

forceps and ventouse

devices for gently pulling the baby's head to assist with difficult births. The **forceps** grip the sides of the head, and the **ventouse** attaches to the top of the head by suction.



Modals and expressions for giving advice

- 1 Listen to Emma, a midwife, getting advice from another midwife and from a doctor. Answer these questions with a partner.
- Why is Emma worried about Mrs Dent's baby?
 - What does Nina advise Emma to do?
 - How often does the doctor advise her to monitor?
 - What measurement does he suggest taking?
 - What three things does the doctor suggest to raise the baby's heart rate?
- 2 Work in pairs. Try to remember the missing words. Then listen again and check.
- I think you **ought to** _____ the doctor.
 - It's always a **good idea to** _____ help if you're concerned.
 - You'd **better** _____ continuously from now on ...
 - I'd _____ Mrs Dent some oxygen too – that won't do any harm.
 - And **try** _____ her to lie on her left side too.
 - If it's a little slow, but over 100, **you may want to** _____ about amniocentesis ...
- 3 Two of the **bold** verbs and expressions are only used to give strong and urgent advice, while the others can be used for more general or polite advice. Which are the strong two?

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- 4 Complete the conversation with the words below.

'd may should
better oughtn't try

Nurse Any problems, Marian?

Marian I had a bit of bleeding after my aerobics class. I thought maybe I'd _____¹ stop exercising.

Nurse Well, it's a good idea to exercise, but you _____² to do aerobics if it causes bleeding. You _____³ want to try swimming, or something gentle like that.

Marian I know. I _____⁴ buy myself a swimming costume. Another thing is, I can't get comfortable at night.

Nurse _____⁵ putting a pillow underneath you – that should help.

Marian OK – I'll try that. I'm also a bit worried about these stretch marks on my tummy.

Nurse I _____⁶ rub cream or oil into it – that's very good for stretch marks.

Marian Oh, right. I'll get some today.

- 5 Underline the correct modal verb in these sentences.

- Are you saying that giving up smoking *should* / *can* / *must* improve our chances of having a baby?
- May* / *Must* / *Can* the epileptic drugs I'm taking affect the baby if I get pregnant?
- Are there things I *can* / *ought to* / *may* be careful about during the first few weeks of pregnancy?
- Can't* / *Mustn't* / *Shouldn't* the baby be lying the other way round?
- Do we *have to* / *ought to* / *need to* give up smoking and drinking then if we want to try for a baby?
- Can't* / *Must* / *Should* I see a specialist? Isn't it possible?
- Do I *must* / *need to* / *should* have my baby in hospital? Can't I have it at home?
- The doctor says I *can* / *must* / *should* rest for a couple of days. There is no alternative.
- You think it *must* / *needs to* be to do with my blood pressure?
- Can't* / *Shouldn't* / *Mustn't* I just have one or two drinks during the pregnancy?

6. Look at the statements above and categorize them as: *conclusion, persuasion, expectation, possibility, necessity, obligation, permission*. There may be more than one answer

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Speaking

USEFUL EXPRESSIONS

Do you think I *should* ...? Are you saying I / we ...?
Can't I (just) ...? Do I / we *have to* ...?
Do you think it *must* ...? Shouldn't I / we ...?
Can I ...?

USEFUL EXPRESSIONS FOR THE DOCTOR

If you *want to* ...
you can ...
you need to / *it should* ...
you are going to have to ...
[*smoking*] *affects* [*egg production* / *sperm*]

7. Read the text on STD's and find the words which are described in the definitions below:

- A substance that is excreted from an organ. _____
- To 'acquire' or 'catch' an infection/disease _____
- Any physical contact between two individuals involving stimulation of the genital organs _____
- The occurrence of infection with a particular disease/ a sudden start of a disease _____
- Perceptible to the eye, can be seen _____
- A synonym for "clap" _____
- The part of an organ in your body that opens and closes to keep liquid/blood flowing in the right direction _____
- The primary sore of syphilis, occurring at the site of entry of the infection _____
- The part of the body where the lower abdomen and the inner thigh meet _____
- Any unicellular, usually oval, nucleated fungus; often used for baking and making beer _____
- A synonym for "myomas" _____