

| | šómen ate | aihanmi ktd | u. rjote dori | u. tekubi šime |
|--------------------|-----------|-------------|---------------|----------------|
| ikkjó omote | | | | |
| ikkjó ura | | | | |
| nikjó | | | | |
| sankjó | | | | |
| irimi nage | | | | |
| kote gaeši | | | | |
| šihó nage | | | | |
| kokjú nage | | | | |
| sokumen irimi nage | | | | |
| aiki otoši | | | | |

tantó



