hat | Waiting on Owner | Base OS |
| Edit 🗸 | 00623297 | -417 | 3 (Norm | Yes | | Servers (ca3sz2prwas01/02) Become Unresponsive | Waiting on Red Hat | Waiting on Owner | Networking |
| Edit 🗸 | 00612568 | -57 | 1 (Urgent) | No | | VLAN over Bonded devices issue | Waiting on Red Hat | Waiting on Owner | Networking |
| Edit 🗸 | 00624746 | 32 | 2 (High) | No | | Server Hanged | Waiting on Red Hat | Waiting on Owner | Base OS |
| Edit 🗸 🗸 | 00610548 | 102 | 4 (Low) | No | | Usar el beeper de un sistema con caracteres de escape en la salida esta | Waiting on Red Hat | Waiting on Owner | Kernel |
| Edit 🗸 🗸 | 00620014 | 242 | 2 (High) | No | | Servidor no responde al poner hypervisor en maintenance | Waiting on Red Hat | Waiting on Owner | Virtualization |
| Edit 🗸 | 00624750 | 362 | 3 (Norm | No | | Redhat cluster 2 node | Waiting on Red Hat | Waiting on Owner | Clusterha |
| Edit 🗸 | 00595376 | 463 | 3 (Norm | No | | Console Disconnected | Waiting on Red Hat | Waiting on Collabo | Virtualization |
| Edit 🗸 | 00569027 | 1,113 | 2 (High) | Yes | | [BZ] Performance degradation (%si) in BNX driver | Waiting on Red Hat | Waiting on Collabo | Kernel; Networking |
| Edit 🗸 🗸 | 00619285 | 1,461 | 2 (High) | No | | Problème avec kernel 2.6.18-308.1.1.el5 | Waiting on Red Hat | Waiting on Engine | Kernel |
| Edit 🗸 | 00609288 | 8,739 | 2 (High) | No | | Problema con Bonding | Waiting on Red Hat | Waiting on PM | Kernel |
| Edit 🗸 | 00609370 | 11,656 | 2 (High) | No | | Initial 'emptyarchive' page contains hostname rather urlhost in listinfo pag | Waiting on Red Hat | Waiting on Owner | Base OS |
| Edit 🗸 | 00620393 | 11,694 | 3 (Norm | Yes | | AMQP object synchronization when a new node is joining the cluster is req | Waiting on Red Hat | Waiting on Engine | MRG |
| Edit 🗸 | 00560747 | 21,699 | 4 (Low) | Yes | | [RFE] Backport of smem to rhel 5.7 | Waiting on Red Hat | Waiting on PM | Base OS |
| Edit 🗸 | 00480317 | 24,634 | 3 (Norm | Yes | | No /dev/dsp due to missing snd_pcm_oss | Waiting on Red Hat | Waiting on Engine | Kernel |
| Edit 🗸 | 00529183 | 42,277 | 4 (Low) | Yes | | [RFE] Add currency report as a spacewalk report | Waiting on Red Hat | Waiting on PM | SysMgmt |
| | | | | | | | | | |

Start of my day : Grab a FTS, Clear of Backlog, KCS on closed tickets, review the tickets



GTD : How do this apply to Red Hat

After 20 minutes :

| Edit 🗸 | 00624746 | 32 | 2 (High) | No | Server Hanged | Waiting on Red Hat | Waiting on Owner | Base OS |
|---------|----------|-------|----------|-----|---|--------------------|--------------------|--------------------|
| Edit 🗸 | 00610548 | 102 | 4 (Low) | No | Usar el beeper de un sistema con caracteres de escape en la salida esta | Waiting on Red Hat | Waiting on Owner | Kernel |
| Edit 🗸 | 00620014 | 242 | 2 (High) | No | Servidor no responde al poner hypervisor en maintenance | Waiting on Red Hat | Waiting on Owner | Virtualization |
| Edit 🗸 | 00624750 | 362 | 3 (Norm | No | Redhat cluster 2 node | Waiting on Red Hat | Waiting on Owner | Clusterha |
| Edit 🗸 | 00595376 | 463 | 3 (Norm | No | Console Disconnected | Waiting on Red Hat | Waiting on Collabo | Virtualization |
| Edit 🗸 | 00569027 | 1,113 | 2 (High) | Yes | [BZ] Performance degradation (%si) in BNX driver | Waiting on Red Hat | Waiting on Collabo | Kernel; Networking |

Our workload has been reduced by 50%

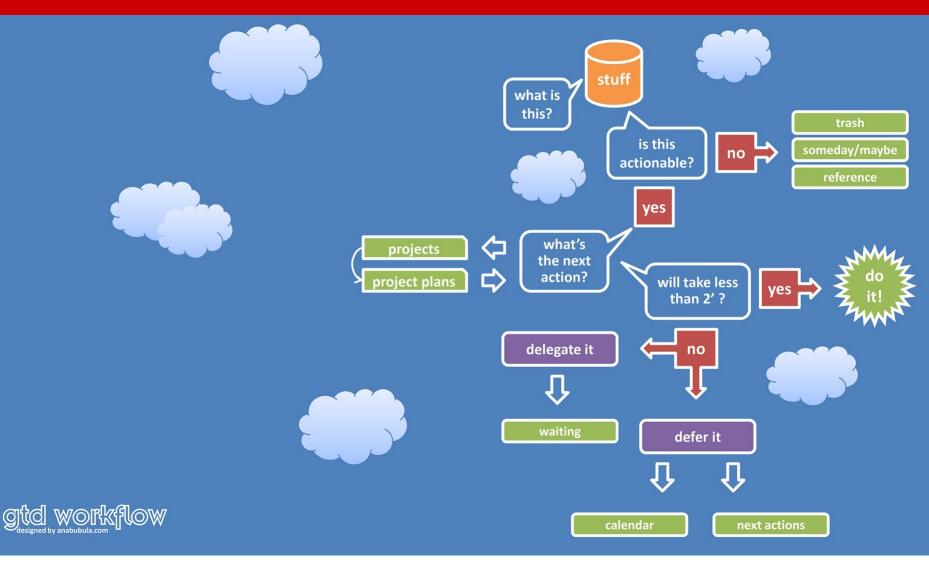
I feel less stressed

I can do more

Get rid of the fear of the unknown



GTD : A little help



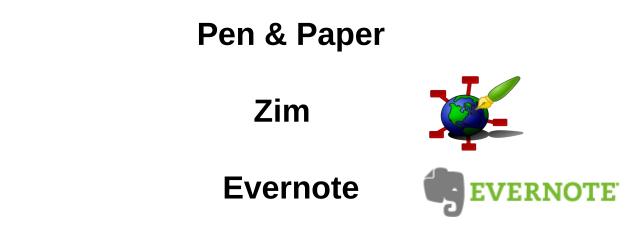


redhat. GTD : A little help

| new unsorted downloads | current work project files | archive queue organize & file | permanent items |
|---------------------------|-------------------------------|----------------------------------|--------------------------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | www.entropiaDS.com/blog/ |







Email client / Remember the Milk, etc



Calendar : Not this way

| 08:00 | 08:00 - 16:30 Work | 08:00 – 16:30 Work | 08:00 – 16:30 Work | 08:00 – 16:30 Work | 08:00 – 16:30 Work |
|-------|---------------------------|--------------------------|------------------------------|---------------------------------------|---------------------------|
| 09:00 | | | | | |
| 10.00 | | - | | | |
| 10:00 | | | | | |
| 11:00 | | - | | - - | |
| 12:00 | | - | - | | |
| | | | | · | |
| 13:00 | | | | | |
| 14:00 | | | | | |
| 15:00 | | - | - | - | |
| 10.00 | | | | | |
| 16:00 | | | | | |
| | | | | | |
| 17:00 | 17:00 – 18:00 Shopping | 17:00 – 18:00 Laundry | 17:00 – 18:00 Ironing | 17:00 – 18:00 Beers with friends | 17:00 – 18:00 Shopping |
| 18:00 | 18:00 – 20:00 Study | 18:00 – 19:30 Garage | 18:00 – 19:00 Call Sister | 18:00 – 19:30 Study | |
| | | | | | 18:30 – 21:00 Cinema |
| 19:00 | | | 19:00 – 20:30 Study | | |
| | | 19:30 – 21:00 Study | | 19:30 – 21:00 Doctor's Appointment | |
| 20:00 | 20:00 - 21:00 Dinner | | | | |
| | | | 20:30 – 21:30 Dinner | | |
| 21:00 | | 21:00 - 22:00 Dinner | | 21:00 – 22:00 Dinner | 21:00 – 22:00 Dinner |
| 22:00 | | | | | |
| | | | | | |

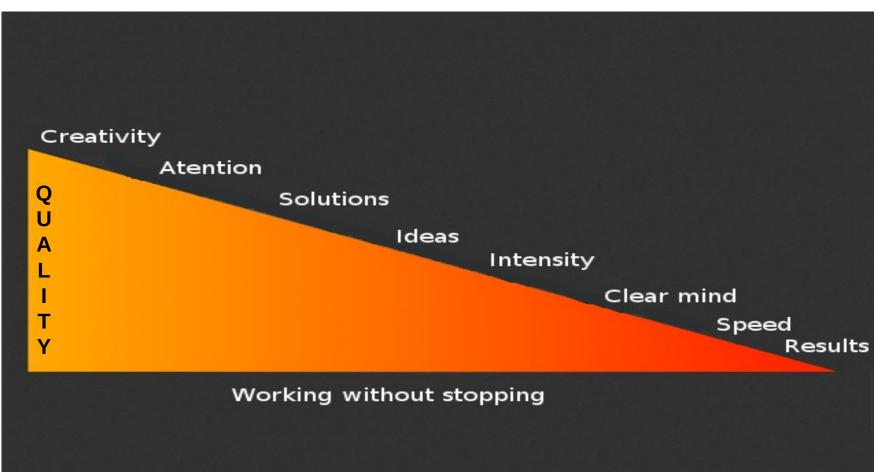


| 08:00 | 08:00 – 16:30 Work | 08:00 - 16:30 Work | 08:00 - 16:30 Work | 08:00 - 16:30 Work | 08:00 – 16:30 Work |
|-------|-----------------------|-----------------------|-----------------------|---------------------------------------|-------------------------|
| 09:00 | | | | | |
| 10:00 | | a | | · · · · · · · · · · · · · · · · · · · | |
| 11:00 | | | | | |
| 12:00 | | - | | | |
| 13:00 | | | | | |
| 14:00 | | - | | | |
| 15:00 | | | | | |
| 16:00 | | - | | | |
| 17:00 | | | | 17:00 – 18:00 Beers with friends | |
| 18:00 | | | | Deers with menus | |
| 19:00 | | | | | 18:30 – 21:00 Cinema |
| 20:00 | | | | 19:30 – 21:00 Doctor's Appointment | |
| | | | | | |
| 21:00 | | | | | 20 |





The problem we are facing







Can be used for any kind of task

Uses time as a valuable ally

Boost motivation and keep it constant

Improves your work or study process





Period of time we use to work (25 min)

It is indivisible

Join tasks to fill up a pomodoro

Divide task if it takes more than 5 pomodoros





Stop working on that task

Have a short break (5 min)

Relax, do one 2 minutes task ...

It is mandatory





Start another Pomodoro

Follow the cycle to complete 4 Pomodoros

Then have a long break (15-20 min)

Start again !





Physical Pomodoro



PomoDroido



Pomodoro extension for Gnome-Shell





Popcorn Technique

For the tasks we don't want to start

Work on the task for only 5 minutes

Then decide if you want to continue or switch

It works !!



Resources

GTD

http://www.davidco.com http://www.gtdtimes.com/ http://anabubula.com/files/GTDclouds_1920_wide.jpg http://bit.ly/legKlp http://www.evernote.com http://zim-wiki.org

Pomodoro

http://www.pomodorotechnique.com https://extensions.gnome.org/extension/53/pomodoro/



Questions

