**Task 7 Listening**

http://www.youtube.com/watch?v=JwJHit6j5QU&feature=related

**How to prevent youth sports injuries**

*Listen to an interview with a sports program director talking about prevention of injuries and note down his answers.*

1. What causes the increase in youth injuries?

2. How many kids are hurt annually?

3. What are the 6 tips given to parents to prevent an injury of a child?

4. Which injuries are mentioned?

5. What is the most dangerous sport for girls and why?