

Listen and fill in gaps with the words you hear.

<https://www.youtube.com/watch?v=uPIQ7YhE4cE>

1. The media often present _____ news about the effects of nutrition.
2. It is not easy to _____ the results into useful advice.
3. To untangle all contradictions, we should examine the studies more _____.
4. There are many reasons why similar studies have different _____.
5. The Chinese study was done on rats _____ to high blood pressure.
6. Other substances in the berries might have _____ with the effects of the substances in the extract.
7. Scientists examine the effects of substances on animals because they can _____ everything.
8. Scientists conducting research rely on multiple lines of _____ to get results.
9. Two studies on red wine were _____ with a specific compound.
10. The substance helps in prevention of _____ chemical reactions.
11. RCT stands for:
12. Observational studies comprise _____ data that has already been obtained.
13. RCTs are considered to be the most _____ kinds of human studies.
14. The findings about Beta carotene lowering the risk of lung cancer were the _____ for many clinical trials.
15. Beta carotene in high _____ can function as a pro-oxidant promoting chemical reactions leading to _____ damage.