

Skiing and snowboarding listening KEY

Skis or a snowboard are attached to the skier or snowboarder with **bindings**.

Both snowboarding and skiing are a popular **past-time**.

The roots of skiing are placed to the **Norwegian** province of Telemark.

Skis were used for transportation especially by **the army**.

The Olympic Congress met in Prague in **1925**.

These days the Winter Olympics include several kinds of slalom and **combined race**

All the skis, have a **running surface** and a **metal edge**.

More conservative snowboarders are **content** to use a prepared slope whereas those who are prepared to take risks prefer the **back-country** or a snowpark.

Snowboard was invented by a **surfer**.

Secure bindings allowed the snowboarder to **steer** the board on hard snow, in difficult **terrain** and at high speeds.

At the beginning ski resorts were did not want to allow snowboarders onto the **lifts** or the **slopes**.

The first snowboarding competition was held in **Colorado**.

The first two Olympic disciplines in snowboarding were the **giant slalom** and the **halfpipe**.

Later, the **snowboard cross** was added to include three disciplines for snowboarders.

The discipline including acrobatic jumps is called **Big Air**.