

TOPICS OF PRACTICAL DEMONSTRATIONS

14.3.2024

Sensory issue – Vision – Ingrid

21.3.2024

Issues of the cardiovascular system – Hypertension – Rocío

28.3.2024

Old age and ageing – Focused on the development of **functional fitness** in seniors – Thea

4.4.2024

Metabolic issues – Adult obesity – Veronika

11.4.2024

Pregnancy – Daniela

18.4.2024 - CANCELLED

25.4.2024 – each 20 to 25 minutes

Old age and ageing – Focused on the development of **cognitive functions** in the elderly – Mathias

Sensory issue – Hearing – Isabel

2.5.2024 – each 20 to 25 minutes

Neuropsychological issues – ADHD syndrome – Daniel

Alvaro – Asthma

9.5.2024 – CANCELLED

16.5.2024 – CANCELLED – MUNI DAY