

Evidence of the course of the physical activity

Activity:

Name of student: Date:

Number of participants:

Time of the lesson:

Name of the teacher

Content of the lesson:

The aim:	
The topic:	
Time schedule of the specific parts and the content:	<i>Introduction:</i> <i>Warm up:</i> <i>Preparatory part:</i> <i>Main part:</i> <i>Finish part:</i>
Methods and procedures for safety:	
The using of the teaching style in main part:	
The using of the instruments or tools:	
The evaluation and self-evaluation of the pupils	
Comments:	