DR. Penny Tok

Theory of mind: Summary of research Participation Experience.

Coline MOERS

It'is like looking in a mirror.

"It is like looking in a mirror" that was just the only one information I had about the experiment. I had the choice between three different experiments but "It's like looking in the mirror" was according to me the most sheming title. I set an appointment with the experimenter and during the week before to take part in it I was a little bit anxious. I wondered what I had to expect. I imagined a lot of scenarios about what I should to do. For exemple: Maybe work with myself in front of a mirror and moving some objects or read back to front in the mirror. I had really some apprehensions before to participate at the experience. I was afraid of not making a success the instructions. I was stressed because I know that experiments are really important for researches and I didn't want to make miss the experiment.

When I arrived at the building INBIT the experimenter was waiting me like he said in his e-mail. The fact to be in front of this big building and being with the experimenter I was really shy. It was not the first time that I was participating to an experiment but the fact that it was in an other country than mine, and in an other language was stressful.

The experimental room was welcoming in this way I felt me better. The experiment explained me every informations that I had to know to realize the experiment. When he started to apply the electrodes I was afraid that it hurts. The fact that there is medical material around give you the impression that the situation is even more serious. During the experiment, sometimes I was wrong but the experimentator was understanding and he said to me "that's not un problem you can continue". The experimenter's behavior was really calm. I think that the way he behaved had an important impact to the well realisation of the experiment.

At the end of the experiment, the experimenter explains me the goal of the research. It was really interesting to see how with an idea of research they can create an experiment which could normally given them the results that they are waitting. Because the exercises that I had to do were really easy and by this exercises they can find the results that they are expecting.

As conclusion, according to me it was really interesting to participate in an experiment in an other country than mine. We are students in Psychology and I find that it is important to participate in such, experiment. This is a good way to see one part of our future Psychology profession.