Quantitative Indication	Qualitative Indication			
	Estimation of the involvement in a problem	Estimation of the capacity to change something	Estimation of the readiness to take an action	Estimation of the benefit from a change
-2 points	Causes the problem	Very high capacity to resist (contra-power)	Personal Efforts to take contra- action	Huge / Personal benefit from status quo
-1point	Somehow contribute to the problem	Low level of resistance	Probability of contra-action	Status quo somehow benefits the actor
0 points	No involvement	No capacity at all	No action	No benefit
1 points	Somehow face the problem	Low level of capacity	Probability of action	Change somehow benefits the actor
2 points	Directly face the problem	Very high level (powerf)	Personal Efforts to take action	Huge / Personal benefit from change