

# Speaking & Presenting: Fundamentals and effective strategies of formal presentations in academia



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### **Presentations**

- In academia and your future career you might be asked to present:
  - your research (to your peers, supervisor, conference attendants)
  - your position/opinion (at seminars, round tables)
  - a teamwork (assuming responsibility for the others)
  - practical implementation of your design (persuading your audience, clients)
  - yourself (during interviews)



#### **Presentations**

- Things to remember:
  - purpose/targeted audience
  - what will be assessed
  - desirable content
  - requirements (timing, use of equipment, interaction with audience...)
  - Q&A session included?
  - outcome (Will my presentation be distributed among the audience? What will be the outcome of the session?)



### Some mixed remarks...

- Warm up before giving presentation
  - You will get warmed up eventually but it's better to do it **beforehand**...
- Plan carefully (a rehearsal may be also useful) but...
  - ...not everything should be scripted, **be natural**
- Take your time although time may seem to slow down ©
  - ...but keep up with the time frame (create 'checkpoints')
- Be natural and unnatural at the same time
- Stick to the topic (structure!)
- Mind your language & body language
- Keep contact with audience
- Be convincing but not intimidating
- Leave room for imagination
- Consider audience involvement



## Giving a presentation is like...

- ...skiing down a mountain with a glass of wine, chocolate and little bit of love ©
- Don't panic nobody has ever died because of speaking in front of audience ©



## Let's give it a try...