# Tissue concept and classification

#### Petr Vaňhara, PhD

Department of Histology and Embryology, Faculty of Medicine MU

pvanhara@med.muni.cz

## Organization of human body

#### Hindu



#### 1. The Crown Chakra 2. The Third Eye Chakra

3. The Throat Chakra

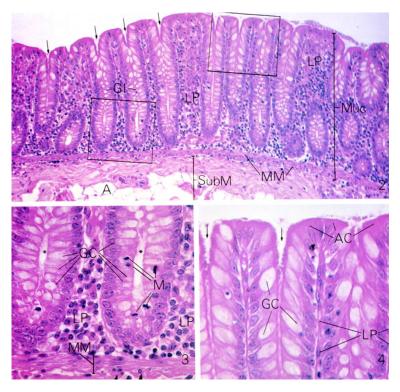
- 4. The Heart Chakra
- 5. The Solar Plexus Chakra
- 6. The Sacral Chakra
- 7. The Base/Root Chakra



Chinese medicine

Jan E. Purkyně Matthias J. Schleiden Theodor Schwann Robert Remak Rudolf Wirchow Camillo Golgi

And many others



#### Avicenna

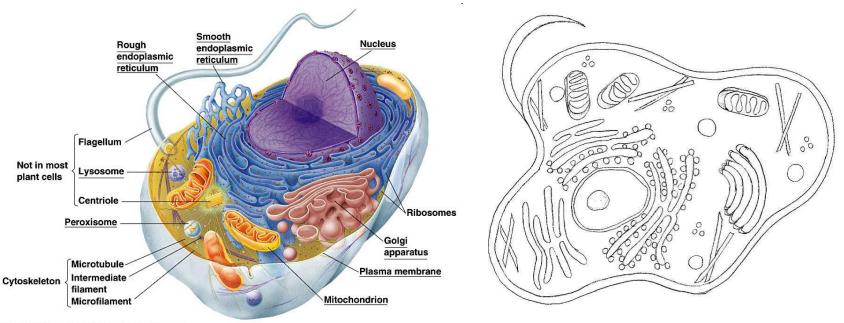




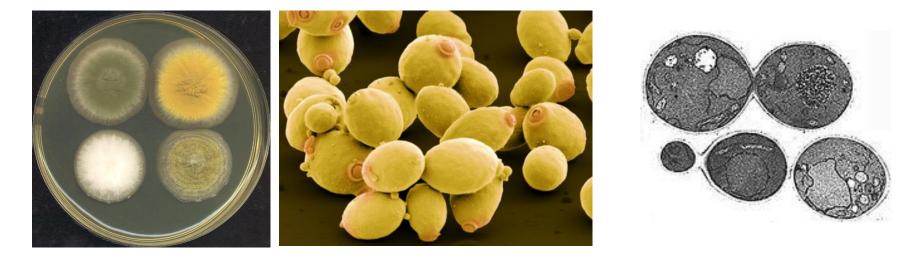
Aristotle and medieval medicine

### Modern cell theory

- Cells are the **basic units** of any organism
- New cells origin only from other cells
- Cells exchange energy (open thermodynamic system)
- Genetic information is inherited in new generations
- Chemical and structural composition of cells is generally identical



Copyright @ 2003 Pearson Education, Inc., publishing as Benjamin Cummings.

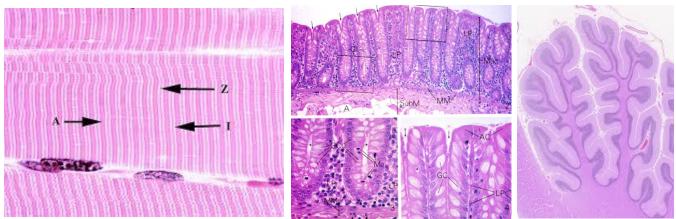


How do these cells differ?

#### What is the mechanism of tissue formation?

#### How the variability of a multicellular body develops?



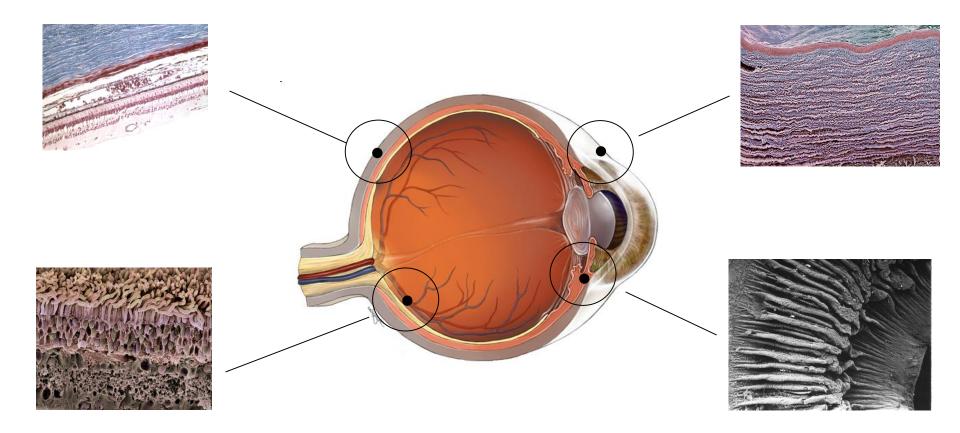


### In human body:

-  $6 \times 10^{13}$  CELLS of 200 different types

- cells form **functional**, **three-dimensional**, **organized** aggregations of morphologically similar cells and their products or derivatives - TISSUES

- tissues constitutes **ORGANS** and organ systems

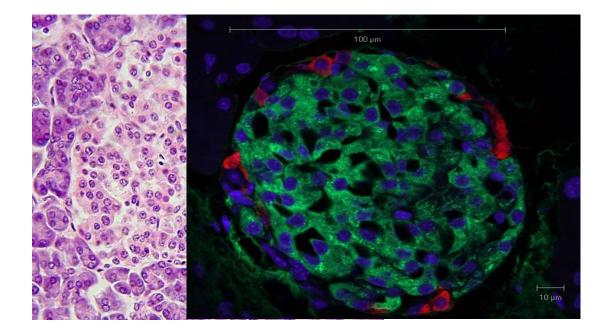


(2 × 10<sup>11</sup> stars in Milky Way)

### Definition of a tissue

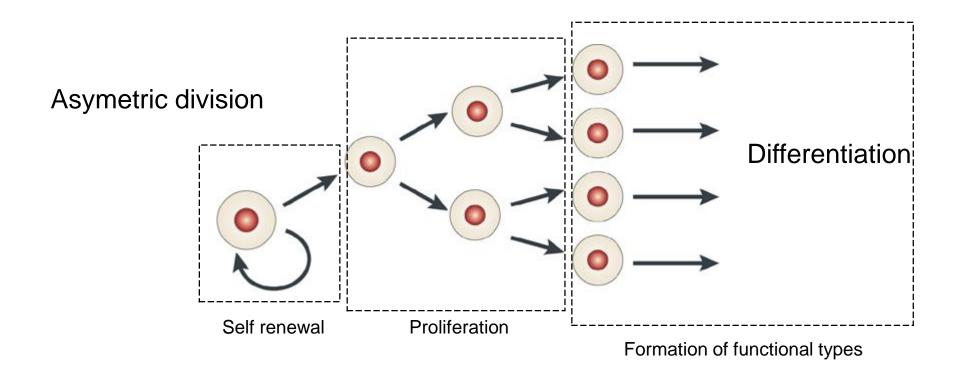
Functional, three-dimensional, organized aggregation of morphologically similar cells, their products and derivatives

classical histological definition is based on microscopic visualization



#### Functional cells of tissues differentiate from stem cells

Stem cells are capable of differentiation and self renewal



### Stem cells

#### Totipotent

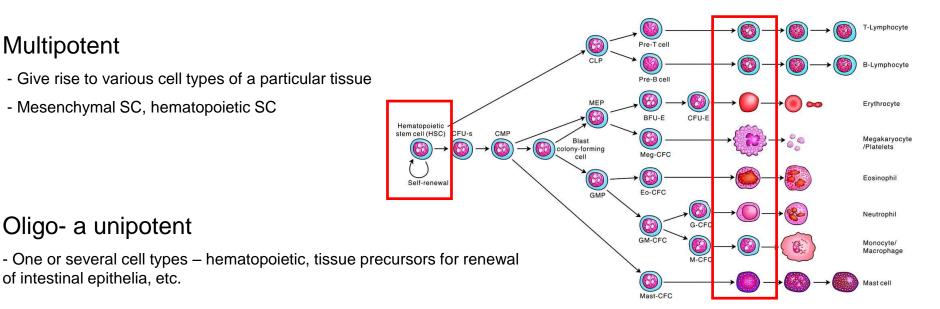
- Constitute all cells of the body incl. extraembryonic tissues
- Zygote and early stages





- All cells in the body except for trophoblast
- Blastocyst Inner cell mass ICM (embryoblast)
- Embryonic stem cells



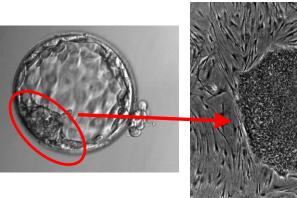


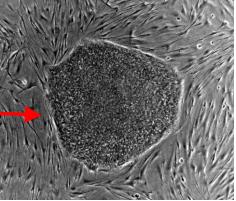
#### http://www.embryology.ch/anglais/evorimplantation/furchung01.html

## Stem cells in human body

#### Embryonic stem cells (ESCs)

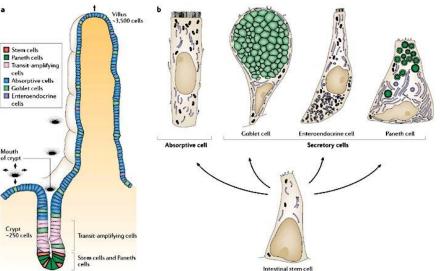
- embryoblast of blastocyst
- pluripotent
- modelling of early embryogenesis, regenerative medicine

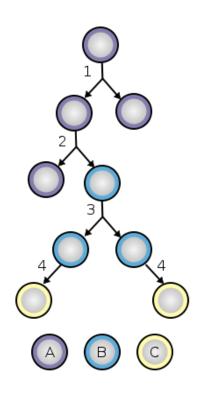




#### Tissue (adult) stem cells

- regeneration and renewal of tissues
- GIT, CNS, mesenchyme
- regenerative medicine, cancer biology



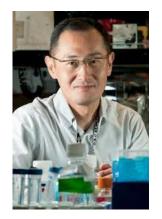


Copyright © 2006 Nature Publishing Group Nature Reviews | Genetics

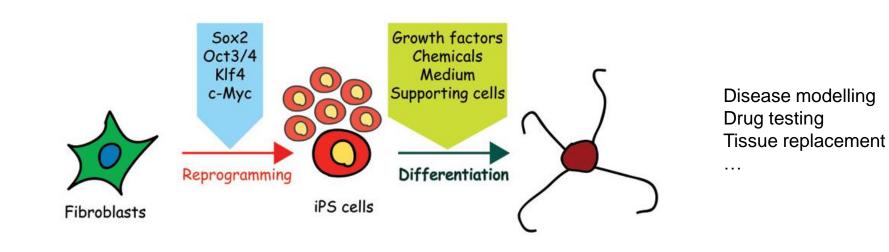
### Stem cells as a research tool

#### Induced pluripotent stem cells (iPSc)

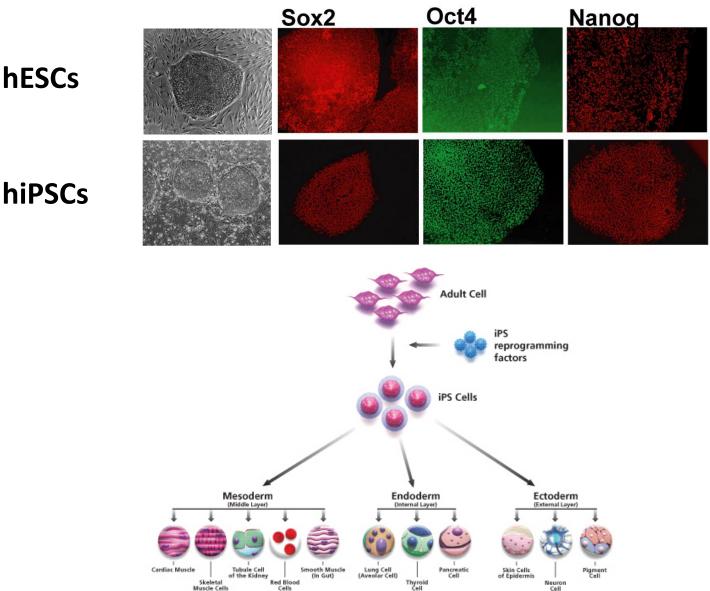
- adult differentiated cell (fibroblast) is reprogrammed into pluripotent state
- differentiation into desired cell type
- regenerative medicine, cell and gene therapy





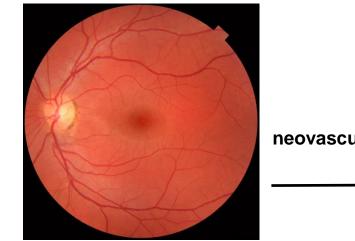


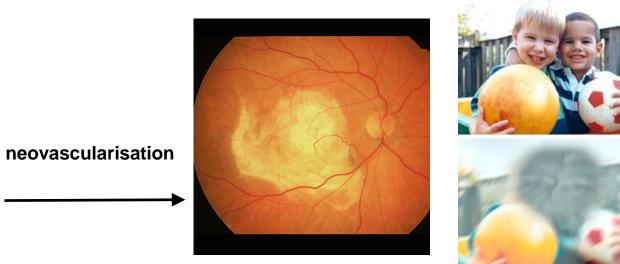
 Induced pluripotent stem cells share biological properties with embryonic stem cells



## Stem cells as a therapy

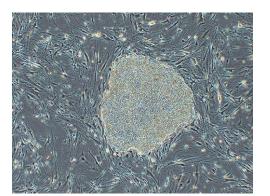
Age-related macular degeneration





hiPSCs





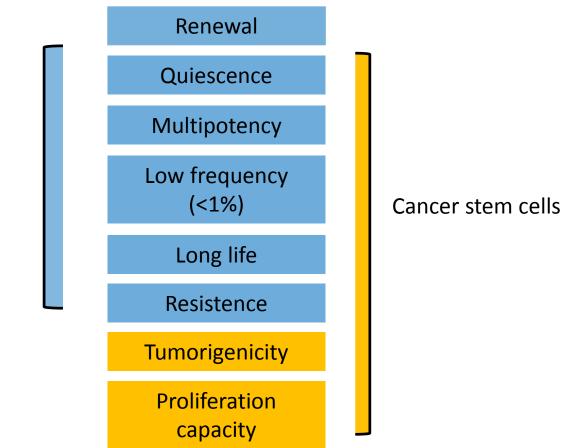
**Clinical trial** 

Stem cells as a foe

#### Cancer stem cells

Tissue stem cells

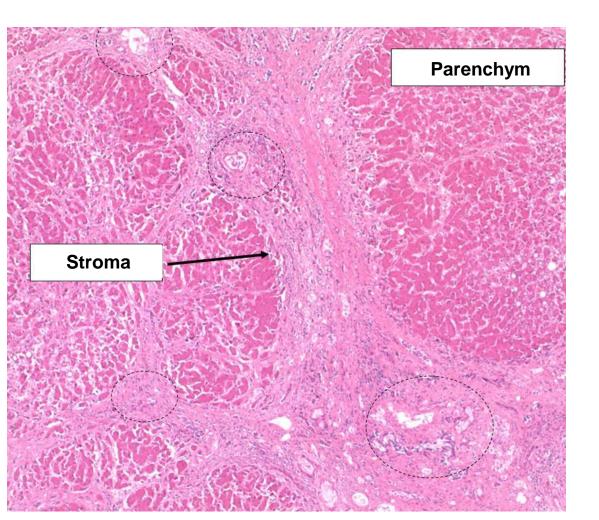
- solid tumor is always heterogeneous
- small population of cells with stem cell character can repopulate tumor tissue after cytotoxic therapy



### Tissues are not uniform

**Parenchyma**: functional tissue of an organ (liver, lung, pancreas, kidney parenchyma)

Stroma: surrounding, supportive tissue



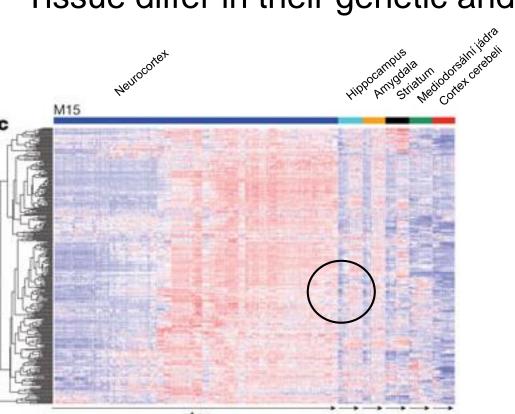
#### Parenchyma

- Hepatocytes
- Sinusoids and surrounding structures

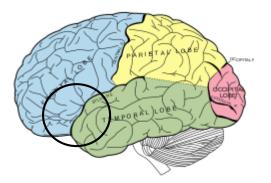
#### Stroma:

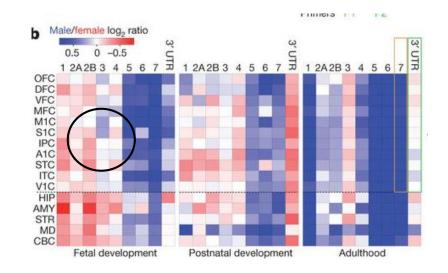
- CT
- Veins
- Nerves
- ...

#### Tissue differ in their genetic and epigenetic profile

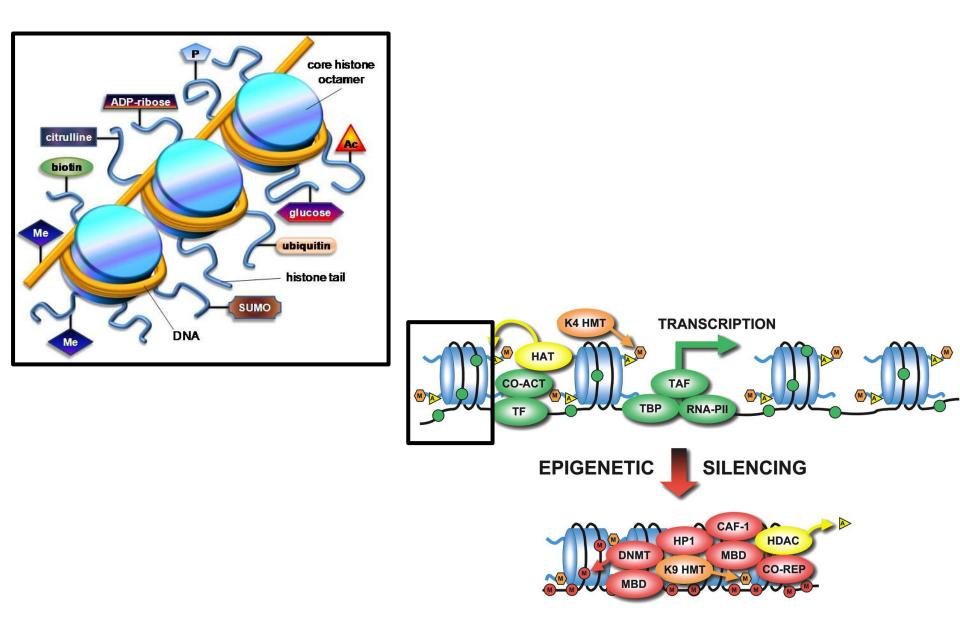


Age

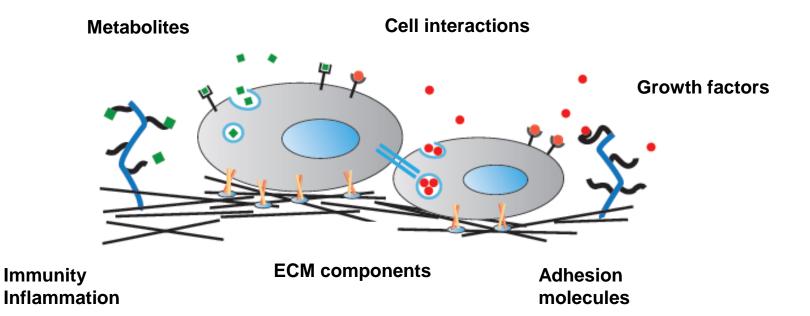




#### Tissue differ in their genetic and epigenetic profile



#### Cells create unique microenvironment

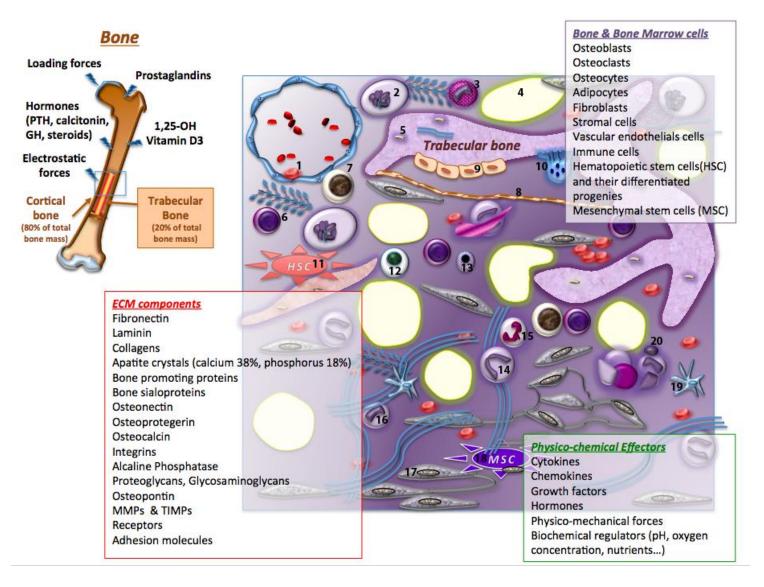


# Microenvironment regulates tissue function and reflects its tissue composition

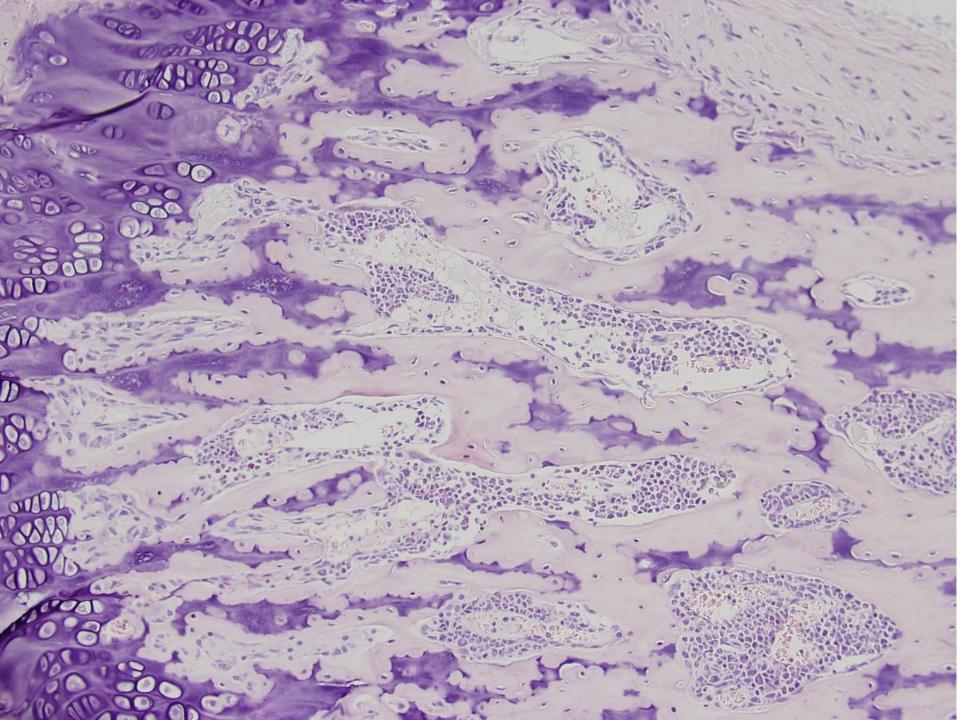
Huge number of **biological** and **physically-chemical** parameters

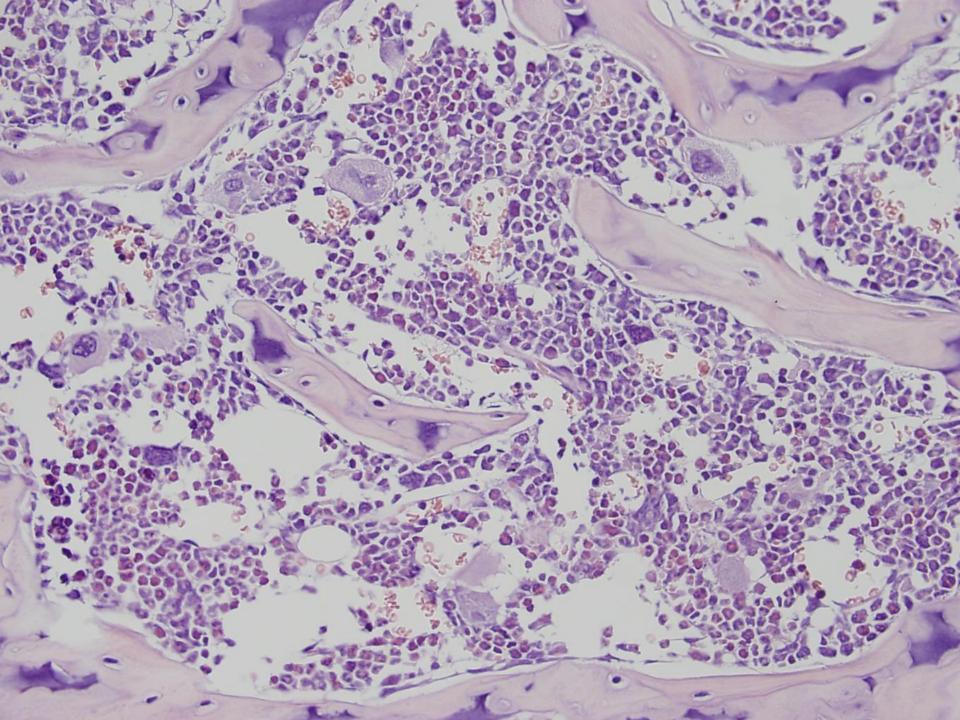
- Embryonic development
- Intercellular interaction
- Space organization (dimensionality)
- Gradient of morphogenes
- Epigenetic profile
- Gene expression dynamics
- Partial pressure of gases
- ECM composition
- Mechanical stimulation
- Perfusion and interstitial flows
- Local immunity response
- Metabolites

#### Bone marrow microenvironment drives hematopoiesis

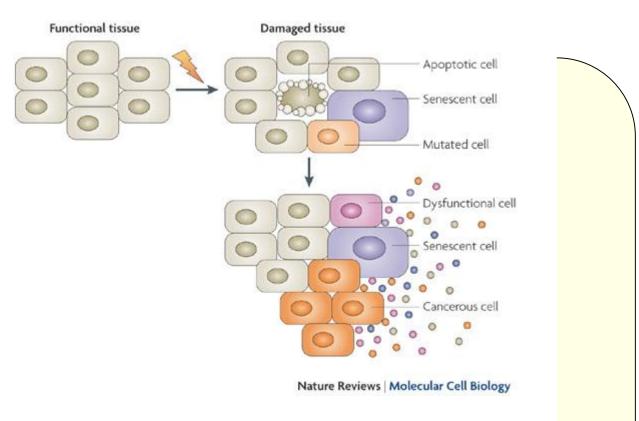


"Stem cell niche"





### Microenvironment is necessary for tissue homeostasis

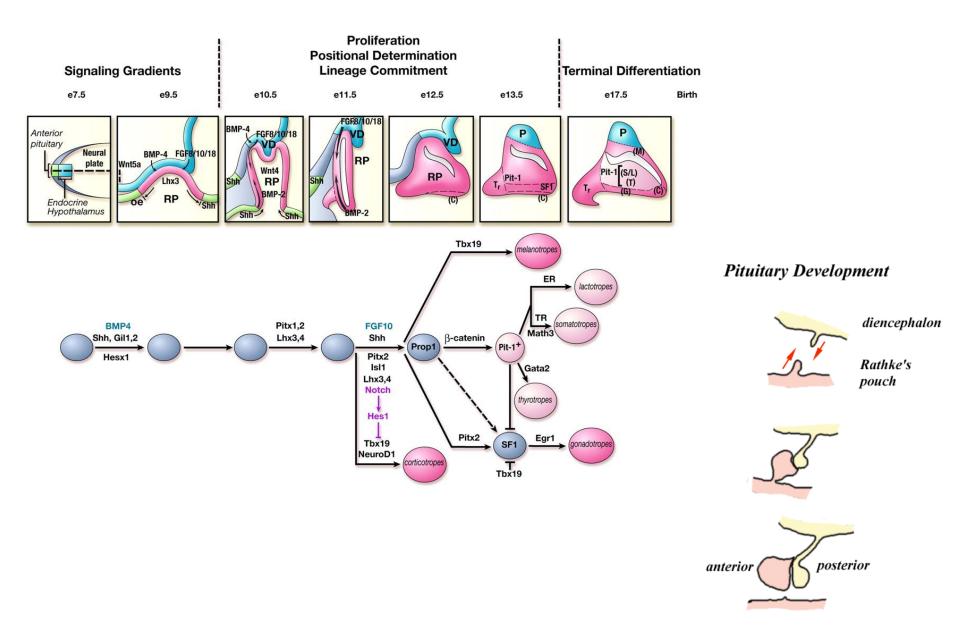


Apoptosis Regeneration

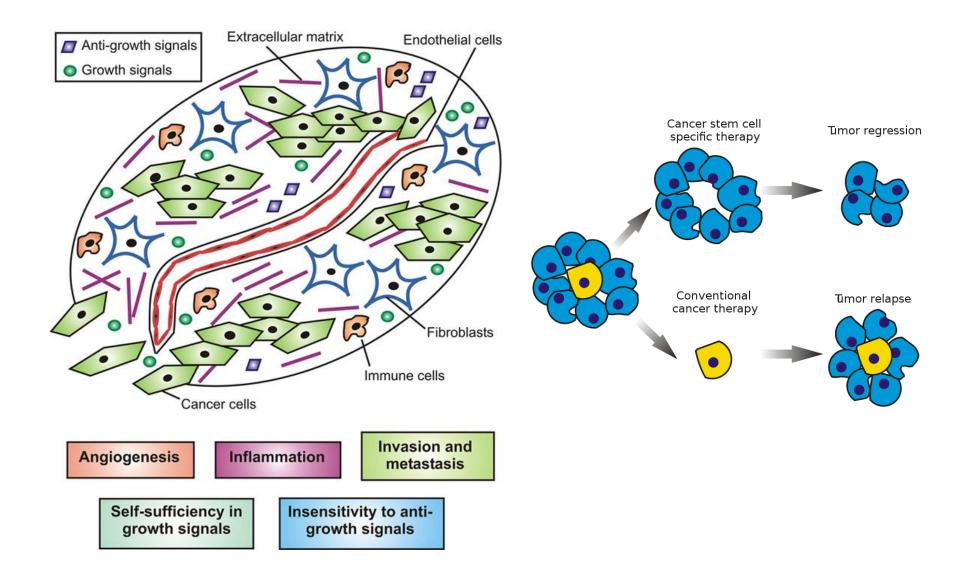
Senescence

Transformation

### Microenvironment controls embryonic organogenesis

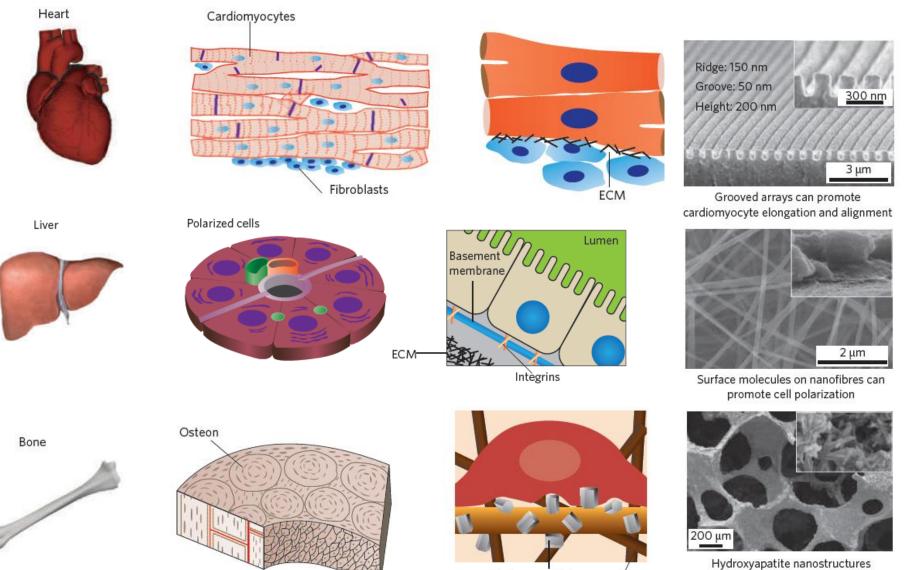


### Microenvironment is of clinical importance



#### **Tissue engineering**

**Engineered scaffold** 



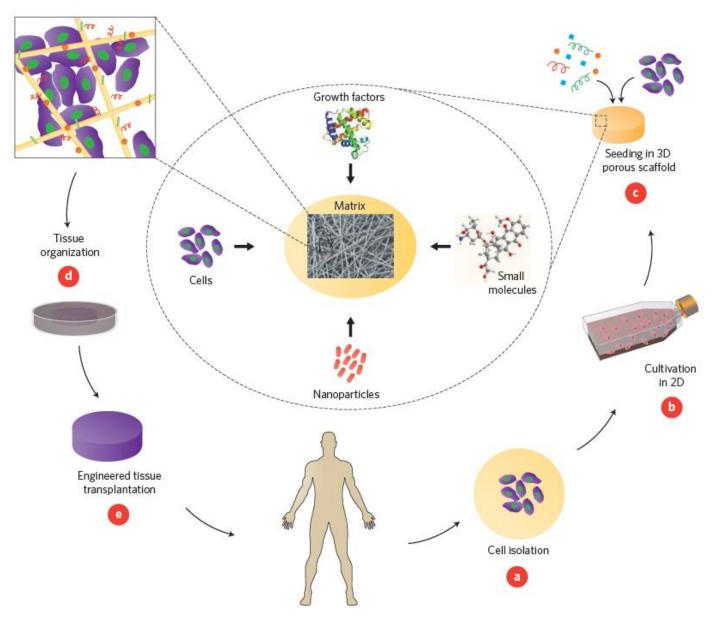
Hydroxyapatite

crystals

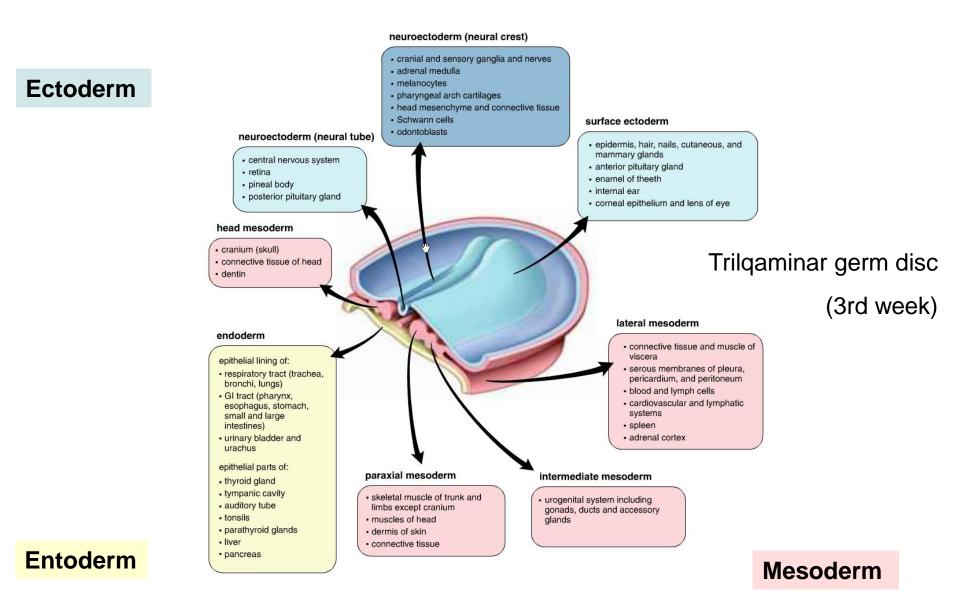
ECM

can enhance osteogenesis

#### **Tissue engineering**



### Histogenesis and organogenesis



### Embryonic development

#### **Ectoderm**

- Epidermis, hair nails, cutaneous and mammary glands
- Corneal epithelium and lens of eye
- Enamel of teeth
- Internal ear
- Surface ectoderm Anterior pituitary gland
  - Epithelium of oral cavity and part of anal canal

#### Neural tube and derivatives

- CNS
- **Neuroectoderm** - Retina
  - Posterior pituitary gland
  - Pineal body
  - Neural crest and derivatives:
  - Cranial and sensory ganglia and nerves
  - Schwann cells
  - adrenal medulla
  - Enteroendocrinne cells
  - Melanocytes
  - Head mesenchyme and connective tissue
  - Odontoblasts

#### **Mesoderm**

- Connective tissue of head head
  - Cranium, dentin
  - Skeletal muscle of trunk and limbs except cranium
  - Dermis of skin

Paraxial

Intermediate

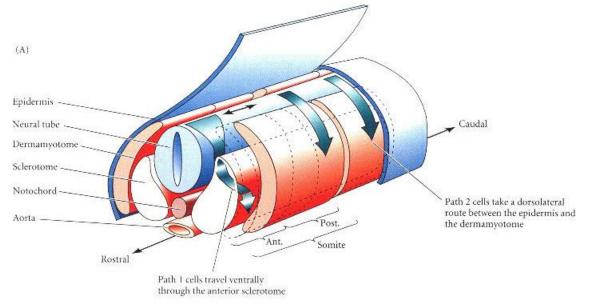
\_ateral

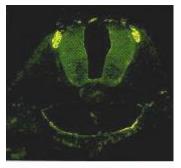
- Muscles of head
- Urogenital system + ducts, glands and gonads
  - Visceral muscle and connective tissue
  - Serous membranes of pleura, peritoneum and pericardium
- Blood cells, leukocytes
- Cardiovascular and lymphatic system
- Spleen
- Adrenal cortex

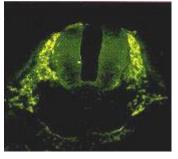
#### Endoderm

- GIT epithelium except oral cavity and part of anal canal
- Extramural glands of GIT
- Epithelium of bladder
- Epithelium of respiratory system
- Thyroid gland, parathyroid glands, thymus
- Tonsils
- Epithelium of cavum tympani and Eustachian tube

### Neural crest is a "fourth germ layer"







#### PNS:

. . .

#### Neurons

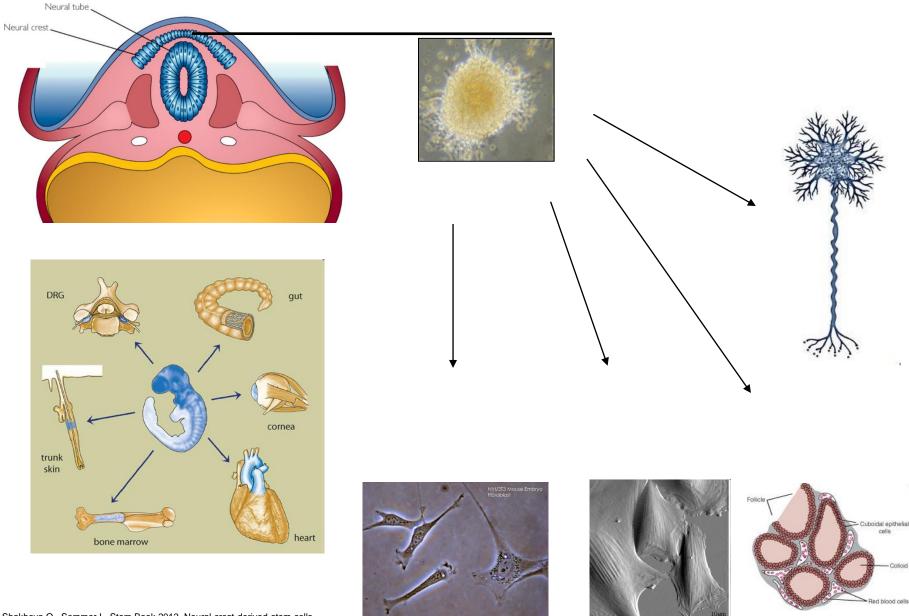
Sensoric, sympathetic a parasympathetic ganglions and plexuses Neuroglia and Schwann cells

Adrenal medulla Calcitonin secreting thyroid cells Pigment cells of epidermis Viscerocranium

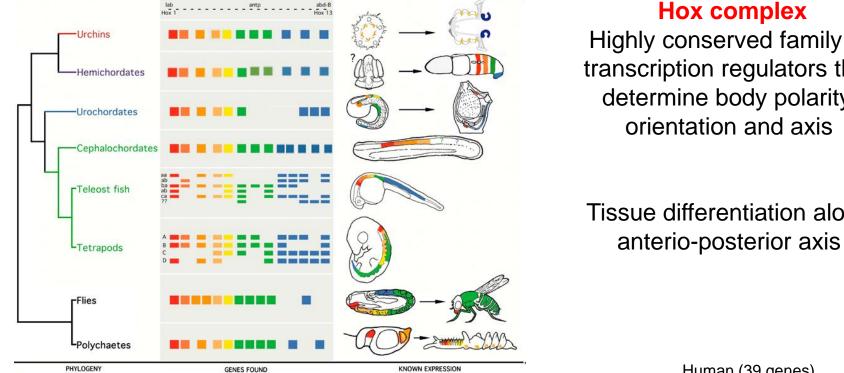
Corneal stroma and endothelium Tooth papilla

Dermis, smooth muscles and adipose tissue of skin of head CT of salivary and lacrimal glands, thymus, thyroid and pituitary

#### Neural crest cells are multipotent in vitro



### Molecular principles of histogenesis



doi:10.1038/sj.hdy.6800872

#### **Congenital disorders and HOX genes**

hand-foot-genital syndrome – mutation HOXA13 synpolydaktylia – mutation HOXD13

Highly conserved family of transcription regulators that determine body polarity,

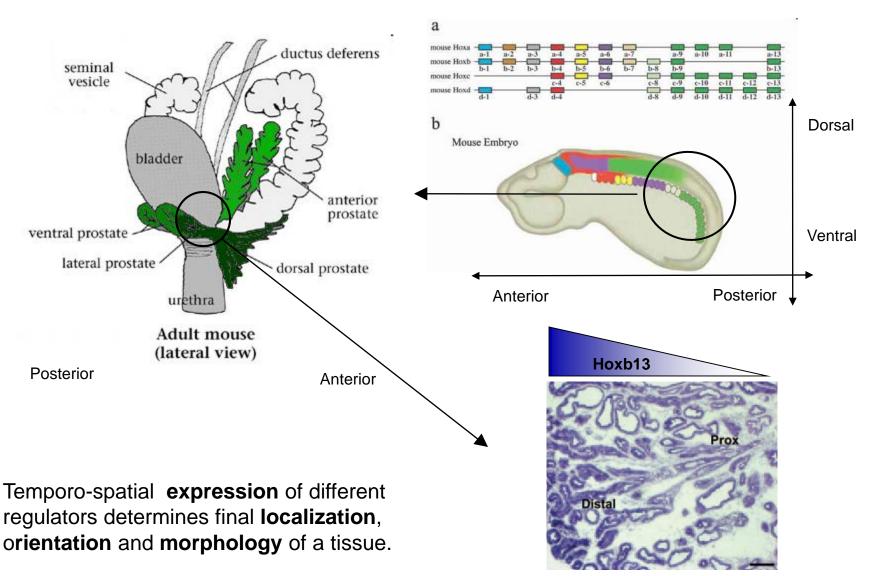
Tissue differentiation along

Human (39 genes)		
Cluster	Chromosome	# Hox genes
HoxA	7	11
HoxB	17	10
HoxC	12	9
HoxD	2	9

### Hox komplex a morphogenetic field

Example: Differentiation of mouse urogenital tract (prostate)

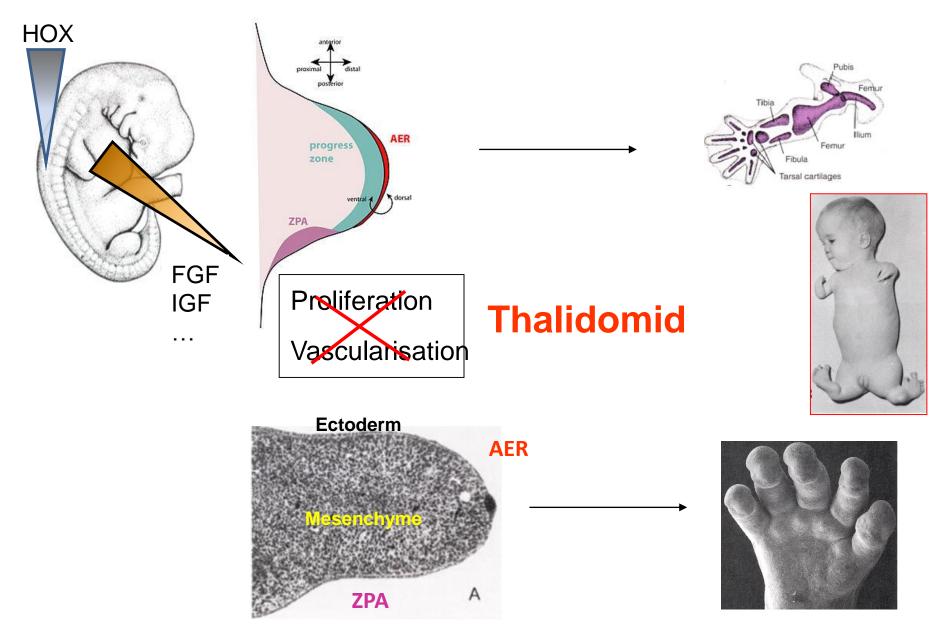
doi: 10.1210/en.2006-1250



Distal

Proximal

### Limb formation



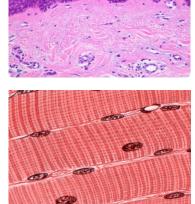
### Contemporary tissue classification

Based on morphology and function:

### Epithelium

### Muscle

Nerve

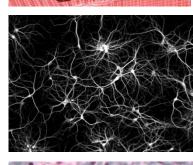


Continual, avascular layers of cells with different function, oriented to open space, with specific junctions and minimum of ECM and intercellular space.

Derivates of all three germ layers

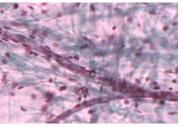
Myofibrils → contraction Mesoderm – skeletal muscle, myocard, mezenchyme – smooth muscles

Rarely ectoderm (eg. m. sphincter a m. dilatator pupillae)

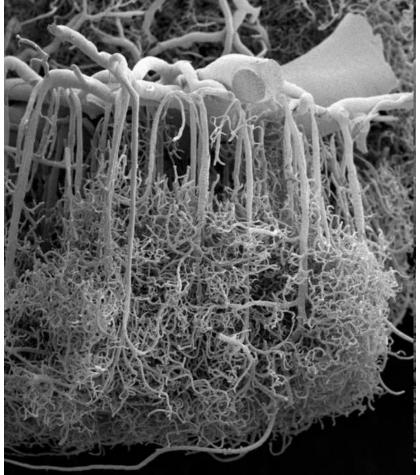


Neurons and neuroglia Reception and transmission of electric signals Ectoderm, rarely mesoderm (microglia)

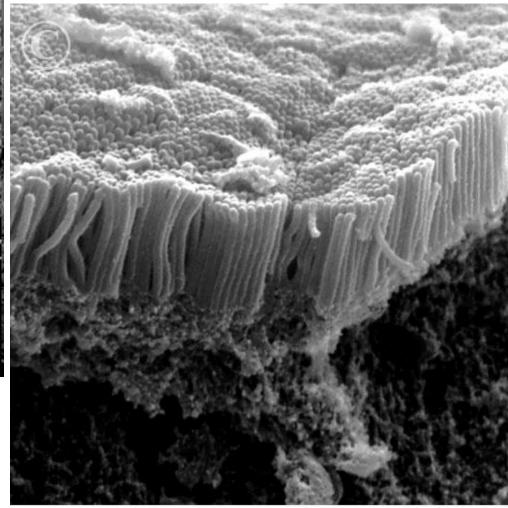




Dominant extracellular matrix Connective tissue, cartilage, bone... Mesenchyme

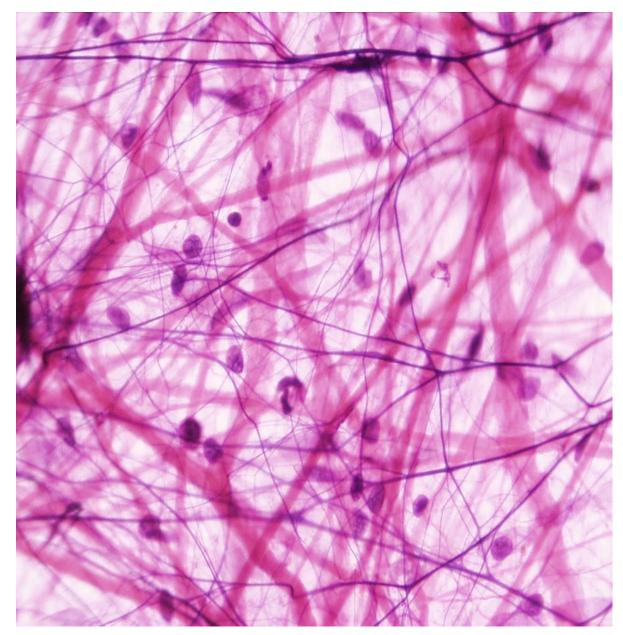


Isocortex vascularisation



P5200132 [RM] © www.visualphotos.com

#### Microvilli on surface of small intestine



#### Connective tissue

Not only a tissue glue...

## General composition of connective tissue (CT)

Cells and extracellular matrix

#### Cells

**Connective tissue** – permanent and transient cell populations (fibroblasts/myofibroblasts,

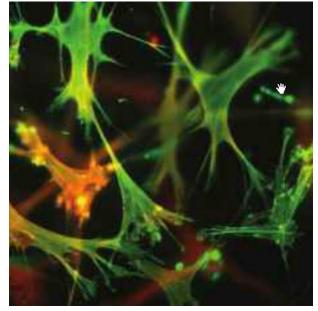
immune cells, adipocytes, adult stem cells) **Cartilage** – chondroblasts/chondrocytes **Bone** – osteoblasts/osteocytes/osteoclasts

Matrix – fibrous and amorphous

#### Fibrous component

- collagen
- reticular
- elastic

Amorphous component (amorphous ground substance)



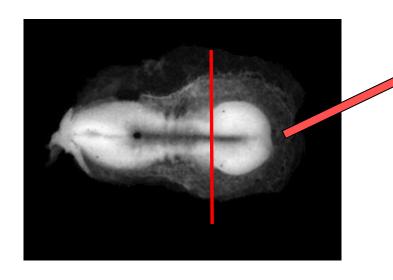
- Complex matrix consisting of glycosaminoglycans, glycoproteins and proteoglycans,

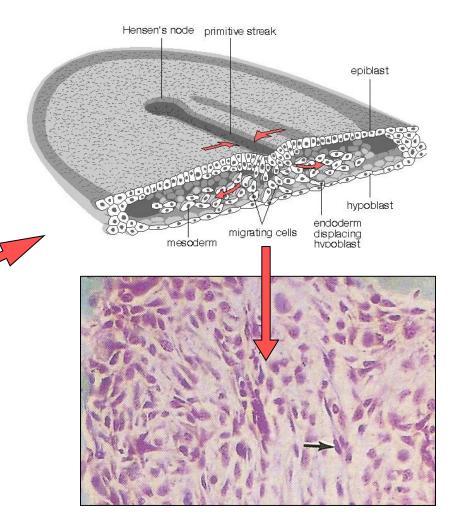
depending on tissue type (connective  $\times$  ligament  $\times$  cartilage  $\times$  bone)

## Embryonic origin of CT

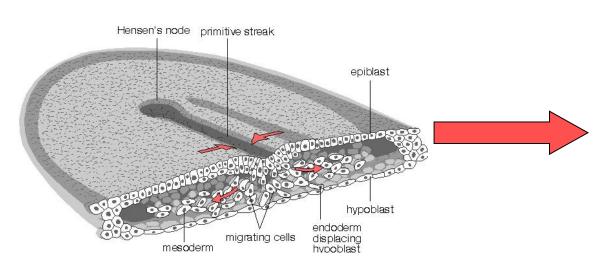
- Mesenchyme = loose tissue between germ layers
- Complex network of star- or spindle-shaped cells
- Jelly-like amorphous ground substance

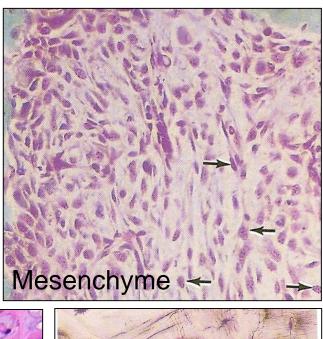
### DAY 12 of embryonic development

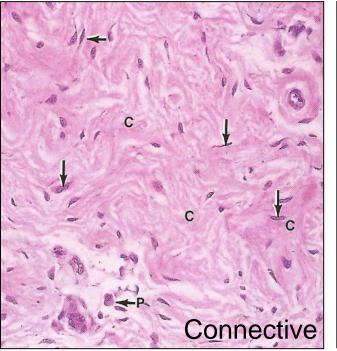


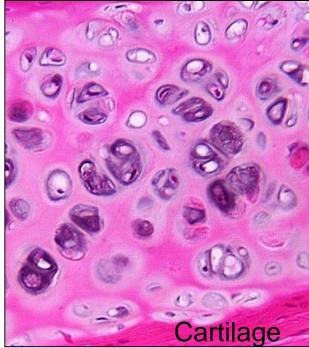


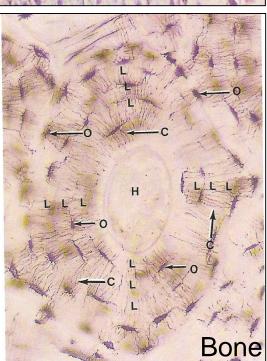
## Basic derivatives of CT











Classification of CT

### **Embryonic CT**

- Mesenchyme
- Jelly-like CT (Wharton jelly, dental pulp, strom of iris)

### Adult CT

- Areolar (loose, interstitial) CT
- Dense collagen irregular CT
- Dense collagen regular CT
- Fat (adipose tissue)
- Cartilage
- Bone
- Blood and hematopoietic tissue
- Lymphatic tissue

СТ

Specialized CT

Trophic CT (body liquids)

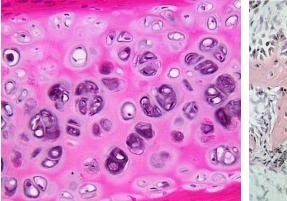
Cells of connective tissue

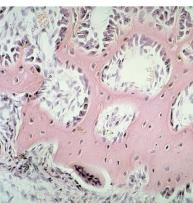
### Cells

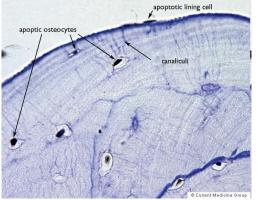
- Fibroblasts/fibrocytes/myofibroblasts
- Heparinocytes
- Macrophages of CT = histiocytes
- Plasma cells
- Lymphocytes
- Adipocytes
- Adult stem cells

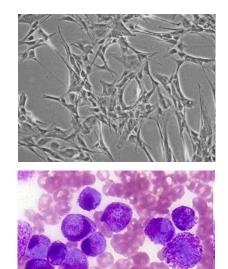
### **Extracellular matrix**

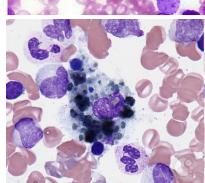
- Fibrous compound
- Amorphous ground substance

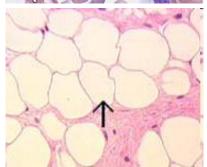




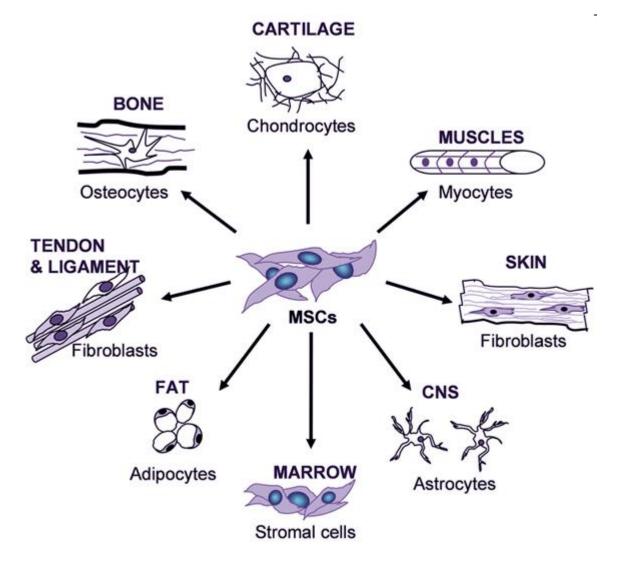








# Cells of connective tissue Mesenchymal (adult) stem cells



## Extracellular matrix – fibrous component

## **Collagen fibers**

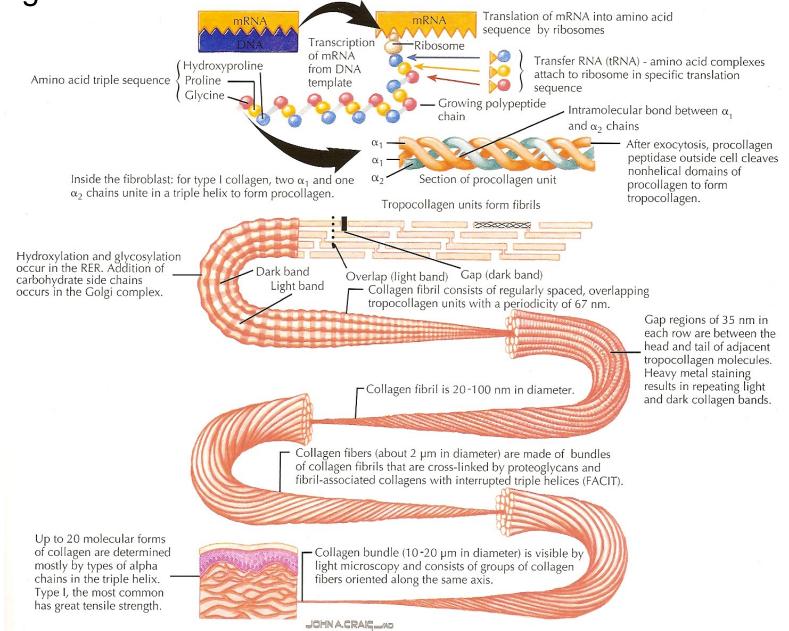
- family of fibrous proteins encoded by >35 genes (2013)
- polymer subunit = tropocollagen; triple helix
- different structural and mechanical properties (strength, elasticity, pliability...)
- most abundant protein in human body (30% dry weight)

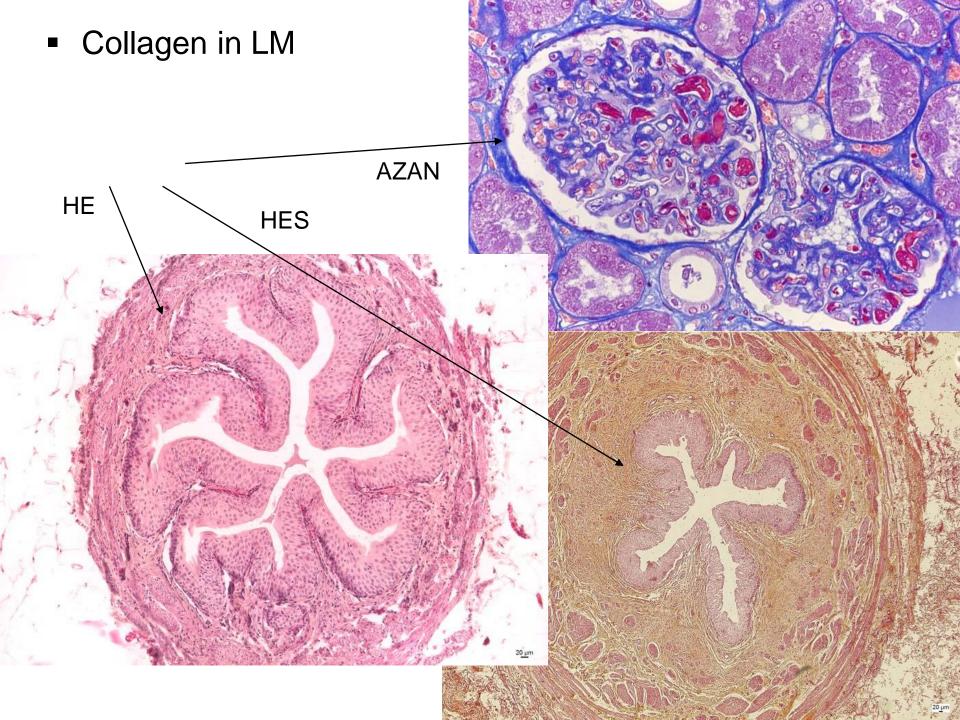


## Collagen

Туре	Localization	Structure	Main function
I	Bone, tendons, meniscus, dentin, dermis, capsules of organs, loose CT 90% of type I	Fibrils (75nm) – fibers (1-20μm)	Resilience in pull
11	Hyaline and elastic cartilage	Fibrils (20nm)	Resilience in pressure
	Skin, veins, smooth muscles, uterus, liver, spleen, kidney, lung	Like I, high content of proteoglycans and glycoprotiens, reticular network	Shape formation
IV	Basal lamina of epithelium and endtohelium, basal membranes	No fibrils or fibers	Mechanical support
V	Lamina of muscle cells and adipocytes, fetal membranes	Like IV	
VI	Interstitial tissue, chondrocytes – adhesion		Connecting dermis and epidermis
VII	Basal membrane of epithelium		
VIII	Some endothelia (Cornea)		
X	Growth plate, mineralized cartilage		Growth of bones, mineralization

### Collagen





### Julian Voss-Andreae "Unraveling Collagen",

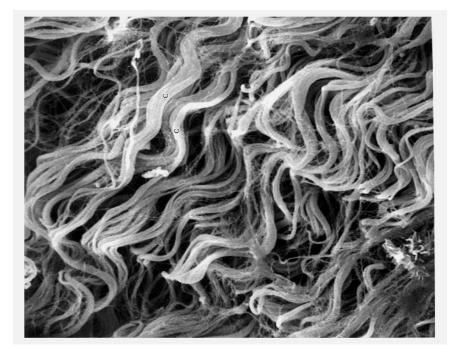
### 2005

Orange Memorial Park Sculpture Garden, City of South San Francisco, CA



### Elastic fibers

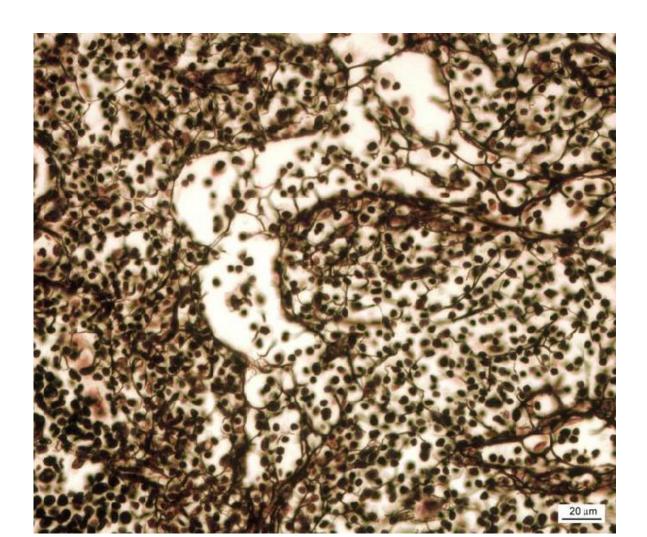
- less abundant than collagen
- polymer tropoelastin
- minimal tensile resistance, loss of elasticity if overstretched
- reduction of hysteresis = allow return back to original state after mechanic change





## Reticular fibers

- collagen 3D meshwork
- bone marrow, spleen, lymphatic nodules
- microenvironment for e.g. hematopoietic stem cells and progenitors

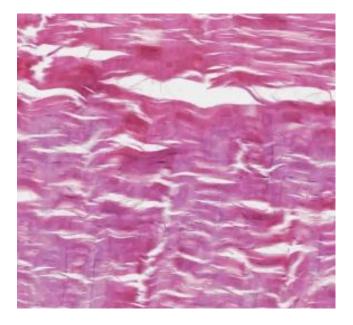


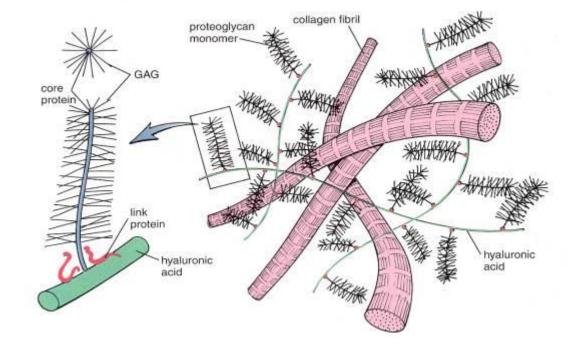
## Extracellular matrix – ground matrix

Amorphous extracellular matrix

Colorless, transparent, homogenous substance consisting of glycosaminglycans,

proteoglycans and structural glycoproteins



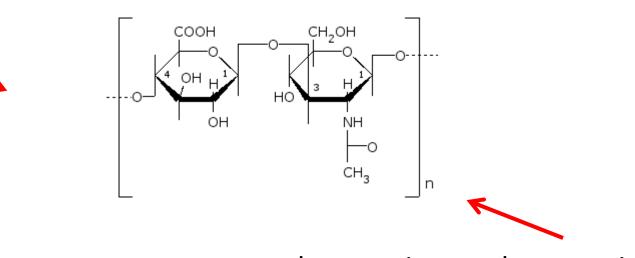


## Glycosaminoglycans

linear polysaccharides composed of two disaccharide subunits – uronic acid and hexosamine

polysaccharides rich in hexosamines = acid mukopolysaccharides

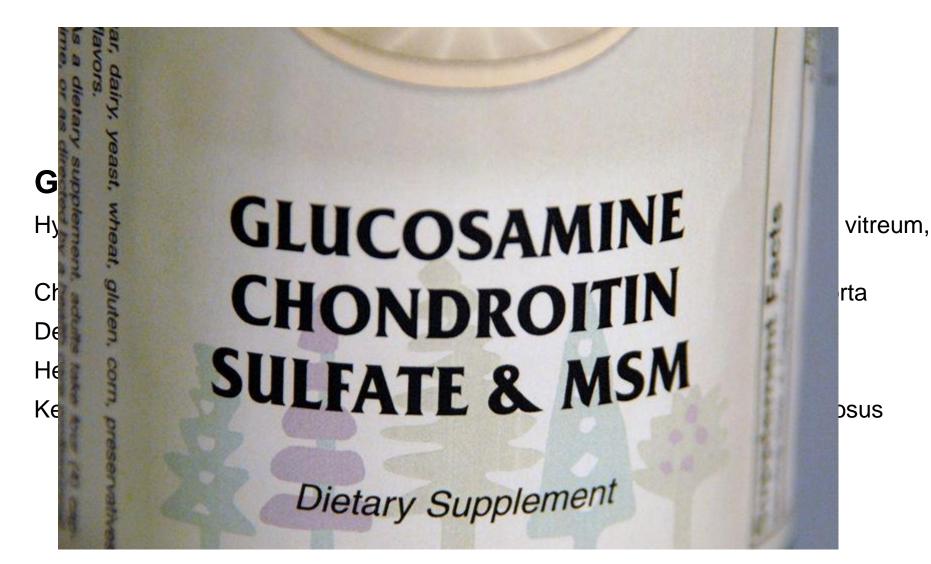
glucuronic or iduronic acid



glucosamin or galactosamin

## Glycosaminoglycans

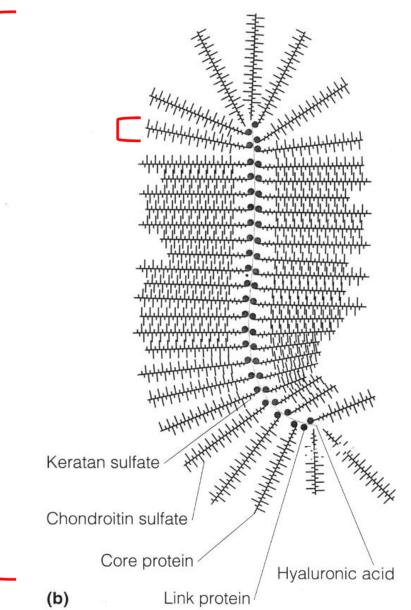
They bind to protein structures (except for hyaluronic acid)



## Proteoglycans

- protein + dominant <u>linear</u> saccharide component
- proteoglycan aggregates
- water-binding, volume dependent of hydratation
- aggrecan (cartilage)
- syndecan
- fibroglycan

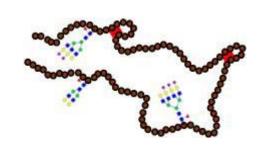
#### Figure 9.25b Proteoglycan structure in bovine cartilage



From Mathews and van Holde: Biochemistry 2/e. © The Benjamin/Cummings Publishing Co., Inc.

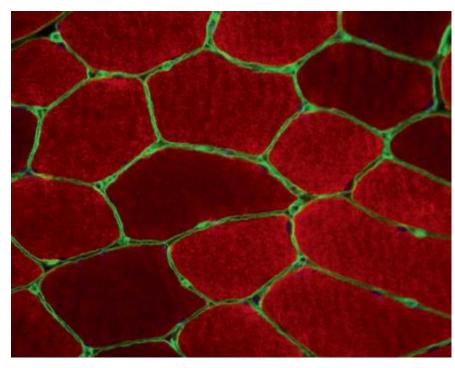
## Structural glycoproteins

- dominant protein + branched saccharide component
- interaction between cells and ECM

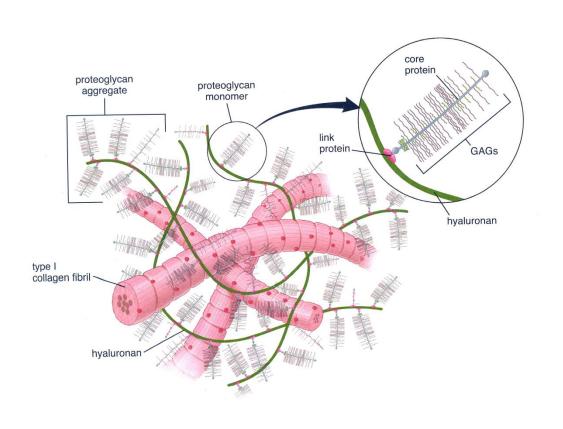


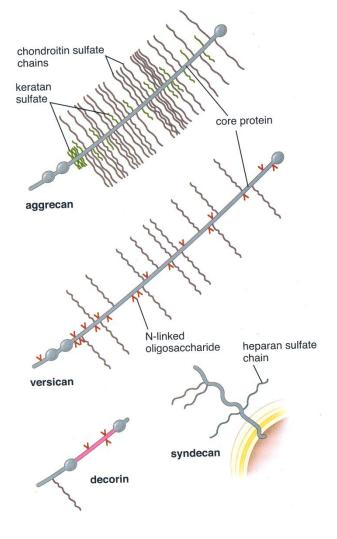
fibronectin – connects collagen fibers and glykosaminoglycans, cell adhesion and migration

- laminin basal lamina epithelial integrity
- chondronectin cartilage adhesion of chondrocytes to collagen

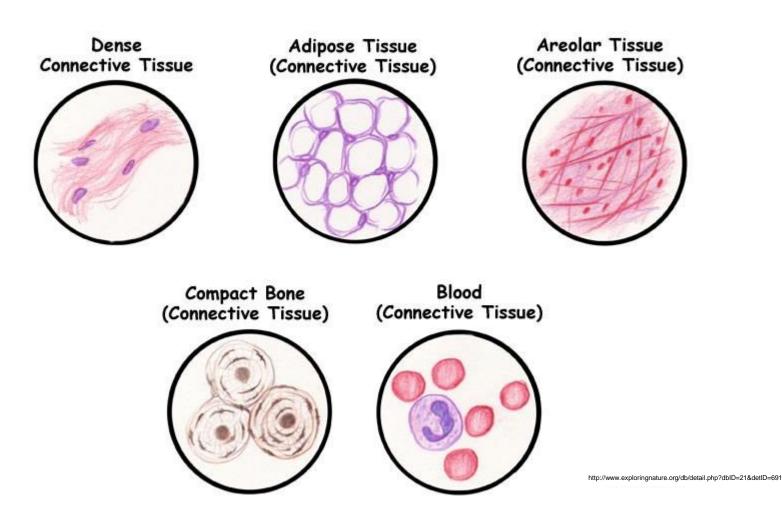


## Composition of amorphous ground matrix



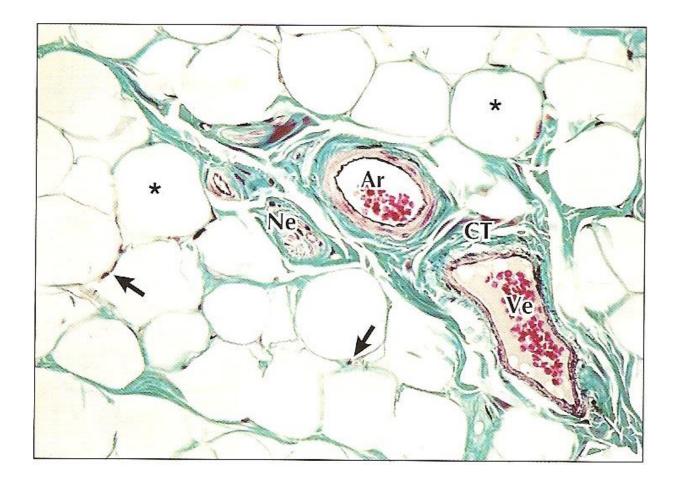


Classification of specialized connective tissue



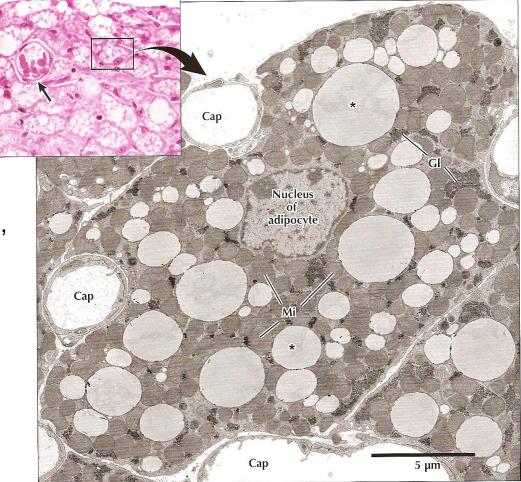
## Adipose tissue

- Adipocytes, fibroblasts, reticular, collagen and elastic fibers, capillarie
- White and brown adipose tissue

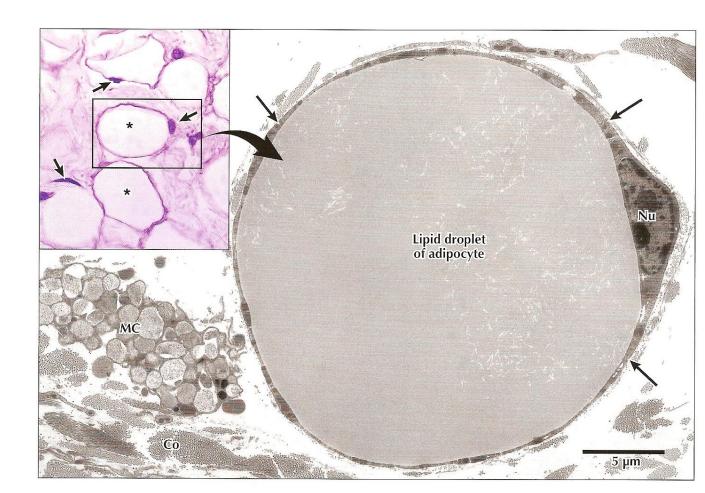


Brown adipose tissue

- fetus and child to 1<sup>st</sup> year of life
- fast source of energy
- typical localization between shoulder blades, axilla, mediastinum, around kidneys, pancreas, small intestine
- small cells with numerous fat droplets

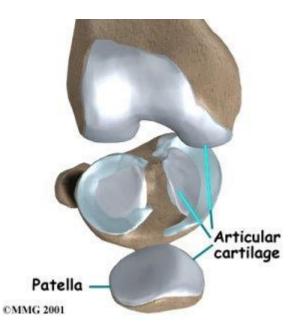


- White adipose tissue
- adipocytes are actively form until 2nd year of life
- no innervations, but rich vascularisation
- adipocytes with only one lipid droplet
- leptin (adipokinins)



## Cartilage

- specialized connective tissue with continuous ECM
- flexible, mechanically resistant
- avascular, no innervation
- support of soft tissues
- diarthrosis
- growth



## Composition and structure

- perichondrium connective tissue around cartilage (not present in joints)
- chondroblasts, chondrocytes
- extracellular matrix (collagen and elastic fibers, amorphous ground matrix)



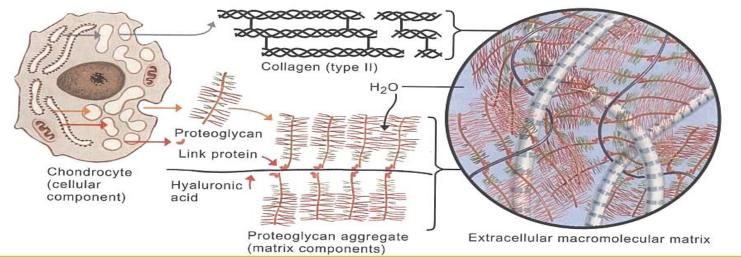
Collagen type II

### Glykosaminoglycans

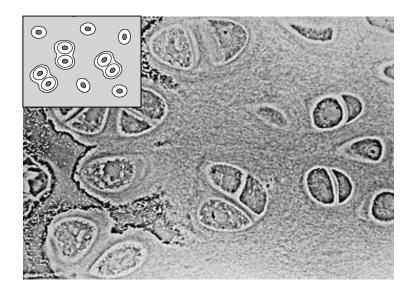
(Hyaluronic acid, chondroitinsulphate, keratansulphate)

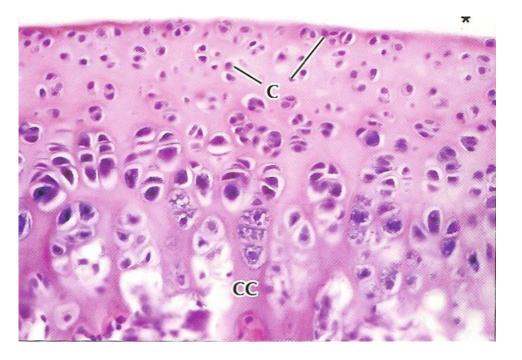
#### Proteoglycane aggregates

Hydrophilic character – holds water  $\rightarrow$  low friction  $\rightarrow$  smooth movement of joints



- Hyaline cartilage
- most abundant
- temporary embryonal/fetal skeleton
- epiphyseal growth plate
- articulation (joints) respiratory passages
- isogenic groups







### Hyaline cartilage, trachea

### Perichondrium

Chondroblasts

**Apositional growth** 

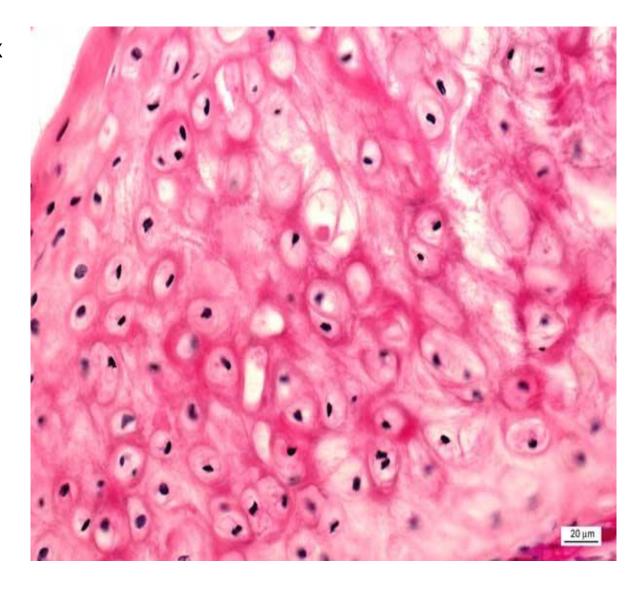
#### **Exchange of metabolites**

Isogenous (nest) cells

Interstitial proliferation

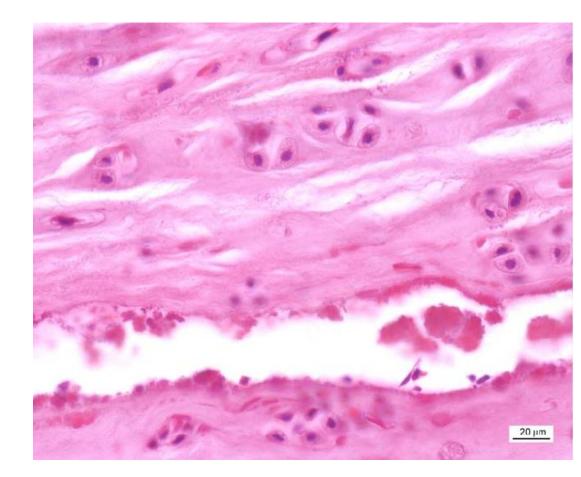
100 ......

- Elastic cartilage
- Elastic fibers in matrix
- No isogenetic groups
- Auricula, meatus, larynx, epiglottis



Fibrocartilage

- Fibrous compound dominant – collagen I and II – mechanical durability
- Minimum of amoprhous matrix-fibers visible
- Intervertebral discs, symphysis pubis, articular discs, meniscus

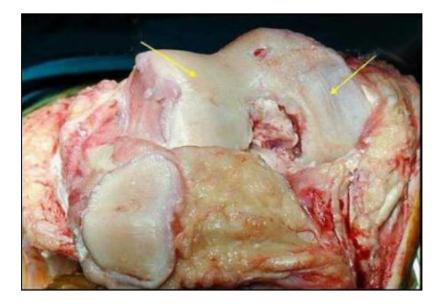


Clinical correlations

Cartilage – no innervation, no vascularization – no spontaneous regeneration

No migration of chondrocytes to site of damage

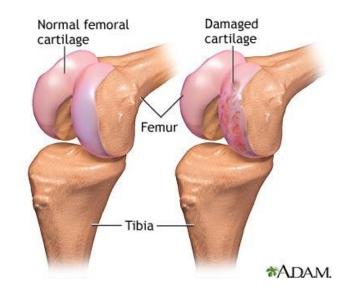
Initiation of other degenerative events leading to cartilage erosion (arthritis)



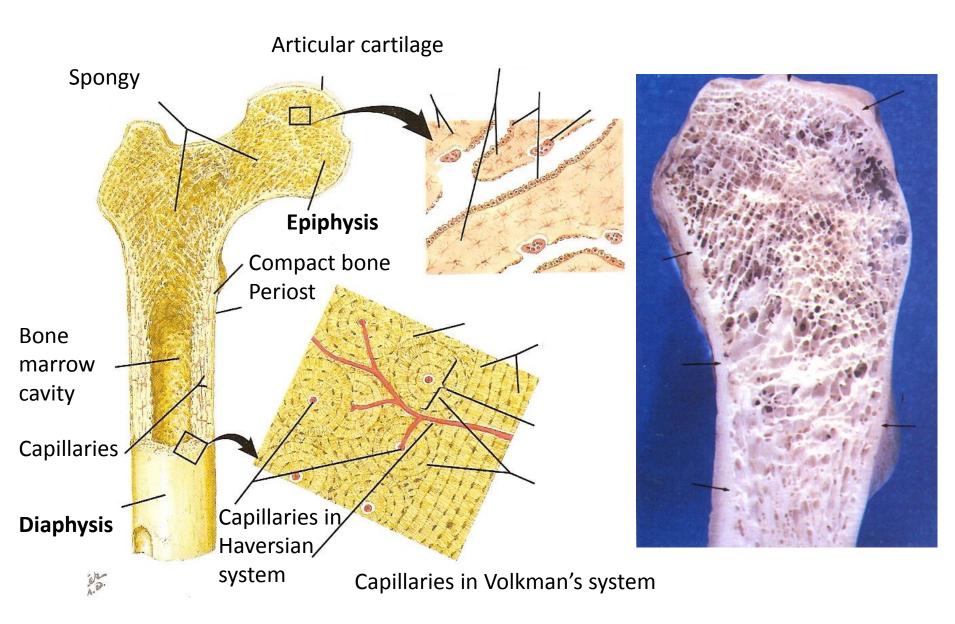
#### Therapy:

- joint mobility
- restoration of biochemical and biophysical parameters of cartilage
- prevention of further damage

- removal of damaged tissue, autologous transplantation, MSCs on biocompatible scaffolds



Bone



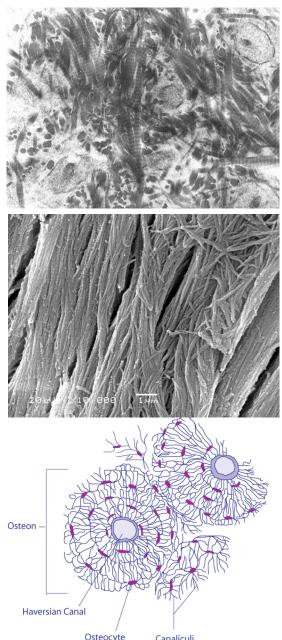
## Histological classification of bone tissue

### • Primary (woven, fibrous)

- Temporary, growth and regeneration of bones, collagen fibrils woven
- Replaced by secondary bone
- Remains only in some parts of body sutures of skull tuberositas ossium, tooth cement

### Secondary (lamellar)

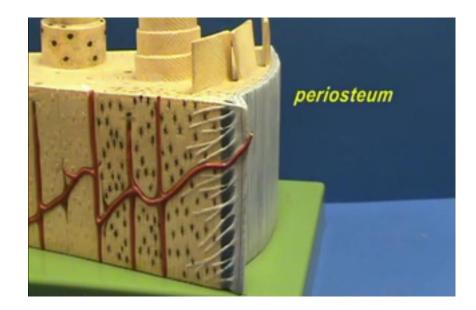
- Lamellae collagen fibers in concentric layers (3-7μm) around a canal with capillaries = Haversian system (osteon)
- Spongy (trabecular)
  - Trabecules, similar to compact
  - Epiphyses of long bones, short bones, middle layer of flat bones of the skull (*diploe*)
- Compact
  - Outer and inner coat lamellae typical Haversian systems
  - Volkmann's canals
  - Interstitial canals

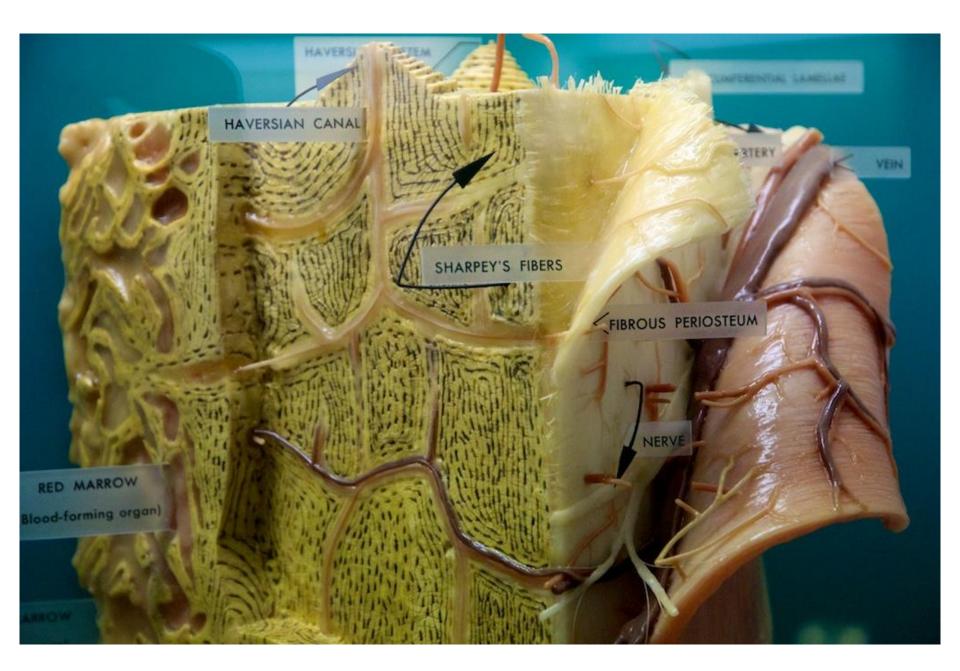


## Surface of compact bone

### Outer surface

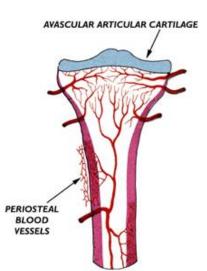
- Synovial joint hyaline cartilage
- periosteum (periost) membrane dense CT, inner layer (osteoblasts) and outer layer (fibrous CT)
- Inactive bone fibrous CT in periost dominant
- Collagen fibers parallel to the bone surface
- Sharpey's fibers fix periost to the bone

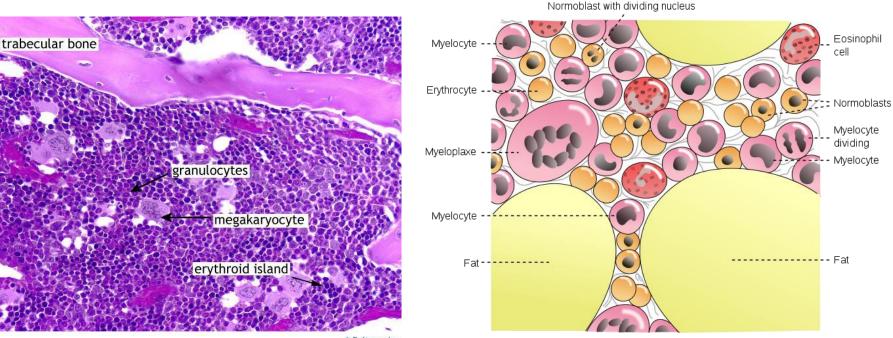




### Inner surface – cavities lining

- Medullar cavity
- Endosteum (endost) single cell lining bone remodeling
- Red bone marrow hematopoiesis
- Yellow and gray bone marrow adipocytes or CT
- Rich vascularisation

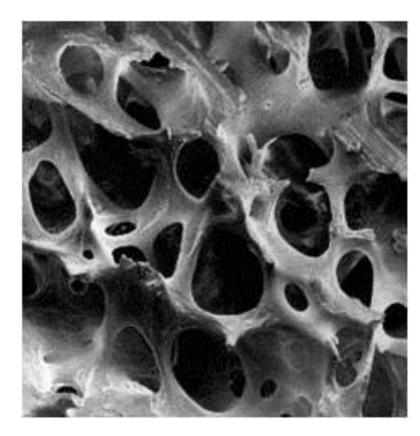


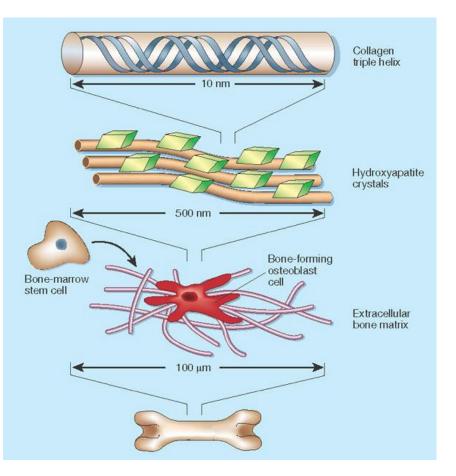


© Deltagen Inc.

## Bone matrix

- 60% mineral compound, 24% organic compound 12% H<sub>2</sub>0, 4% fat
- Crystals calcium phosphate, hydroxyapatite

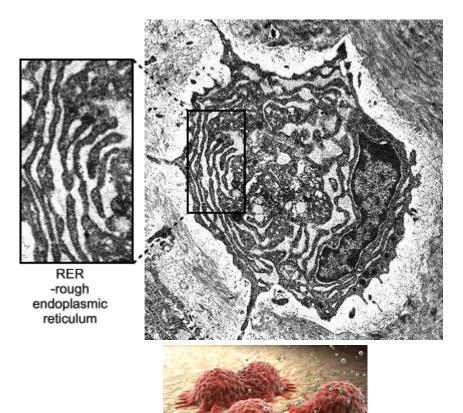


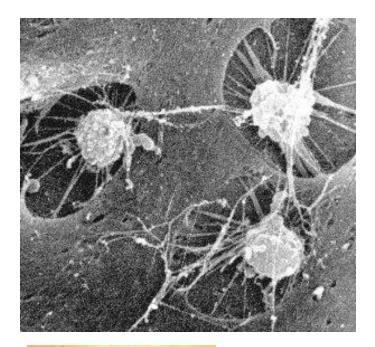


Cells

#### Osteoblasts

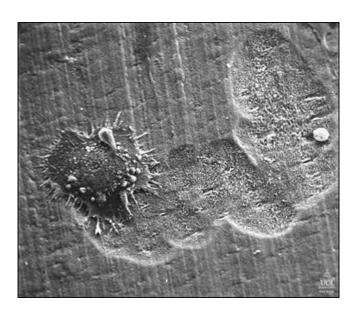
- specialized bone cells
- produce ECM collagen (I) and noncollagenous proteoglycans, glycoproteins
- osteocytes

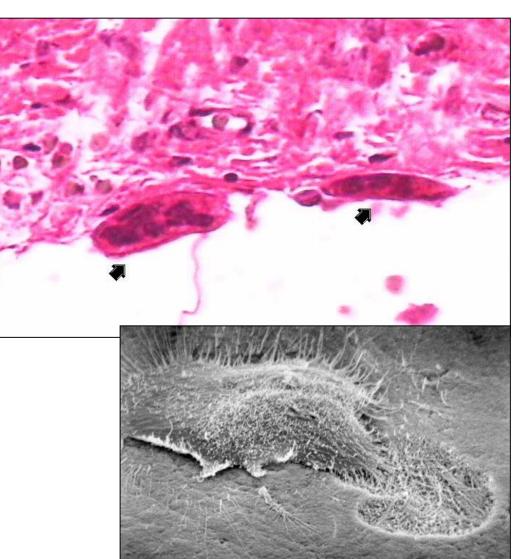




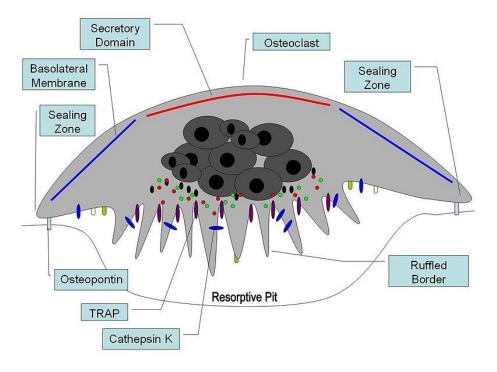


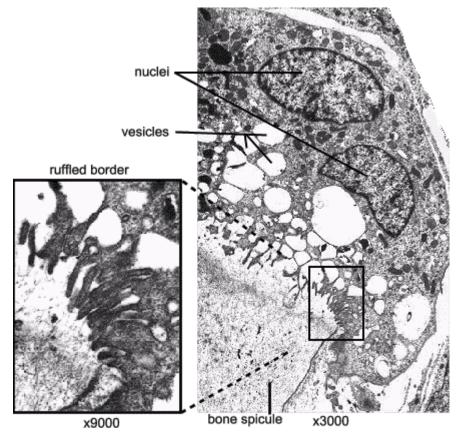
- Cells
- Osteoclasts
- multinuclear, form by fusion of macrophages
- bone matrix resorption





- Cells
- Osteoclasts
- Complex architecture
- Enzymes degrading organic matrix
- HCI





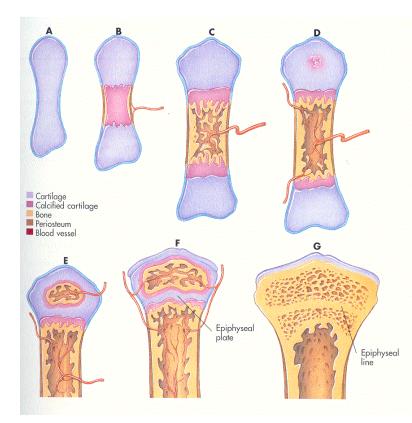
## Ossification

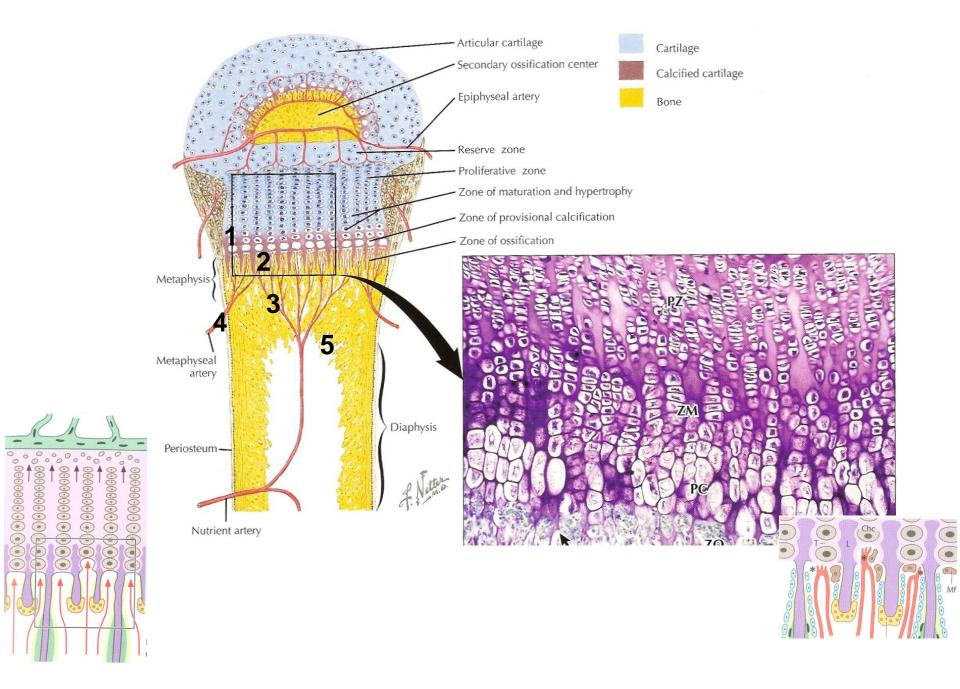
#### Intramembranoeous

- Mesenychymal cells  $\rightarrow$  osteoblasts
- Ossification center rich vascularisation, differentiation of osteoblasts, synthesis of primary bone

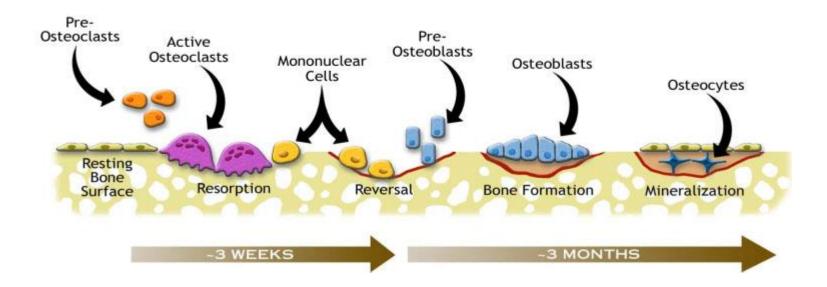
#### Endochondral

- Cartilage model
- Growth plate
- Primary and secondary ossification centers (diaphyse, epiphyses)





### **Bone Remodeling Cycle**



Fracture healing

#### **Reactive Phase**

- Fracture and inflammatory phase
- Granulation tissue formation

#### **Reparative Phase**

- Cartilage callus formation
- Lamellar bone deposition

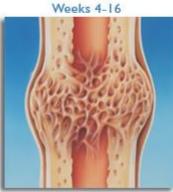
### **Remodeling Phase**

- Remodeling to original bone shape

Week I



Hematoma (or Inflammation)

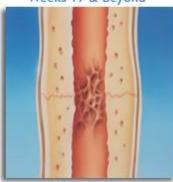


Hard Callus



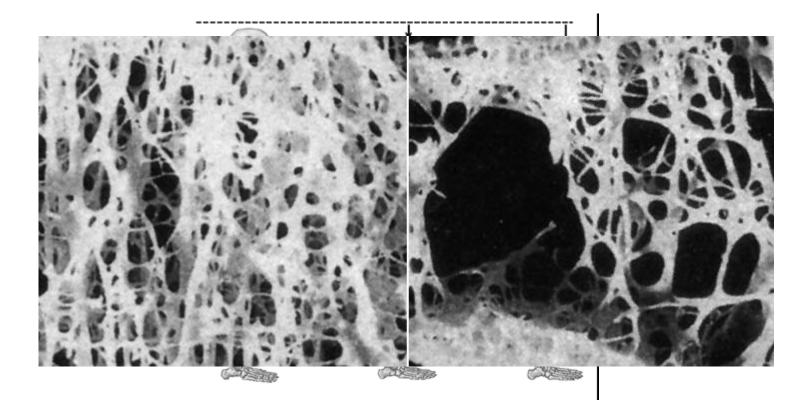
Soft Callus

Weeks 17 & Beyond



Remodeling

• Bone remodelation disorders – OSTEOPOROSIS



#### OSTEOPOROSIS

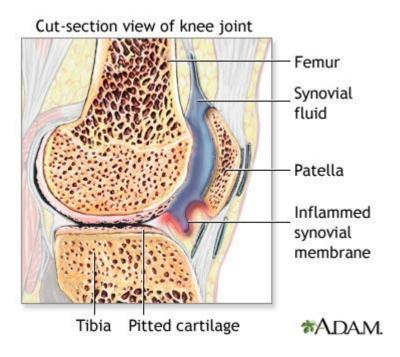
- Abnormal activity of osteoclasts
- Low level of estrogens (menopausis)
- Inflammation
- Immobilization
- Nutrition
- Endocrine disorders
- Side effect of therapy with corticosteroids, antiepileptics, anticoagulantia
- treatment: antiresorbing drugs (bisphosphonates, estrogene analogues), stimulation of bone formation, nutrition, exercise
- Osteolytic phenotype multiple myeloma, breast cancer



- Bone remodelation disorders OSTEOPETROSIS
- decreased activity osteoclasts
- congenital disease
- various damages (nerve compression, fractures, joint erosion, anemia – closing of medullar cavity)

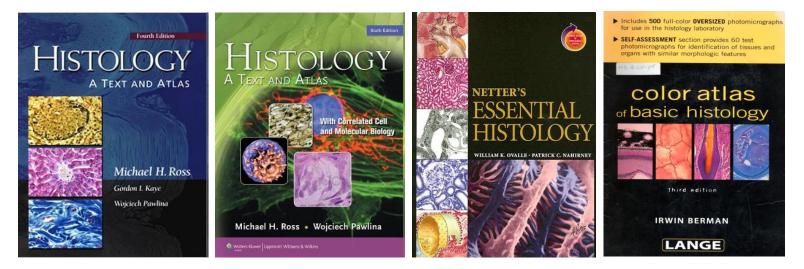


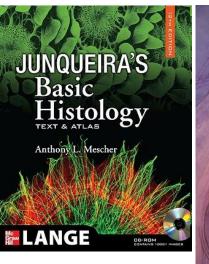
- Rheumatoid arthritis
- autoimmune inflammatory disease
- erosion of soft tissue and bone matrix (synovial membrane, cartilage, bone)





## Further study





# Langman's Medical Embryology Eighth Edition

T. W. Sadler

Department of Histology and Embryology Fac. Med. MU Med Atlas

or visit

http://www.med.muni.cz/histology

Thank you for attention