

# np2100 Zkouška z anglického jazyka

Zkouška je na úrovni **B2** CEFR

([https://en.wikipedia.org/wiki/Common\\_European\\_Framework\\_of\\_Reference\\_for\\_Languages](https://en.wikipedia.org/wiki/Common_European_Framework_of_Reference_for_Languages))

Lexikum, gramatika, frázová slovesa i texty, ze kterých čerpáme v testu, jsou uloženy v učebních materiálech volitelných předmětů **v2041** a **v2042**.

**Typ testu:** písemný test (min. pro splnění je 60%) + ústní zkouška

## **Váhy jednotlivých subtestů:**

Poslech: 10%

Čtení: 20%

Gramaticko-lexikální část: 30%

Psaní: 15%

Ústní zkouška: 25%

## **Typy cvičení v testu:**

1. úkol na **poslech**, doplňuje se chybějící výraz do shrnujících vět
2. úkoly na **čtení**:
  - doplnění slov z banky do textu (viz. ukázka č. 1);
  - úkol na porozumění textu, doplňují se zpátky do textu části vět (viz. ukázka č. 2);
  - úkol na porozumění textu a lexiku – hledání synonym v textu
3. **gramaticko – lexikální část**:
  - překlad frází (viz. ukázka č. 3) z oblasti sportu, coachingu, fyziologie, sportovní medicíny, výživy, managementu
  - větné transformace (viz. ukázka č. 4) Testované jevy: základní časy; trpný rod, způsobová slovesa (can, could, should, must, have to + jejich záporné a minulé tvary), spojky (although, because, because of, despite, however, unless, while, as long as etc.), 1., 2. a 3. kondicionál, přímé a nepřímé otázky
  - frázová slovesa – doplňování do vět sloves z nabídky
  - slovtvorba – odvozování slovních druhů (viz. ukázka č. 5)
4. **psaní** – argumentativní text na dané kontroverzní téma (hodnotí se srozumitelnost, spojovací prostředky, struktura, slovní zásoba)
5. **ústní zkouška** – odborná rozprava na téma vlastního výzkumu, studia, diplomové práce

# Ukázky testových úkolů

## 1. Doplnění slov z banky

Read the following text and fill in the gaps with suitable words from the list. You do not have to change the form of the words. There are 2 words you do not need to use.

storing    production    performance    shown    perform    linked    results    impaired  
improve    decrease

Athletes need quality sleep to 1 \_\_\_\_\_ their best.

In fact, numerous studies have 2 \_\_\_\_\_ that even a small amount of sleep deprivation can dramatically 3 \_\_\_\_\_ athletic performance. The reasons for this are not entirely clear, however research points to the role of glucose metabolism and cortisol (a stress hormone) 4 \_\_\_\_\_ as a major factor.

5 \_\_\_\_\_ of studies on sleep deprivation found that sleep deprived athletes don't metabolize glucose very efficiently, and have higher levels of cortisol, which has been 6 \_\_\_\_\_ to memory impairment, age-related insulin resistance, and 7 \_\_\_\_\_ recovery. Another potential problem of poor sleep is lowered levels of the hormone leptin, which play a role in regulating hunger as well as 8 \_\_\_\_\_ body fat.

## 2. Doplnění částí vět do textu

Seven parts of sentences have been removed from the text below. Choose from the removed parts (A-G) the one which fits each gap. Write the appropriate letter next to a number, e.g. 4A.

A: they walk them

B: according to a new American Heart Association scientific statement

C: that there probably is an association between pet ownership and decreased cardiovascular risk

D: is needed to more definitively answer this question

E: causes reduction in cardiovascular risk

F: to get the recommended level of physical activity.

G: do not necessarily prove that owning a pet directly causes a reduction in heart disease risk

### Pets May Help Reduce Your Risk of Heart Disease

Having a pet might lower your risk of heart disease, (1) \_\_\_\_\_. Research shows that:

- Pet ownership is probably associated with a reduction in heart disease risk factors and increased survival among patients. But the studies aren't definitive and (2) \_\_\_\_\_. "It may be simply that healthier people are the ones that have pets, not that having a pet actually leads to or (3) \_\_\_\_\_," Levine said.
- Dog ownership in particular may help reduce cardiovascular risk. People with dogs may engage in more physical activity because (4) \_\_\_\_\_. In a study of more than 5,200 adults, dog owners engaged in more walking and physical activity than non-dog owners, and were 54 percent more likely (5) \_\_\_\_\_.
- Owning pets may be associated with lower blood pressure and cholesterol levels, and a lower incidence of obesity.

- Pets can have a positive effect on the body's reactions to stress.

"In essence, data suggest (6) \_\_\_\_\_," Levine said. "What's less clear is whether the act of adopting or acquiring a pet could lead to a reduction in cardiovascular risk in those with pre-existing disease. Further research (7) \_\_\_\_\_." Even with a likely link, people shouldn't adopt, rescue or buy a pet solely to reduce cardiovascular risk, Levine said.

### 3. Překlad

*Translate the following phrases into English.*

Namozené svaly, Aerobní cvičení apod.

### 4. Gramatika

*Transform the sentences using the words given.*

- It was a bad idea to train in that terrible weather last week  
I should .....in that terrible weather.
- They are solving the problem.  
The problem .....
- I trained too hard. I was soon overtrained.  
If I ....., I .....overtrained.
- They loved the event although there were a few problems.  
They loved the event despite .....

### 5. Slovtvorba

*Complete each sentence with a word derived from the word in brackets.*

Fruit juices can be ..... to children's teeth. (HARM)