

# MASARYK UNIVERSITY FACULTY OF SOCIAL STUDIES

# SYLLABUS PSY273 YOUTH DEVELOPMENT

This course is for foreign students only that are visiting Masaryk University (foreigners pursuing the degree at MU, Erasmus, ISEP, and other exchange programs). The course is not meant for the standard students pursuing a degree in the Czech language. The course requires basic knowledge in the field of psychology, an interest in developmental and social psychology, and knowledge of English on at least B2 level.

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Teaching Assistant:	Mgr. Zuzana Petrovičová
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## Lecturers:

prof. PhDr. Petr Macek, CSc.	(macek@fss.muni.cz)
doc. PhDr. David Šmahel, PhD.	(smahel@fss.muni.cz)
Mgr. Lenka Lacinová, PhD.	(lacinova@fss.muni.cz)
Mgr. Stanislav Ježek, PhD.	(jezek@fss.muni.cz)
Mgr et Mgr. Jan Šerek	(serek@fss.muni.cz)
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Mgr. Anna Ševčíková	(sevanna@mail.muni.cz)

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**Course Format:** Course will be conducted in the combined form of lectures and follow up seminars, biweekly. Active participation of students in seminars is required, thus the class participation is important. Students are expected to come to class prepared and follow up updates in IS (e-learning).

Class web: be familiar with use of on-line Information System (IS). Check PSY273 and look for the course study materials and organization updates regularly. You will be required to submit your papers online.

#### Time & Location: Wednesday 4pm-5.40pm @ room 2.11

DATE	ΤΟΡΙΟ	LECTURER(S)
21.9.	Seminar 1: Introductory meeting	Petr Macek & Zuzana Petrovičová
28.9.	Holliday - no teaching	
5.10.	<b>1. What is special about adolescence?</b> Adolescence and Emerging Adulthood in Western Cultures and Central European Context: what is general and what is special about these periods. Brief history, theories of adolescence. Adolescence and cultural variations.	Petr Macek
12.10.	<b>2.</b> Affectivity and emotions in adolescence. What do the adolescents fear? Coping with negative emotions. From moodiness to depression and anxiety. Discussion on intercultural differences in the ways we express emotions and cope with the negative ones. Perceived social value of different emotions and ways of coping.	Stanislav Ježek
19.10.	Seminar 2	Stanislav Ježek & Zuzana Petrovičová
26.10.	<b>3.</b> The role of digital media in adolescents' development. The role of internet, cell phones, and other mobile devices in the lives of adolescents and emerging adults will be discussed, the risks and benefits of these new interactive technologies. Recent empirical findings will be discussed, what role can play digital media in adolescents' development.	David Šmahel K. Subrahmanyam, D. Šmahel, <i>Digital Youth</i> , Advancing Responsible Adolescent Development, DOI 10.1007/978-1-4419-6278-2_12,
2.11.	Seminar 3	Cyber team/ M.Porubanova
9.11.	<b>4.</b> Adolescent relationships II: Family and self- development. The role of parents and family in adolescents' self-development. Parenting style and self-esteem. The meaning of communications in family system. Emerging adults and their bonds with parents.	Petr Macek
16.11.	Seminar 4	Zuzana Petrovičová

#### **Timetable and topics**

23.11.	5. Civic participation and political engagement in contemporary European/Czech Youth We will try to disentangle the widespread cliché that the contemporary youth is uninterested in public issues and politically alienated. Students will be presented with the recent research (including our own) on young people's civic/political thinking and behavior. These findings will be discussed from two perspectives: (1) Do today's young people really differ from their parents and grandparents? (2) How are the findings on youth (dis)engagement biased by researchers' theoretical assumptions and methodology?	Jan Šerek & Zuzana Petrovičová Hart, D., Gullan, R.L. (2010). The sources of adolescent activism: Historical and contemporary findings. In L.R. Sherrod, J. Torney-Purta, C.A. Flanagan (Eds.). Handbook of Research on Civic Engagement in Youth (pp.67-90). Hoboken, NJ: Wiley. Syvertsen, A.K., Wray-Lake, L., Flanagan, C.A., Osgood, D.W., Briddell, L. (2011). Thirty- year trends in U.S. adolescents' civic engagement: A story of changing participation and education differences. <i>Journal of Research on Adolescence</i> , 21(3), 586-594
30.11	Seminar 5	Zuzana Petrovičová & Jan Šerek
7.12.	<b>6.</b> Adolescent relationships I: Love and sex. The role of romantic relationships during adolescence. Wide range of adolescents' representation of term "to date somebody". Romantic relationships representation with respect to current developmental theories. Adolescent sexuality, a role of media.	Lenka Lacinová, Anna Ševčíková
14.12.	Seminar 6	Zuzana Petrovičová & Petr Macek
	EXAM	



### **Evaluation**:

#### (1) Exam

- There will be one exam at the end of the semester covering the lectures and assigned readings.
- Accounts for 40% of the final grade
- Preparing for exam should be a process that is spaced out over time

#### (2) Assignments

- The remaining 60% of your grade is collected through assignments and class presentations.
- 3 review papers will be assigned during semester, each accounting 10% of you grade, total 30 %.
- 1 group assignment 30 % of your final grade

#### Review Paper (10% each)

- The papers should not exceed 1200 words, double spaced, standard format (Times New Roman 12, plus cover page with name of the student, class name, date, and reference page at the end of the paper following APA citation manual).

#### Class Presentations/Group Assignment (20%)

- Groups/teams of 2-3 students will be formed during first class. Teams will be responsible to summarize and present (Power Point) the assigned readings to the class, present findings from one or more empirical study related to the topic to the class, and facilitates some brief discussion of the readings. Each team member must actively participate in this process. Presentation should not exceed 20 minutes (that does not include the class discussion).
- Consider following journals publishing studies on adolescence: International Journal of Behavioral Development, Journal of Adolescence, Journal of Adolescent Health, Journal of Adolescent Research, Journal of Early Adolescence, Journal of Research on Adolescence,

 Journal of Youth and Adolescence, additionally also Child Development, Journal of Abnormal Child Psychology, Journal of Child Psychology and Psychiatry, and Developmental Psychology, Applied Developmental Science.

• Each presentation should include the general information about the selected study (studies), that is title, names of authors, year and journal published. Also, in your presentation, state the main goal of the study (studies, how they overlap), theoretical background and rationale of the study (studies), and hypotheses. Introduce the sample and method to your audience. Present the results in <u>clear way</u>, so people in the audience understand them and state why are the results important, what do they mean. The overall impression, formal aspect, and content (how well was the research understood and presented) will be graded.

#### Grading Scale for letter grades end semester

Your performance will be evaluated by the following pieces of data (subject to change):

3 Review Papers:	30%
1 Group Assignment (in class presentation):	30%
1 Exam:	40%

Letter grades will be assigned based on the following final average score:

100-93% = A, 92-85% = B, 84-77% = C, 76-69% = D, 68-61% = E, and below 60%=F.