

H Human body: translate from Czech to English

Kloub JOINT – kost BONE- šlacha TENDON– sval MUSCLE- páteř BACKBONE, - plíce – LUNGS žebro – RIB pánev -PELVIS hrudník – CHEST prsty na noze –TOES rameno – SHOULDER stehno –THIGH brada – CHIN loket –ELBOW břicho –BELLY hýždě - BUTTOCK krk NECK

I Reading Comprehension

Words in context. Fill the gaps with the correct word chosen from below. Write the correct letter in the space beside the word below. There is one word you do not have to use.

VEGETARIANISM

Vegetarian diets are rapidly gaining in popularity. They can _____A_____ the risk of many common diseases, promote weight loss, and help the environment. However, if you're thinking about making the switch it's important to have accurate _____B_____. Let's take a look at some of the most common questions about vegetarianism.

Do vegetarians need special vitamins and supplements?

In most cases they don't. A well-rounded vegetarian diet that includes a _____C_____ of foods usually meets all nutritional requirements. One possible exception would be vitamin B-12 which is _____D_____ only in animal products. Vegetarians who limit dairy products may also want to pay special attention to getting enough calcium. Good calcium sources for vegetarians include: tofu, _____E_____, dried figs, blackstrap molasses, and calcium fortified orange juice or soy milk.

Are vegetarian diets always healthy?

Not always, if a vegetarian ___F___ the meat with high fat cheeses and oil, they're not helping matters much. It's also important to remember that there's no meat in ice cream and potato chips. It's certainly possible to be a vegetarian and still consume large quantities of empty calories. Vegetarian or not, a healthy diet is ___G___ in cholesterol and saturated fat and is based around fruits, vegetables, whole grains, and lean protein. ___H___ the meat doesn't automatically make for a healthy diet.

beans E
low G
information B
found D
variety C
eliminating H
high-fat _____
replaces F
reduce A

GRAMMAR REVISION

I. Put the verbs in italics into a correct form:

1. Let's go out, it *not rain* now. IT'S NOT RAINING
2. I *see* the manager tomorrow morning. I'M SEEING
3. You *understand* what I mean? DO YOU UNDERSTAND
4. What do you *want*? DO YOU WANT
5. You always *lose* your keys OR YOU ARE ALWAYS LOSING – IF I SEE IT AS A PROBLEM
6. I *see* you in the park yesterday. SAW You *sit* WERE SITTING on the grass and *read* READING a book.
7. I *meet* MET Sue in town yesterday, she *go* WAS GOING to the railway station.
8. I *read* HAVE BEEN READING the book since morning. I *read* HAVE READ 50 pages.
9. I *see* SAW Tom yesterday but I *not see* HAVEN'T SEEN him today.
10. The film *start* STARTS at 7 according to the programme.
11. Why do you *turn* ARE YOU TURNING on the radio?" "I *listen* I'M GOING TO LISTEN to it."
12. I think you *pass* WILL PASS the exam.
13. I feel terrible. I *be* AM GOING TO BE sick.
14. I am sure she *be* angry. WILL BE

II. Fill in the gaps with: must, mustn't, needn't:

- We have enough milk so we ...NEEDN'T..... buy any.
- We haven't got time. We ...MUST.....hurry.
- I've got this letter to post. I ...MUSTN'T.....forget to post it.
- You ...NEEDN'T.....wash the tomatoes, they've been washed.
- This is a valuable book. You...MUST.....look after it and you
.....MUSTN'T.....lose it.
- I can stay in bed tomorrow morning because INEEDN'T..... go to work.
- I can't stay in bed tomorrow morning because I MUST..... go to work.
- YouMUSTN'T.....touch that switch, it's dangerous.

III. Fill in the gaps with must, can't, may and change the verbs in Italics into a correct form:

You've been travelling a lot. You **MUST** *be* very tired.
Bob is gone. I am not sure where he is, he **MAY BE HAVING**..... *have* lunch.
I am not sure whether I can lend you the money. I **MAY**..... *not have* enough.
John hasn't come to school today, he went to the doctor's. He **MAY/MUST**..... *be* ill.
I saw Helen jogging this morning. She ...**CAN'T**.... *be* on a business trip.

Fill in should or should have /shouldn't, shouldn't have/ + a proper verbal form:

He isn't wearing a helmet. I think he ...**SHOULD**..... *wear* it.
There was an interesting film on TV last night. You ...**SHOULD HAVE WATCHED**.....
watch it.
I need a change. I **NEED TO**..... *go* away for a few days.
I ate too much. I ...**SHOULDN'T HAVE EATEN**.....*eat* so much.
Our conversation was private. She ...**SHOULDN'T HAVE BEEN LISTENING**.... *listen* to it.
You**SHOULDN'T**..... *believe* everything you read in a newspaper.

IV: a) Fill in a, an, the, or no article:

IV. b) Fill in /a/ few, /a/ little where possible:

.....**AN**.. umbrella, watch**TV**, listen to **THE**..... radio, ...**A**.....glass ofapple juice, look for **A**..... job, look for.... work, give..... advice,luggage,beautiful weather,.... nice scenery, ...**A**... very nice view, makeprogress, **A**..... pound.

V. Write sentences with if for the following situations: E.G.

We don't have a car because we don't live in the country. If we **LIVED IN THE COUNTRY, WE WOULD HAVE A CAR**.....
We don't visit you very often because you live so far away. If you **LIVED CLOSER, WE WOULD VISIT YOU MORE OFTEN**.....
It's raining, so we can't have lunch in the garden. If it **WASN'T RAINING, WE COULD HAVE LUNCH**.....
Maybe I will have time tomorrow, so I will finish the task. If I...**HAVE TIME, I WILL FINISH**

I wasn't tired, so I didn't go to bed early. If I **WEND TO BED EARLIER, I WOULDN'T BE TIRED**.....
I didn't know you were in hospital so I didn't visit you. If I...**KNEW ABOUT IT, I WOULD VISIT YOU**.....

VI. Relative clauses:

Put in that or what

Tell me ... **WHAT**..... you want and I'll try to get it for you.
Why do you blame me for everything... **THAT**..... goes wrong?
I won't be able to do much but I'll do the best ... **THAT**... I can.
I don't agree with ... **WHAT**..... you've just said

VII. Change into passive:

They asked me some difficult questions at the interview – I **WAS ASKED**.....
Janet's colleagues gave her a present. – Janet...**WAS GIVEN A PRESENT**.....

Nobody told me that George was ill. – I...WASN'T TOLD.....

How much will they pay you? – How much will...YOU BE PAID.....

I think they should have offered Tom the job. - I think Tom...SHOULD HAVE BEEN OFFERED THE JOB.....

Has anybody shown you what to do? – Have you...BEEN SHOWN.....?

They informed the police – The police...WERE INFORMED.....