

# Root canal shaping

# Reaming action

Rotation clockwise and contraclockwise – penetration in to the root canal

# Filing

The file is in action during pull motion

# Circumferential filing

The file is in contact with root canal wall - filing around

Good for oval root canals

# Balanced force technique

K-File (and their flexible varieties)

Insertion – clockwise motion (90° - 180°)

Pressure forward – counterclockwise motion (270°)

Pulling out – clockwise motion (180°)

Safe for curved root canals

