

# Gymnastics Comprehension Quiz

1. Gymnastics tests strength, balance and the ability to perform

- aerobics routines
- acrobatic movements
- athletic dances

2. Gymnastics originated as part of military training in ancient

- Egypt
- Greece
- Rome

3. Female gymnasts weren't allowed to compete in the Olympic Games until

- 1896
- 1920
- 1928

4. The Olympic Games has competitions for rhythmic gymnastics, artistic gymnastics and

- floor exercise
- athletic gymnastics
- trampolining

5. Men and boys do not compete in Olympic events for

- rhythmic gymnastics
- artistic gymnastics
- floor exercises

6. Women and girls do not compete in Olympic events for

- uneven bars
- parallel bars
- balance beam

7. In which event would you NOT see a spectacular dismount?

- floor exercise
- horizontal bar
- rings

8. Competitors are judged for leaps, balances, spins and apparatus handling in

- trampolining
- artistic gymnastics
- rhythmic gymnastics

9. Floor exercise events are held on a 12m x 12m square

- mat
- stage
- beam

10. Physical education for boys in Europe included gymnastics by the

- 18th century
- 19th century
- 20th century