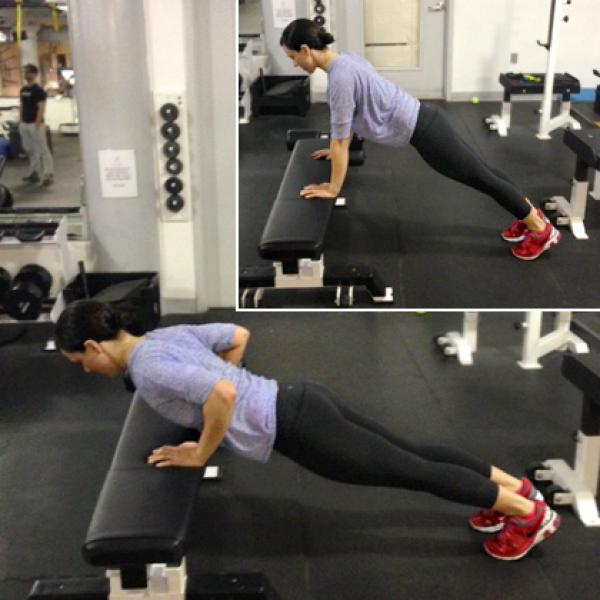
**Clasify the pictures below to the following headings:**

**Chin-up, Deadlift, Push-up, Split squad**



**Chin-up, Deadlift, Push-up, Split squad**



**Chin-up, Deadlift, Push-up, Split squad**



**Chin-up, Deadlift, Push-up, Split squad**



**Describe how to perform each exercise.**

**Adapted from: http://www.shape.com/fitness/workouts/only-5-exercises-you-really-need/slide/**