

Task 7 Listening

<http://www.youtube.com/watch?v=JwJHit6j5QU&feature=related>

How to prevent youth sports injuries

Listen to an interview with a sports program director talking about prevention of injuries and note down his answers.

1. What causes the increase in youth injuries?
2. How many kids are hurt annually?
3. What are the 6 tips given to parents to prevent an injury of a child?
4. Which injuries are mentioned?
5. What is the most dangerous sport for girls and why?