

LISTENING TENNIS

Listen to Martina Navrátilová talking about V style tennis and answer the questions:

Which two things are essential for getting into the right position while hitting the ball?

Which strategy do most people adopt while waiting for the ball to come?

What is the main principle of V tennis?

Why does V tennis work perfect?

Which section of the court can you control when adopting the V tennis strategy?

Which is the huge advantage of the V style?

What is another advantage of moving closer to the net?

What is the consequence of taking time from your opponent?

What is the effect of cutting the ball earlier?