

# Is it good to use common sense?

## Outline

1. **“Common sense“ (definition, causes and consequences of disregard)**
2. **Survey of steps to using „ common sense“**
3. **Substantial thoughts of 1st step**
4. **Substantial thoughts of 2nd step**
5. **Substantial thoughts of 3rd step**
6. **Substantial thoughts of 4th step**
7. **Substantial thoughts of 5th step**
8. **Substantial thoughts of 6th step**
9. **Substantial thoughts of 7th step**
10. **Tasks and questions for self-study**

## 1. “Common sense“ (definition, causes and consequences of disregard)

**Definition:** *“Common sense is the ability of an individual to find the right solution to the real problem at the right time”*

### **Causes of disregard „ common sense “ as a tool of PM:**

- *scientific and technical progress paradoxically*
- *maximization of rational and logical opinion*
- *entirely materialistically oriented science*
- *„modern“ person’s arrogance on higher systems*

### **Consequences of disregard of „ common sense “ as a tool of PM:**

- *“Common sense” is otherwise the most valuable tool, which everyone has at his/her disposal, but at the same time the least used decision-making one.*
- *Disregard of „common sense“ „contributes“ to deepening of negative social phenomena undirectly (i.e.: dissatisfaction, stress, loneliness, alienation, worries, mistrust, cynicism, violence)*

## 2. Survey of steps to using „common sense“

### **General outline of steps leading to the use of “common sense”**

- Step no. 1: Question traditional and tested solutions
- Step no. 2: Expand qualification of seeing the “world”
- Step no. 3: Objectify perception of the way to access information
- Step no. 4: Transform information into knowledge in harmony with basic principles of your own character
- Step no. 5: Seek and don't be afraid to push forward unusual solutions
- Step no. 6: Evaluate the process of problem solving in order not to lose the objective of the solution
- Step no. 7: Begin again and differently, if your actual endeavour has gone in the wrong direction

## Question traditional and tested solutions

### Wrong thinking

Complexity and dynamics of environment → disaffection → feeling of vanity to change “things” to be better → buck-passing and opportunism

- restricts opportunity to live full-valued and harmonic life
- gives space to other people to be manipulated against own will

### Correct thinking – Evolutionary change of personal paradigm

- *Accept premise: “If I want to change something, I have to start changing myself first”,*
- *Learns to question “things”, which you take for granted in “the light” of your actual personal paradigm*
- *Realise that “things” are not always as they seem to you*
- *Realise that by viewing “world” and “things” rigidly, you assume erroneous attitude in it, for you think and acts in contradiction to natural law of constant improvement – as consequence of this you restrict your personal growth, creative relation to the “world” and a priori and subconsciously gives up a chance to use “common sense”*

## Expand qualification of seeing the “world”

**Objective :** To learn to seek and find solutions and thoughts, which are not obvious at the first sight

**To achieve objective:**

- *Admit that your exploration of reality is still relying on knowledge mediated by your five senses*
- *Cross the border of sensory cognition and “world” interpretation and accept the existence and usefulness of transcendental cognition*
- *Accept “sixth sense”, i.e. intuition*

**Intuition** is internally generated consciousness, which has its essence in reception of certain form of energy, which is transformed by our mind.

**2nd step to use “common sense” leads you to listening your “inner voice” and relying on intuition at your decision-making**

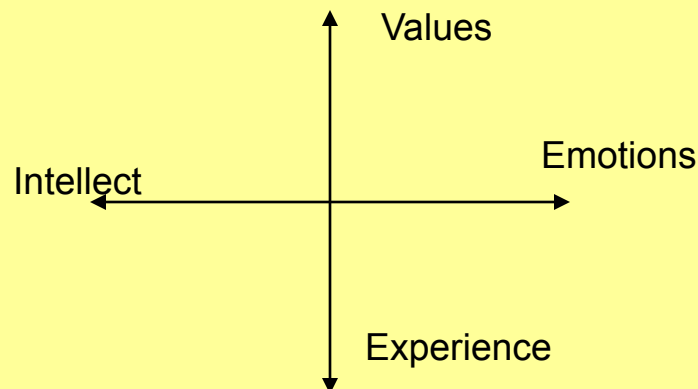
## Objectify perception of the way to access information

**Initial condition to acquirement of 3<sup>rd</sup> step:** *accept it, that:*

- *“nothing is absolute”*
- *“everything what we need to know is present in universal conscience”*

**Way different people „produce“more or less different output information from the same input data?**

- *By acquiring new information you filter it into information which you adopt without hesitation, then into information that you examine more or less and finally into information, which you refuse (axis „Values-Experience“)*
- *Adopted and further examined information is processed in harmony with our intellectual and emotional provisions (axis “Intellect-Emotions“)*



## **Transform information into knowledge in harmony with basic principles of your own character**

Far from all messages mean information to us!

If we have information, we needn't have knowledge about how to handle the information!

Knowledge in narrower sense or wider sense

Human character forms a need for knowledge and information as well as the way of transformation of information into knowledge

According to B. Siskind person's character is determined by three basic principles:

- *consciousness of life mission*
- *determination*
- *inner strength*

## Seek and don't be afraid to push forward unusual solutions

**Objective:** To find solutions to problems where we would usually not look for them!

It seems to be logical that if you want to use “common sense” first you have to find out what is the real cause of the problematic situation:

*• Attention! Danger exists that you will contemplate about causes and effects more you will retreat from solution respecting “common sense”!*

**“Common sense” advices you:**

- Change causal relationship!*
- Apply solution process of standard problem from “unconscious incompetence”, through “conscious incompetence” and “conscious competence” to “unconscious competence”*
- Listen to “inner voice”, if you have to solve problem, which is unpredictable, complex, single and at the same time for you entirely new*



## Evaluate the process of problem solving in order not to lose the objective of the solution

Although you know your life mission, you may make erroneous decisions and sometimes you act in contradiction to your life mission - **way?**

Danger of doubts emerges about your life mission, which is in fact right – **how to face up to this danger:**

- *Realise when and under what conditions you were successful at fulfilling your life mission for the last time*
- *Maybe your haven't set strategic objectives and personal strategic plan*
- *Maybe your objectives and plan exist but you have forgotten to set standards for assessment*

If your personal strategic plan is missing or it carried out wrong commit your checking unsuccessful activities this way:

- *Firstly stop and calm down*
- *Start analysis with help of your senses*
- *When senses fail to rely on your intuition*

## 9. Substantial thoughts of 7th step

### **Begin again and differently, if your actual endeavour has gone in the wrong direction**

Each of us develops in the course of life and a consequence of this may be that original clarified life mission will cease to satisfy you!

You begin to move on the "downward spiral " (more and more often you encounter failures, are dissatisfied, disappointed, frustrated) – **what should you do?:**

- *Recognise possibility of inadequate original "life mission"*
- Check your actual "life mission" by applying detached and distant point of view and relying on what your "inner voice" says to you
- *Either choice new "life mission" or revise actual procedures "only" (see previous 6th step)*

„Inner voice“ consist of "partial voices" of three imaginary persons, i.e.:

- **"thinker"** whose "voice" brings new ideas
- **"man of action"**, whose "voice" searches for ways how to realise ideas
- **"critic"**, whose "voice" evaluates ideas and ways how to realise them

If you want to be proactive person give space to "critic" in your mind!

## Questions:

1. What causes that “life mission” receives very little attention?
2. In what can you see a decisive difference between processing information with the help of a computer and a human brain?
3. What danger is hidden behind thinking? What does it mean if we say “to try to change causality”?
4. What should a proactive person do to give space to “critic” voice in his/her mind.

## Tasks:

1. Listen to your conscience for one week and behave thoroughly according to its “inner voice”. Write down, how your behavior has changed and how you are feeling that change!
2. Carry out your “life mission” !
3. Make yourself clear and write down 5 personal strategic objectives (in conformity with “SMART”), which you want to reach during 5 years.