

How to Be a Good Referee

<http://www.afterthewhistle.com/en/tips.htm>

Read the Quick Tips for Referees and Fill in the Blanks:

1. Your _____ is everything
2. Looking _____ is critical.
3. _____ is the best teacher.
4. Read your _____ book whenever you can.
5. Know Your Rules - Knowledge Is The Key To _____.
6. _____ + Experience = Confidence.
7. Make Sure You Are In Top _____ Condition.
8. Don't Run Out Of _____.
9. _____ Properly To Keep Up Your Energy.
10. Keep Your _____ On The Puck.

Eyes, appearance, confident, experience, success, rule, knowledge, energy, eat, physical

Discussion point:

Which tips do you agree or disagree with?

What other tips would you add?

QUALITIES IN A GOOD REFEREE

http://www.scrs.net/download/resources/Qualities_of_a_Referee.pdf

Before reading:

Match the following word to their definitions:

reliability	the psychological feature that arouses an organism to action toward a desired goal; the reason for the action; that which gives purpose and direction to behavior
communication	a feeling of assurance, especially of self-assurance
elegance	sound judgment not based on specialized knowledge; native good judgment.
integrity	refinement, grace, and beauty in movement, appearance, or manners.
common sense	the exchange of thoughts, messages, or information, as by speech, signals, writing, or behavior
confidence	adherence to moral principles; honesty
motivation	the quality of being dependable or reliable

Although refereeing calls for a certain amount of technical knowledge, there is undoubtedly an art in becoming an outstanding referee. And the art demonstrated by a referee during the game depends largely on his personal qualities.

One might think that the characteristics of a good referee have been defined and used extensively as criteria for evaluating referees. But if 100 refereeing experts from different sports drew up their lists of qualities that make a good referee and placed them in order of preference, we might end up with 100 different lists and preferences. So we are not going to give an order of preference for the qualities of a good judge, nor supply an exhaustive list of these essential qualities.

What we are going to do, taking into consideration the results of the latest investigations, is to sum up those qualities that the top referees have in common.

RELIABILITY

COMMUNICATION

ELEGANCE

INTEGRITY

COMMON SENSE

CONFIDENCE

MOTIVATION

Discussion point:

Give examples to illustrate the importance of each of these qualities for a good referee.

THE FUNCTION OF THE REFEREE

The referee's decisions are always subject to public opinion, which means that they are often criticised and questioned in terms of errors committed. Now if the game is running smoothly, very few people are even aware of the referee's presence.

So how should referees judge themselves or be judged? Their main job is to ensure that the game is being played according to the rules and regulations, and to intervene as little as possible.

Referees must feel committed to the four following responsibilities:

1. To see to it that the sporting event takes place in accordance with the rules of the game.
2. To intervene as little as possible and not make themselves the centre of attention.
3. To establish and maintain a good atmosphere so as to make the event as enjoyable as possible.
4. To show an interest in the players.

Discussion point: What other responsibilities would you add?

Work in pairs:

Study the signals for ice hockey referees in pairs. Show the signals to your partner and let him guess the situation.

Ice Hockey referee Signals



DELAYED PENALTY

Delayed calling of penalty or other violation. Arm extended fully above head (hand without whistle).



CHECKING FROM BEHIND

A forward motion of both arms, with the palms of the hands open and facing away from the body, fully extended from the chest at shoulder level.



MATCH

Flat part of hand patted on head.



HIGH STICKING

Holdings both fists clenched, one immediately above the other at the height of the shoulders.



GOAL

Referee points into the net.



POSSIBLE ICING

Pass out of defensive zone.



PENALTY SHOT

Arms crossed above head, giving signal of stoppage in play.



HAND PASS

Open part of hand displayed in a pushing motion.



HOLDING

Clasp either wrist with the other hand in front of the chest.



ICING THE PUCK

The back referee or linesman signals a possible icing by fully extending his arm without the whistle over his head. The front referee or linesman indicates the icing is completed by extending his arm over his head. The back referee or linesman will then blow his whistle and skate to the face-off spot. When he is standing on the face-off spot, he extends his arms to indicate the icing.



SLASHING

A chopping motion with the edge of one hand across the opposite forearm.



HOOKING

A tugging motion with both arms, as if pulling something from in front of the stomach.