

**Lesson Topic:**

Health and Safety at work. Working Time. Rest Periods.

**Before the lesson, take a look at:**

- Directive 89/391/EEC of 12 June 1989 on the introduction of measures to encourage improvements in the safety and health of workers at work
- Directive 2003/88/EC of the European Parliament and of the Council of 4 November 2003 concerning certain aspects of the organisation of working time