Fill each gap in the text with an appropriate verbal from above and change each verb to the right form according to the context:

Change, Cook, Cut, Drink, Eat, Follow, Have (2x), Prepare, Stick, Stop, Taste, Try

- 1. I ______ out a few times a week.
- 2. I ______ to lose weight these days.
- 3. I _______ a tuna salad for lunch yesterday.
- 4. I can't go out, _____ dinner for a few friends.
- 5. I ______ my finger when I ______ this fish dish.
- 6. I ______ a very nice Chinese meal when I was in town.
- 7. I ______ three cups of coffee today.
- 8. I ______ the diet of nuts, fruit and vegetables for the last two weeks.
- 9. I ______ to a balanced diet.
- 10. I ______ an octopus yet .
- 11. I ______ drinking alcohol two years ago due to my health problems.
- 12.1 _____ my dietary habits in adulthood.