

Do you want to learn how to fight & defend yourself?

The team of martial arts experts invites you to join an extraordinary event

which will take place at the Masaryk University Campus in Brno. The Summer school is open to anyone interested in self-defence, mixed martial arts or combative sports such as karate, judo, aikido, etc. Every participant will receive a Certificate of Attendance. Students can obtain 4 ECTS.

Official Language: English.

Location: Faculty of Sports Studies, Kamenice 5, Brno, Czech Republic

Admission fee of **180 EUR / 4500 CZK** includes:

- training with *Damon Umholtz* professional MMA trainer from USA!
- 30 hours of training with 5 trainers during whole week
- use of latest sports equipment such as: *kettlebells*, *bulgarian bags*, *High Gear* protective suits by Tony Blauer, *Shocknife* special electrical training knife etc.
- self-defence *scenario training* counter multiple attackers
- course materials
- assistance throughout the programme
- cultural and social programme

Everybody is welcome, whether an absolute beginner or an advanced trainee, it is your enthusiasm that counts.

For more information and registration visit our website http://www.fsps.muni.cz/summerschool/ or Facebook page http://www.facebook.com/SummerSchoolOfCombatives.

Need help? Ask Zuzana Pelankova by phone **+420 549 495 375**, or by e-mail: **pelankova@fsps.muni.cz**