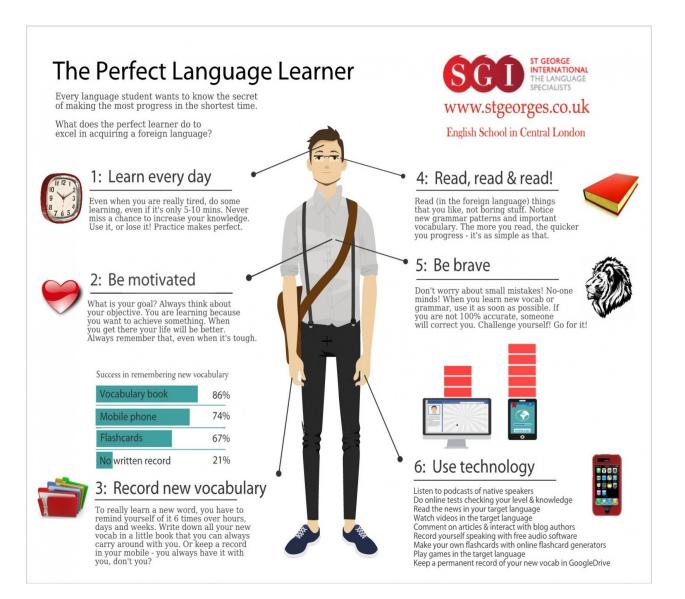
Unit 1 Language Learning Strategies

Task 1 Speaking

- What are your goals in language learning? Are your goals SMART?
- To what extent are you "The perfect Learner" as defined below?



Task 2 Reading: Strategy Inventory for Language Learning (R.L. Oxford, 1989)

Answer the following questions. Use this scale for every answer:

- 1. Never or almost never true of me.
- 2. Usually not true of me.
- 3. Somewhat true of me.
- 4. Usually true of me.
- 5. Always or almost always true of me.

PART A

- 1. I use new English words in a sentence so I can remember them.
- 2. I remember a new English word by making a mental picture of a situation in which the word might be used.
- 3. I physically act out new English words.
- 4. I review English lessons often.
- 5. I remember new English words by remembering their location on the page, or on the board.
- 6. I think of relationships between what I already know and new things I learn in English.

PART B

- 1. I say or write new English words several times.
- 2. I read in English and/or watch English movies and TV shows.
- 3. I use the English words I know in different ways.
- 4. I start conversations in English.
- 5. I try to find patterns in English.
- 6. I try not to translate word-for-word.

PART C

- 1. To understand unfamiliar English words, I make guesses.
- 2. When I can't think of a word during a conversation in English, I use gestures.
- 3. I make up new words if I don't know the right ones in English.
- 4. I read English without looking up every new word.
- 5. I try to guess what the other person will say next in English.
- 6. If I can't think of an English word, I use a word or phrase that means the same thing.

PART D

- 1. I try to find as many ways as I can to use my English.
- 2. I notice my English mistakes and use that information to help me do better.
- 3. I pay attention when someone is speaking English.
- 4. I look for people I can talk to in English.
- 5. I have clear goals for improving my English skills.
- 6. I look for opportunities to read as much as possible in English.

PART E

- 1. I try to relax whenever I feel afraid of using English.
- 2. I encourage myself to speak English when I am afraid of making mistakes.
- 3. I give myself a reward or treat when I do well in English.
- 4. I notice if I am tense or nervous when I am studying or using English.
- 5. I write down my feelings in a learning diary.
- 6. I talk to someone else about how I feel when I am learning English.