

Student's duties for successful course completion: bp975 and eb975

Physical activity in diseases and disabilities

1. Attendance at least 85%
2. Active participation in lessons
3. Methodological scene: To present set of health enhancing exercises solving certain health problem
4. Seminar work – preparation for methodological scene. It must contain:
 - description of health problem
 - accurate description of the group, which is designed for physical activity
 - references
5. Passing an exam successfully

Literature

DURSTINE, J.Larry, MOORE, Geoffrey E. *Exercise Management for Persones with Chronic Diseases and Disabilities*. 2nd edition. Champaign : Human Kinetics, 2003. 374 s. ISBN 0-7360-3872-8

FRONTERA, Walter R. *Exercise in Rehabilitation Medicine*. 2nd edition. Champaign : Human Kinetics, 2006. 454 s. ISBN 0-7360-5541-x.