## PRESENTATION INSTRUCTIONS

Prepare a presentaion on a chosen topic related to sports (any sport itself, its history, rules, outstanding athletes, your own experience; proper nutrition for athletes; physiotherapeutical procedures in healing sports injuries, business in sports...).

Your presentation should be 10 minutes long, preferably not excede 10 minutes.

Give an outline of your presentation at the beginning, for furher information about its structure see the first section in the interactive syllabus (including useful signposting language)

Upload your presentation in the form of a VIDEO on your cell-phone or any other electronic device, upload to "odevzdávárna" available under the subject code. It must be obvious in the video that it is YOU speaking!

The deadline is December 15.