Fill each gap in the text with an appropriate verbal from above and change each verb to the right form according to the context:

Change, Cook, Cut, Drink, Eat, Follow, Have (2x), Prepare, Stick, Stop, Taste, Try

1.	Ι.		_ out a few times a week.		
2.	I		to lose weight these days.		
3.	Ι,		a tuna salad for lunch yesterday.		
4.	L	can´t go out, _	n't go out, dinner for a few friends.		
5.	I		my finger when I	_ this fish dish.	
6.	Ι.	a very nice Chinese meal when I was in town.			
7.	Ι,		_ three cups of coffee today.		
8.	Ι.		the diet of nuts, fruit and vegeta	ables for the last two	
	W	veeks.			
9.	Ι.		to a balanced diet.		
10	. I		an octopus yet .		
11	. I		drinking alcohol two years ago due	to my health	
	р	roblems.			
12	. I		my dietary habits in adulthood.		