Fill each gap in the text with an appropriate verbal from above and change each verb to the right form according to the context:

Change, Cook, Cut, Drink, Eat, Follow, Have (2x), Prepare, Stick, Stop, Taste, Try

1. I **\_\_\_\_\_\_\_\_\_\_\_\_\_** out a few times a week.
2. I **\_\_\_\_\_\_\_\_\_\_\_\_\_\_** to lose weight these days.
3. I **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** a tuna salad for lunch yesterday.
4. I can´t go out, **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** dinner for a few friends.
5. I **\_\_\_\_\_\_\_\_\_\_\_\_\_\_** my finger when I **\_\_\_\_\_\_\_\_\_\_\_\_\_\_** this fish dish.
6. I **\_\_\_\_\_\_\_\_\_\_\_\_** a very nice Chinese meal when I was in town.
7. I **\_\_\_\_\_\_\_\_\_\_\_\_\_** three cups of coffee today.
8. I **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** the diet of nuts, fruit and vegetables for the last two weeks.
9. I **\_\_\_\_\_\_\_\_\_\_\_\_\_\_** to a balanced diet.
10. I **\_\_\_\_\_\_\_\_\_\_\_\_\_** an octopus yet .
11. I **\_\_\_\_\_\_\_\_\_\_\_\_\_** drinking alcohol two years ago due to my health problems.
12. I **\_\_\_\_\_\_\_\_\_\_\_\_** my dietary habits in adulthood.