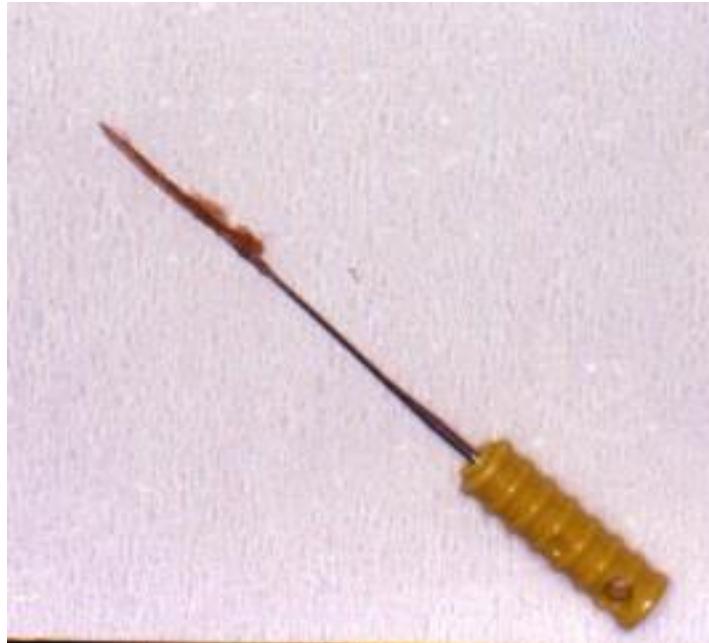


# Pulpextractor



Soft wire  
Prickles like harpune  
Insertion  
Rotation  
Exstirpation

# Canal shaping

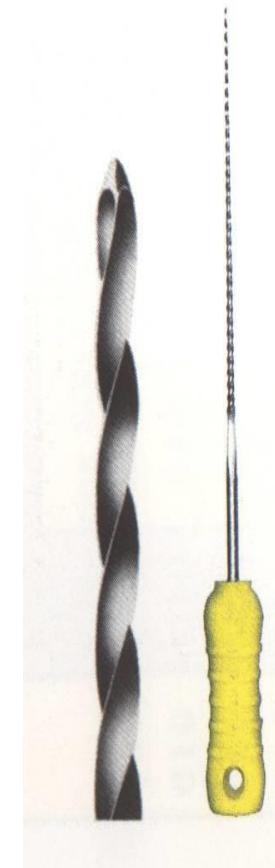
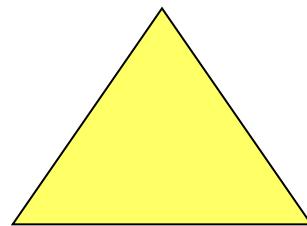
- Reamers (penetration)
- Files ( shaping)

# Reamer

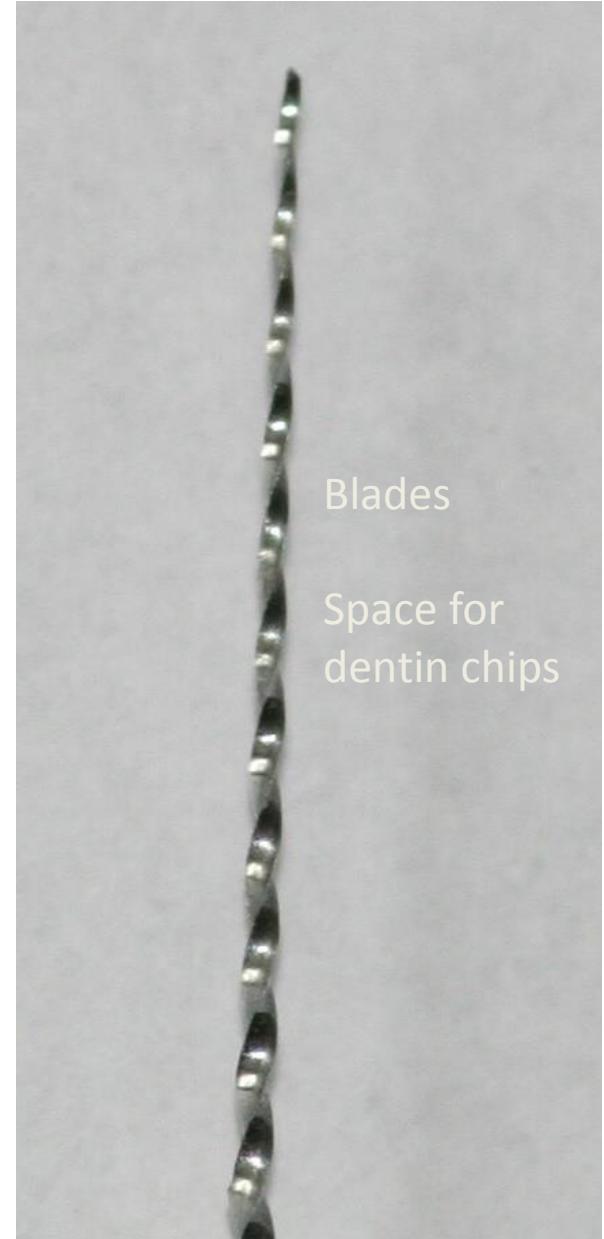
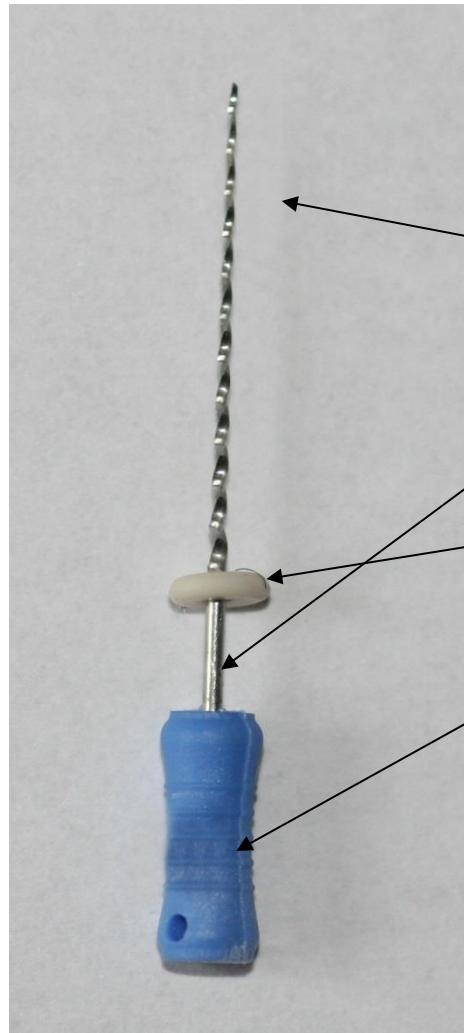
**K -reamer**

**Triangl or square wire spun**

**Symbol**



# Reamer

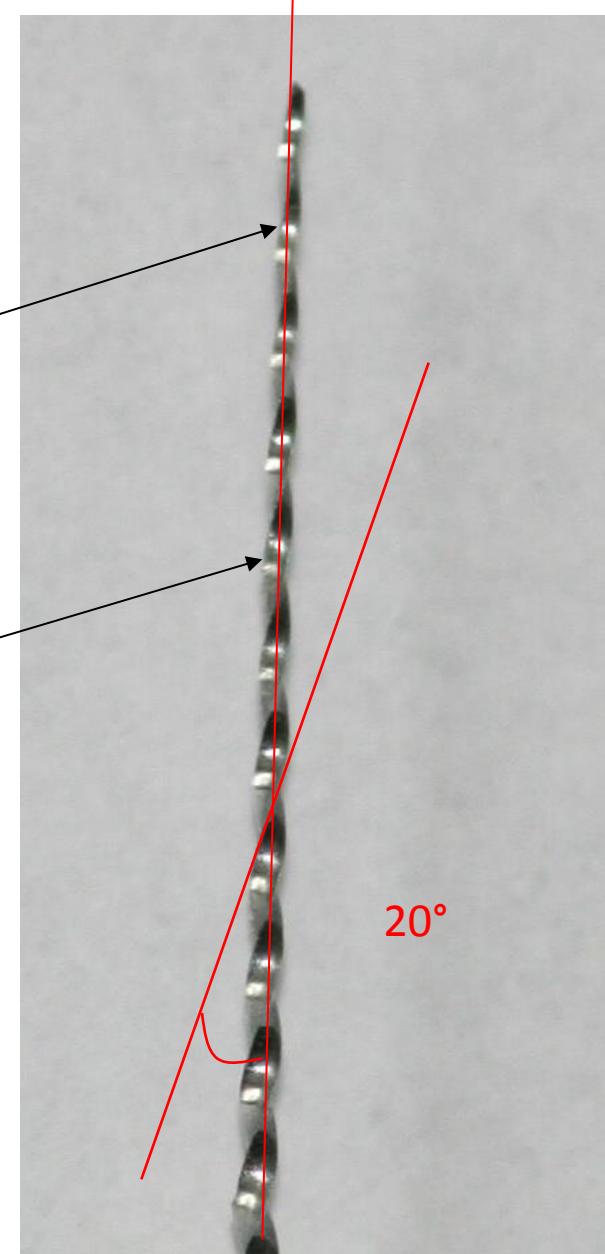


# Reamer

Blades

Space for dentin chips

***Rotation – reaming action - penetration***



# Reamer

**Rotation (clockwise) – penetration**

**Application of plastic material  
(counterclockwise)**

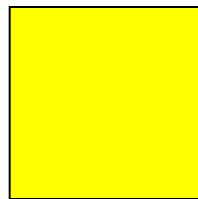
# Files

- 1. K-file**
- 2. K-flexofile, flexicut, flex-R**
- 3. K-flex**
- 4. H-file, S-file**

# K file

Wire triangl or square

Symbol is always square

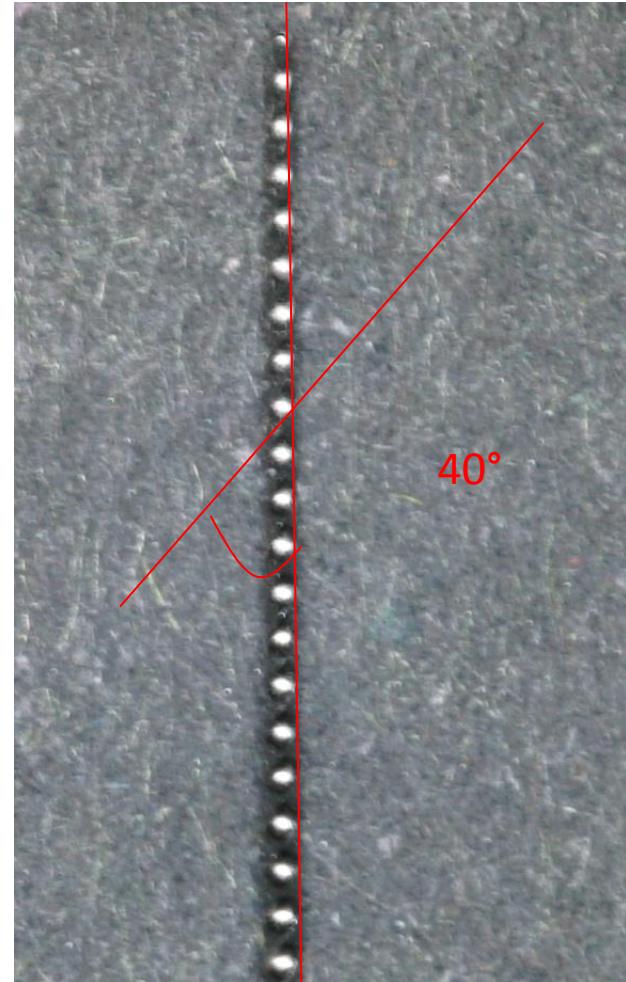


# K-file

*Filing*

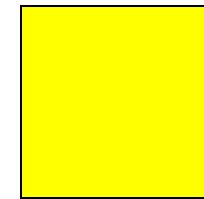
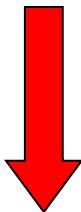
*Also rotation*

$45^\circ - 90^\circ$



# K-flexofile, flexicut, flex-R

- Triangle wire always

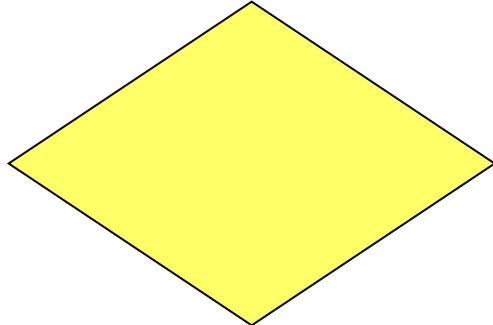


Flexibility

K- flexofile a flex – R file: non cutting tip and first blades are blunt

Like K-file

# K- flex



Rhombus

Two blades in action

Enough space for dentin chips

Flexibility, effifacy

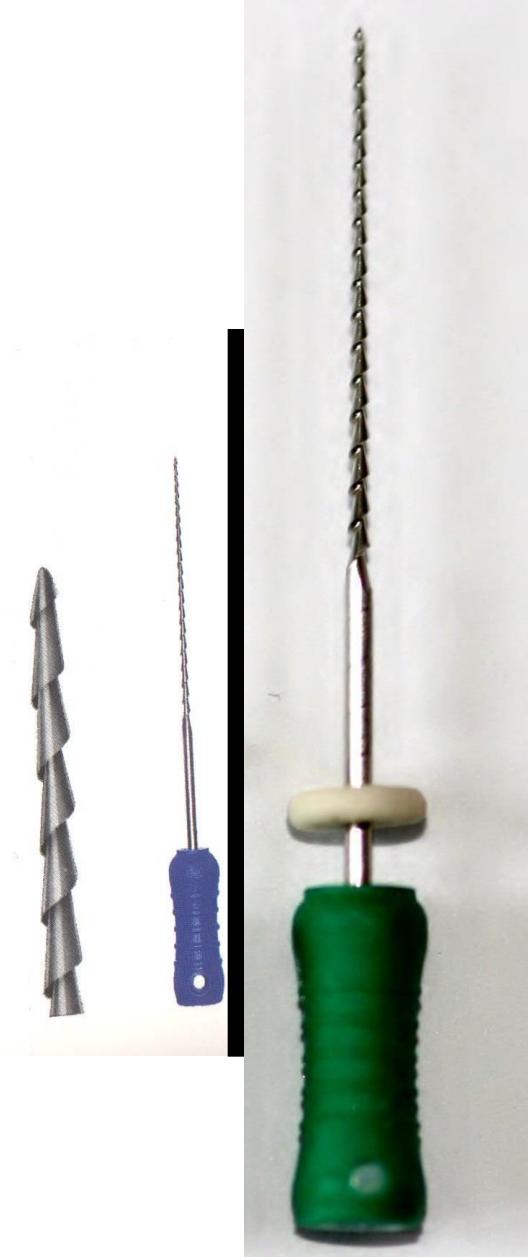
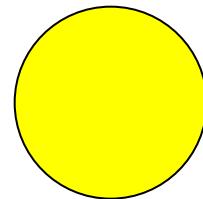
## **K-file a reamer: rozdíl**



H-file

= Hedstroem file

Ring

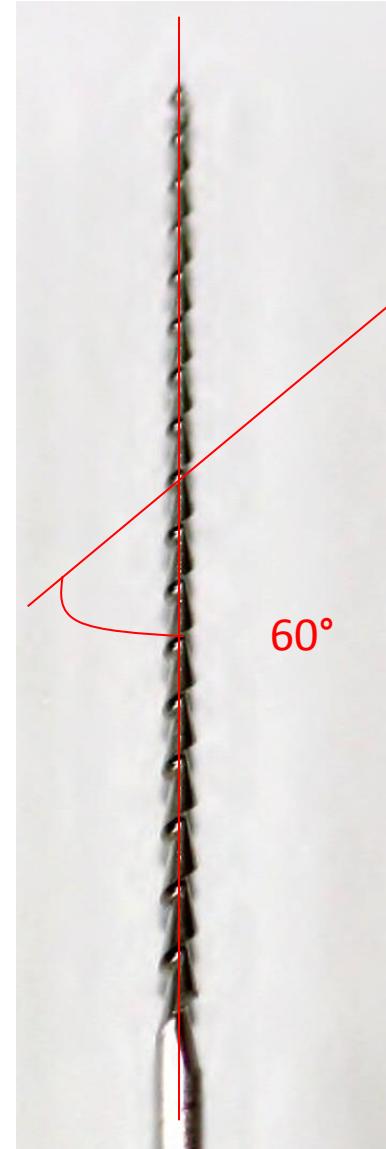
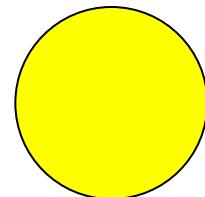


# H- file

No rotation!!

Pull motion only!!

Risk of breakage in small sizes



# ISO

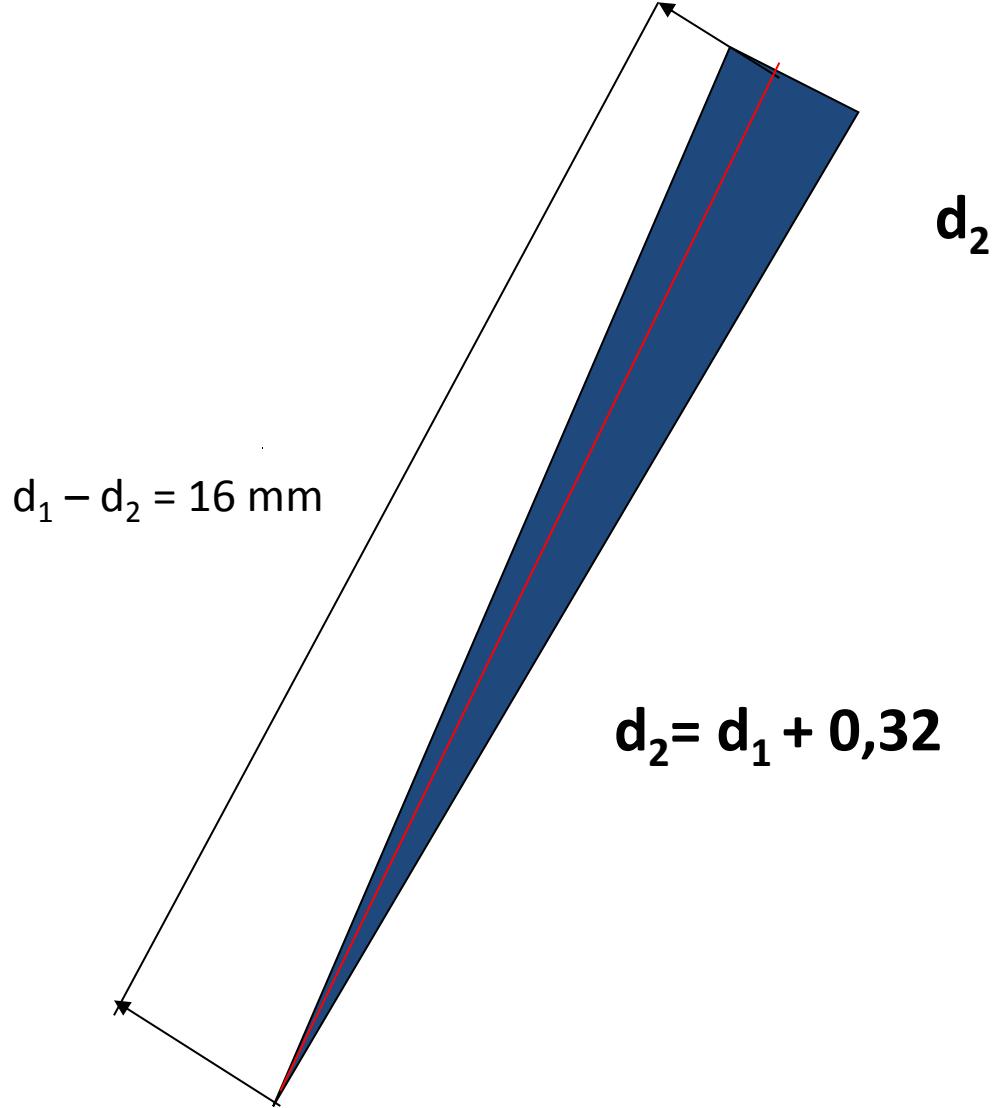
- Diameter of the tip
- Length of the cutting part
- Taper



<b>06</b>	
<b>08</b>	
<b>10</b>	
<b>15</b>	<b>45</b>
<b>20</b>	<b>50</b>
<b>25</b>	<b>55</b>
<b>30</b>	<b>60</b>
<b>35</b>	<b>70</b>
<b>40</b>	<b>80</b>

# ISO standard

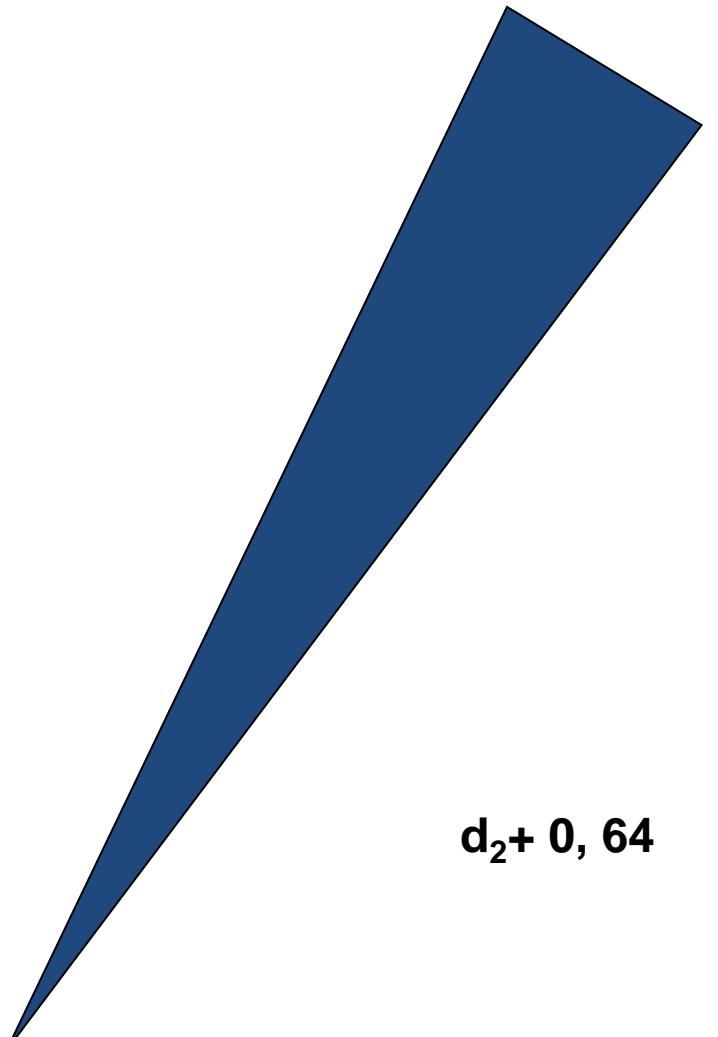
Size – diameter at the tip



lenka.roubalikova@tiscali.cz

0,02 mm na 1mm

Taper 2%



$d_2$

$d_2 + 0,64$

$d_1$

0,04mm na 1 mm

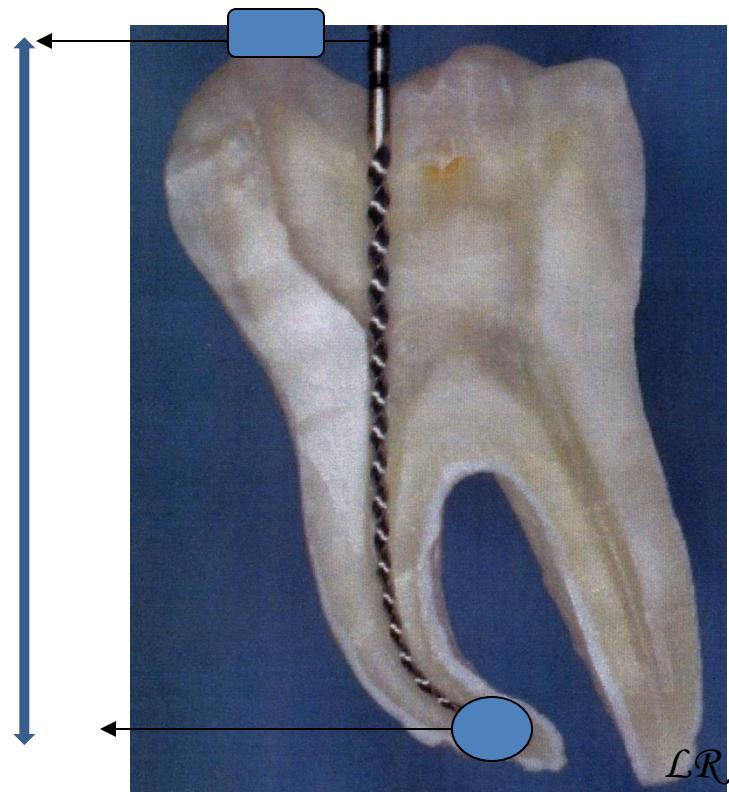
Kónus 4%

Initial flaring



# Working length

- Distance between the referential point and apical constriction
- Radiographically
- Apexlocators
- Combination



# Why apical constriction

- Small apical communication
- Minimal risk of damage of periodontium
- Prevention of overfilling
- Prevention of extrusion of infection
- Good decontamination
- Good condition for root canal filling

# Radiogram

X-ray with inserted root canal instrument

Safe length: average length of teeth reduced for  
2 – 3mm

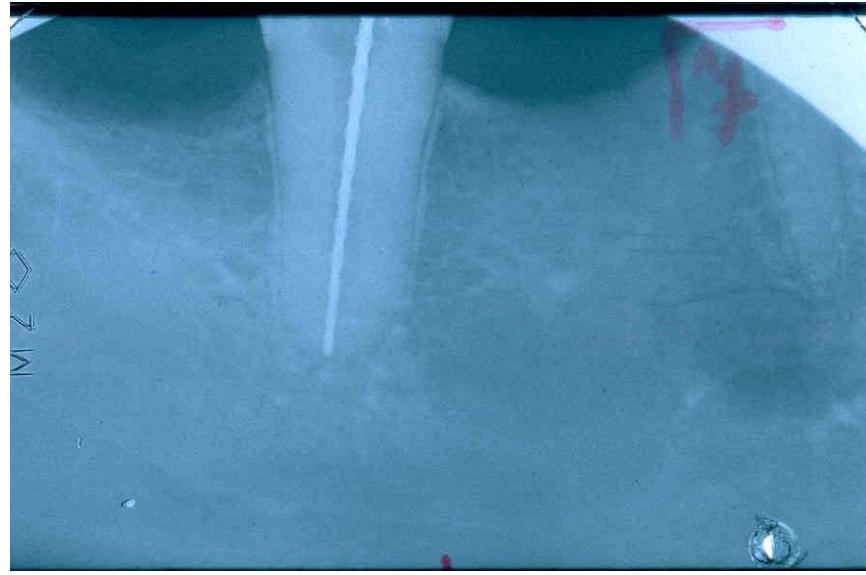
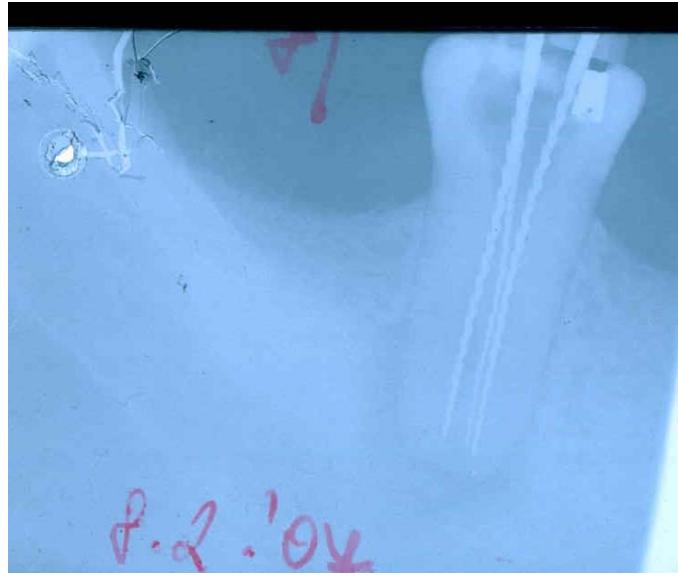
Tooth with clinical crown

# Procedure

- Instrument ISO 15 introduced into the root canal, stop at the referential point
- Estimation of location of apical constriction (1 – 1,5 mm distance from x-ray apex.

If difference in the radiogram more than 23 mm  
- repeat

If 2 mm or less – add to the safe length



# Safe length

- Maxilla:

I1 20

I2 18

C22-24

P20

M 18 mkk,20 P

# Safe length

- Mandible

| 18

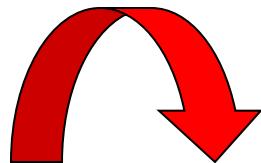
C20 -22

P18

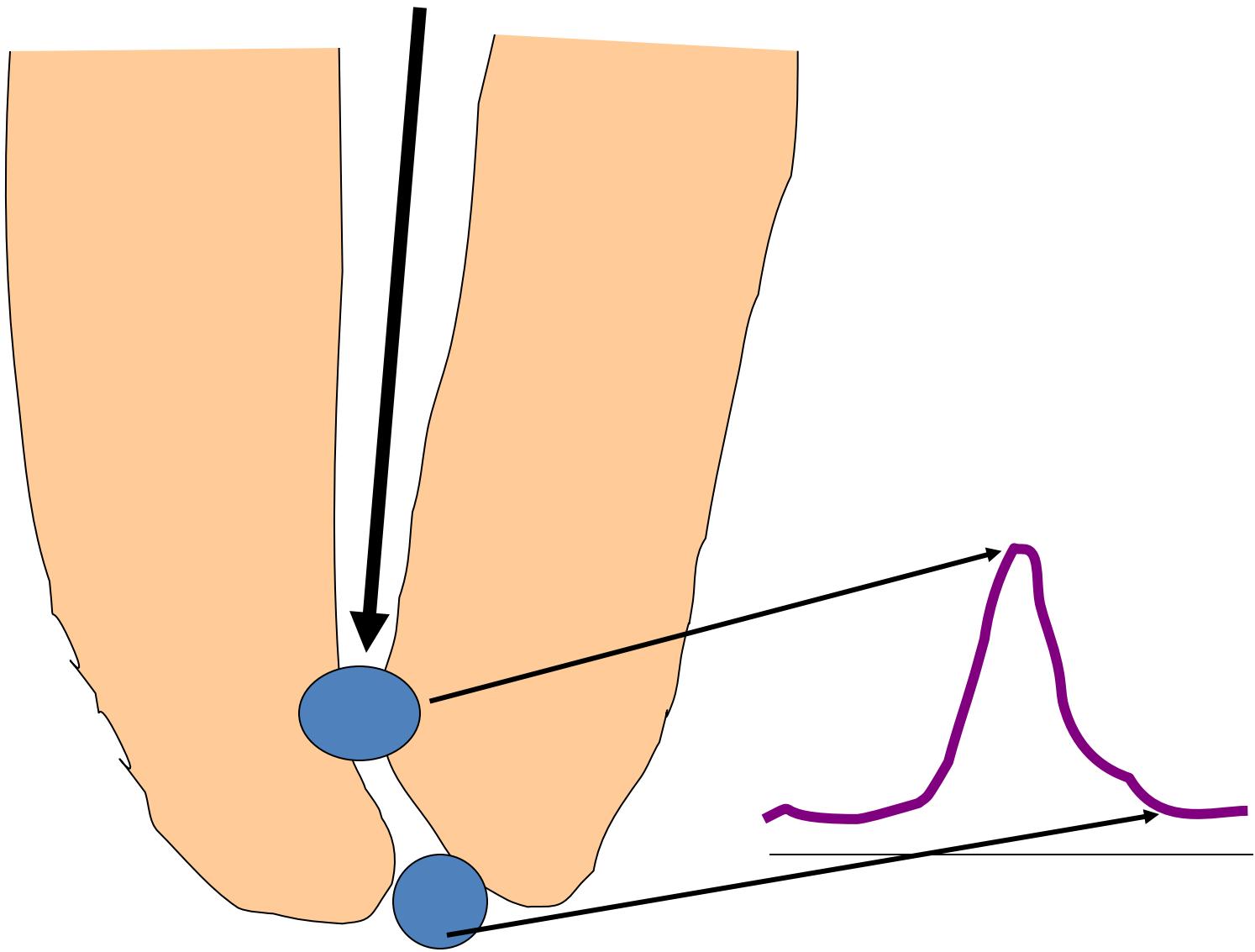
M18

# Endometry, odontometry

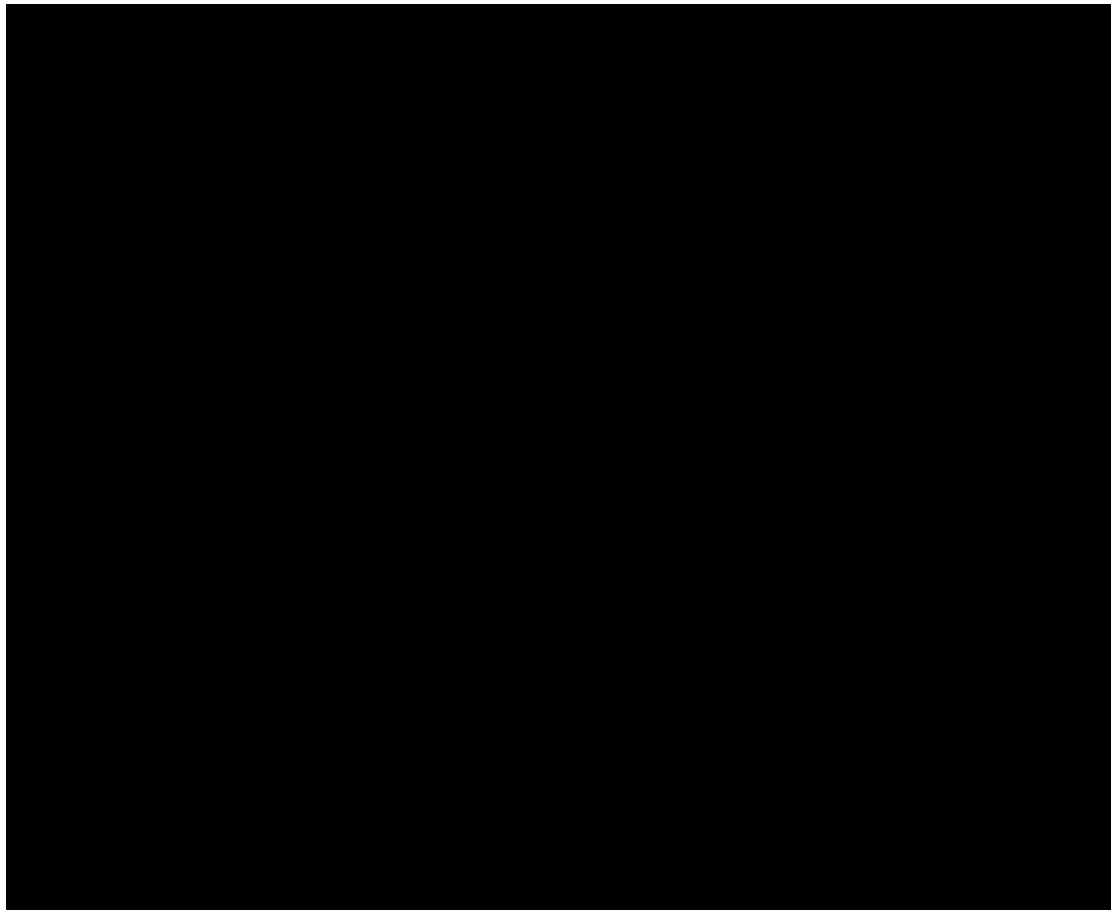
- Endometry

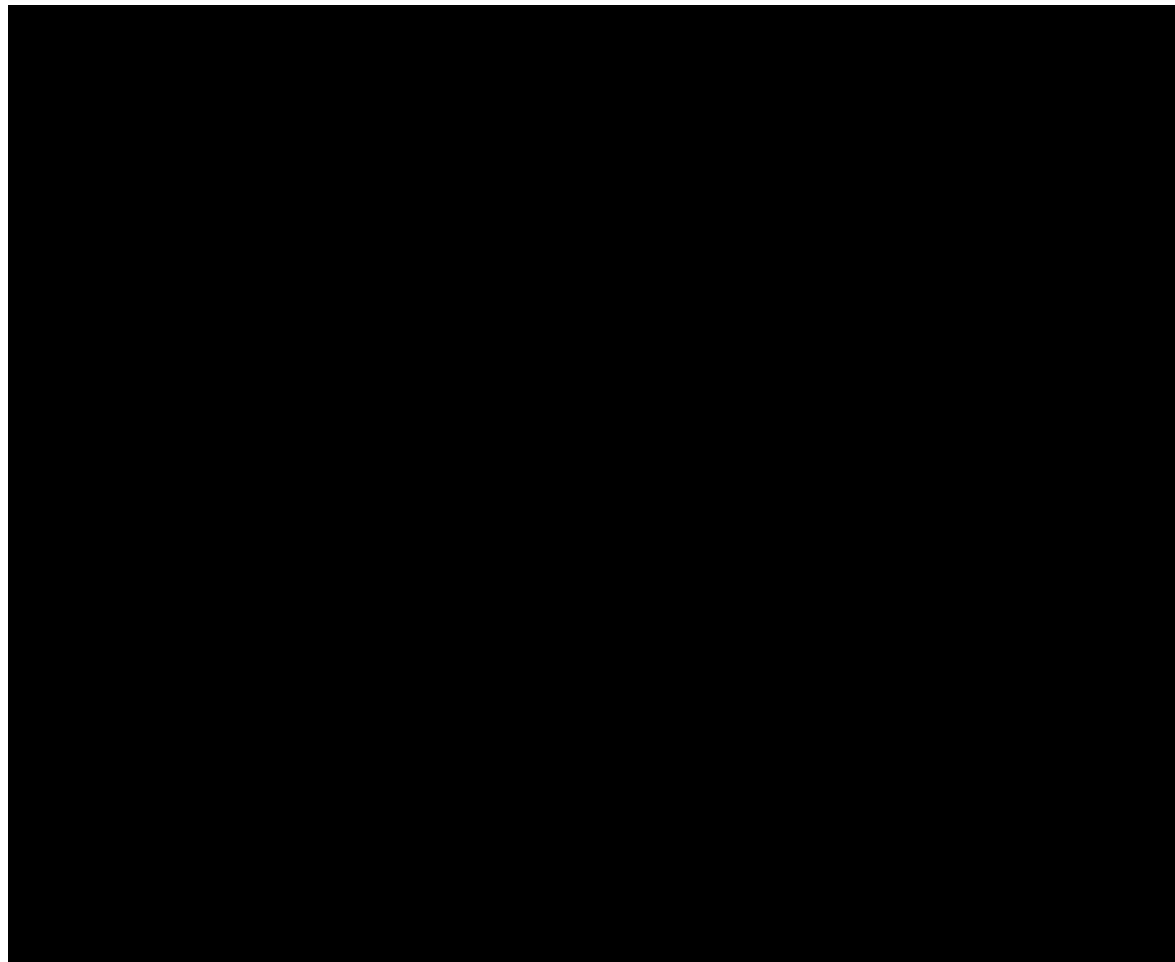


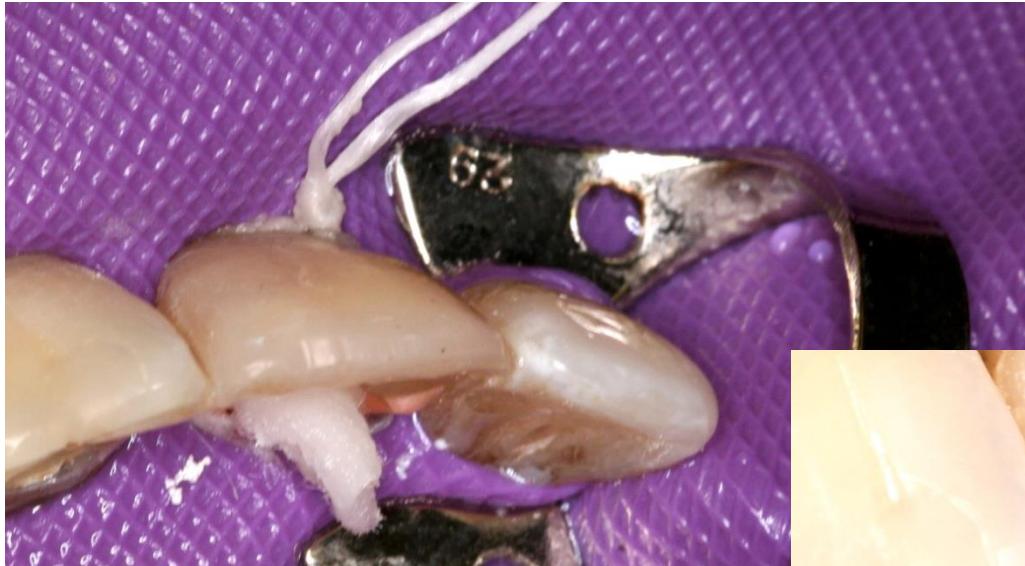
**edevice based on measurement of electrical resistance**



$\mathcal{LR}$





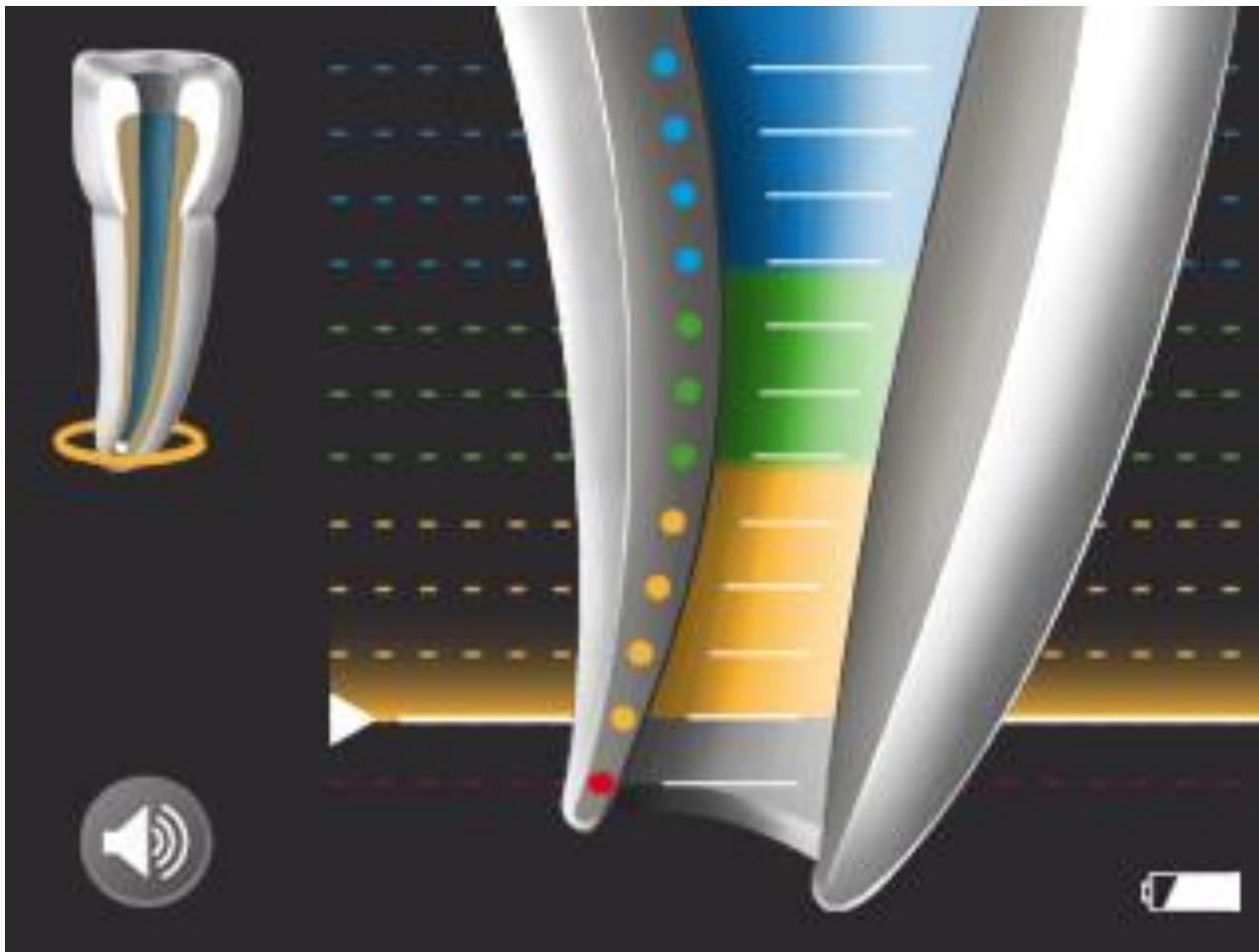


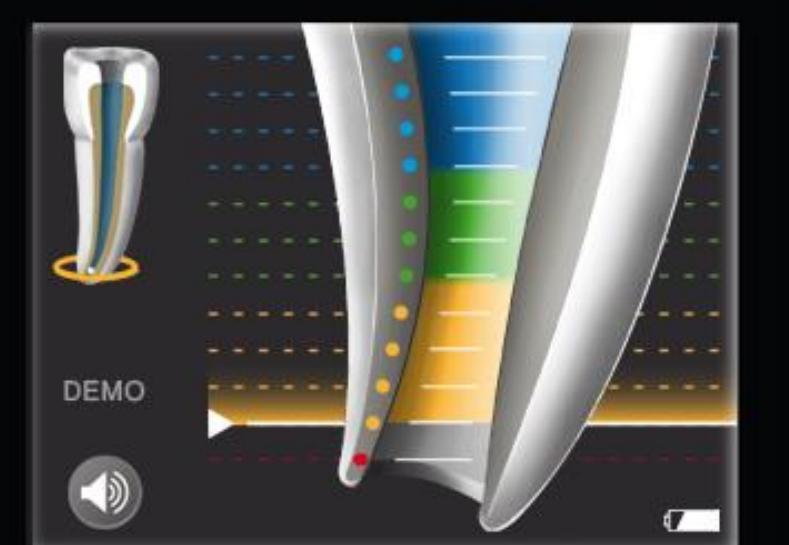
LR

# RAYPEX® 6



# Měření – apikální zoom

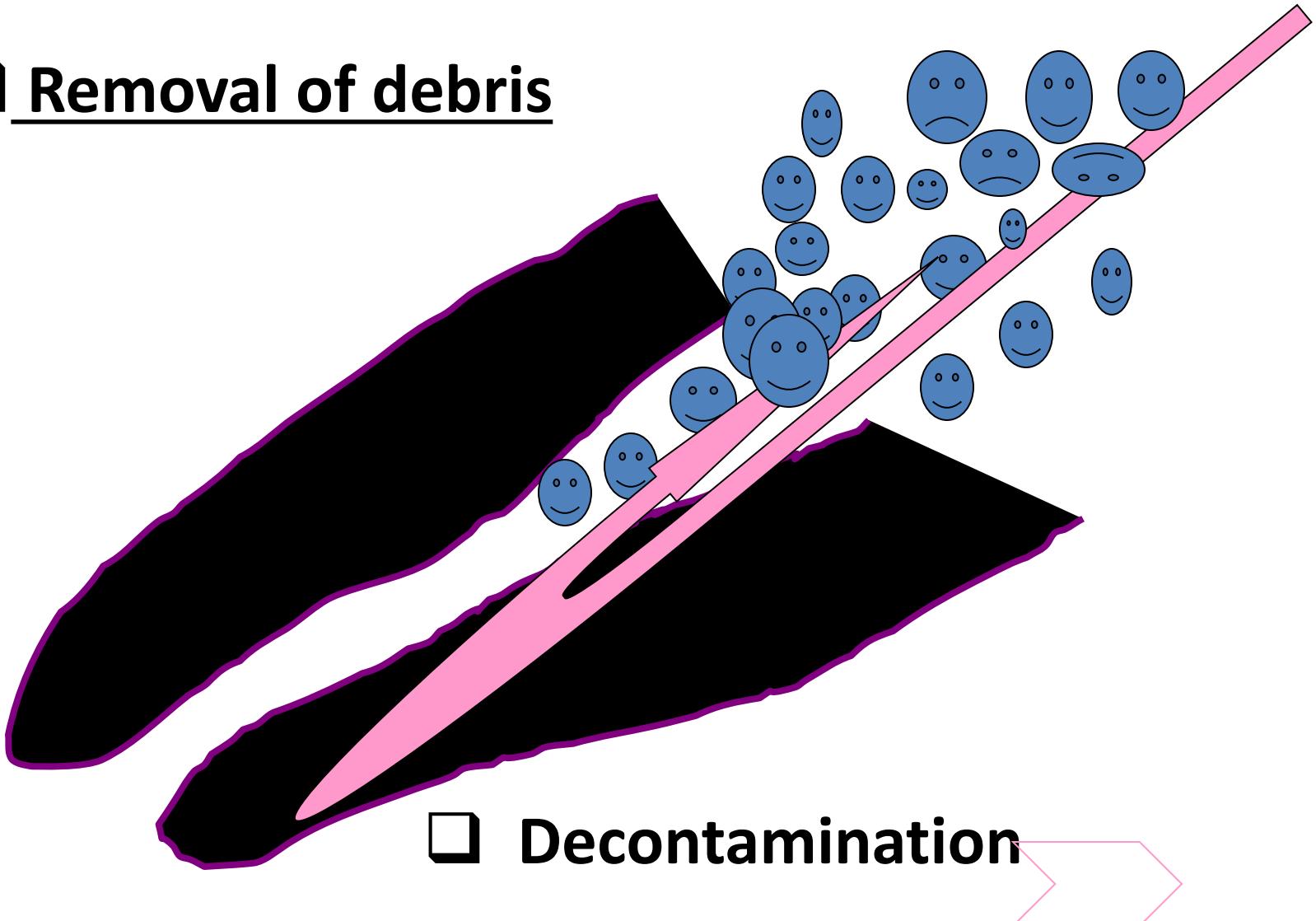




RAYPEX® 6

# Irrigation

Removal of debris

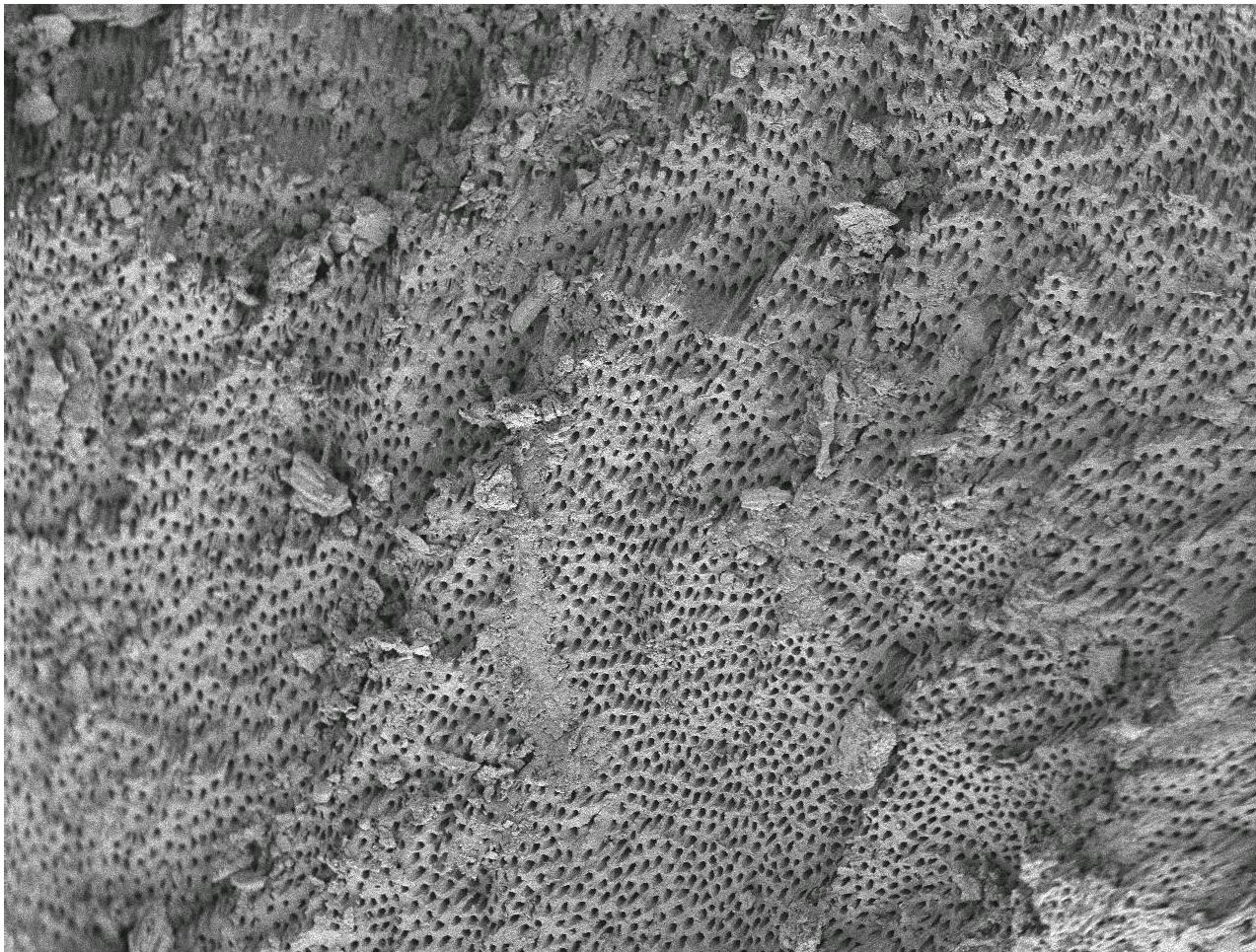


Decontamination

# Irrigants

- Sodium hypochlorite (1,5 – 5,5%)
- Chlorhexidin (0,12% - 0,2%)
- EDTA – etyléndiaminotetraacetic acid 17%





ISI

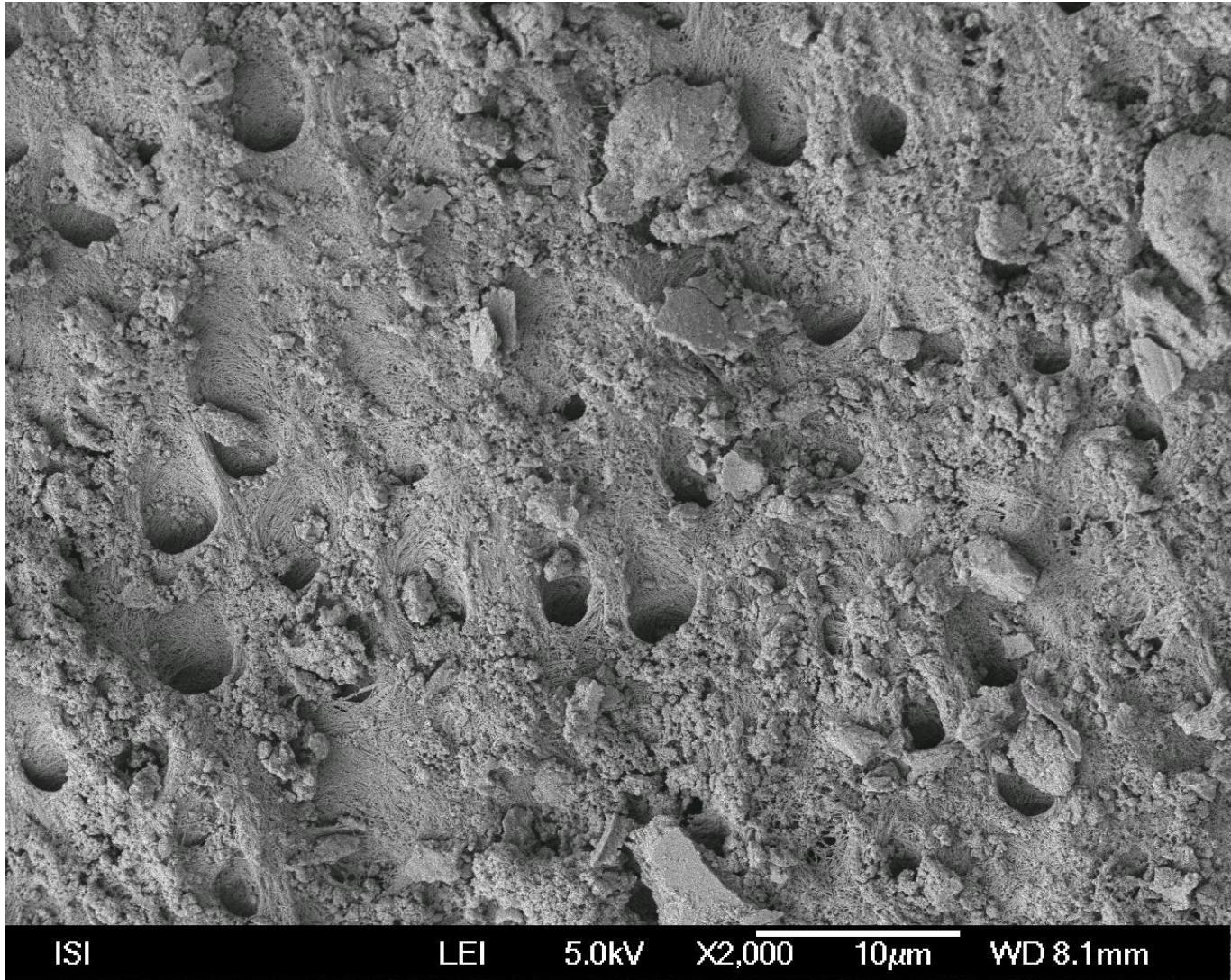
LEI

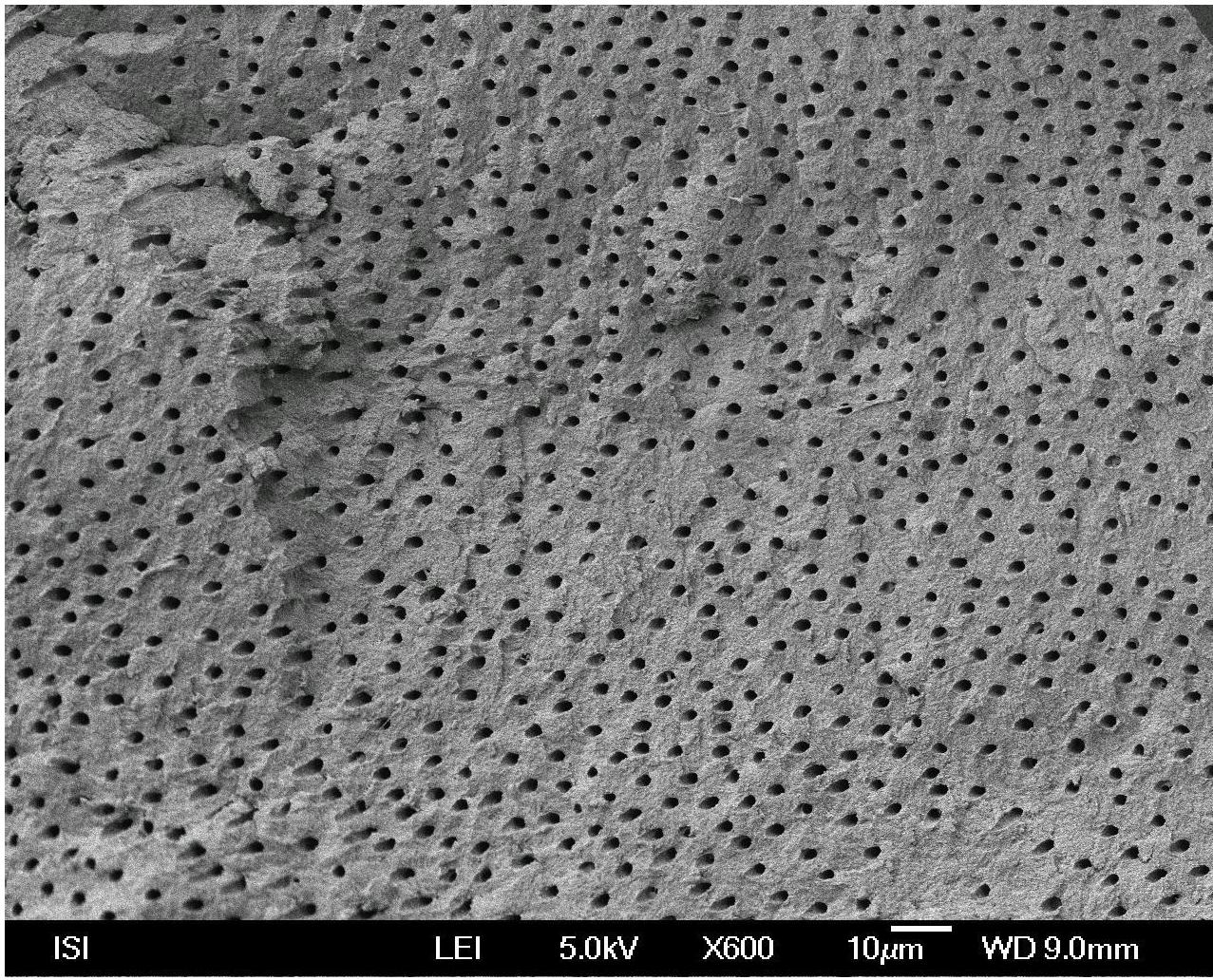
5.0kV

X300

10 $\mu$ m

WD 7.8mm





# Irrigants

- Sodiumhypochlorite

2 – 6%

- Oxidation a chloration
- Dissolving efect
- Bad smell, irritant.

# Syringe and cannula

- B
- N



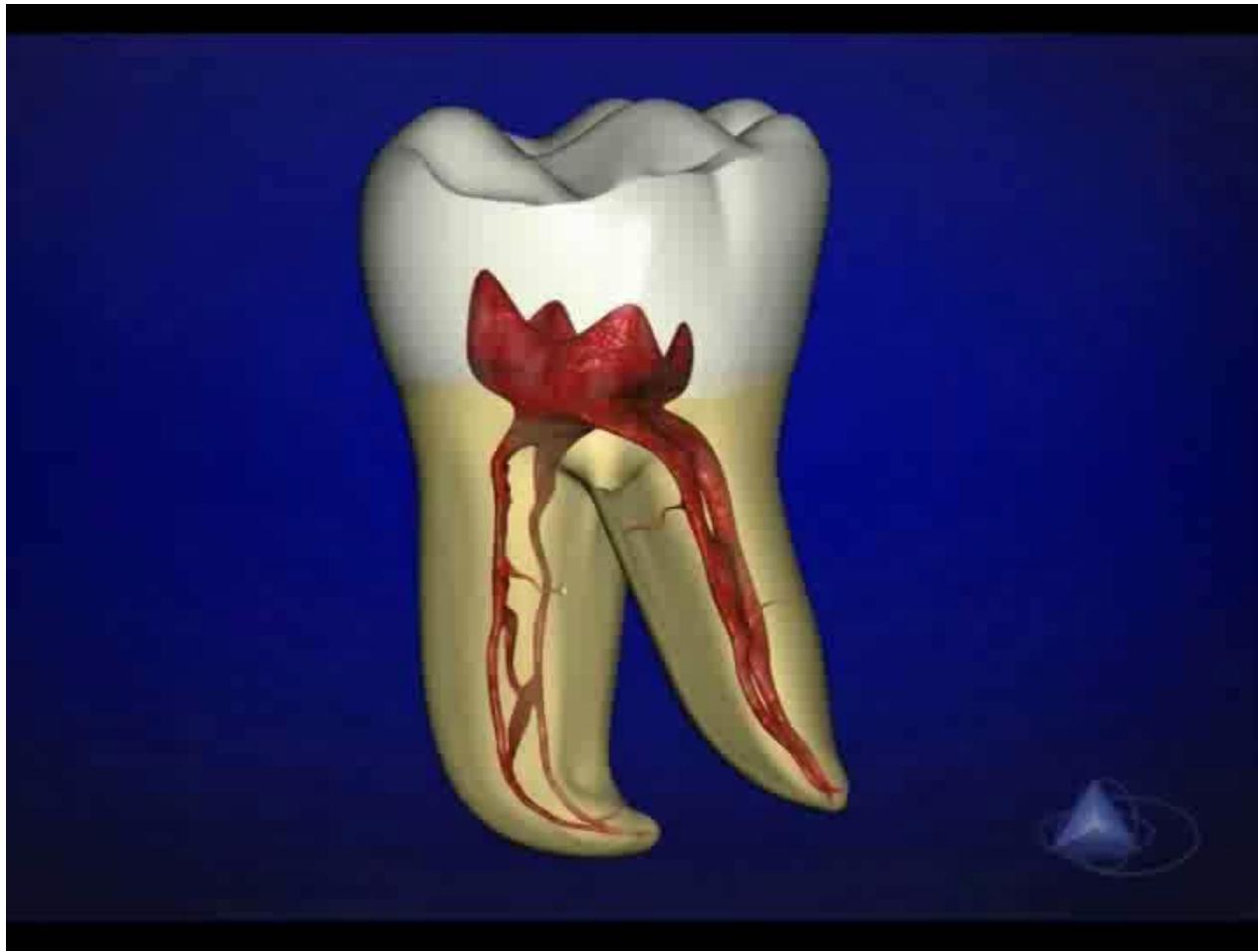
# Activation of irrigation

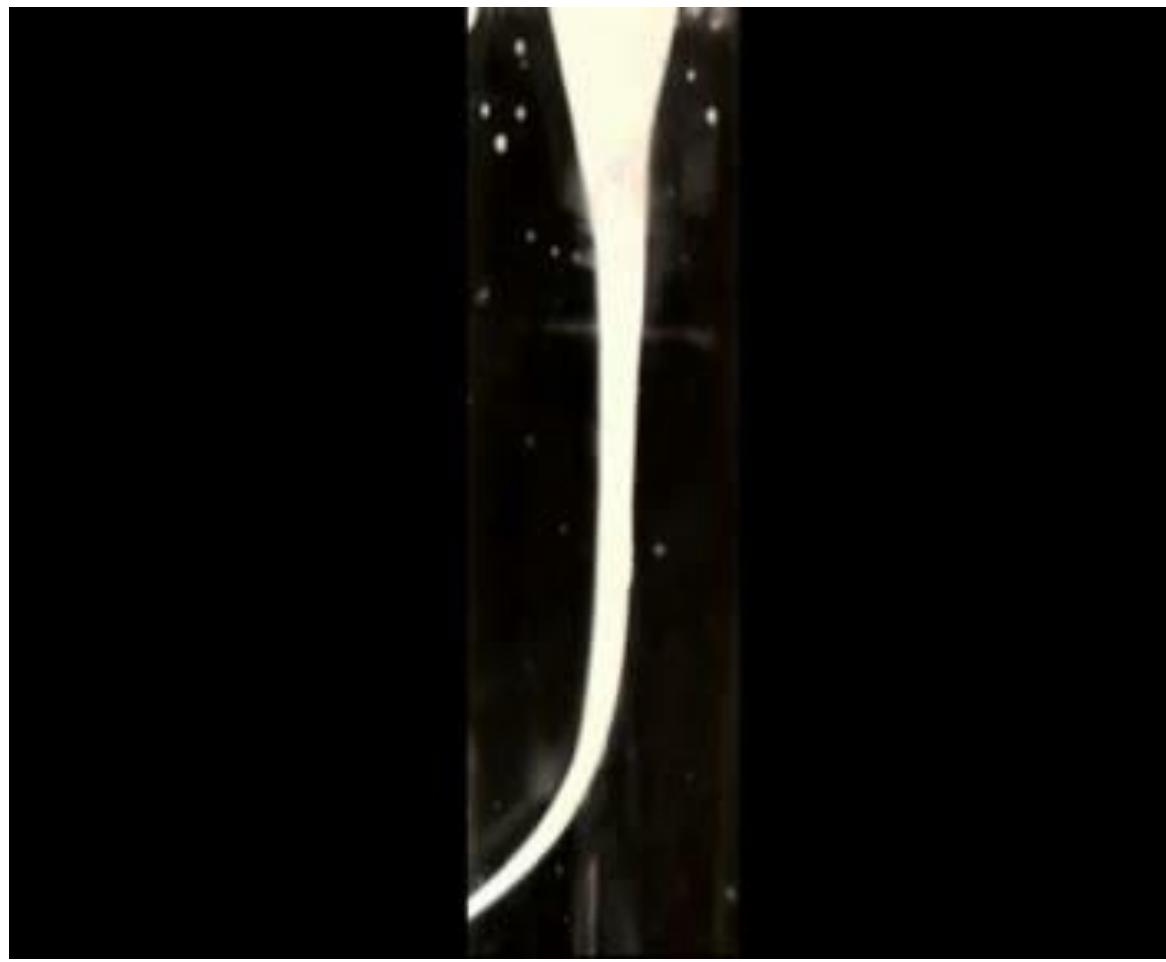
- Increased effectivity

Vibration

Increasing of temperature

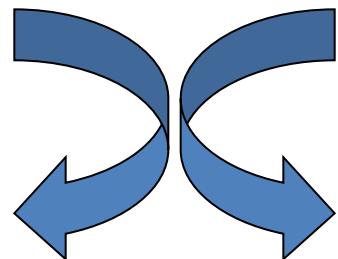
Decomposition of irrigants - dissociation





# Shaping techniques

- Rotation – 45°

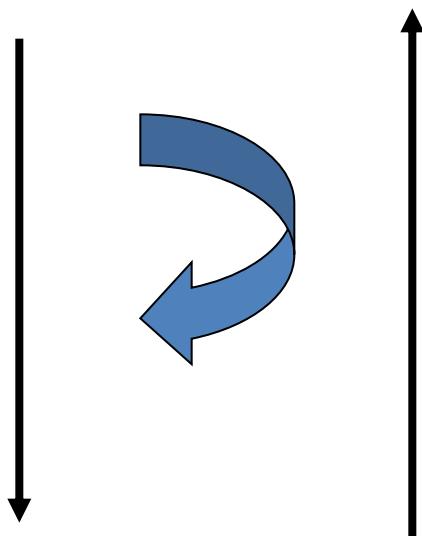


K – reamer

K- file

# Shaping techniques

- Rotate 45° pressure and pull motion

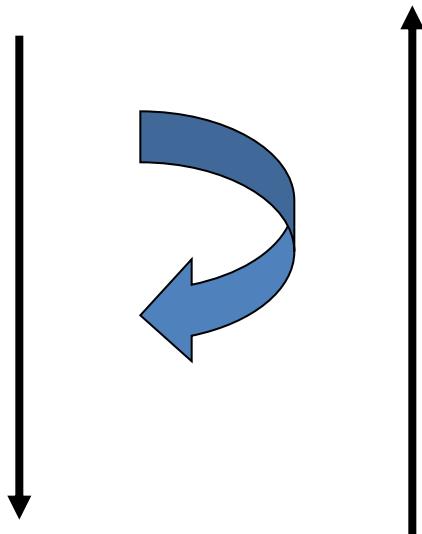


K – reamer  
K- file

*Risk of ledging  
Zip, elbow effect  
Via falsa*

# Shaping techniques

- Filing



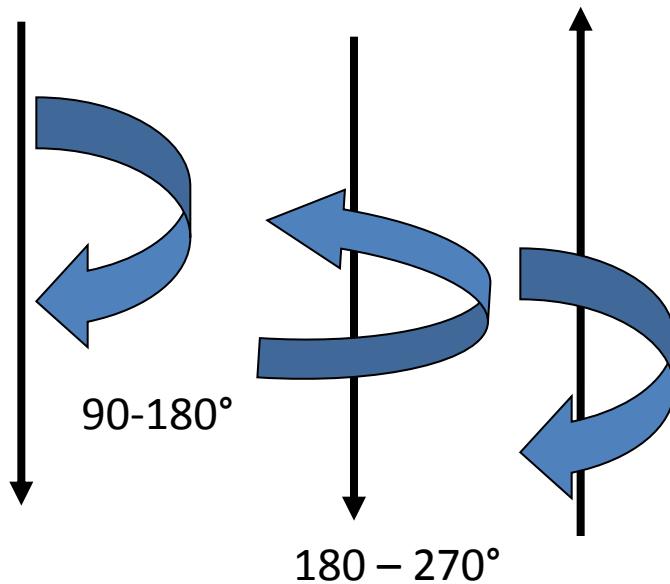
H- file

K – file

*Risk of periapical infection  
Risk of plug*

# Shaping techniques

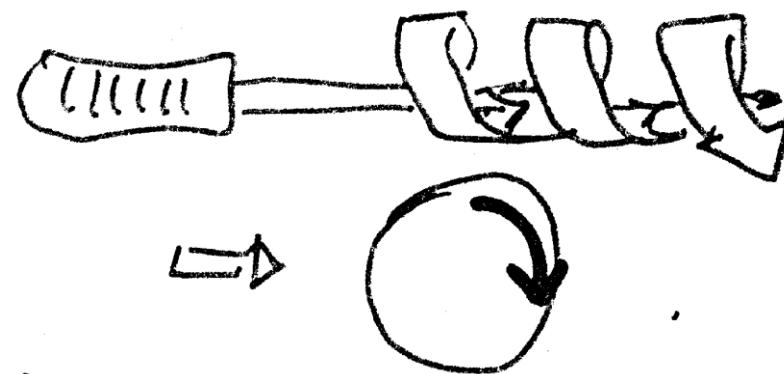
- Balanced force



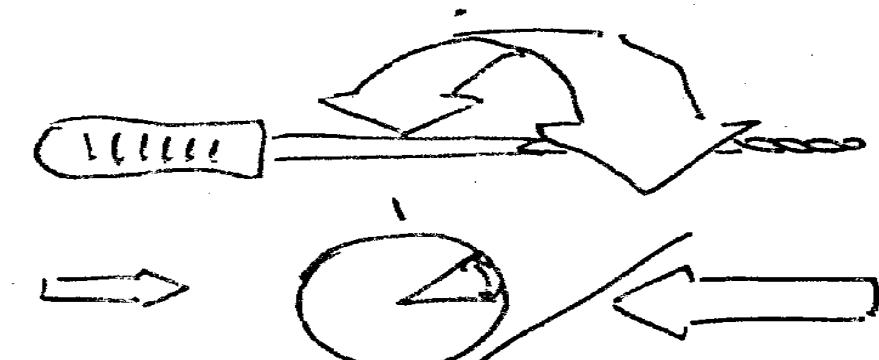
K- flexofile

K – file (?)

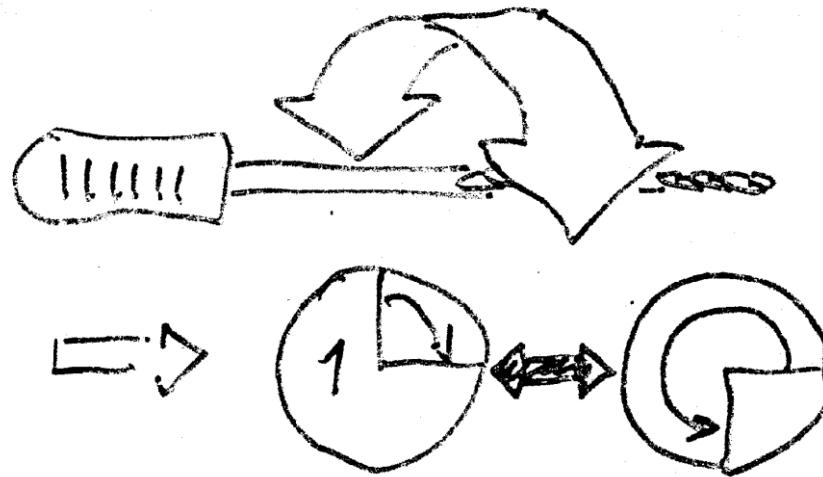
# Reaming



# Filing



# Balance forced technique



# Methods of shaping

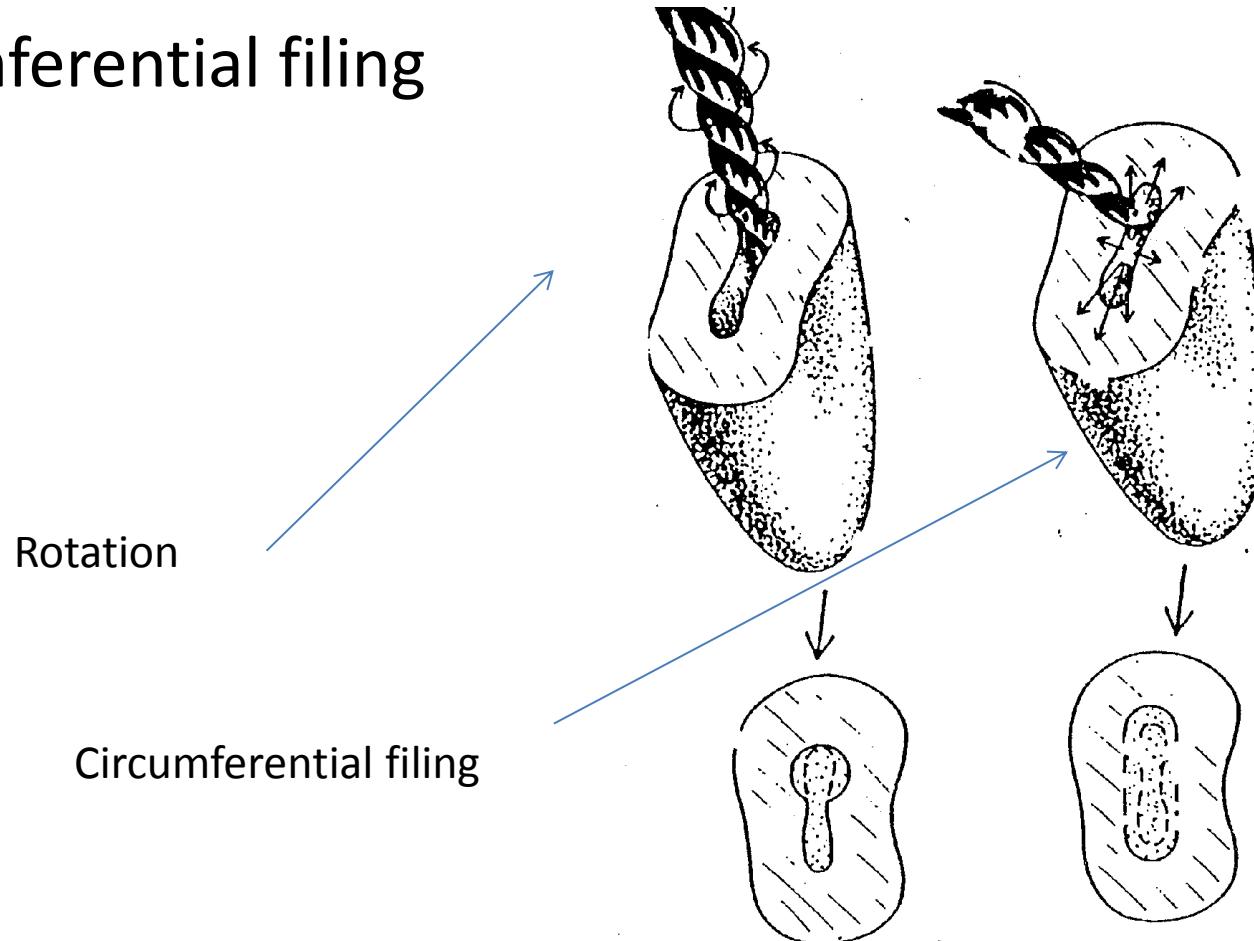
- Rotation and filing combined

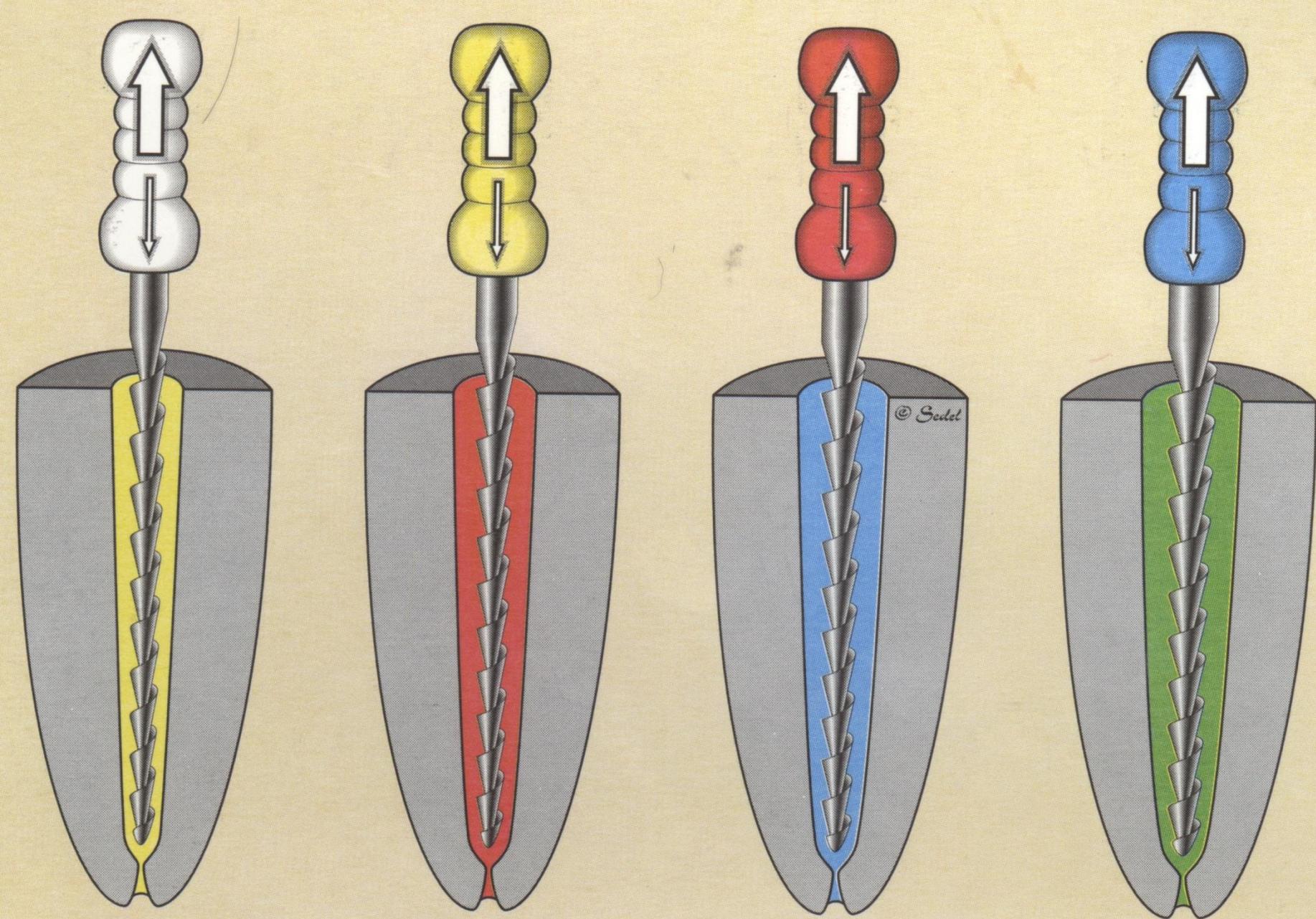
K - reamer

H- file

# Methods of shaping

- Circumferential filing





# Methods of shaping

- Combination of rotation and filing

Start with rotation

Finishing with filing

Suitable for straight root canals

# Methods of shaping

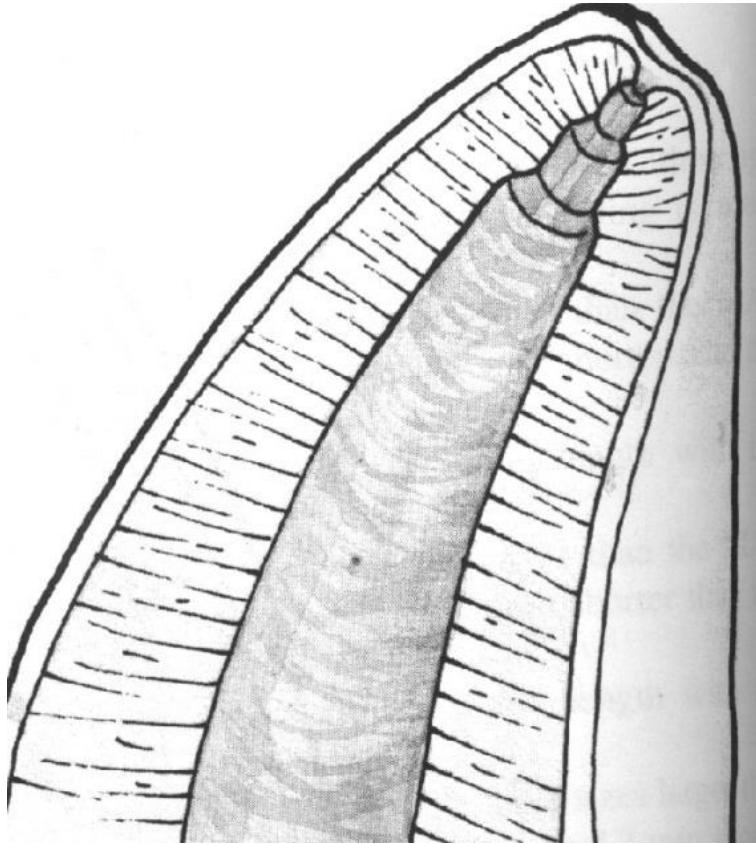
- Step back method

Increasing size with decreasing length.

Insertion of root canal instrument – WL

Next – 1 mm shorter

...



Taper  
Final flaring with  
the smallest instrument

H- File nebo K - Flexofile.

# Method modified double flaerd

- I. Opening of root canal

- Coronal third

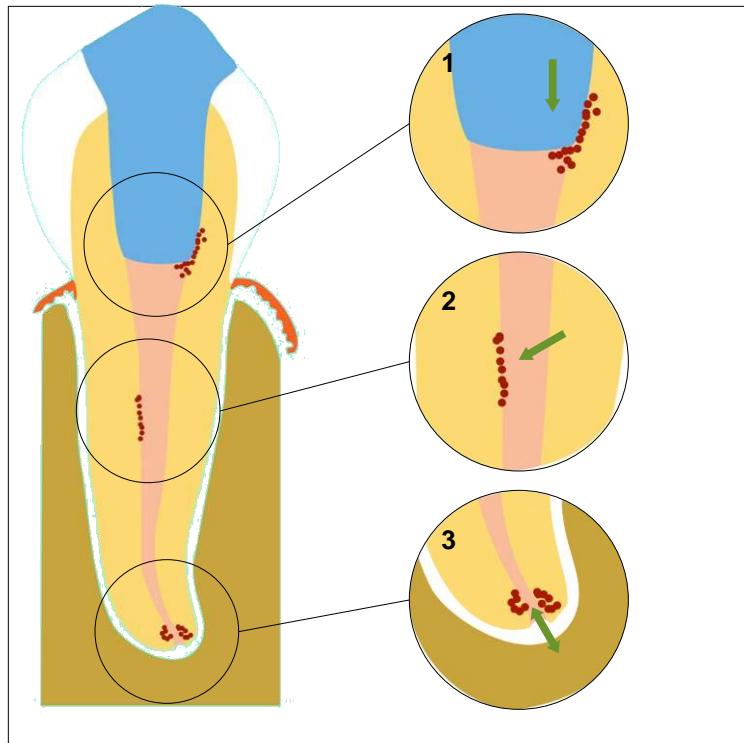
- II. Apical preparation

Cathetrization, measurement, shaping till ISO 30 – 35 balanced force. Master file – MAF (till WL)

- III. Step back

- Final flaring (MAF)

# Root canal filling



**Good coronal,  
Middle  
Apical seal.**

Quality guidelines for endodontic treatment,  
European Society of Endodontontology (ESE), 1994

# **Ideal root canal filling (Grossman 1988)**

- 1. Easy mixing**
- 2. Sufficient working time**
- 3. Good seal**
- 4. X-ray contrast**
- 5. Easy removal**
- 6. No shrinkage**
- 7. Long term volume stability**
- 8. No bacterial growing**
- 9. No permeability for fluids**
- 10. Biocompatibility**
- 11. No staining**

# Classification of root canal fillings

- Solid
- Semisolid
- Pastes

# Guttapercha

Dried juice of the Taban tree (*Isonandra percha*)  
(gutta)

1,4 - polyisoprene

Crystallin structure (60%)

Brittle

# Guttapercha

- **Beta phase**
- **Alpha phase** 42 – 49 °C
  - plastic
  - **Gamma phase** 56 – 62° (amorfní)

## Cooling process

very slowly (less than 0,5°C) – alpha phase  
normal cooling – beta phase

# Composition of guttapercha materials in endodontic

Guttapercha 19% – 22%

Zinc oxide 59 - 79%

Heavy metal salts 1% - 7%

Wax or resin 1% - 4%

# Resilon (Pentron)

- Thermoplastic synthetic polymer
- Points or material for injection

*Composition:*

*Polyester polymers*

*Bioactive glass*

*Radioopaque fillers (bismuthum oxichlorid a and baryum sulphate)*

# Silver or titanium cones

- No good seal
- Silver cones - corrosion

# Sealers

**Chemically curing materials**  
**(their consistency is paste, cements)**

*Good adhesion to root canal walls as well as solid cones*

*X-ray contrast*

*Biocompatibility*

# Sealers

## Importance

*Filling of the spaces between the solid cones*



*Seal of the root canal filling*

# Sealers

Zinc Oxide-Eugenol

Chloropercha

Calciumhydroxide

Resins

Glasionomer

Silicone

# Zinc - Oxid Eugenol

Powder:

Zinc oxide

Liquid:

Eugenol

Acidic resins

Good adhesivity, antimicrobial effect, cytotoxicity?

Resorbable, no compatible with adhesive materials)

# Zink Oxid Eugenol sealers

Pulp Canal Sealer (Kerr, USA))

Tubuli- Seal (Kerr, USA)

Caryosan (Spofa Dental, ČR)

# Chloropercha

Powder

Canadian balsam

Resins

Guttapercha

Zinc oxide

Liquid:

Chloroform

Resins

# Chloropercha

## Vlastnosti:

Good adhesivity

Shrinkage

Toxicity

# Calciumhydroxide sealers

Base ( powder)

Calcium hydroxide

Zinc oxide

*Other components and vehicle*

# Calcium hydroxide sealers

Catalyst (paste)

Zinc stearat

Titanium dioxide

Baryum sulphate

or

Eugenol,. Eukalypt

Other components...

# Kalciumhydroxide sealers

- Increase of the healing potential of periapical tissues
- Antibacterial effect
- Easy manipulation

*But!*

*Resorbable if not homogeneous*

*Not suitable for the single cone technique*

# Resins

- Rezorcín formaldehyd (toxic, obsolete)
- Epoxide
- Polyketone
- Metacrylate

# Epoxide resin

➤ Base (powder, paste)

Bismuth oxid

Titanium dioxide

Hexamethylentetramine

(Silver)

➤ Catalyst (liquide, paste)

Bisphenoldiglycidylether

# Root canal filling

# Epoxid resin (*advantages*)

- Long working time
- Hydrophilic (good penetration)
- Good adhesion to the root canal walls
- Volume stability
- No dissolution
- Antibacterial

# Epoxid resins (disadvantages)

- Difficult removal
- Staining
- Initiatory toxicity

AH 26, AH Plus, 2 Seal



# Polyketone

➤ Base

Zinc oxide

Bismuth phosphate

Hexamethylentetramine

➤ Liquid

Bisphenolglycidylether and other components

# Polyketon resins

Advantages

Good adhesion

No contraction

No dissolution

Disadvantages

High stickness

Not removable

Products: Diaket, Diaket A (3M ESPE)

# Methacrylate resins

Endo ReZ (Ultradent) – UDMA

For injection – single cone technique

Epiphany (Pentron)

Bis- GMA, etoxy bif- GMA, hydrophilic bifunctional methacrylates

Calcium hydroxide, baryum sulphate, baryum glass silica.

***Sealer in combination with Resilon***



# Glasionomer sealers

➤ Base (powder)

Aluminium silicate glass

➤ Liquid

Polyacrylic acid, polymaleic acid, tartaric acid

# Glasionomer sealers

## *(Advantages and disadvantages)*

### Advantages:

Curing under wet conditions, chemical bonding to hard dental tissues, no staining

### Disadvantages

Short working time, difficult removal,  
porous

### Products

Ketac Endo (3M ESPE), Endion (VOCO)

# Silicon based sealers

Polyvinylsiloxane (ev. in mixture with powdered guttapercha)

Biocompatibility

Hydrophilic

# Calcium hydroxide

- Alcaline
- Antibacterial
- Stimulation of hard tissue formation
- Haemostatic and antiphlogistic

# Calcium hydroxide

- Alcaline
- Antibacterial
- Stimulation of hard tissue formation
- Haemostatic and antiphlogistic

# Calcium hydroxide

Temporary root canal filling

Subbase

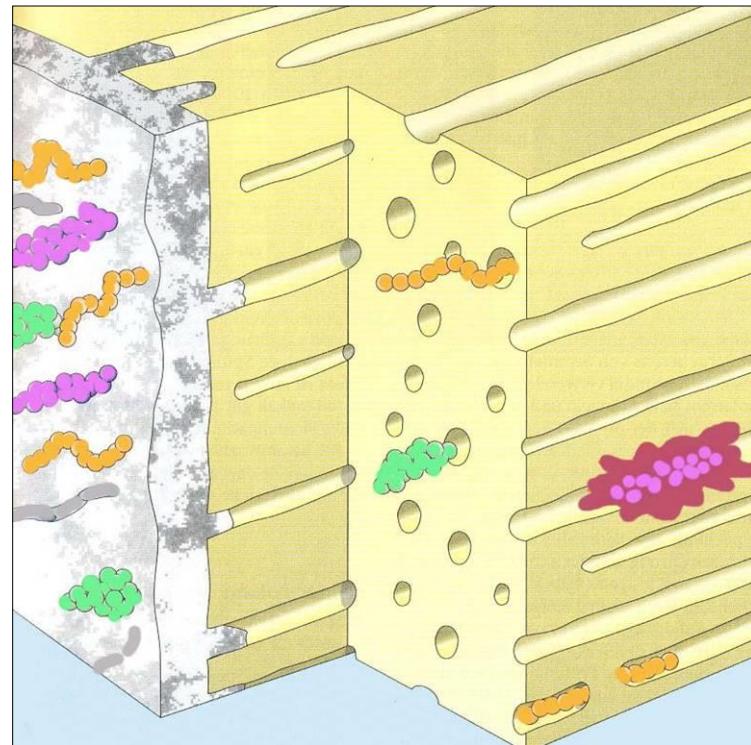
Component of sealers

# Mode of action

- Realease of hydroxyl ions
- Long term alkalinization
- Stimulation of hard tissues formation



# Dressing



# Calcium hydroxide

- Short term action

1 – 2 weeks

Desinfection, haemostasis

# Calcium hydroxide

- Midle term action

2 – 3 months

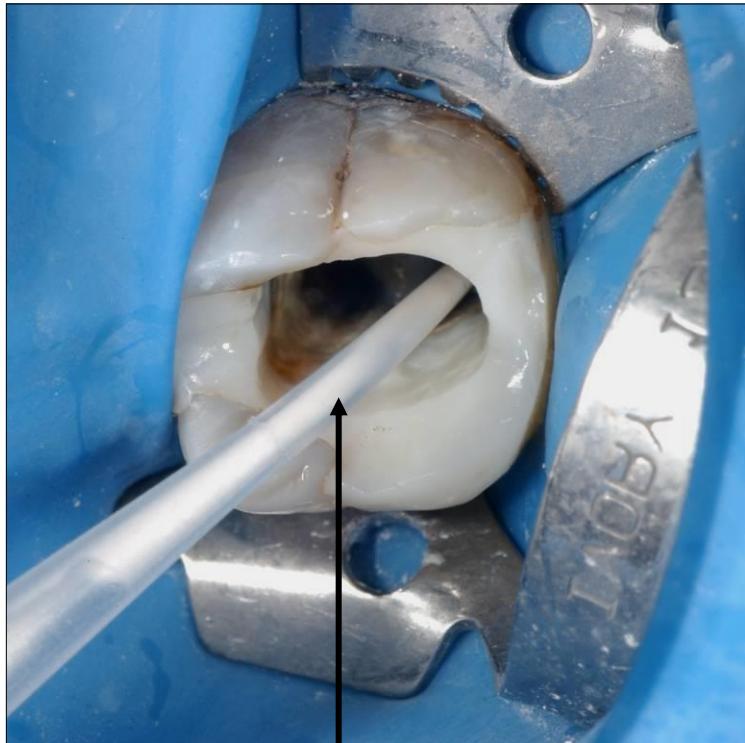
Apexification

Chronic form of apical periodontitis

# Calcium hydroxide

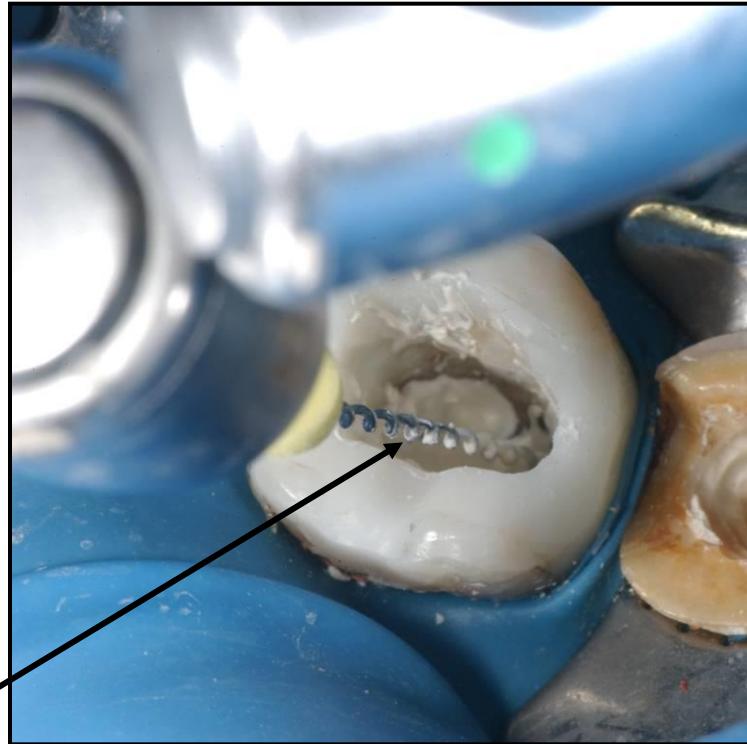
- Long term action  
3 months and more

Prevention of resprption



Magistraliter

The powder is mixed with distilled water



Lentule 2 mm less than WL !!!!!



Apexit® Plus

ApexCal®

# Instruments

- Paste carriers - lentulo
- Compactors
- Compactors - carriers
- Others

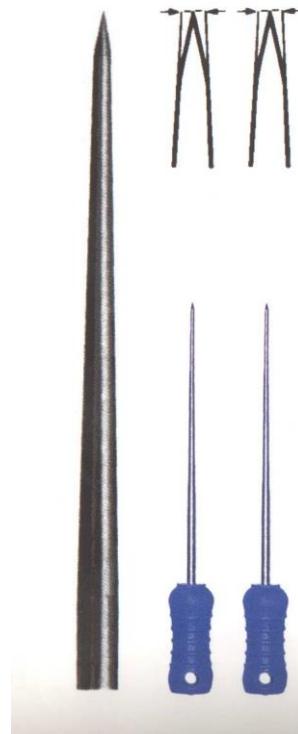
# Lentulo



- delivers pastes
- 1,5 – 2 mm ahead
- for sealers

# Compactors

## Spreader



Pointed

Vertical introduction

*Lateral compaction  
technique*  
(cold, warm)

# Compactors

## Pluggers



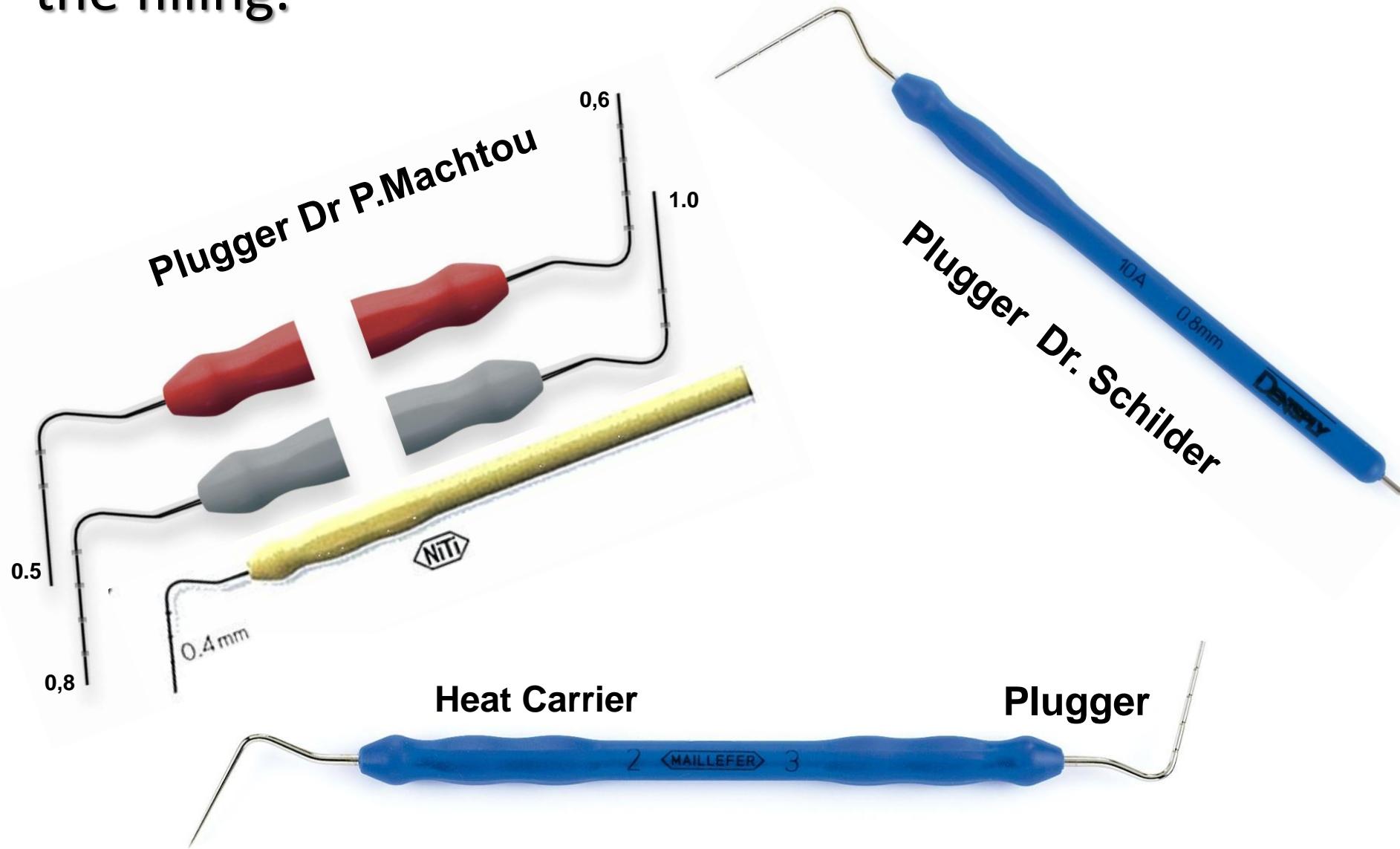
Not pointed

Vertical introduction

*Vertical - compaction*



# Use of a selected Plugger to ensure homogeneity of the filling.

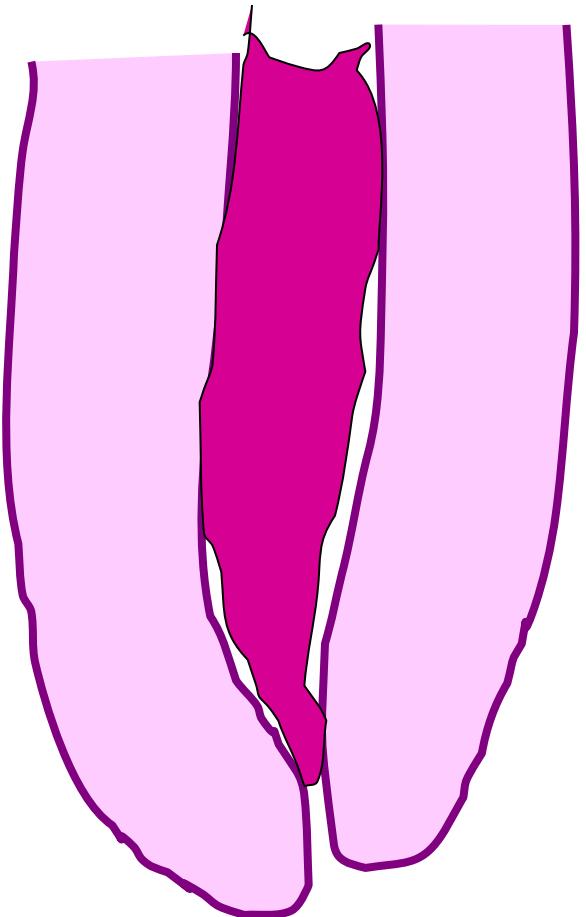


# Filling techniques

Cold

Warm

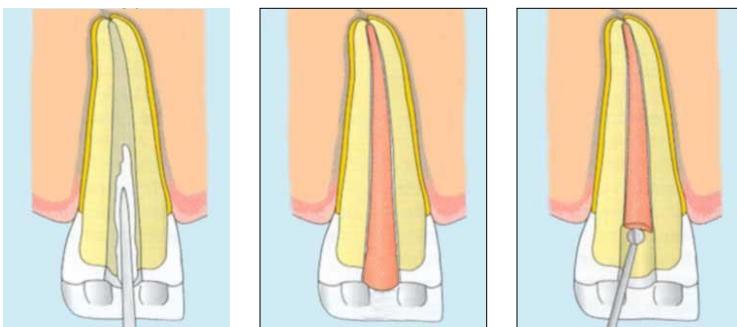
Paste only



**Shrinkage, difficult removal**

# Single cone technique

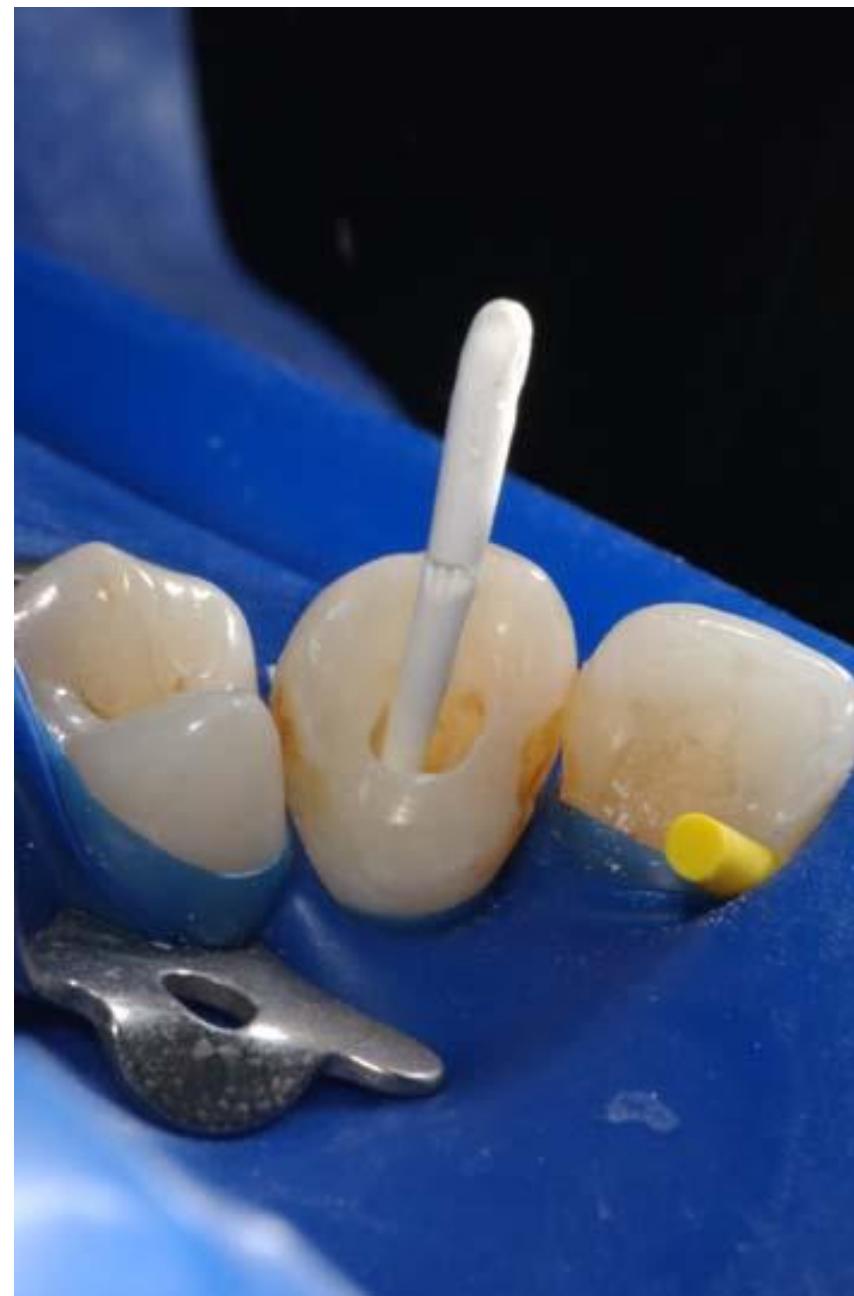
- Easy
- Fast
- Good control of WL
- Standard round preparation – risk of leakage



Wesselink, P.: Root filling techniques, Textbook of Endodontontology; p. 286-299,  
Blackwell Munksgaard 2003, Oxford

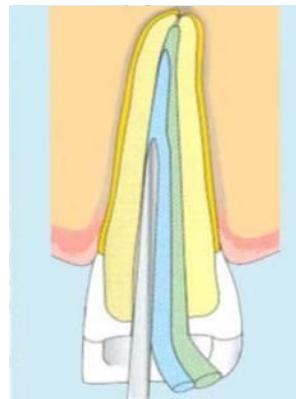
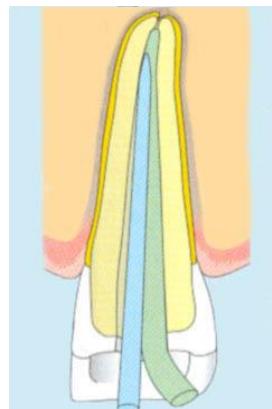
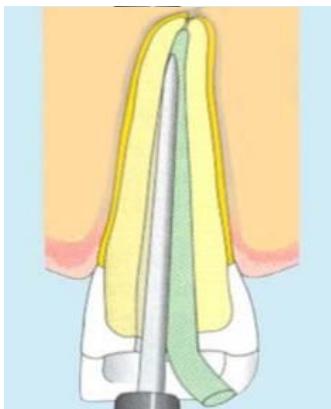


107

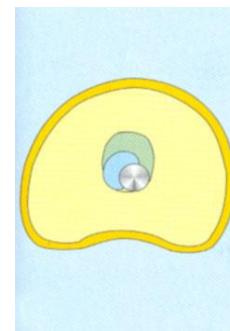
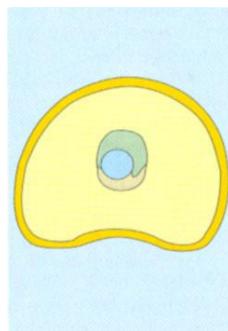
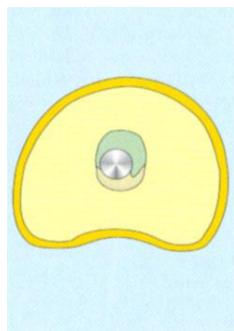


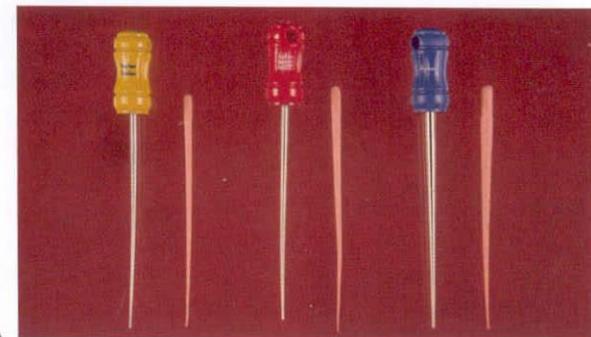
# Lateral compaction

- Standard cold technique

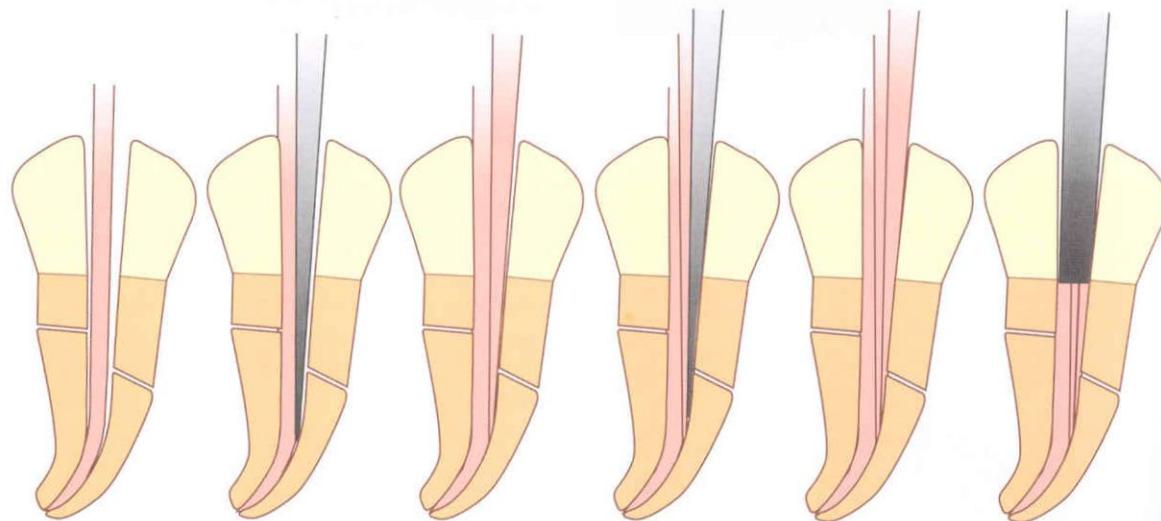


Good control of WL  
Risk of the root fracture



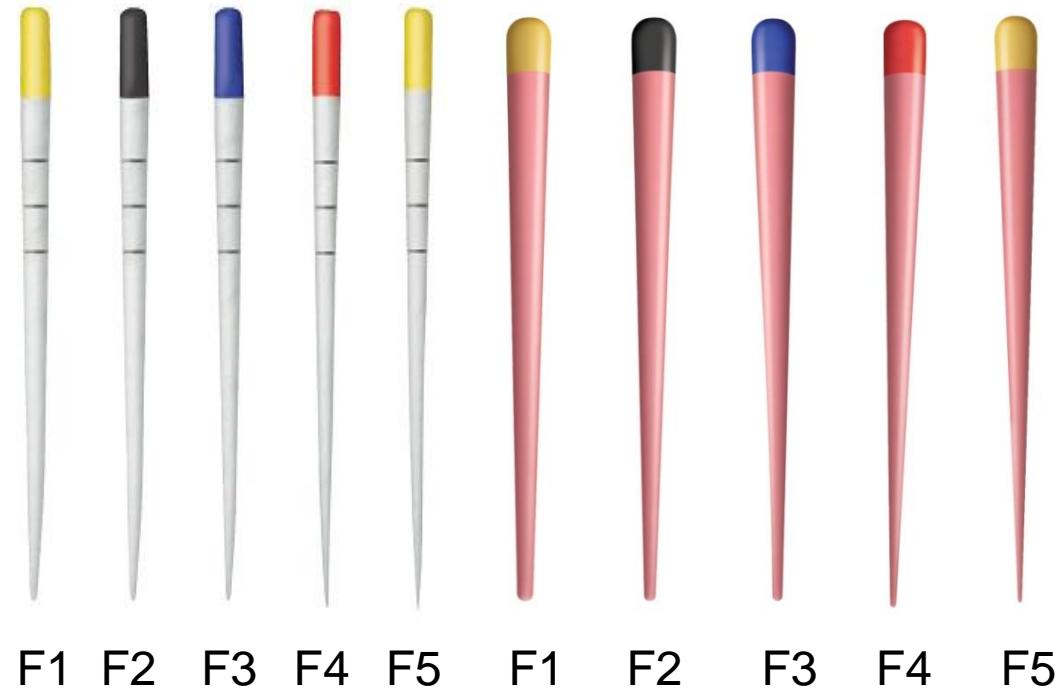


A



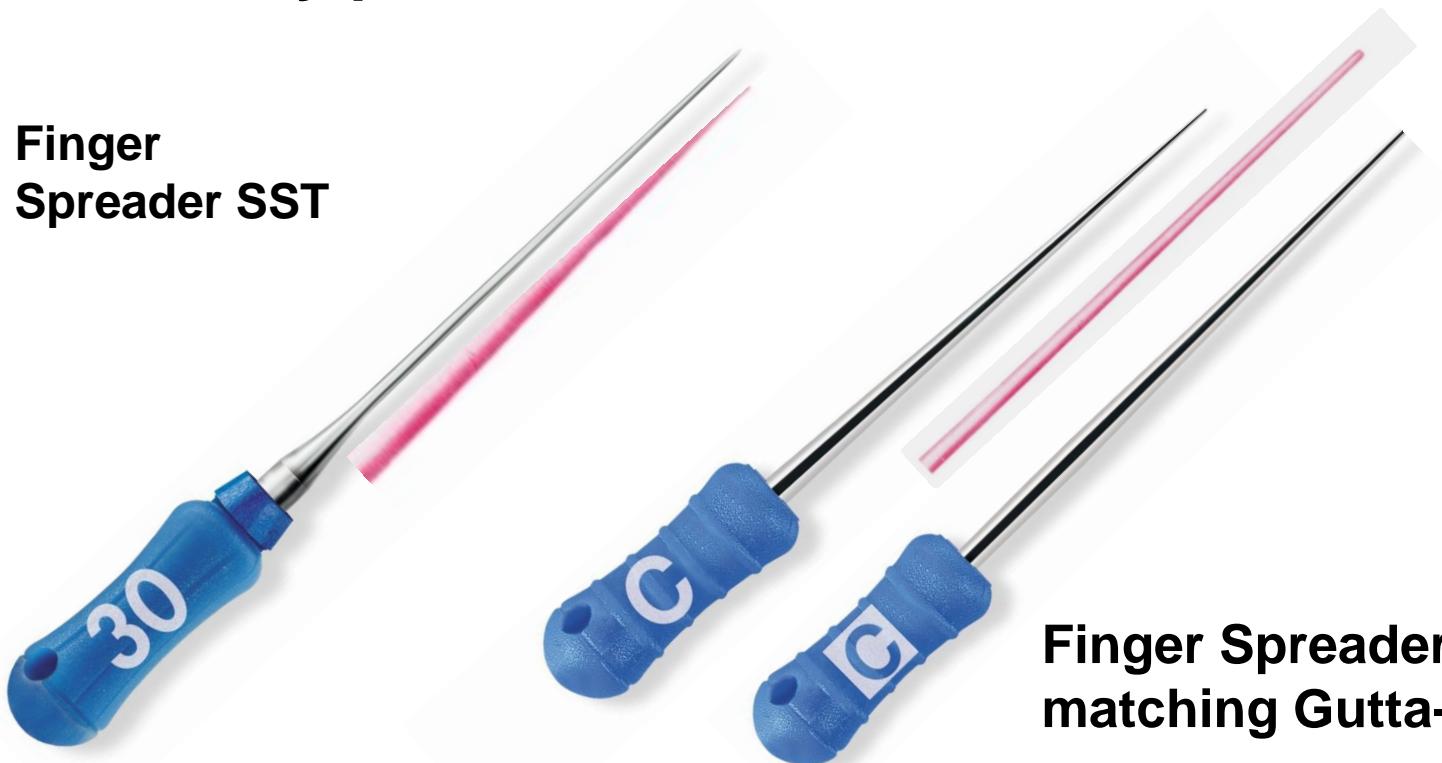
**LATERAL  
CONDENSATION  
(compaction)**

# Standardized and non-standardized Paper Points and Gutta Percha Points



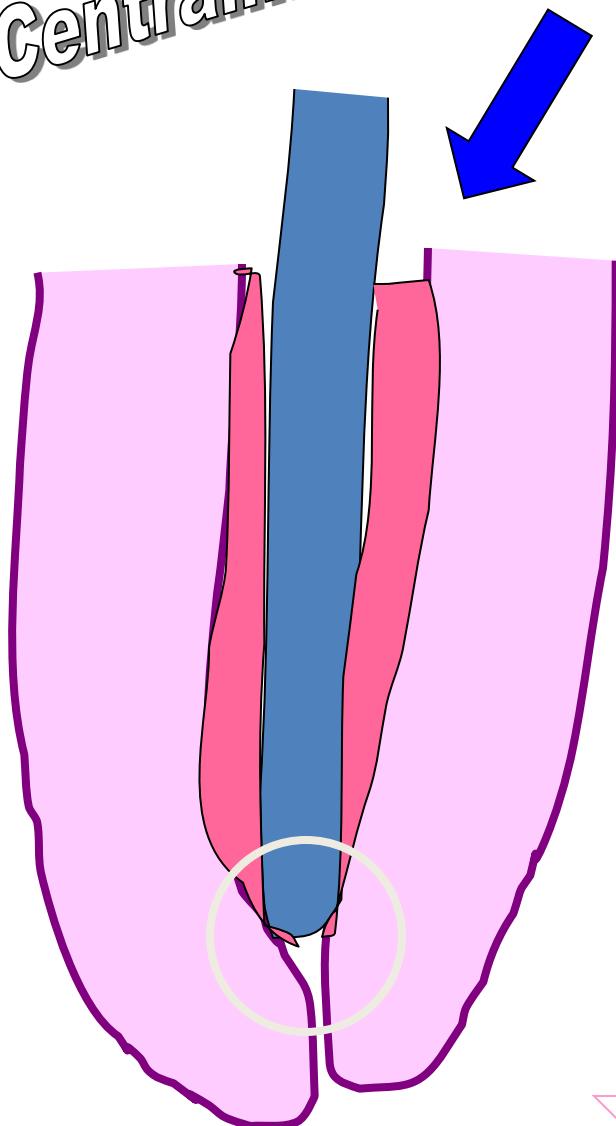
# Lateral Condensation

A sealer is placed in the canal followed by a fitted gutta percha Master Point compacted laterally by a tapering Spreader to make room for additional accessory points

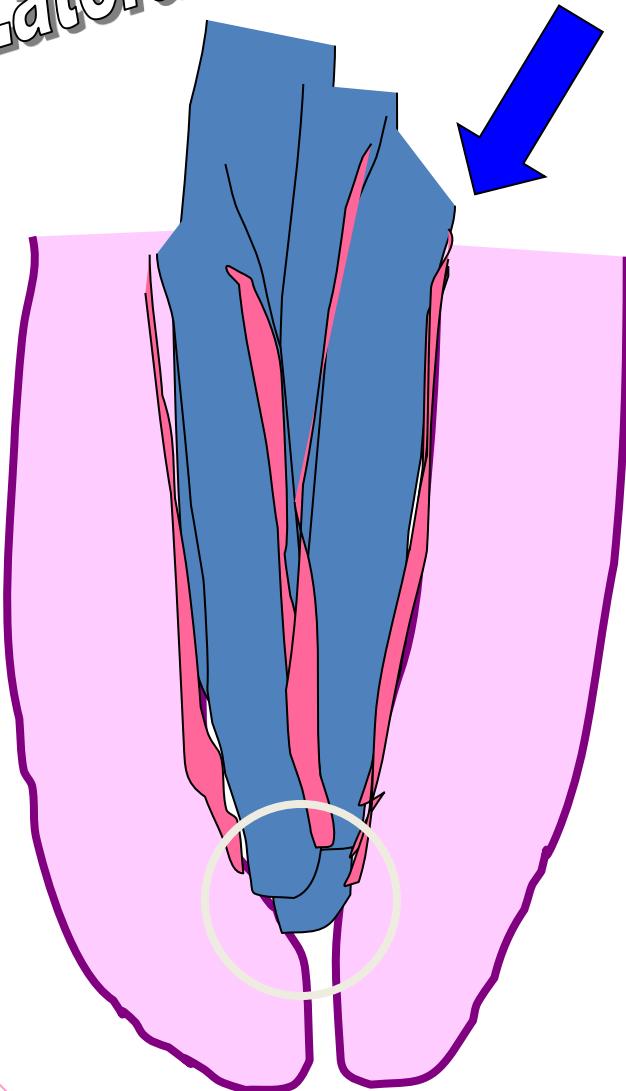


Finger Spreader SST and NiTi matching Gutta-Percha A-D

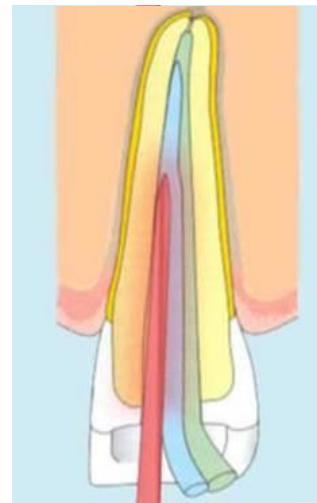
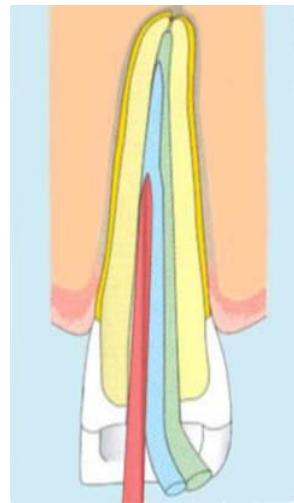
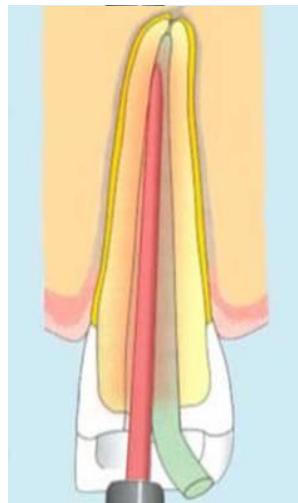
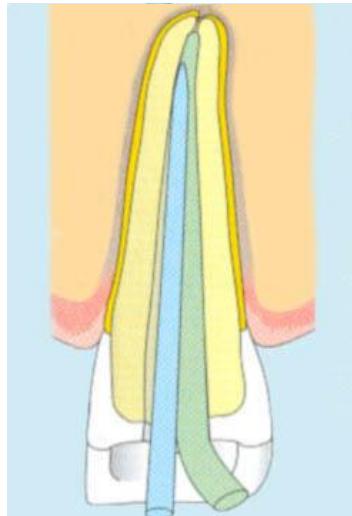
*Centrální čep*



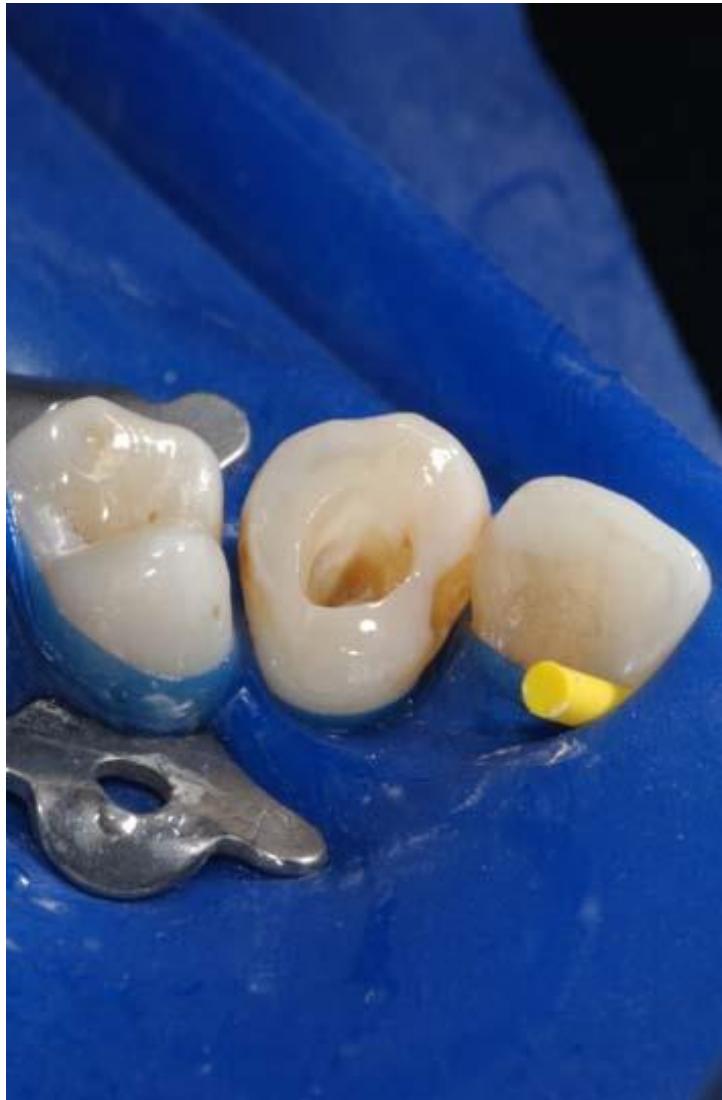
*Laterální kondenzace*

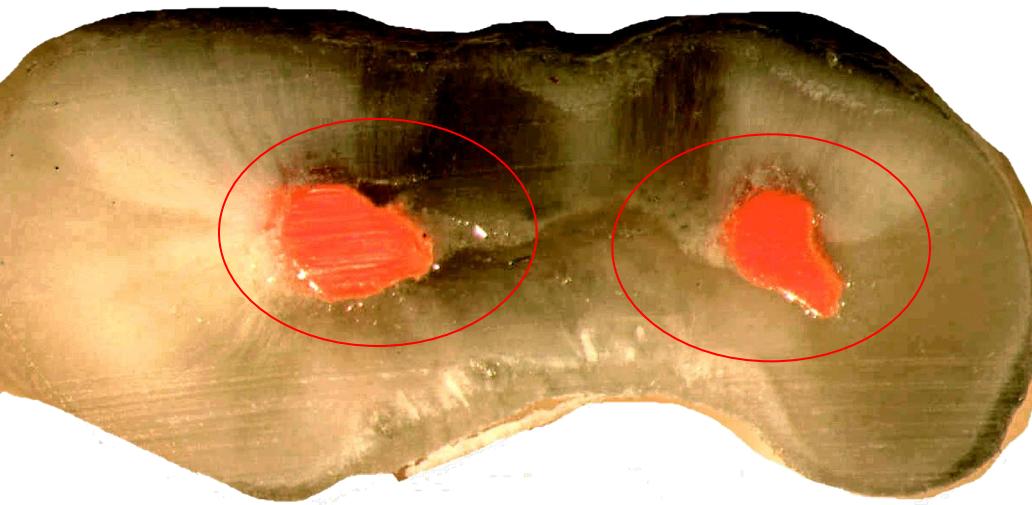
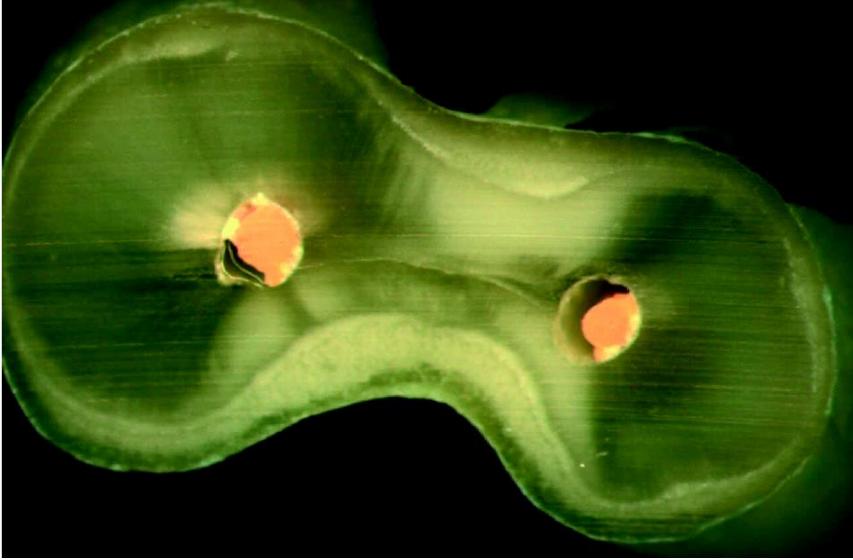


# Warm lateral compaction



Heated spreader  
Better 3D filling

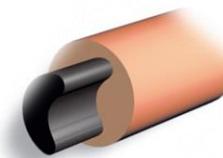
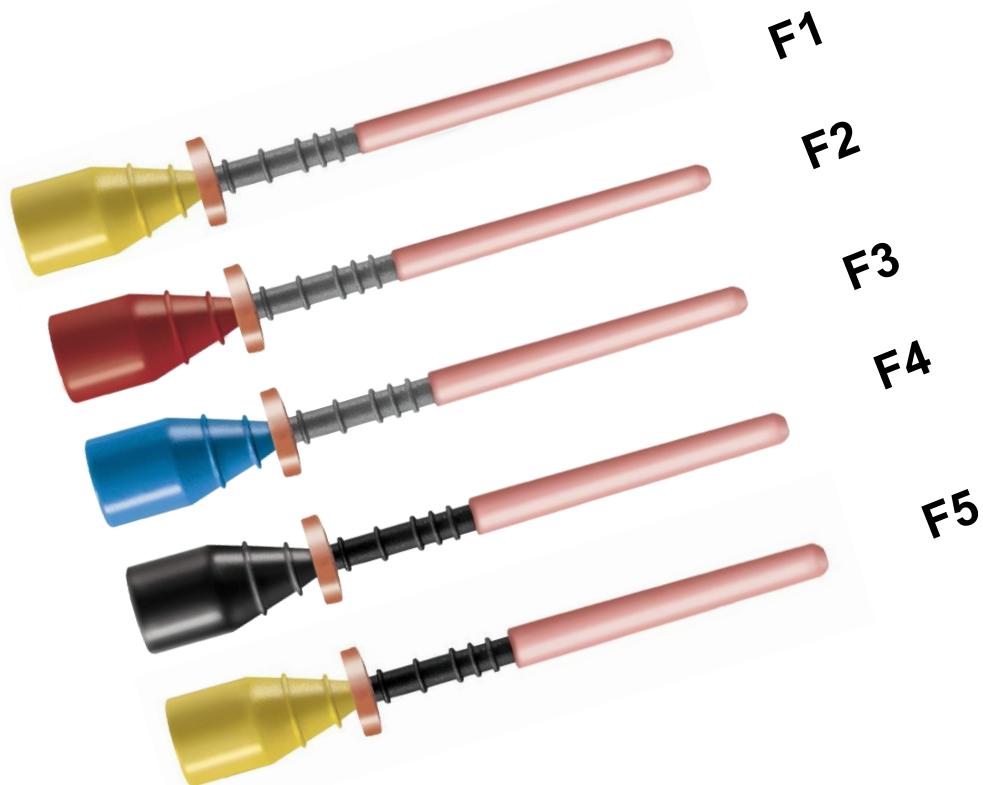


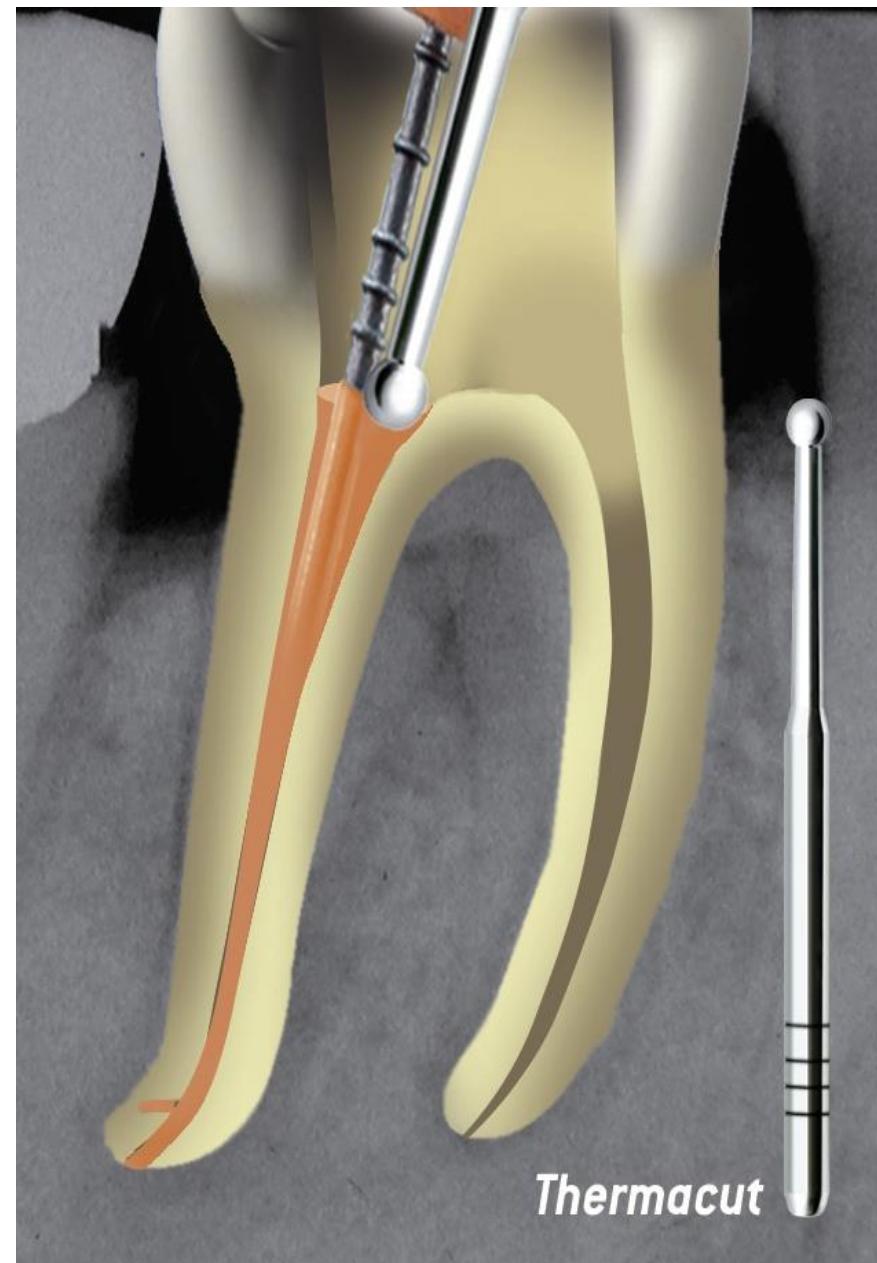
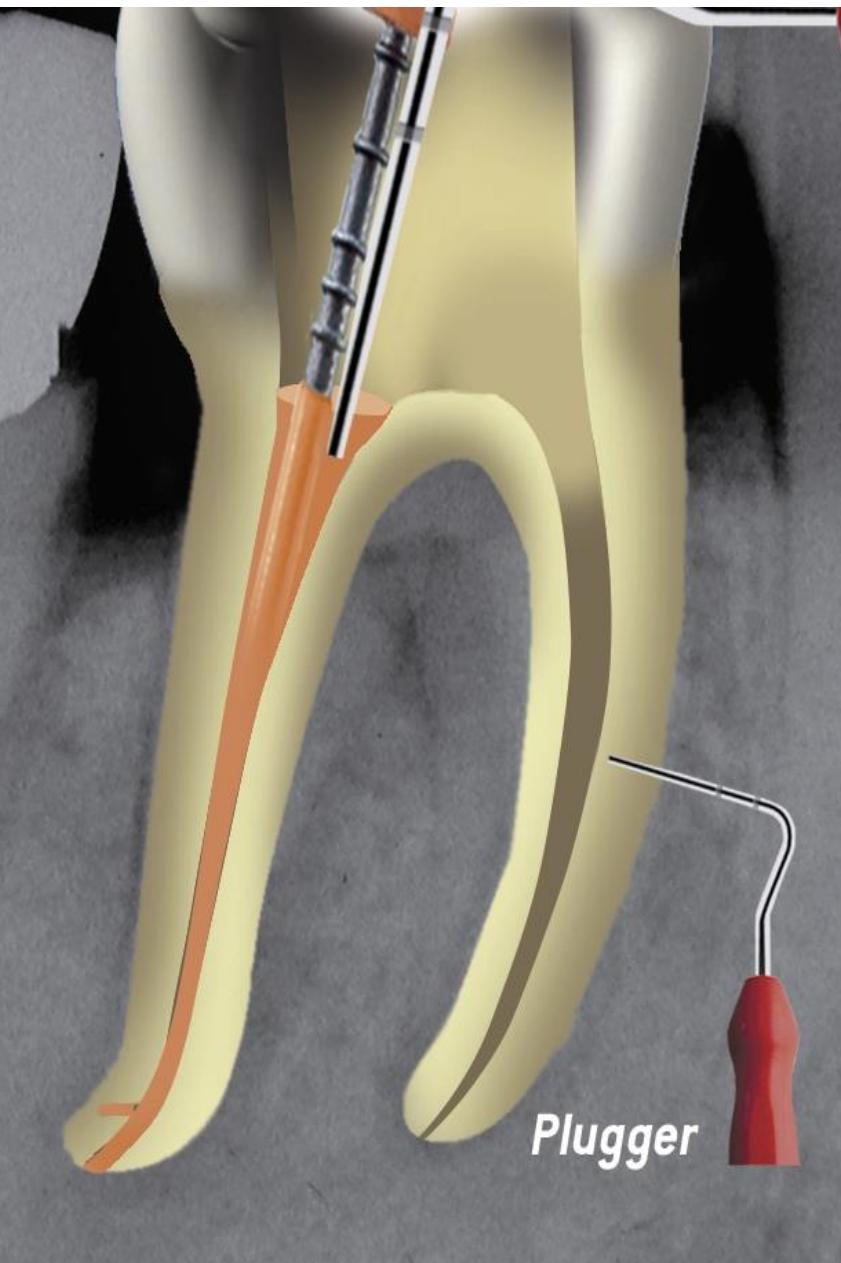


# Core-Carrier (PP) - Gutta-Percha Filling Technique

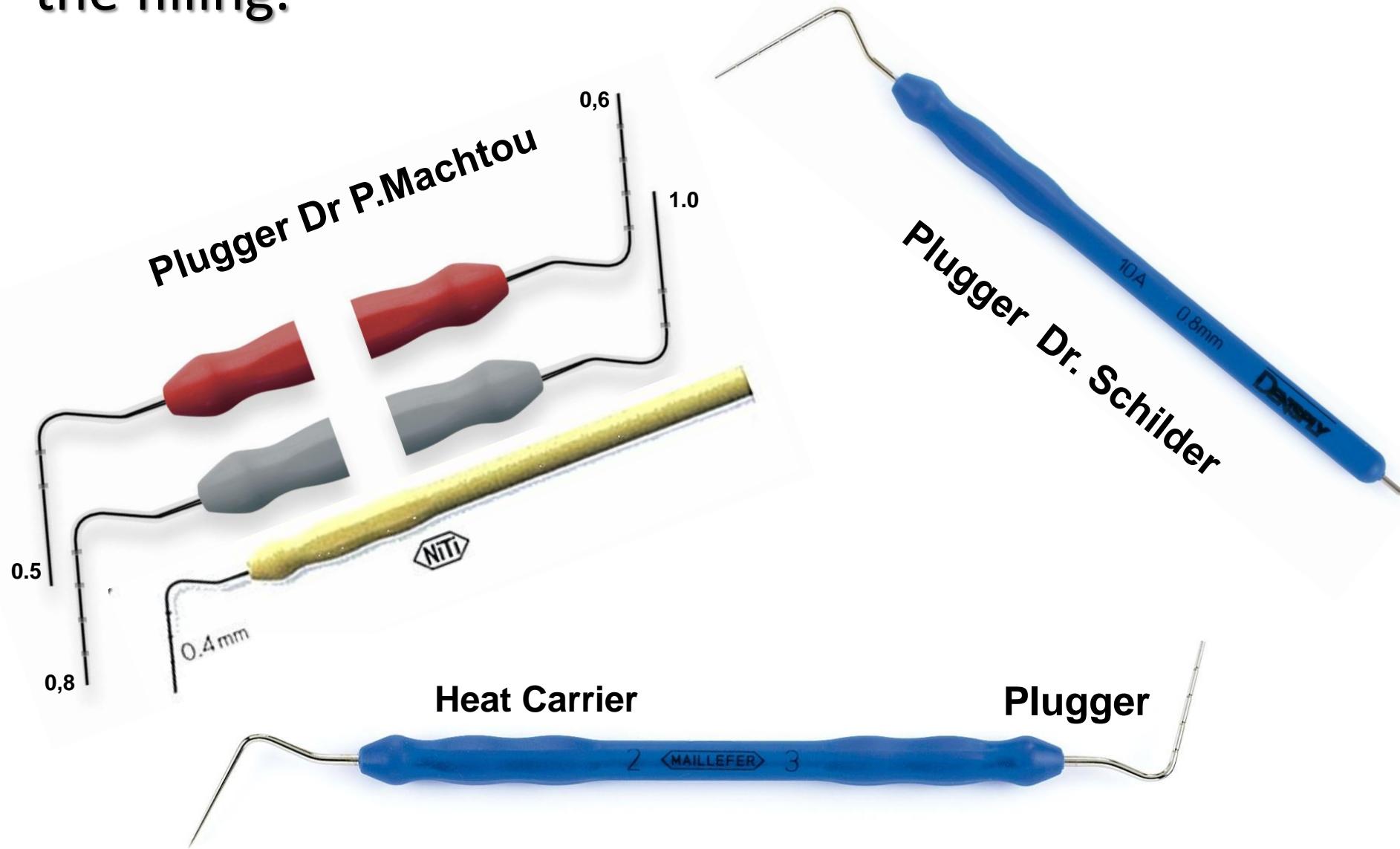


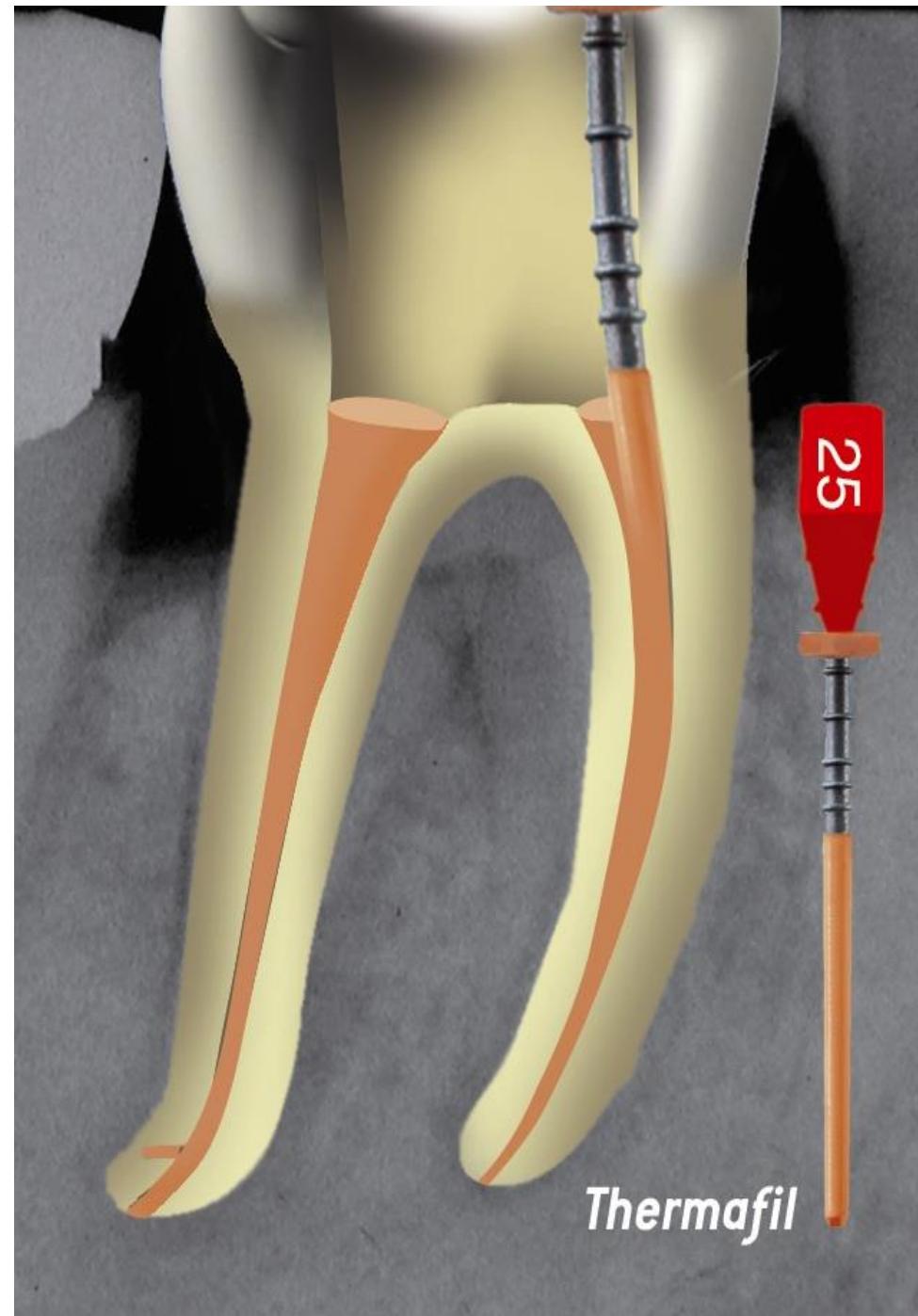
# Obturators compatible with instruments





# Use of a selected Plugger to ensure homogeneity of the filling.





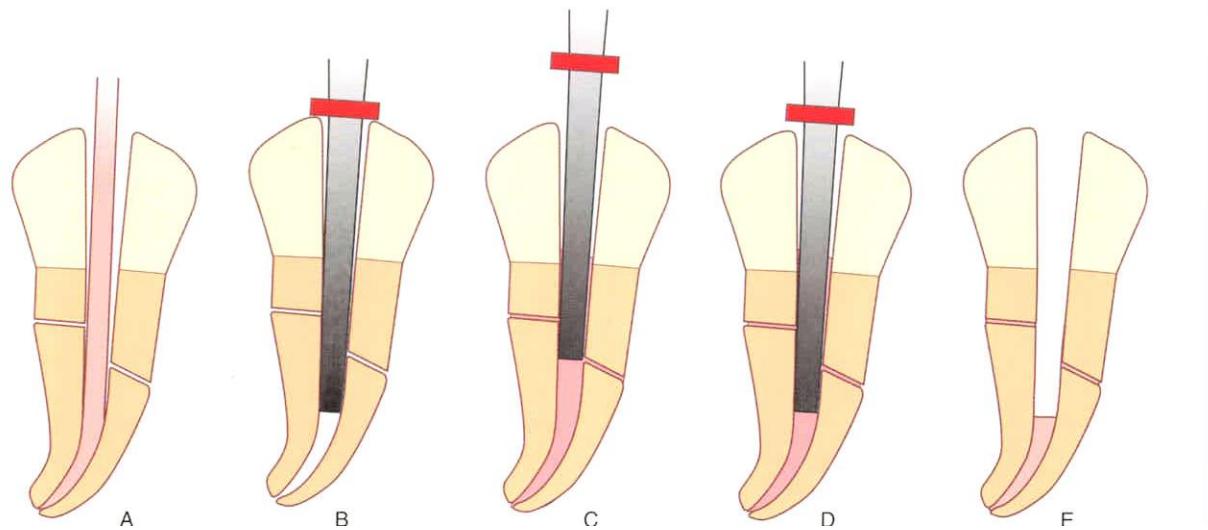


Dr. WJ PERTOT

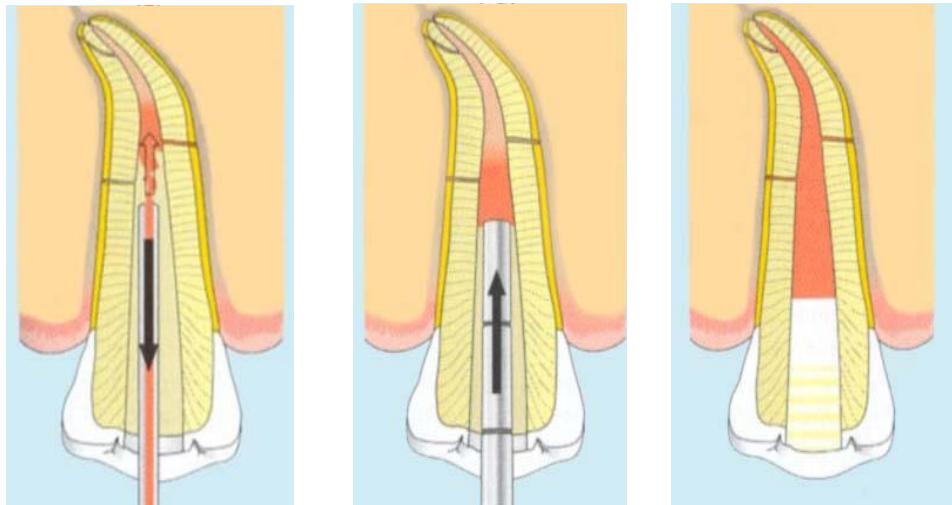


Dr. WJ PERTOT

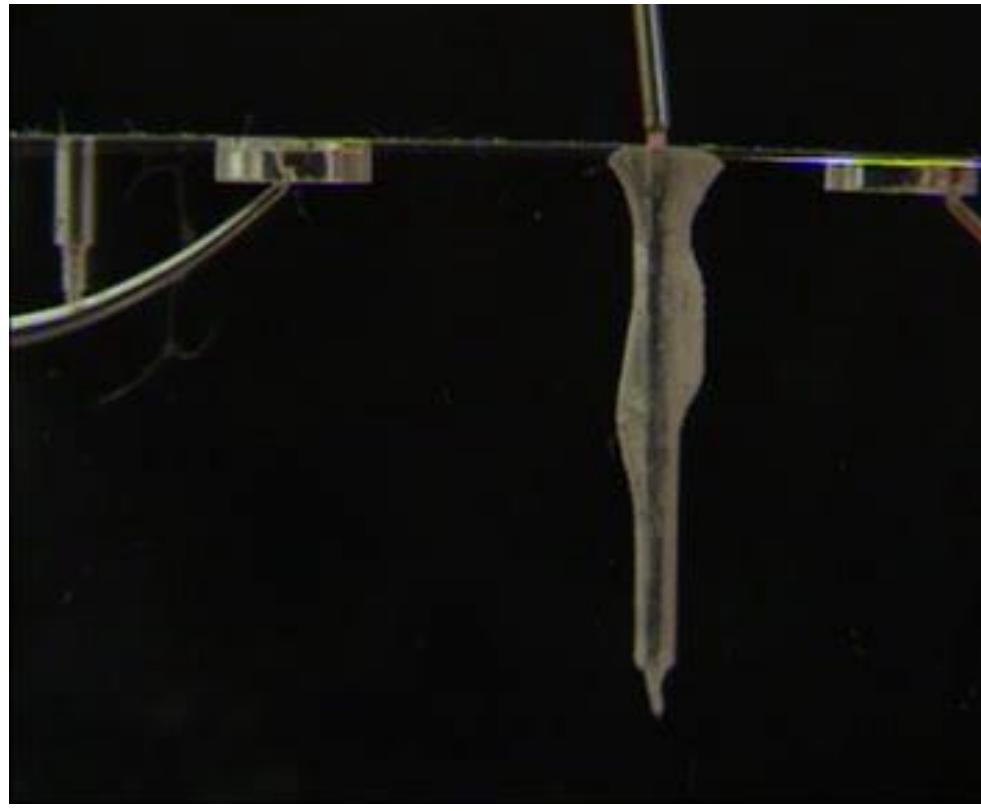
# **WARM VERTICAL COMPACTION**



# Injection



Fast technique  
Possible extrusion of sealer  
Risk of thermal damage of PL



plnění granulom

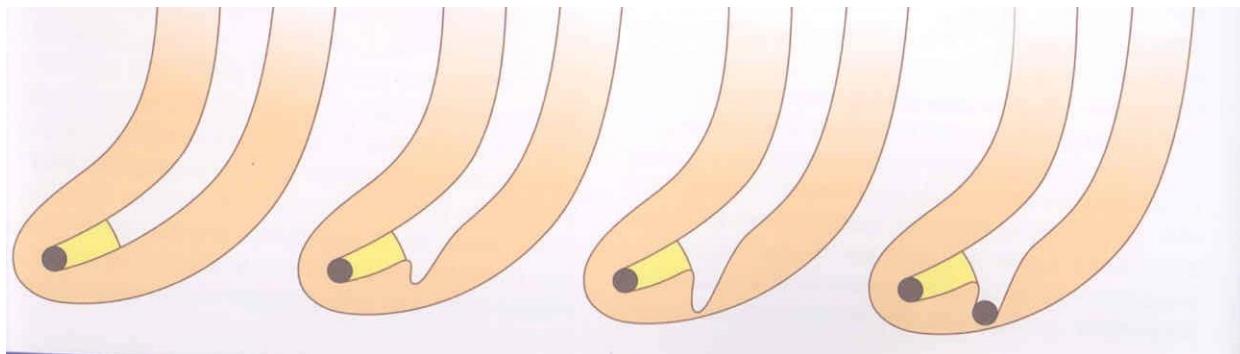


# Warm Vertical Compaction Continuous Wave Technique



# Complications of endodontic treatment

Local  
Regional  
Systemic



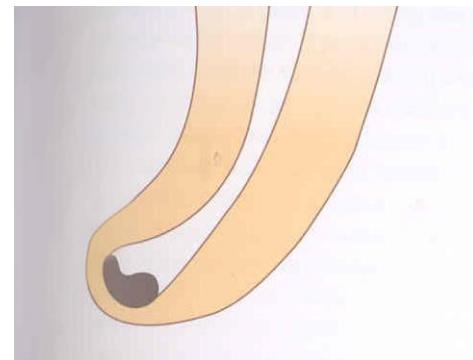
Plug of  
dentin chips

Ledging

Transportation of the root canal

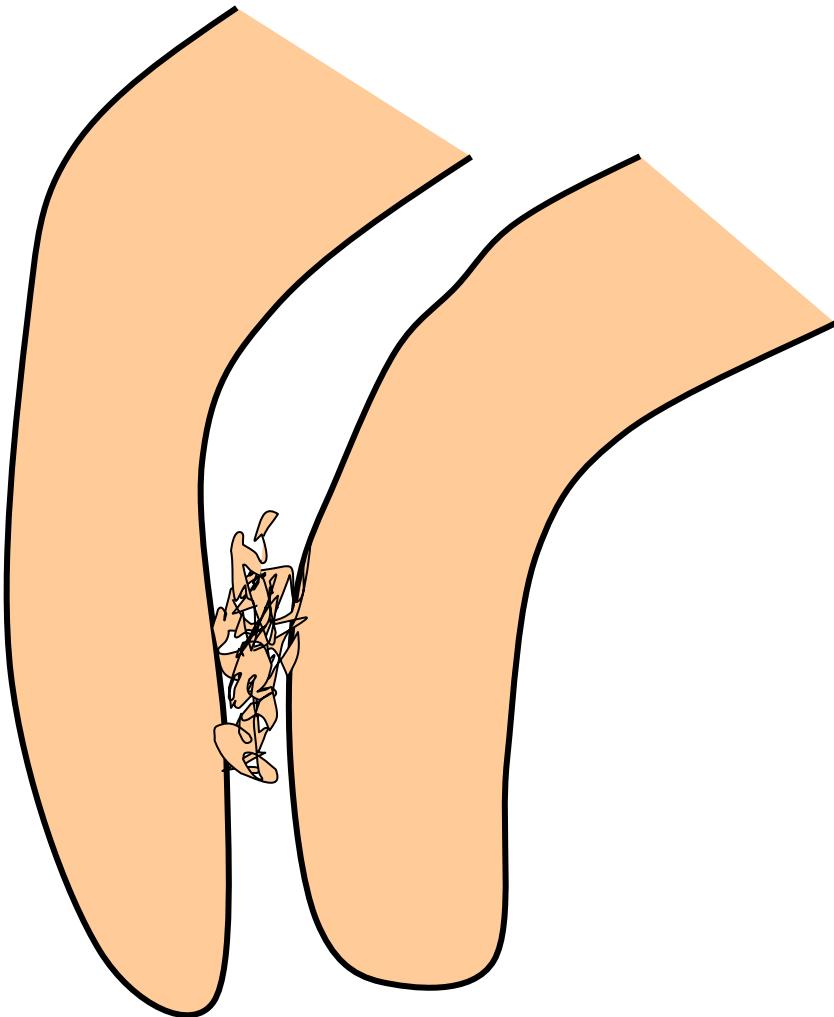
Via falsa

Zipping a elbow



# Local complications

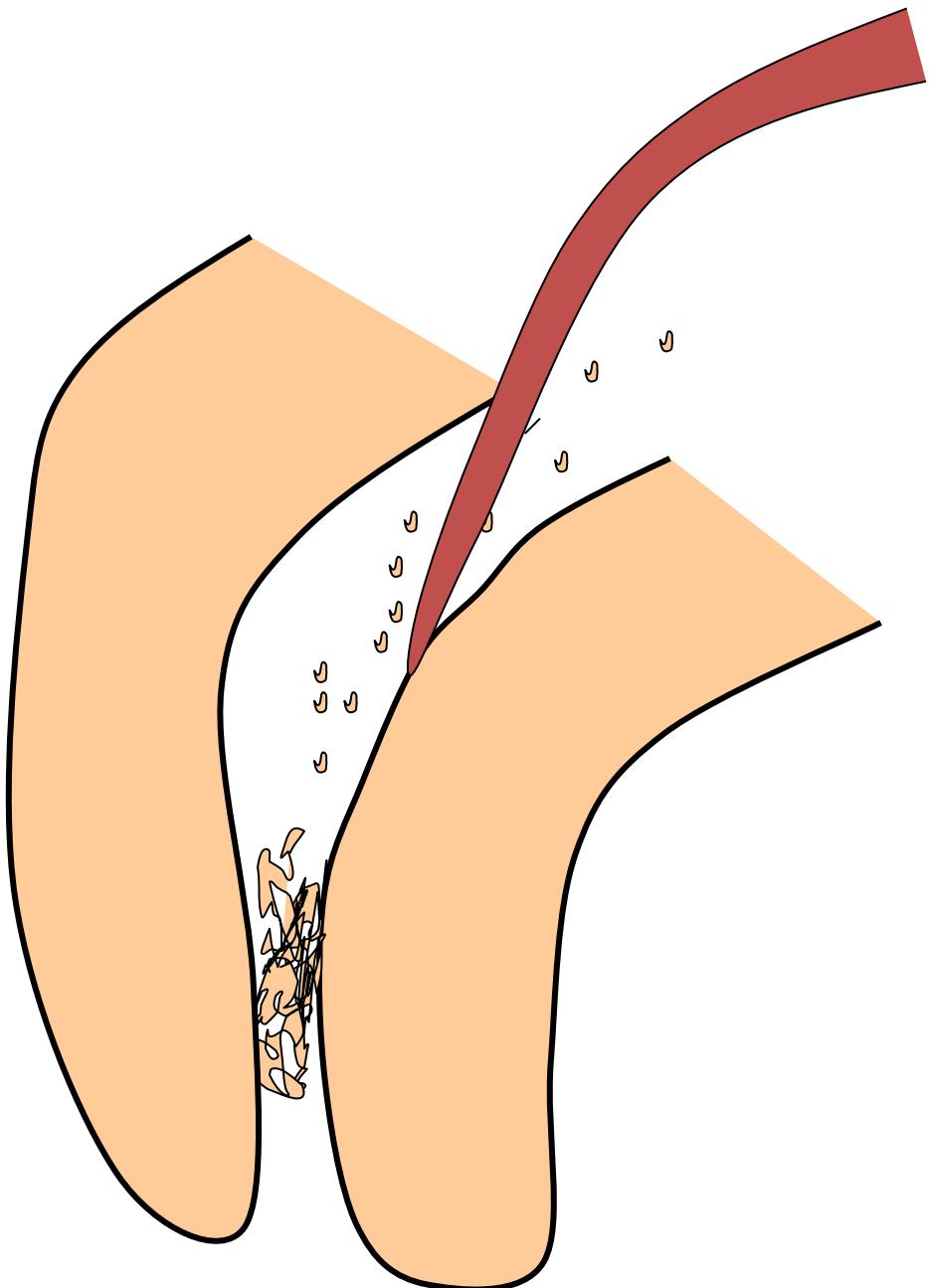
# Plug



## Reasons

Insufficient irrigation and recapitulation

*Loss of the working length*

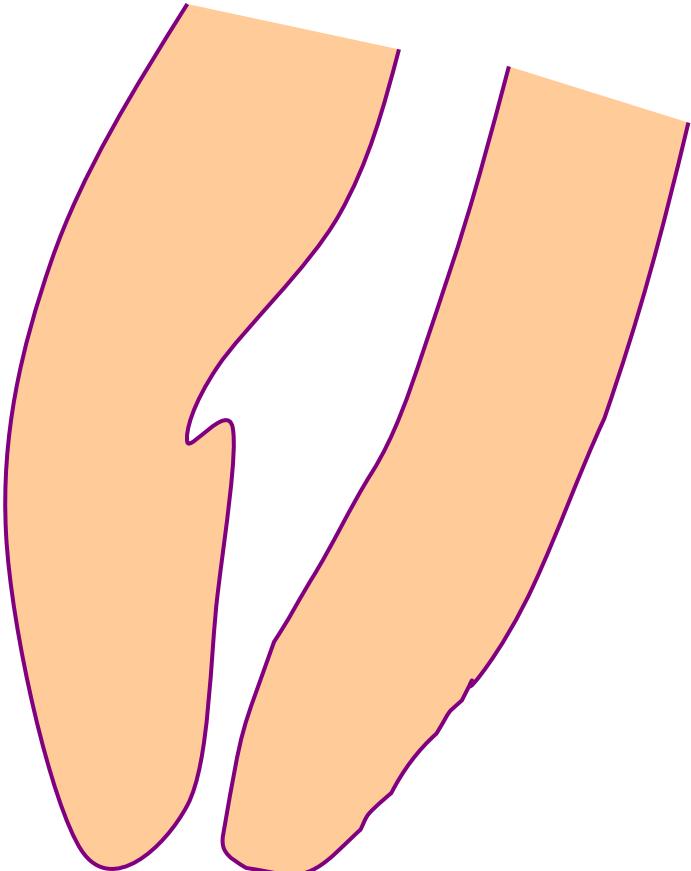


## Solution

Repeated careful instrumentation  
with a thin instrument

*Irrigation is not effective in this case!!!*

# Ledging



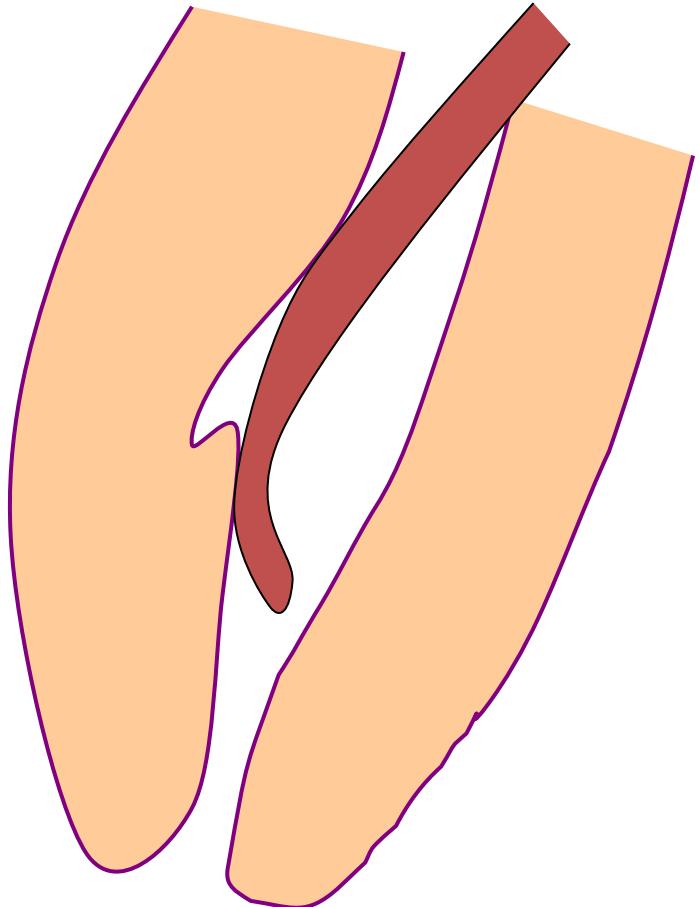
## Reasons

The instrument is not bended in advance!

No control of the WL

=

No recapitulationLoss of the WL



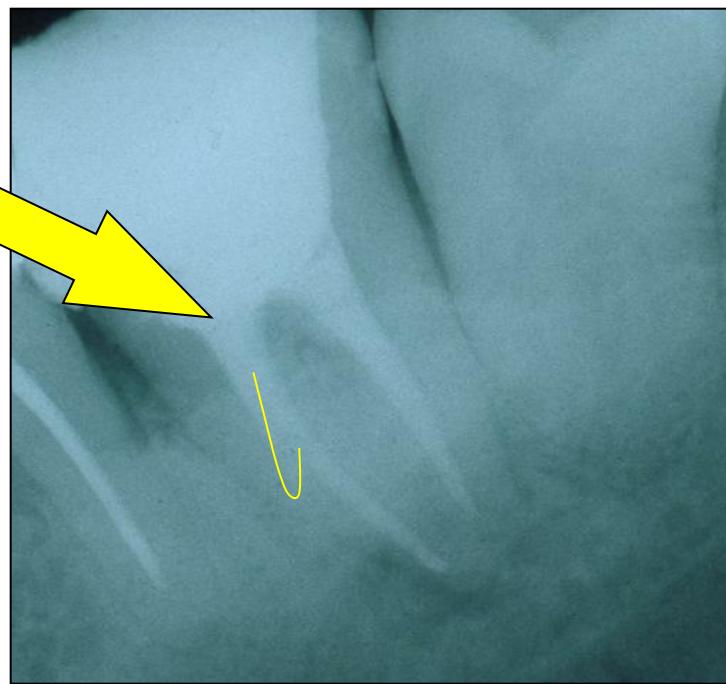
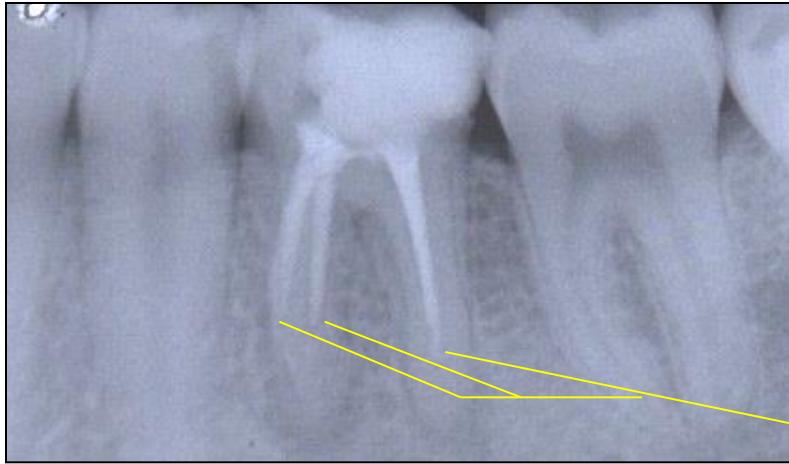
### Solution

The instrument must be  
bended in advance

Careful but complete rotation

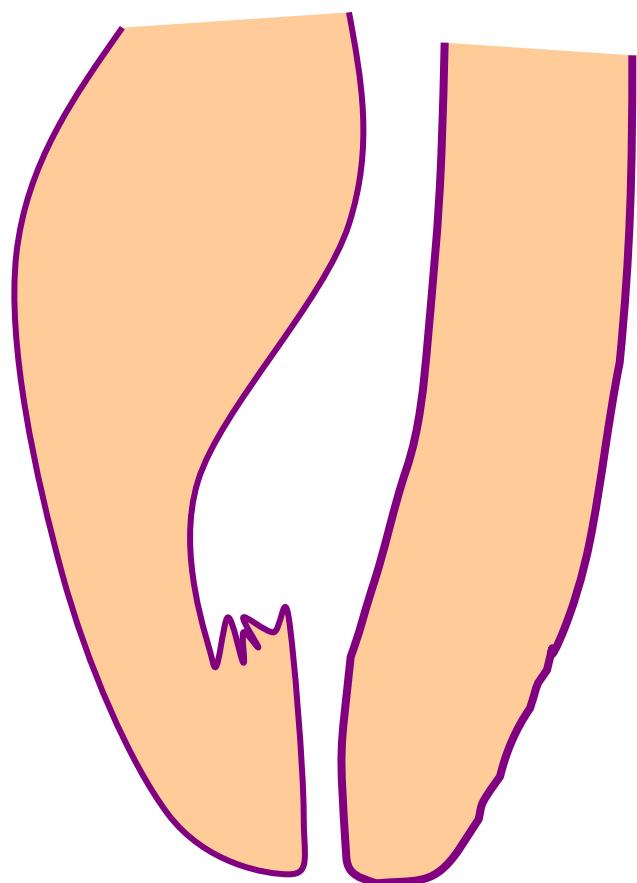
Finishing with the fine filing

***No NiTi!!!***



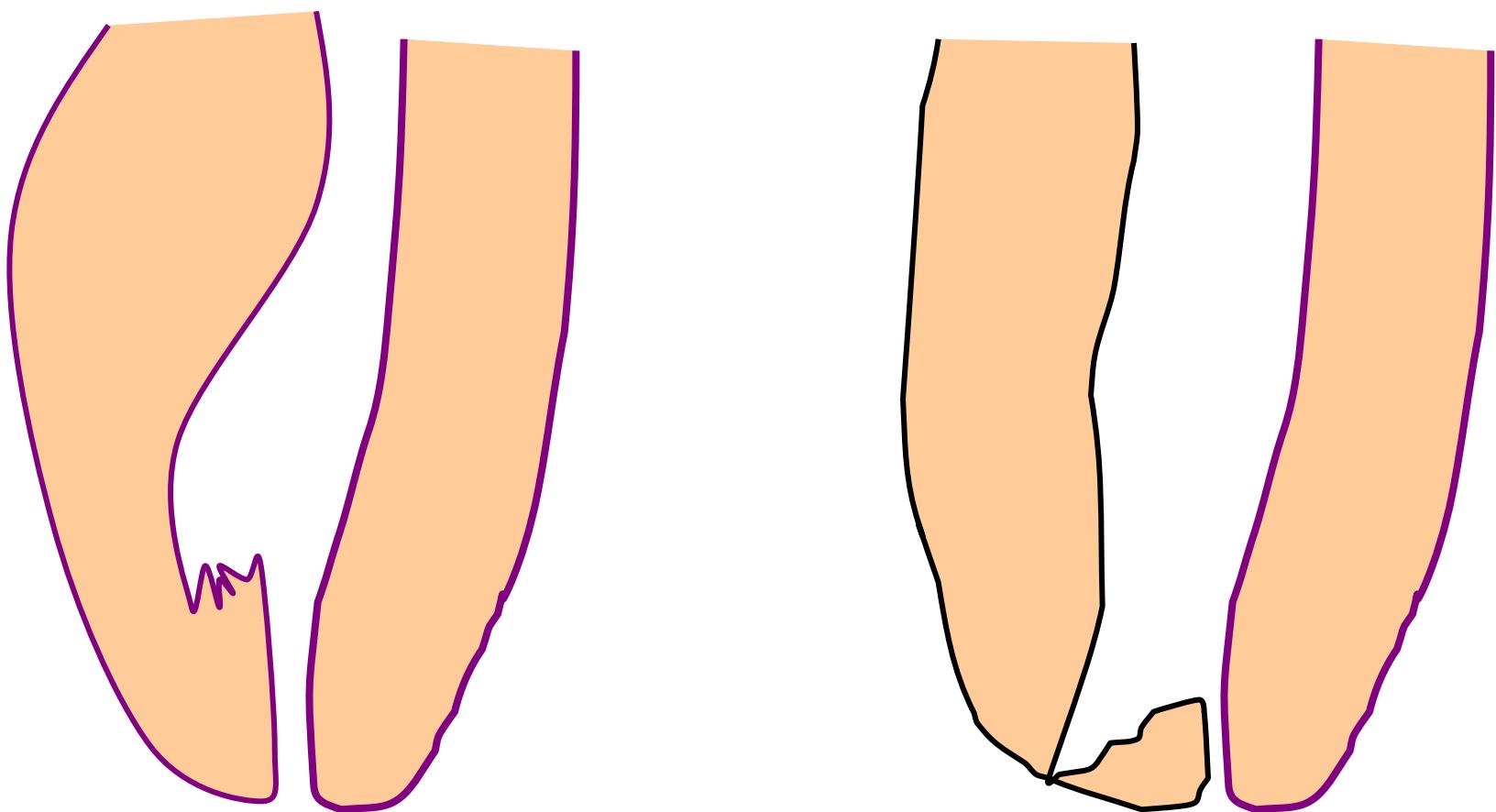
Ledging

# Zipping a Elbow

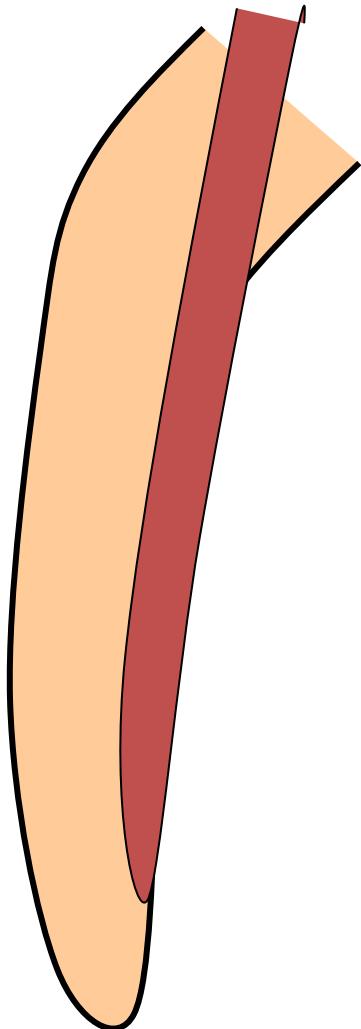


**The instrument is not bended in advance!**

**Rotation in curved canals**



# Stripping



## Reasons

**Bad orientation in morphology – no diagnostic x-**  
**Instruments are nod bended**  
**Rotary NiTi with a big taper**

*Dangereous zones*

*Mandibular molars – mesial roots*

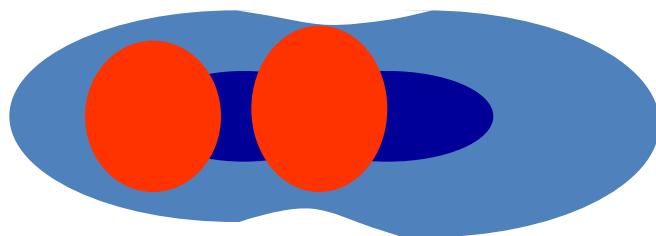
*Premolars, esp. maxillary*

*Mandibular incisors*



*Oblast isthmu*

# Stripping

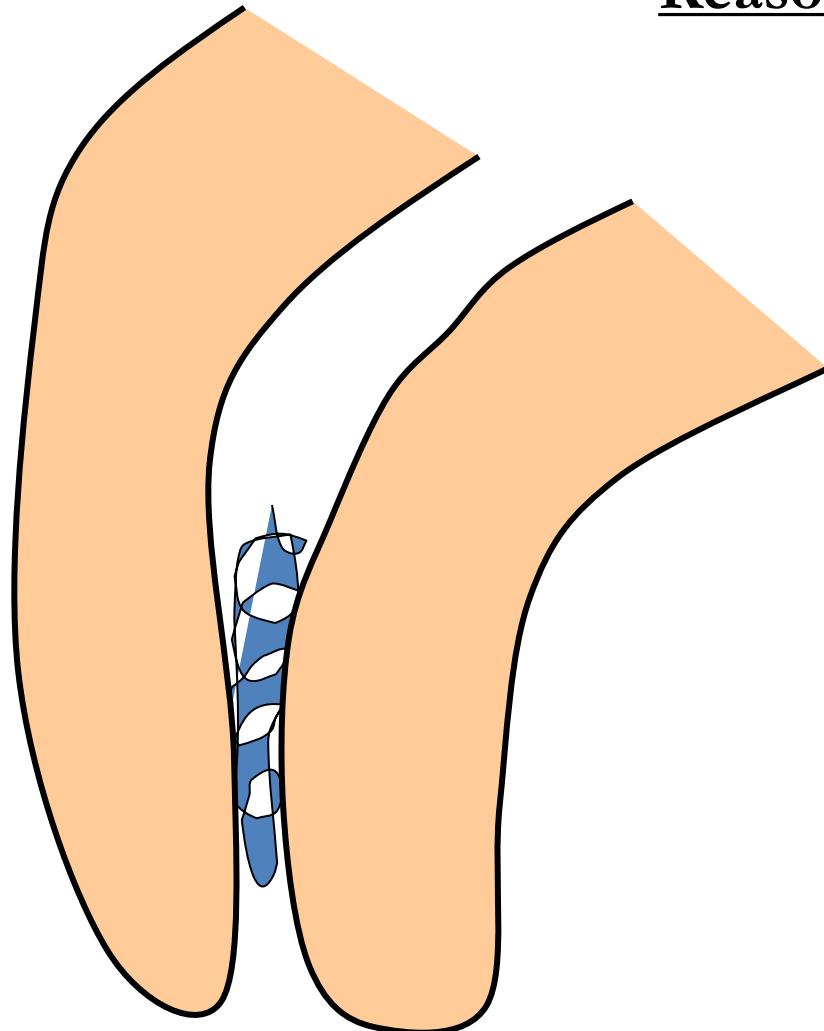


# Stripping



**Bend the instrument and eventually blunt it !**

# **Fracture of the root canal instrument**



## Reasons

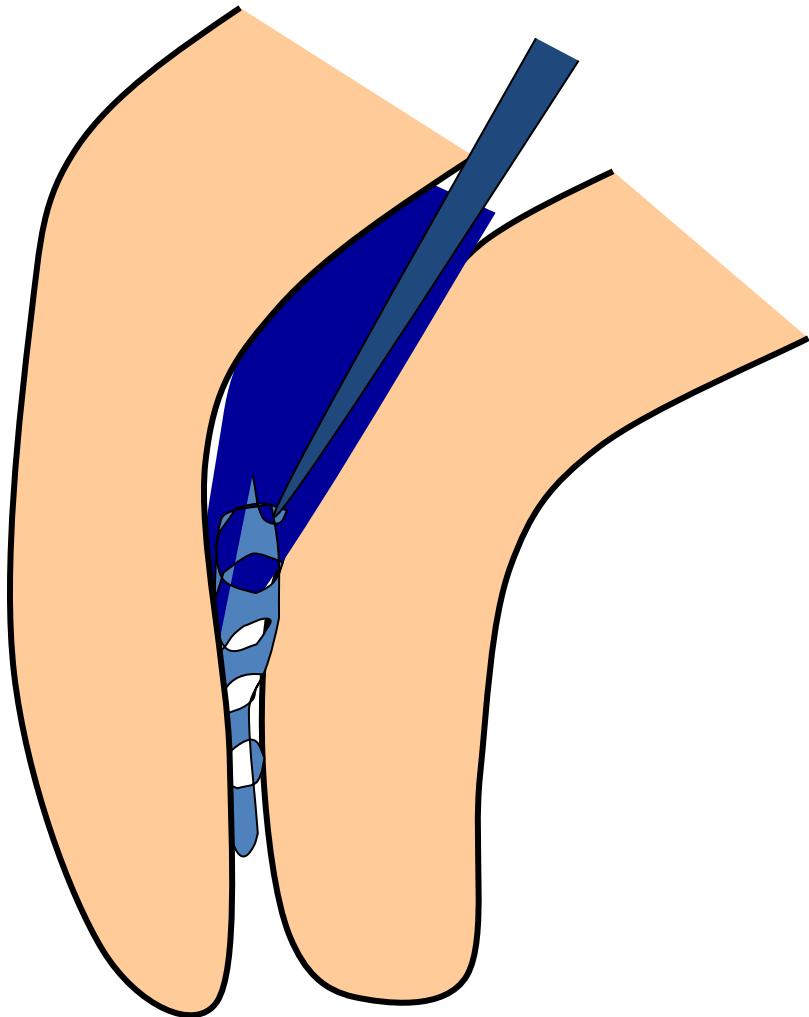
**Insufficient  
coronal flaring**

**Old root canal  
instrument**

**Aggresive force**

**Incorrect  
movement of the  
root canal  
instrument**

## Solution



Enlargement of the root canal till the instrument

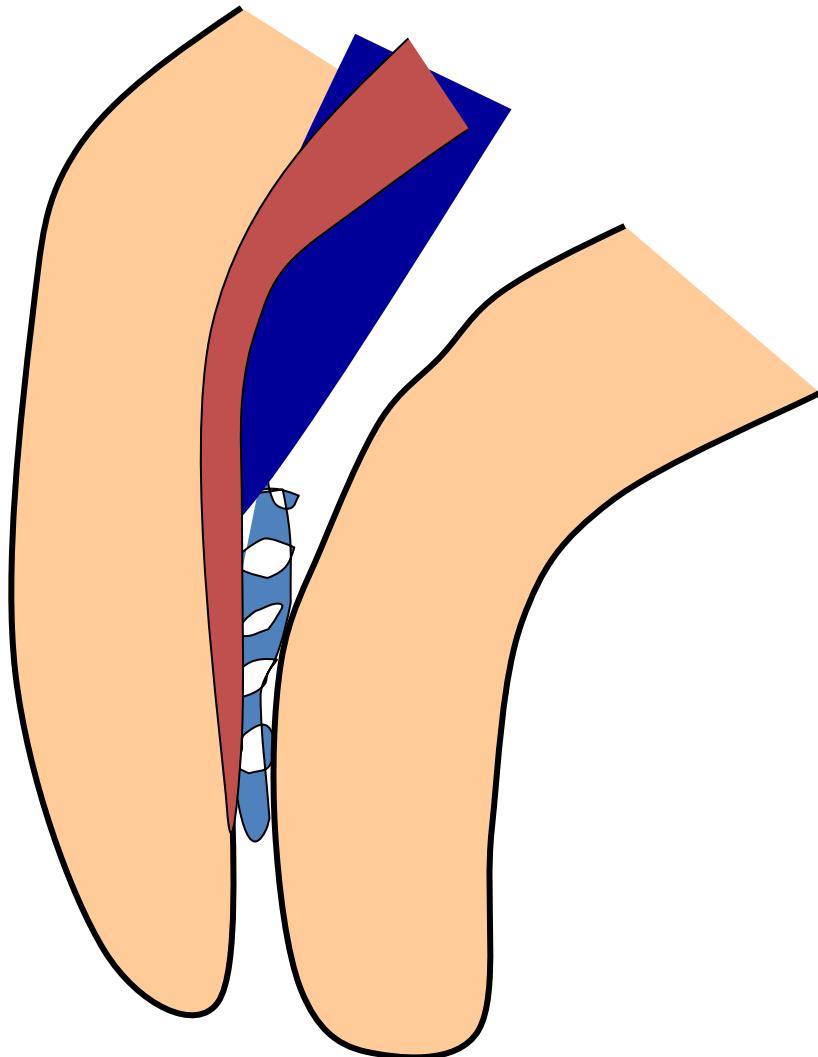
Ultrasound tips

Rotating root canal instrument – caution!

Bypass

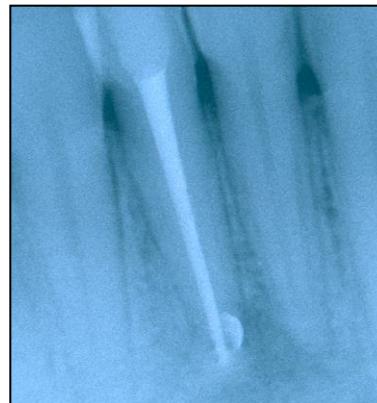
Leaving in

Surgical treatment



Bypass

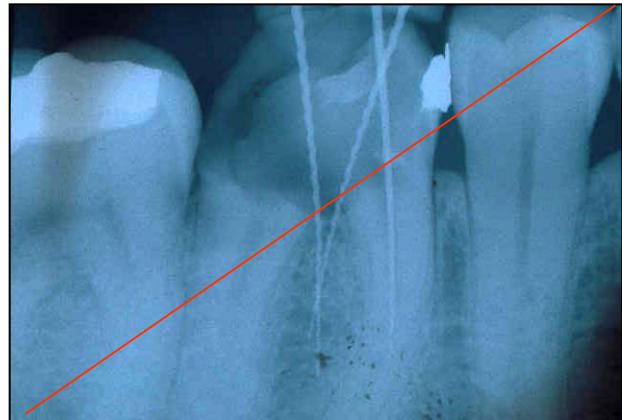
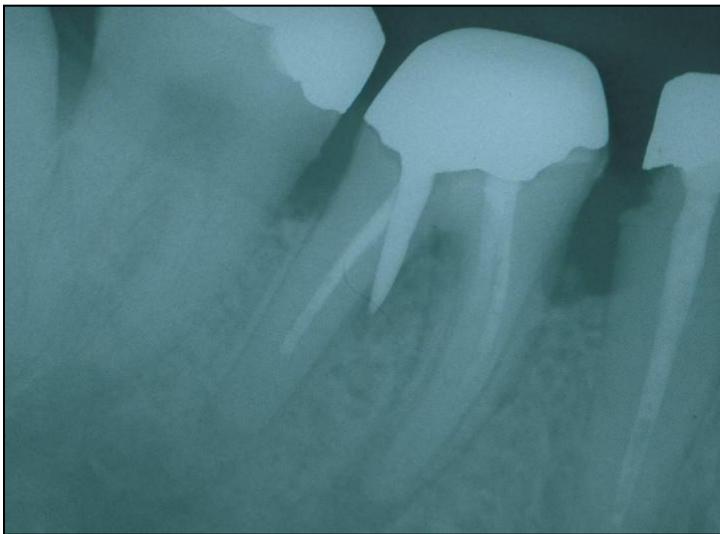
# Fractured instrument



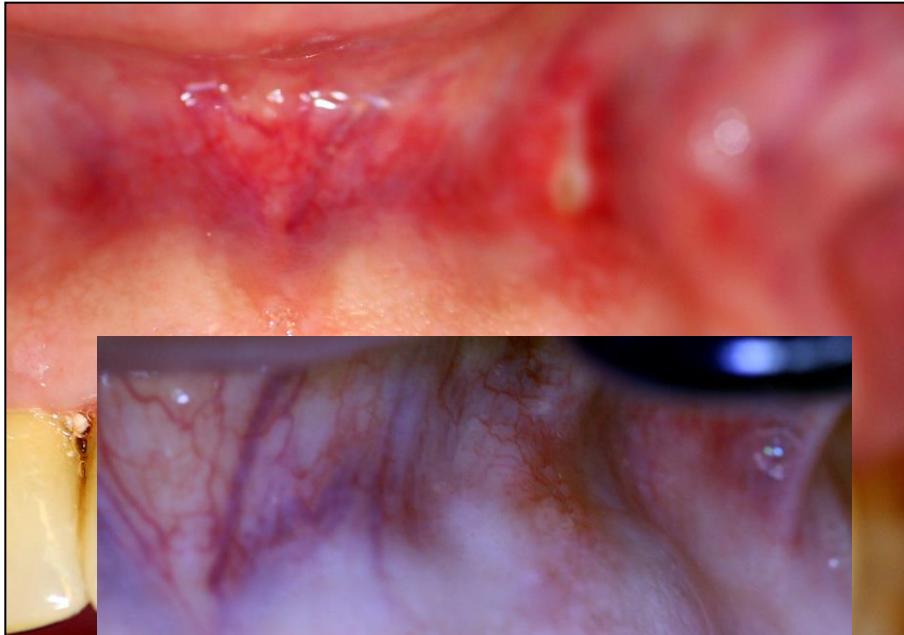
# Via falsa

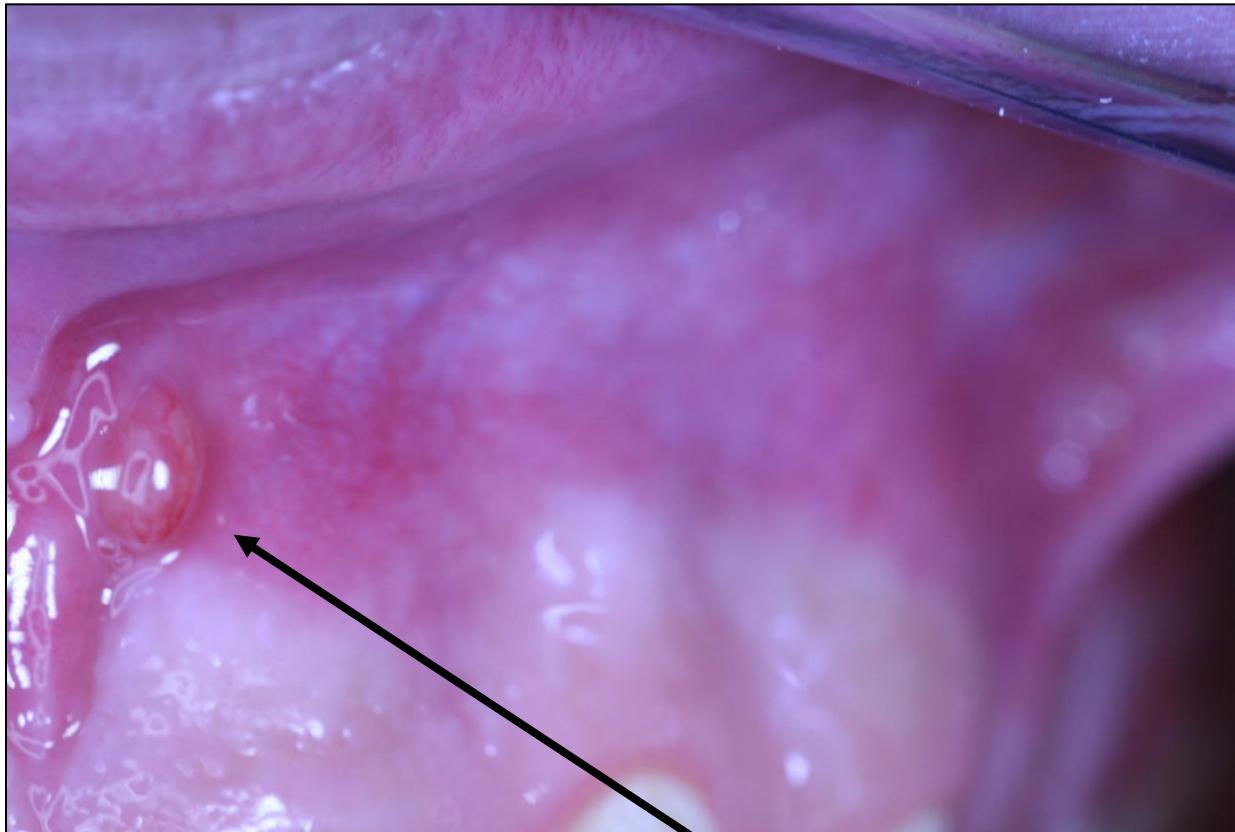
- Perforation of the bottom of the pulp chamber or the coronal part of the root canal
- Perforation in the middle part of the root canal
- Apical perforation





# Regional complications



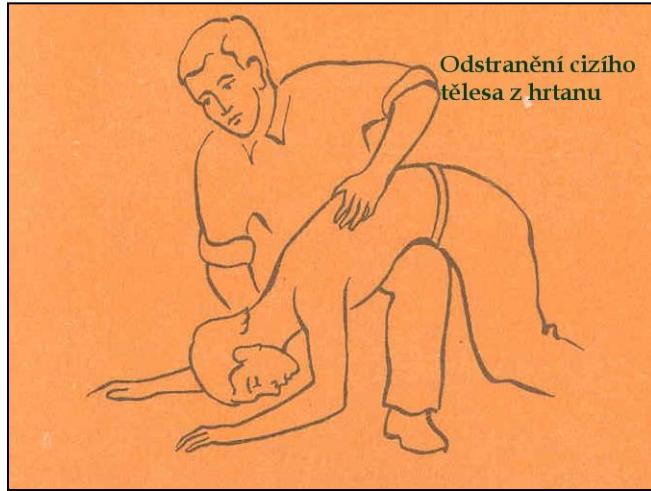


Píštěl

# Systemic complications

# Systemic complications

- Periostitis
- Inflammation of soft tissues (face, neck)
- Gulp of the instrument (X ray, remnant diet, information)- **cough**
- Aspiration of the instrument -**emesis**



# **Caution!**

**Always find the loss instrument !!!!!**