

# 2013 Rulebook

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## 1: Description

Enduro mountain bike racing is designed to be the definitive test for the mountain biker, with the focus of each event on creating a great atmosphere, community, competition and adventure for the competitor, including the best riding on the best terrain available in the host region.

The racing platform detailed below outlines a format that allows riders to compete against each other on individual start special stages which are designed to challenge the rider's technical ability and physical capacity.

The following rules aim to define the enduro mountain bike discipline while still allowing space for each event on the Enduro World Series calendar to add their own individual characteristics to each event.

## 2: Entry of Events

Reserved entry for 70 Male and 10 Female riders including the riders registered by Official Enduro World Series (EWS) Teams\*.

In year one (2013), Official Enduro World Series Team allocations will be restricted to a maximum of 20 teams in total and open to invited teams only.

\*In year one, due to no international competition history in the discipline of Enduro, reserved places for teams and riders will be at the discretion of the EMBA Board. Previous results in large enduro events will be taken into account. As Enduro World Series ranking points are established throughout 2013, a clearer system will take over as the definitive source for reserved entries in the immediate future.

#### 2.1: Racing Licenses / Membership

All competitors must comply with the licensing regulations and entry requirements put in place by the organiser of each Enduro World Series (EWS) event. Specific information regarding entry requirements will be posted on each organiser's website. It is the responsibility of the rider to check and comply with each EWS organiser's entry requirements.



### **Enduro Mountain Bike Assoc. (EMBA) Membership**

**Only** competitors holding an EMBA membership will be eligible for Enduro World Series points and any associated Enduro World Series prize money or overall titles.

A rider must hold a valid EMBA membership **prior** to starting the race in which they hope to win points. No points will be awarded retrospectively should a rider purchase an EMBA membership after an event.

EMBA Membership is available at www.enduroworldseries.com

## 3: Age Categories

Juniors – 16 to 18 years old. Based on rider age on the 31 December of competition year.

Men – All male category times will be placed together in scratch format and EWS points allocated accordingly

Women - All female category times will be placed together in scratch format and EWS points allocated accordingly

In the USA and Canada, riders **must** enter the Open Category to be eligible for EWS ranking points and prize money.

#### 4: Course

#### 4.1: Structure

All Special Stages must follow a predominantly descending route and focus on testing the rider's technical skills. Special exceptions can be made for prologue stages.

Enduro racing is about best use of the trails and terrain available. Rider experience and enjoyment should be the focus for any course setter. It is expected that, in order to achieve the best riding on the best trails possible, some climbs will feature within Special Stages.



### **Liaison Stages**

The composition of each Liaison Stage is at the discretion of the organiser. Mechanical uplift (chairlift, truck etc), rider power (pedalling) or a combination of both is acceptable.

#### **Special Stages**

The General Classification (GC) of each race will be calculated by adding **all** Special Stage times together.

The start and finish of each Special Stage will be clearly marked on the map supplied by the organiser. Signs clearly marking the start and finish of each Special Stage will be in place **24 hours** before the race start.

A Special Stage will be designed to test the rider's technical and physical abilities.

There is no minimum or maximum duration for a Special Stage.

## 4.2: Directions and Markings

A map must be produced by the organiser and displayed at registration and in Race Headquarters. This map may also be published on the event website. Riders are encouraged to study the map and understand the race route before leaving the start.

#### Course markings

#### **Tape**

Course tape can be used to identify the course. Where two pieces of tape, on opposite sides of the course, are installed, the riders must pass between them. In these areas, missing, crossing or passing the course tape on the wrong side will be deemed as course cutting (Article 5.6). See Figure 1 for an example of course taping.

### **Gates**

Gates can be used to clearly mark sections of the course that a rider must pass though. The identity of official course gates will be explained by the event organiser. Missing a gate will be deemed as course cutting (Article 5.6). See Figure 1 for an example of course taping.



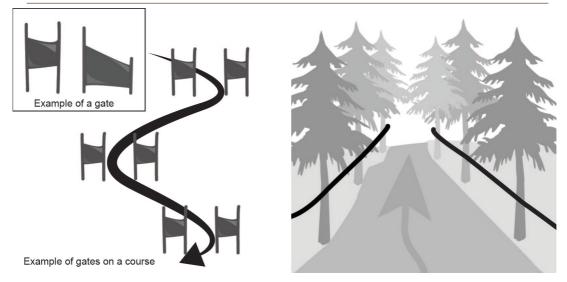


Figure 1: Examples of installed gates and course taping

## 4.3: Safety

#### First Aid + Evacuation

A Medical plan and location of the First Aid Base will be available at race headquarters.

Medical staff must be qualified to the national standards required in the given territory of the event.

The organiser must supply each competitor with emergency contact details that can be used in the event of an accident on course.

## **5: Competition Requirements**

#### 5.1: Race Format

- Individual start on all Special Stages
- Minimum of 4 Special Stages per event
- Minimum of 20 minutes total competition time for the fastest rider in the General Classification (accumulation of all Special Stages)
- Minimum of 3 different courses must be used per event
- Individual start times for each Special Stage must be provided by the organiser.



## 5.2: Training

On-bike training must be provided by the organiser on all Special Stages before timed competition begins. Details of training times are to be published ahead of each Enduro World Series event on each organiser's website.

## 5.3: Seeding

Riders will be seeded for the race in accordance with the organiser's own system. This can include a prologue stage, series ranking or other means.

#### 5.4: Result

The General Classification will be calculated by adding **all** Special Stage times together for each rider. In the event of unforeseen or extreme circumstances, the race organiser can decide to withdraw a Special Stage (s) from the General Classification.

In the case where Special Stages have had to be cancelled, an event must have a minimum of two complete Special Stages in order for the result to be deemed valid for the EWS ranking.

In the event of a tie in the General Classification, the highest placed rider in the final stage will be awarded the higher final placing.

## 5.5: Equipment Requirements

### Safety Equipment

All riders must wear a helmet during competition. The helmet should meet the regulations set by the EWS event organiser. The correct fitting, condition and suitability of the rider's helmet is the sole responsibility of the rider.

Specific body protection and helmet requirements may also be stipulated at each event, in accordance with that territory's national regulations. Any protection rules put in place by the EWS organiser must be followed by all competitors, no exceptions will be given.



### **Rider Equipment**

Each rider must be self-sufficient during the entire duration of the race. Personal responsibility and self-sufficiency are a large part of the spirit of enduro racing and riders are encouraged to carry adequate equipment for operating in mountainous environments. Each rider should remember that they are solely responsible for themselves but should also help other competitors on course where possible.

### It is **strongly recommended** that all competitors carry:

- Suitable backpack
- Waterproof jacket
- Emergency blanket
- Innertubes/ puncture repair kit
- Multi tool
- Basic, well maintained first aid kit
- Map
- Food and fluids
- Eye protection (glasses or goggles)
- Emergency contacts supplied by organiser

Only one frame, one front and rear suspension unit (fork/rear shock) and one pair of wheels can be used by a competitor during a race.

Frame, suspension and wheels will be individually marked by the race organiser prior to race the start.

Any rider needing to replace a wheel, frame or forks during the competition must present the broken item at the Race Office, where the Race Director will assess the damage.

Only upon approval of the Race Director, may a rider replace a frame, suspension part or wheel. Following the repair the rider must return to the Race Director to have the replacement part(s) re-marked before rejoining the race.

A **5 minute penalty** will be awarded to every rider who, after the agreement of the Race Director, replaces the equipment listed above.

Any rider found to have replaced a named/marked part without consent from the Race Director will be disqualified (DSQ).



#### 5.6: Rule Violations

In territories operating under Nation Federation rules, the National Federation enduro rules will dictate the penalty structure. However, EMBA recommends the following action:

### **Course cutting**

Taking short cuts on course in order to gain an advantage can both damage the environment and brings the sport and spirit of enduro mountain biking racing into disrepute.

Therefore, any rider trying to save time by choosing a line that lies outside of the marked course will be disqualified.

The race organiser may choose, in exceptional circumstances, to apply a time penalty, not a DSQ to a rider found to have cut the course without intention. However, any rider leaving the obvious line must be aware that they risk a DSQ.

### Liaison Stage delay/ missed start

An individual's time on a Special Stage will start in accordance with the specified start time on the published start list even if the rider is not present.

Riders arriving late to the start must follow the starter's orders and join the course when instructed to do so.

Failure to follow starter's orders will result in a suitable time penalty.

Any riders arriving at the start of a Special Stage later than 30 minutes after their specified start time will be disqualified from the race.

### Illegal outside assistance

Racers are encouraged to help fellow competitors on course.

Any competitor receiving outside assistance from a non-racer without prior agreement from the Race Director will be disqualified. This includes using team staff/outside help to carry equipment around the course or perform repairs during the race.



### **Rule Violation Recording**

The EWS event organiser is responsible for the application of the rules and has the final say.

The organiser can appoint special 'Flying Marshals' to travel around the course at their own discretion to undisclosed points. These 'Flying Marshals' can report rule violations to the organiser.

Any rule violations must be registered with the event organiser within 15 minutes of the last competitor finishing the final stage.

#### 6: Enduro World Series Points and Titles

#### 6.1: Individual Titles

The Enduro World Series overall title will be awarded to the athlete with the highest amount of EWS ranking points after the final round. **All** rounds of the Enduro World Series will count towards the overall points total.

The overall winner of the Enduro World Series will be titled the **Enduro Mountain Bike World Champion.** 

A specially designed trophy will be awarded to the winner at the final round of the Enduro World Series.

The World Champion will be awarded with the **Enduro World Champion Globe Armband.** This must be worn by that athlete at every EWS event until the completion of the following year's series.

Thereafter, a World Champion will be eligible to wear the EWS Champion's Globe Emblem for the remainder of their EWS career. (Details to be announced in 2013).

## 6.2: Team Ranking

Only official, registered EWS teams will contest the team ranking of the Enduro World Series.

The Overall Enduro World Series Team ranking will be calculated using the best three rider's results, regardless of category, at each round of the Enduro World Series.

**Example**: Team A win the Men's, Women's and Junior category. That team will be awarded a total of 1800 team ranking points for that round.



The Overall Team ranking will be calculated by adding together all rounds of the Enduro World Series.

In the event of multiple teams finishing the series on equal points, the team with the highest amount of EWS points won in the final round will be placed higher in the final team ranking.

### **6.3: Points Structure**

EWS Ranking Points will be awarded in relation to other EMBA Membership holders.

Position	Men	Women	Juniors
1	600	600	600
2	500	500	500
3	420	420	420
4	360	360	360
5	300	300	300
6	260	260	260
7	240	220	220
8	220	190	190
9	200	160	160
10	190	140	140
11	180	120	120
12	170	100	100
13	160	95	95
14	150	90	90
15	140	85	85
16	130	80	80
17	128	75	75
18	126	70	70
19	124	65	65
20	122	60	60
21	120	55	55
22	118	50	50
23	116	45	45
24	114	40	40
25	112	35	35
26	110	32	32
27	108	29	29
28	106	26	26
29	104	23	23
30	102	20	20
31	100	19	19
	From 31st to 130th	From 31 <sup>st</sup> to 40 <sup>th</sup>	From 31 <sup>st</sup> to 40 <sup>th</sup>
	decrease by 1 point	decrease by 4 point	decrease by 4 point
	for each position	for each position	for each position

<sup>-</sup> Updated 13.5.13



## 7: Financial Obligations

Maximum event entry fee: 75 Euros

Event organisers are encouraged to pay more prize money than the minimum amounts stated below:

Men and Women	Prize Money (Euros)	
1 <sup>st</sup>	750	
2 <sup>nd</sup>	400	
3rd	200	

## 8: Anti-Doping Policy

The Enduro World Series organisers and EMBA will respect and assist any National Cycling Federation operating anti-doping controls at Enduro World Series events.

Any competitor entering an EMBA event must follow any anti-doping procedure that may be asked of them by an Enduro World Series organiser.

With the interests of keeping enduro mountain biking clean from the start and to avoid the spirit and reputation of enduro mountain bike racing from being brought into disrepute, any cyclist, regardless of cycling discipline, who has previously been found guilty by any court or regulatory body of any use of or involvement with banned, performance enhancing drugs will not be entitled to compete or take part in any Enduro World Series event.

Any cyclist prevented from competing or taking part in any Enduro World Series event by virtue of the foregoing paragraph may appeal to the Board of EMBA for exemption from that rule and in exceptional circumstances the Board of EMBA may at its absolute discretion grant such an exemption. However, in the interests of transparency within the sport of enduro mountain bike racing, the Board of EMBA reserve the right to maintain a zero tolerance approach to drug taking in cycling and will communicate any appeal decision publicly.



### 9: Enduro of Nations

## 9.1: Description of event

The Enduro of Nations is a once-a-year event that has one significant difference to other Enduro World Series events – qualified riders compete as national teams, representing their nation. The Enduro of Nations will form the only event of year where riders representing their nation will compete together.

Teamwork, consistency and strategy are key components in the Enduro of Nations, with the championship title being awarded to the national team who has the lowest combined time of all team members, over all Special Stages during the race.

The event will finish with **all** team riders starting together in a mass start stage, providing a one off opportunity for team members to ride side-by-side and maintains the established tradition of the Enduro of Nations event.

In 2013, the Enduro of Nations will also include a round of the Enduro World Series. The individual result of the Enduro World Series round will be calculated following the **final** individual start Special Stage.

As the enduro discipline grows and develops, EMBA aim to separate the EWS and the Enduro of Nations events.

## 9.2: Entry and Qualification

The top three riders from each nation in the Enduro World Series rankings will automatically qualify for a place on their country's Enduro of Nations team.

A qualified rider who does not want to take part in the Enduro of Nations race must notify EMBA and the next ranked rider of that nation on the Enduro World Series ranking will be invited to compete.

The origin of the passport held by the rider will signify their nationality.

## 9.3: Team Composition

A national team must have three entrants. Teams will be accepted in the Men's, Women's and Junior category.



The clothing of the team is at the discretion of the riders and teams. National colours are encouraged but not mandatory.

The organiser will award each competitor with a number plate that will signify that rider's nationality.

#### 9.4: Race Format

The Enduro of Nations will follow all standard Enduro World Series competition rules **except** for those detailed below.

The Enduro of Nations will finish with a mass start final stage. All national teams **must** take part in order to be awarded a final placing.

Each team will be given a start position for the final mass start stage based on the current team position following the final individual start Special Stage.

The final Enduro of Nations result will be calculated using the times of **every** national team member on **every** stage, including the final mass start stage.