RESPIRATORY SYSTEM

RESPIRATORY FUNCTIONS
MECHANICS OF RESPIRATORY SYSTEM
GAS TRANSPORT

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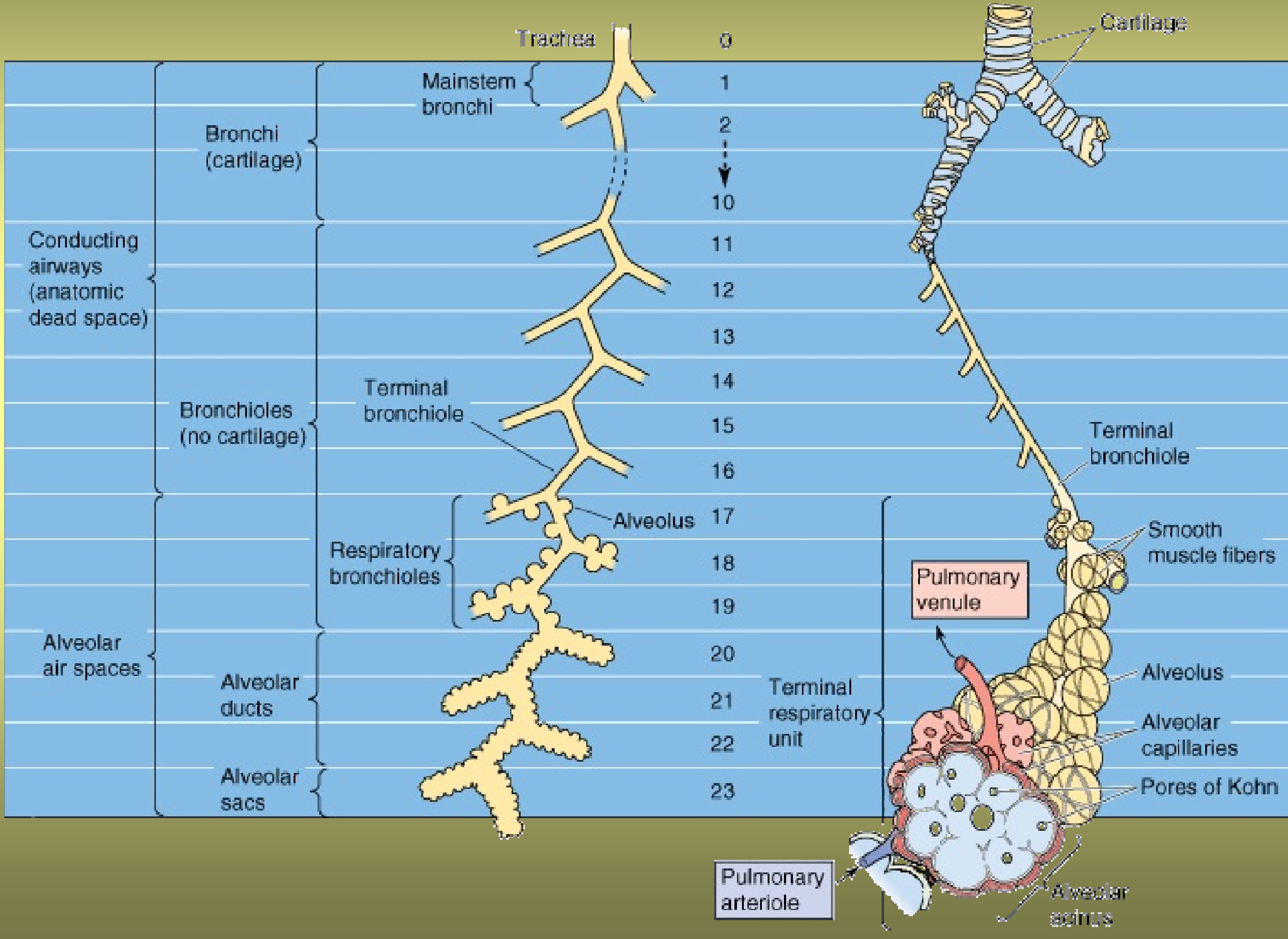
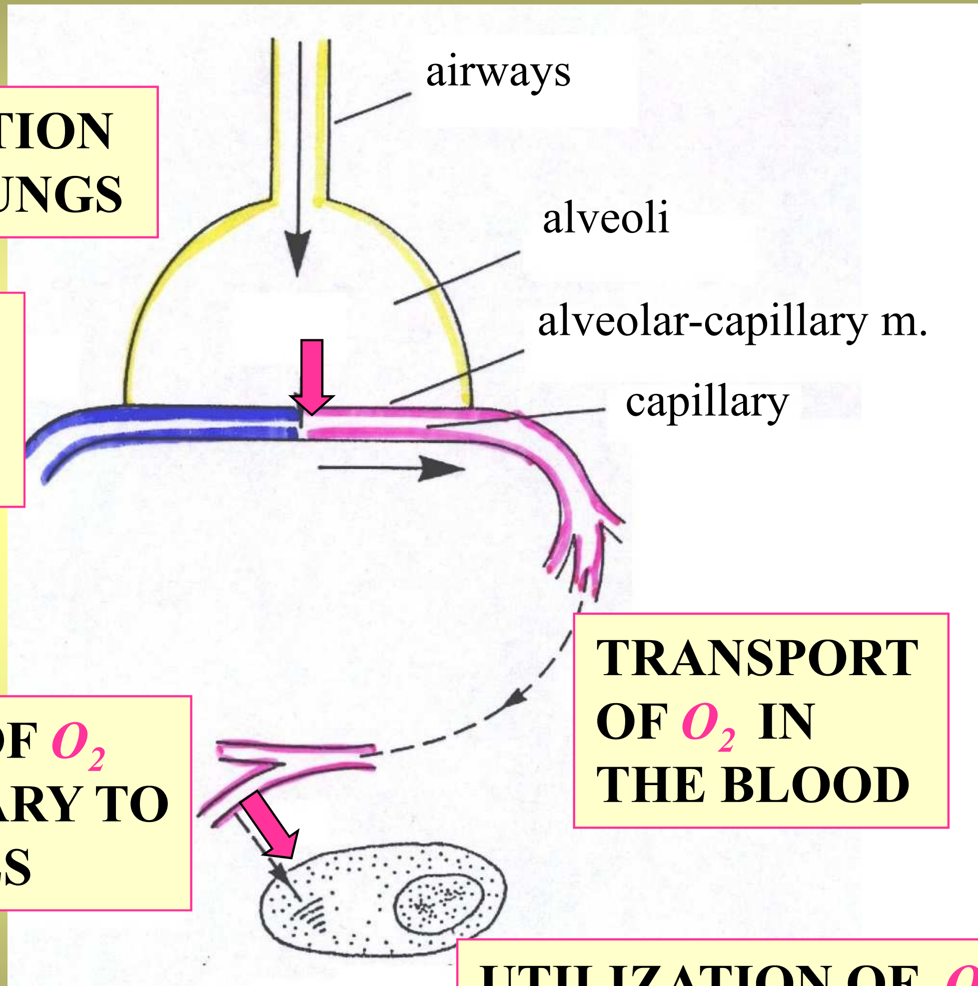
STOMATOLOGY


Trachea
0
Cartilage
Mainstem bronchi
1
2
10
Bronchi (cartilage)
Conducting airways (anatomic dead space)
11
12
13
14
15
16
Bronchioles (no cartilage)
Terminal bronchiole
Terminal bronchiole
Alveolus
17
Smooth muscle fibers
Respiratory bronchioles
18
19
Pulmonary venule
Alveolar air spaces
20
Alveolar ducts
21
22
Terminal respiratory unit
Alveolus
Alveolar capillaries
Alveolar sacs
23
Pores of Kohn
Pulmonary arteriole
Alveolar acinus

STEPS IN THE DELIVERY OF O_2 TO THE CELLS



VENTILATION OF THE LUNGS

DIFFUSION OF O_2 ACROSS ALVEOLAR-CAPILLARY MEMBRANE

TRANSPORT OF O_2 IN THE BLOOD

DIFFUSION OF O_2 FROM CAPILLARY TO THE CELLS

UTILIZATION OF O_2 BY MITOCHONDRIA

AT REST

O_2 UPTAKE ~300 ml / min

CO_2 OUTPUT ~250 ml / min

INTERNAL RESPIRATION

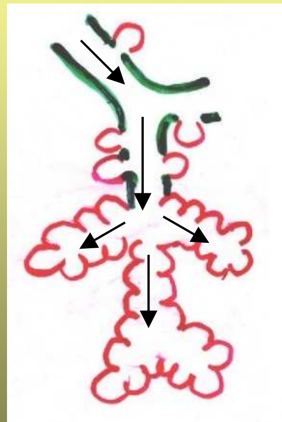
AIR PASSAGES

ANATOMICAL DEAD SPACE –CONDUCTING ZONE

- NASAL PASSAGES
- PHARYNX
- LARYNX
- TRACHEA
- BRONCHI
- BRONCHIOLES
- TERMINAL BRONCHIOLES

<u>Other physiological functions</u>:

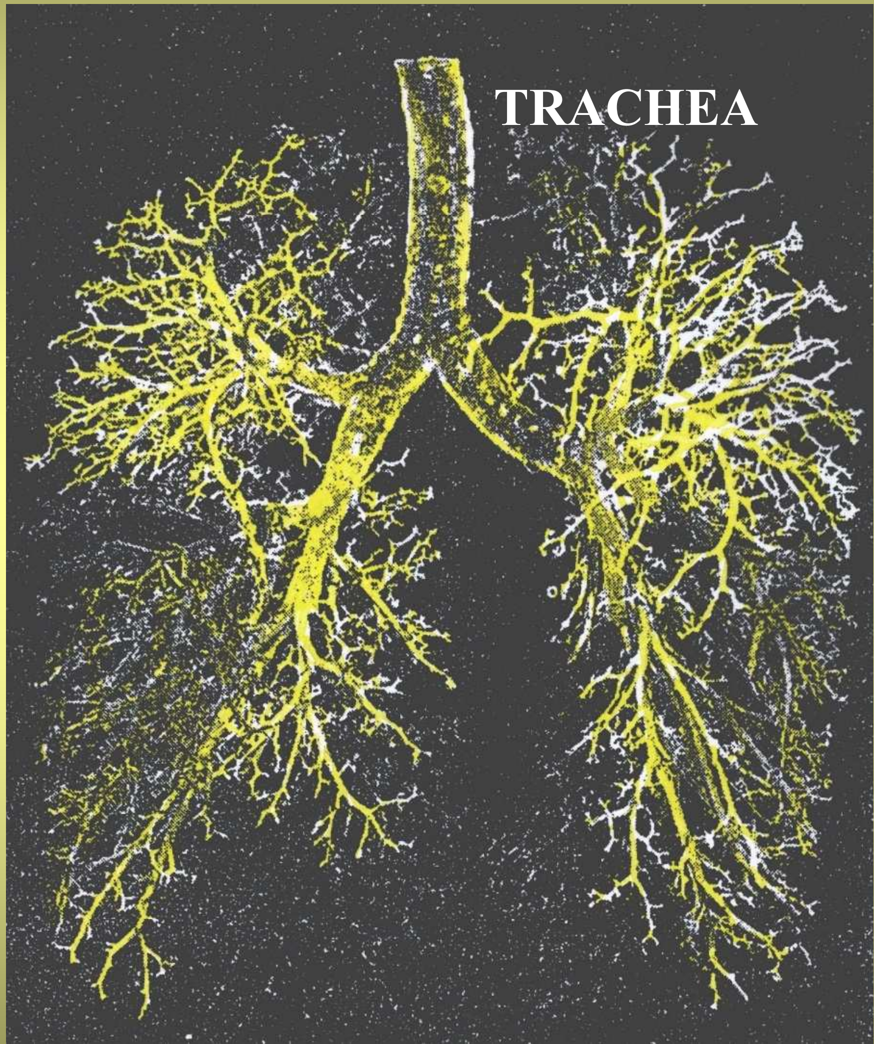
- air is warmed, cleaned and takes up water vapour
- respiratory reflex responses to the irritants
- speech and singing (function of larynx)



RESPIRATORY ZONE
(GAS EXCHANGE)

Total alveolar area ~100 m^2

CAST OF HUMAN AIR PASSAGES

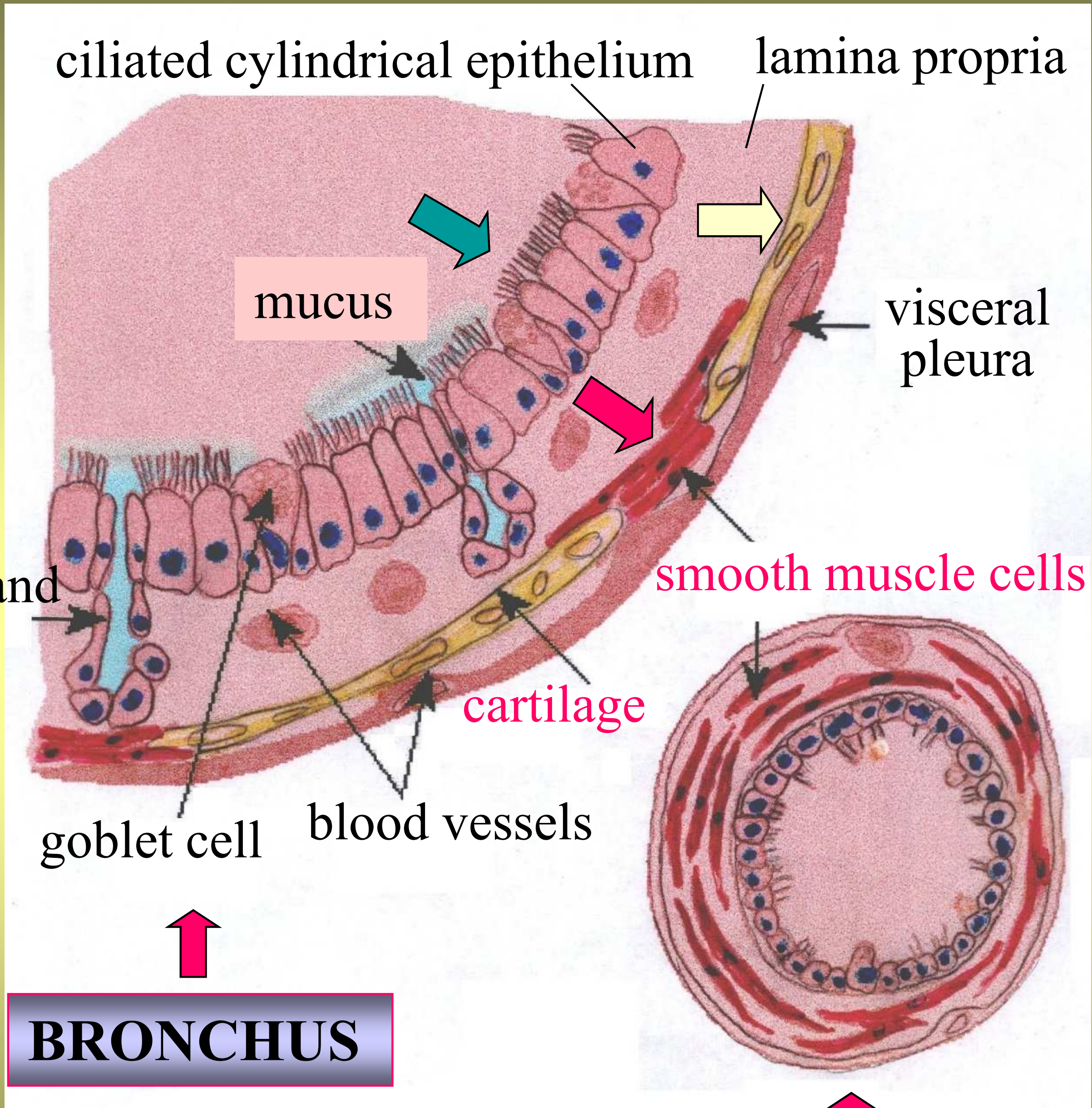


BRONCHI

BRONCHIOLES

TERMINAL BRONCHIOLES

AERODYNAMIC RESISTENCE



TERMINAL BRONCHIOLE

∅ < 1 mm

AUTONOMIC INNERVATION of smooth muscle cells

Muscarinic receptors:

Acetylcholine activates

bronchoconstriction

β-adrenergic receptors:

Noradrenaline activates

bronchodilatation

V_T tidal volume ~ **500 ml**

V_A part of tidal volume entering alveoli ~ **350 ml**

V_D part of tidal volume remaining in the dead space ~ **150 ml**

$V_T = V_A + V_D$

f = 12/min

$\dot{V}_A = V_A \times f$

ALVEOLAR VENTILATION

4.2 l/min

$\dot{V} = V_T \times f$

PULMONARY MINUTE VENTILATION

6 l/min

$\dot{V}_D = V_D \times f$

DEAD SPACE VENTILATION

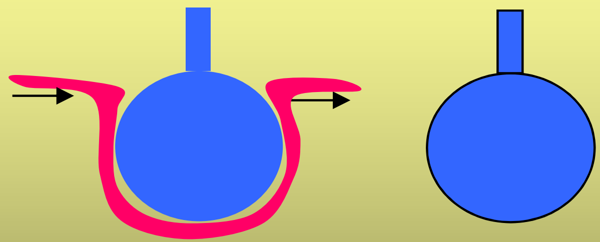
1.8 l/min

DEAD SPACE

TOTAL GAS VOLUME NOT EQUILIBRATED WITH BLOOD
(without exchange of gasses)

- **ANATOMICAL dead space - volume of air passages**
- **FUNCTIONAL (total) dead space**

ANATOMICAL dead space + total VOLUME of ALVEOLI without functional capillary bed



IN HEALTHY INDIVIDUALS
both spaces are practically identical

I AIR PASSAGES

II MEASURABLE PARAMETERS

- DEAD SPACE
- ➡ LUNG VOLUMES
- FUNCTIONAL INVESTIGATION
- CHARACTERISTIC PRESSURES

III ACTIVE AND PASSIVE FORCES

- RESPIRATORY MUSCLES
- LUNGS ELASTICITY
- COMPLIANCE
- WORK OF BREATHING

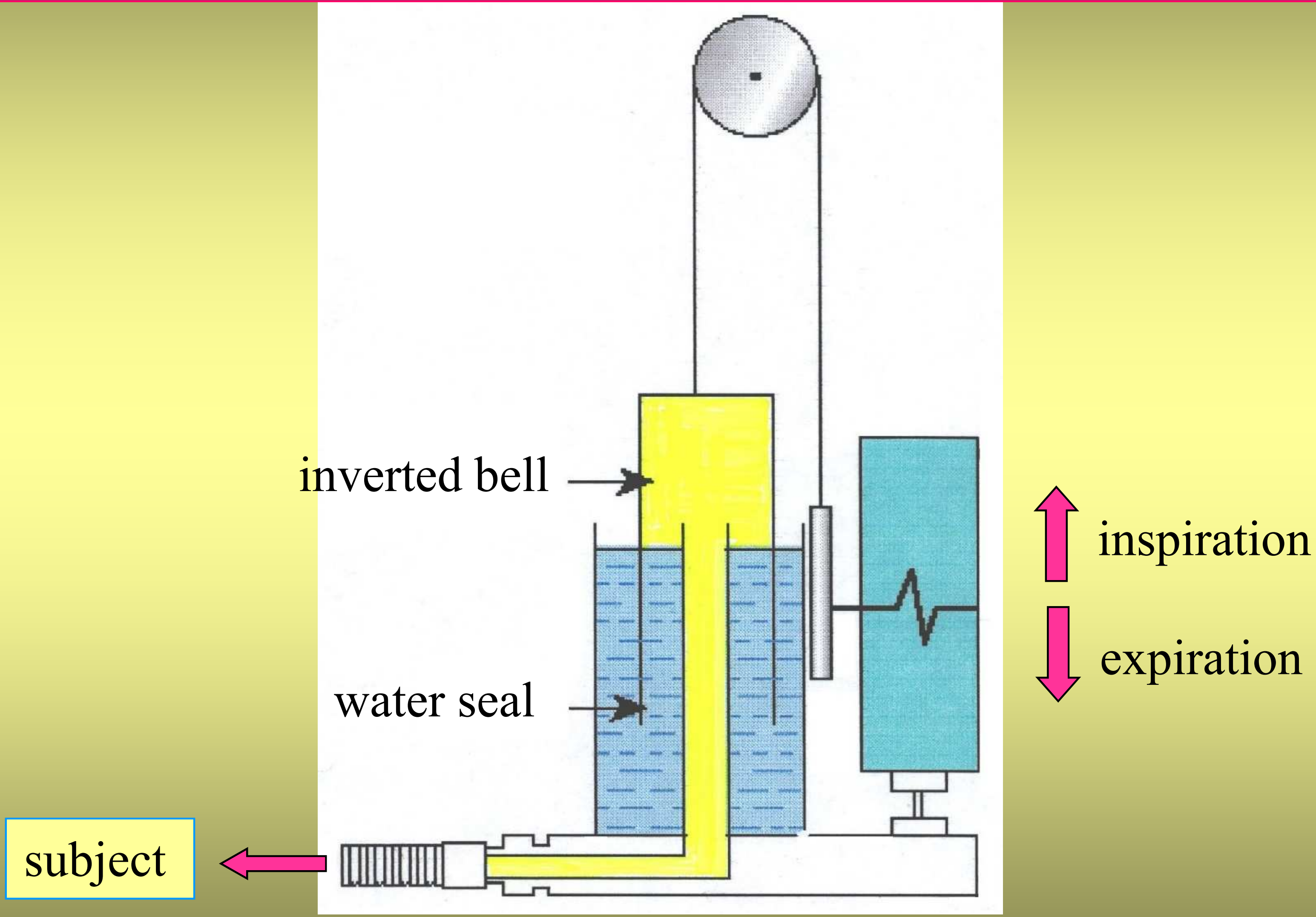
IV COMPOSITION OF ALVEOLAR AIR

V ALVEOLAR-CAPILLARY MEMBRANE

VI TRANSPORT OF GASSES (O_2 and CO_2)

SPIROMETRY

(measurements of lung volumes, capacities, functional investigations, …)



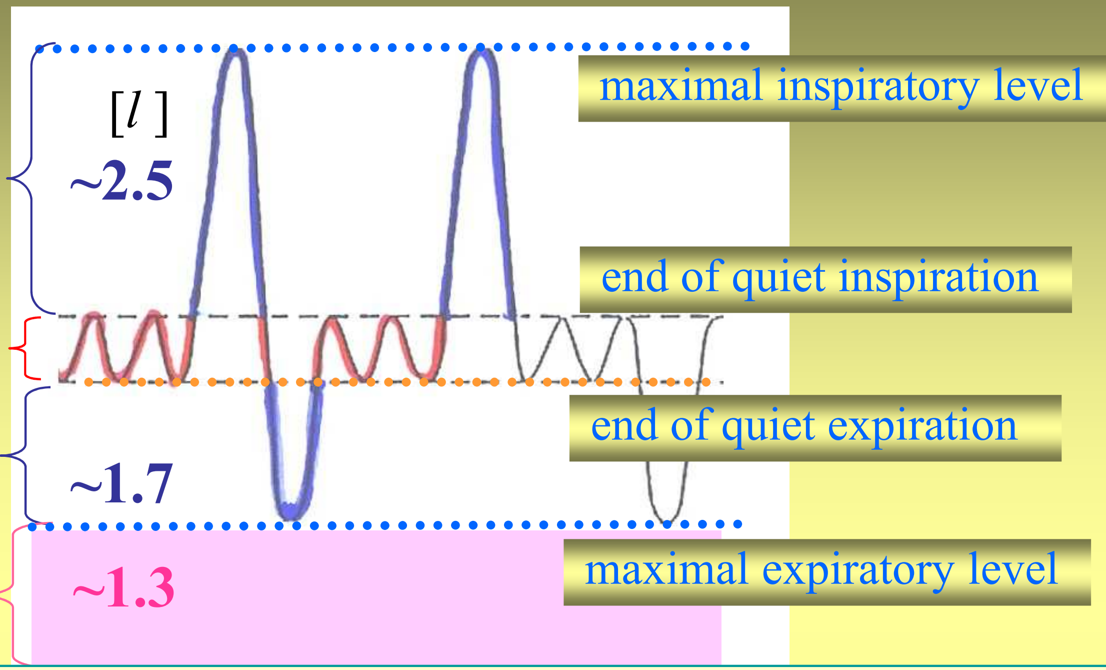
LUNG VOLUMES

INSPIRATORY RESERVE VOLUME *IRV*

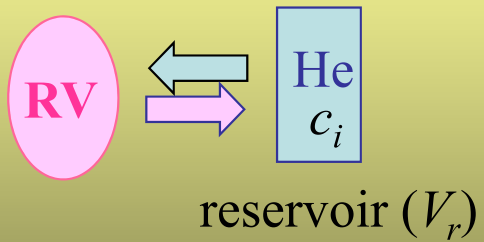
TIDAL VOLUME V_T

EXPIRATORY RESERVE VOLUME *ERV*

RESIDUAL VOLUME *RV*



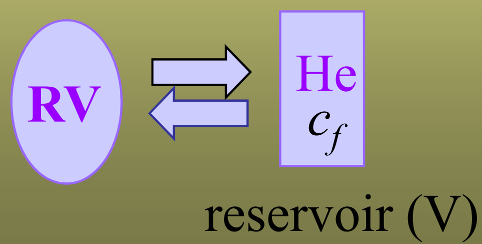
DILUTION METHOD
He



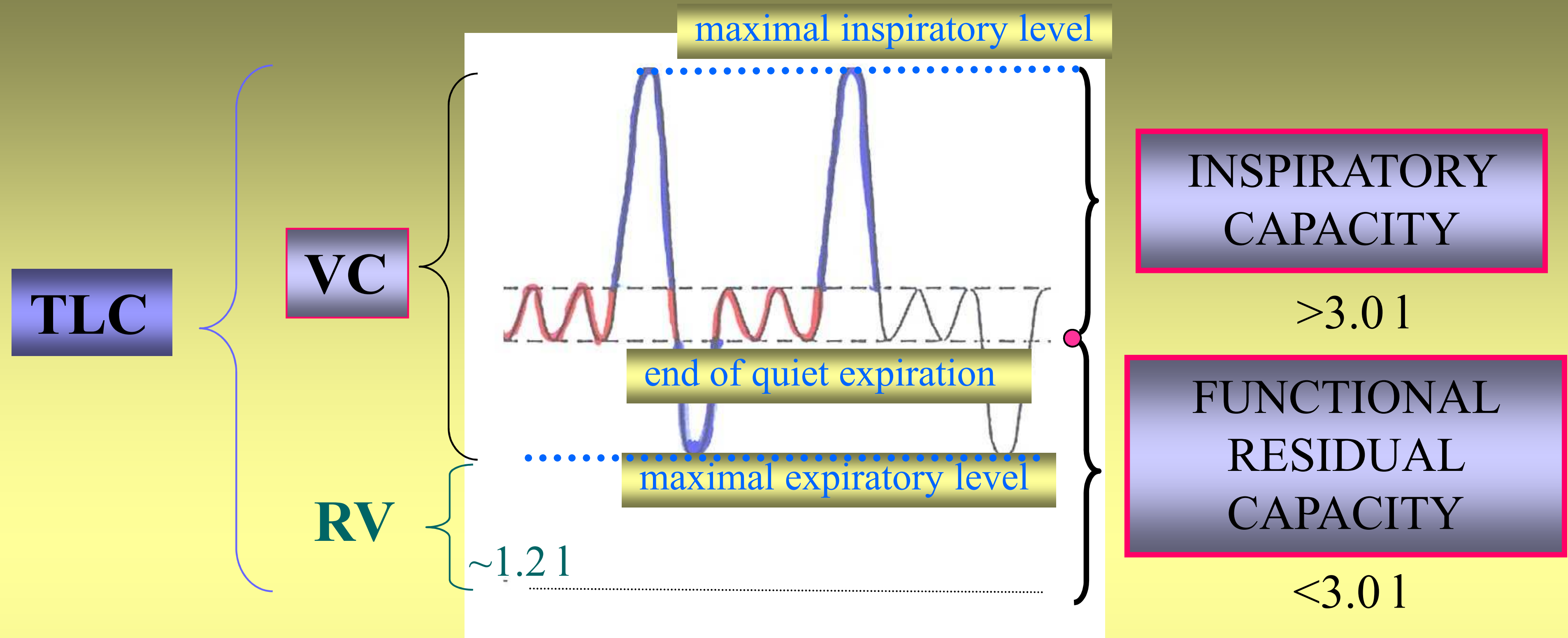
Principle of method: **1** Maximal expiration, **2** Repeated inspiration from and expiration into a reservoir (known **volume** V_r) with inert gas ***He*** (known concentration c_i)

⇒ Equilibration of the air in the residual volume and reservoir

3 Calculation of **residual volume *RV*** from the initial and final *He* concentrations in reservoir (c_i , c_f).



$$RV = V_r \frac{c_{i\,He} - c_{f\,He}}{c_{f\,He}}$$



VC | **VITAL CAPACITY = V_T + IRV + ERV** ~ 4.7 l

VC - the largest amount of air that can be expired after maximal inspiration

TLC | **TOTAL LUNG CAPACITY = VC + RV** ~ 6.0 l

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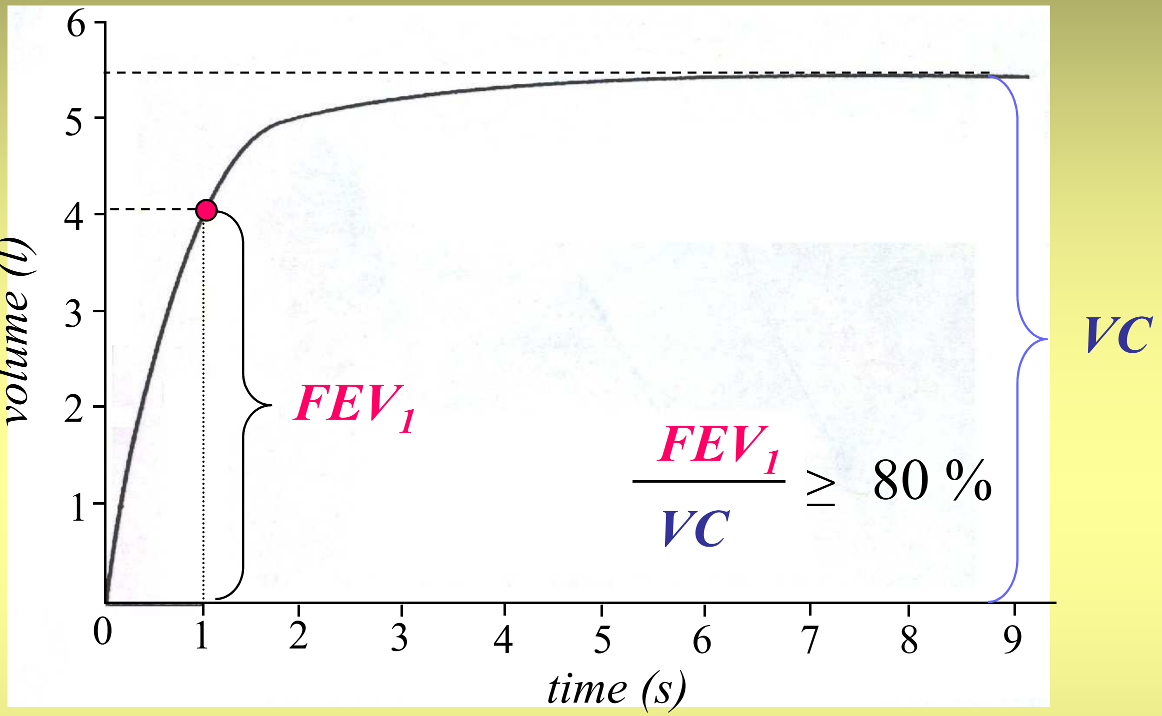
FUNCTIONAL INVESTIGATION OF THE LUNGS

- **TIMED VITAL CAPACITY** (***FEV_1*** - forced expiratory volume per 1 s)



- **PULMONARY MINUTE VENTILATION** ***RMV*** **(respiratory minute volume) at rest** (0.5 l x 12 breathes/min = 6 l/min)
- **MAXIMAL VOLUNTARY VENTILATION (*MVV*)** (125-170 l/min)
- **PEAK EXPIRATORY FLOW RATE (*PEFR*)** (~10 l/s)

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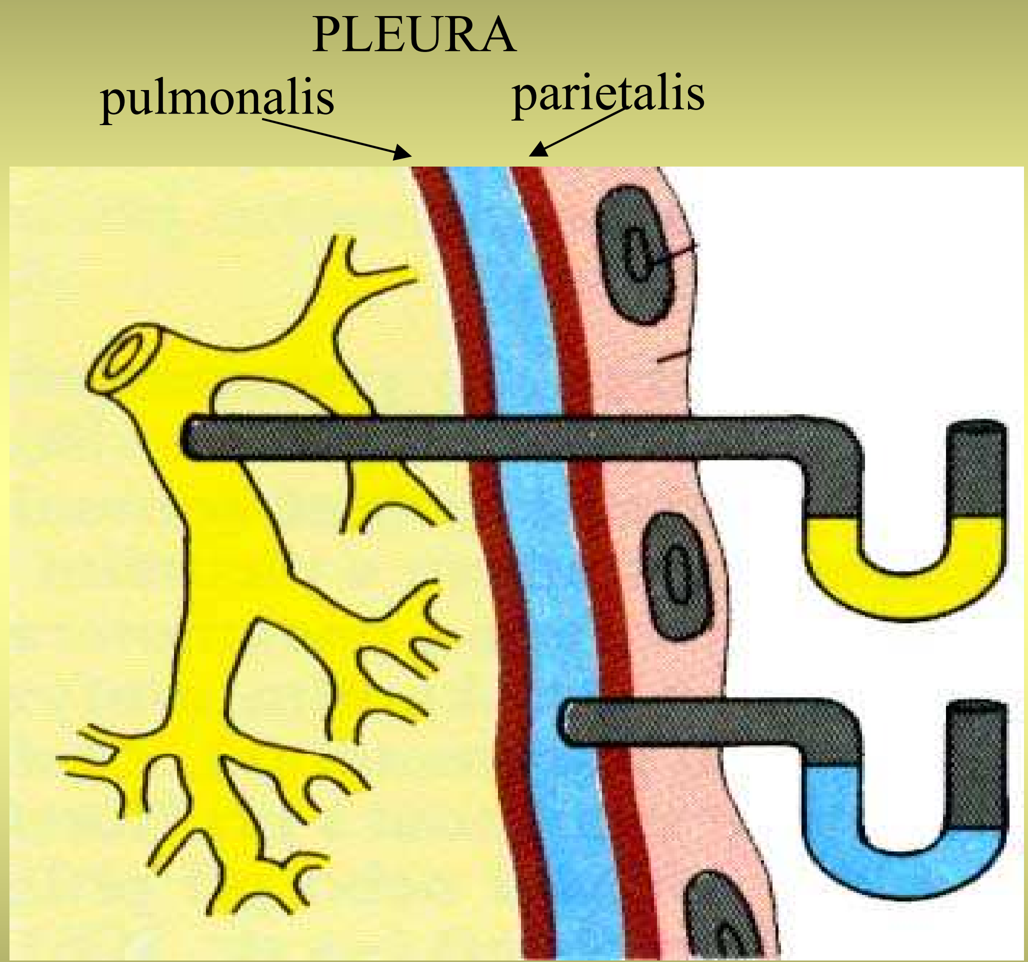
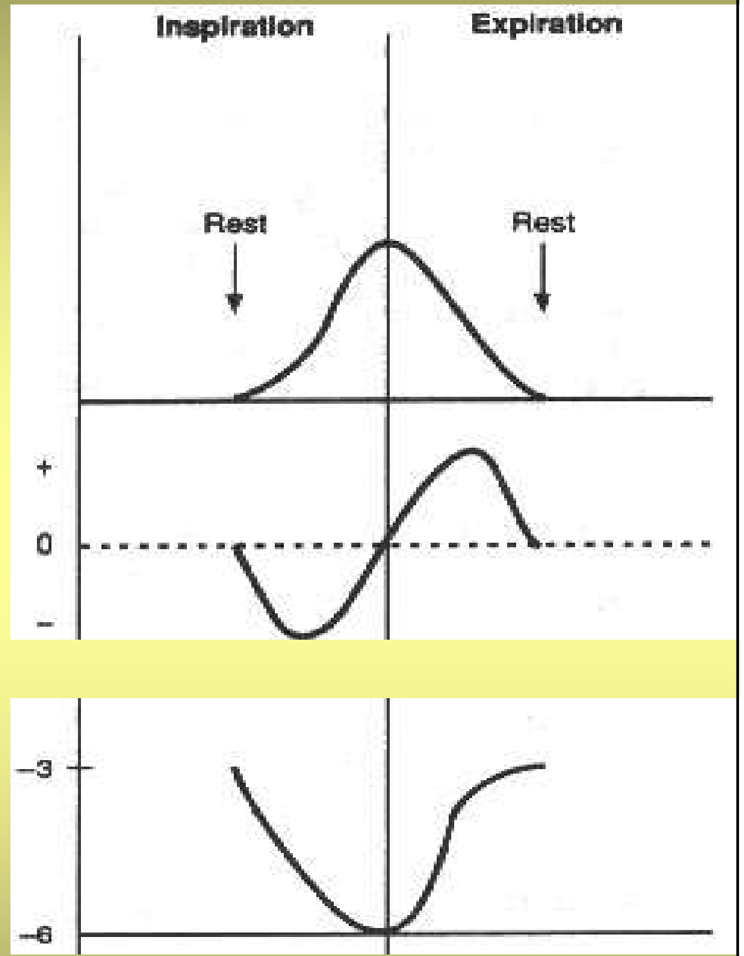

PLEURA
pulmonalis
parietalis


Inspiration
Expiration
Rest
Rest
+
0
–
–3
–6

FORCES PARTICIPATING IN RESPIRATION

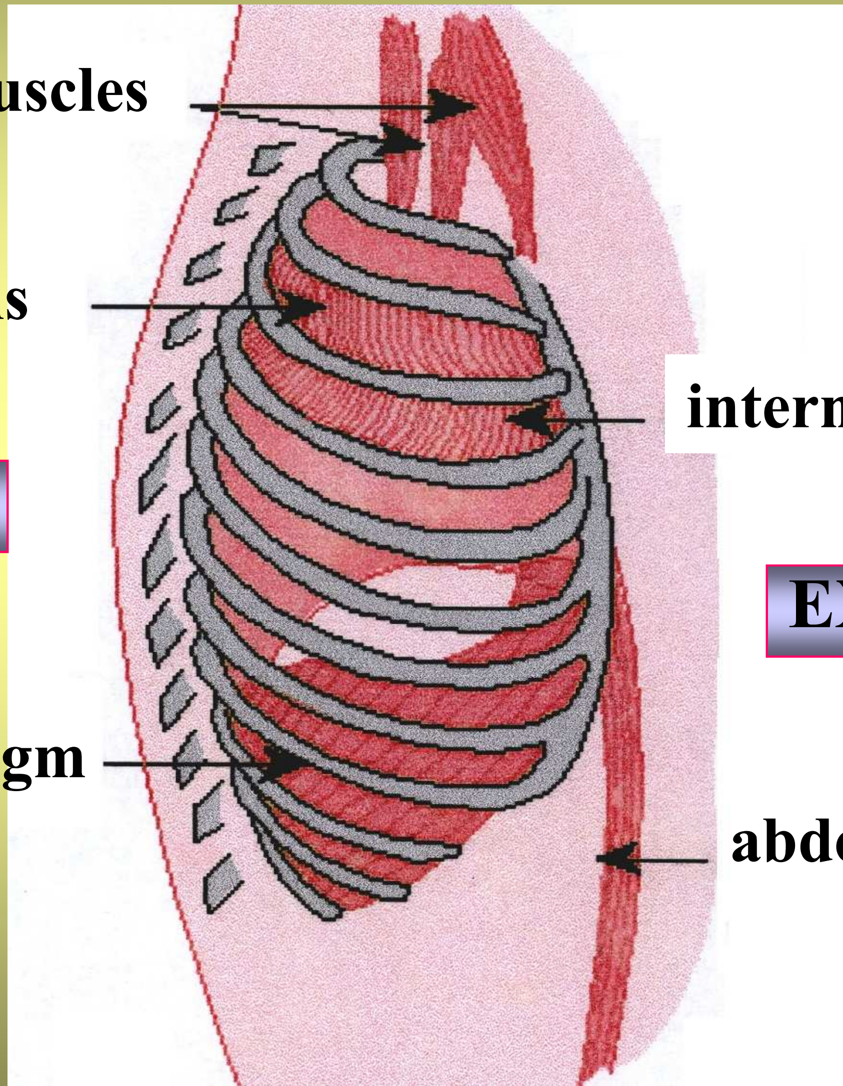
- **ACTIVE FORCES** performed by respiratory muscles
- **PASSIVE FORCES represented by:**
  - **lungs elasticity**
  - **chest elasticity**

QUIET RESPIRATION

INSPIRATION - active forces of inspiratory muscles prevail

EXPIRATION - only passive (elastic) forces are in action

RESPIRATORY MUSCLES



INSPIRATORY

EXPIRATORY

INSPIRATORY muscles

QUIET breathing

- *diaphragm* (> 80 %)
- *external* **intercostals** (< 20 %)

FORCED breathing in addition

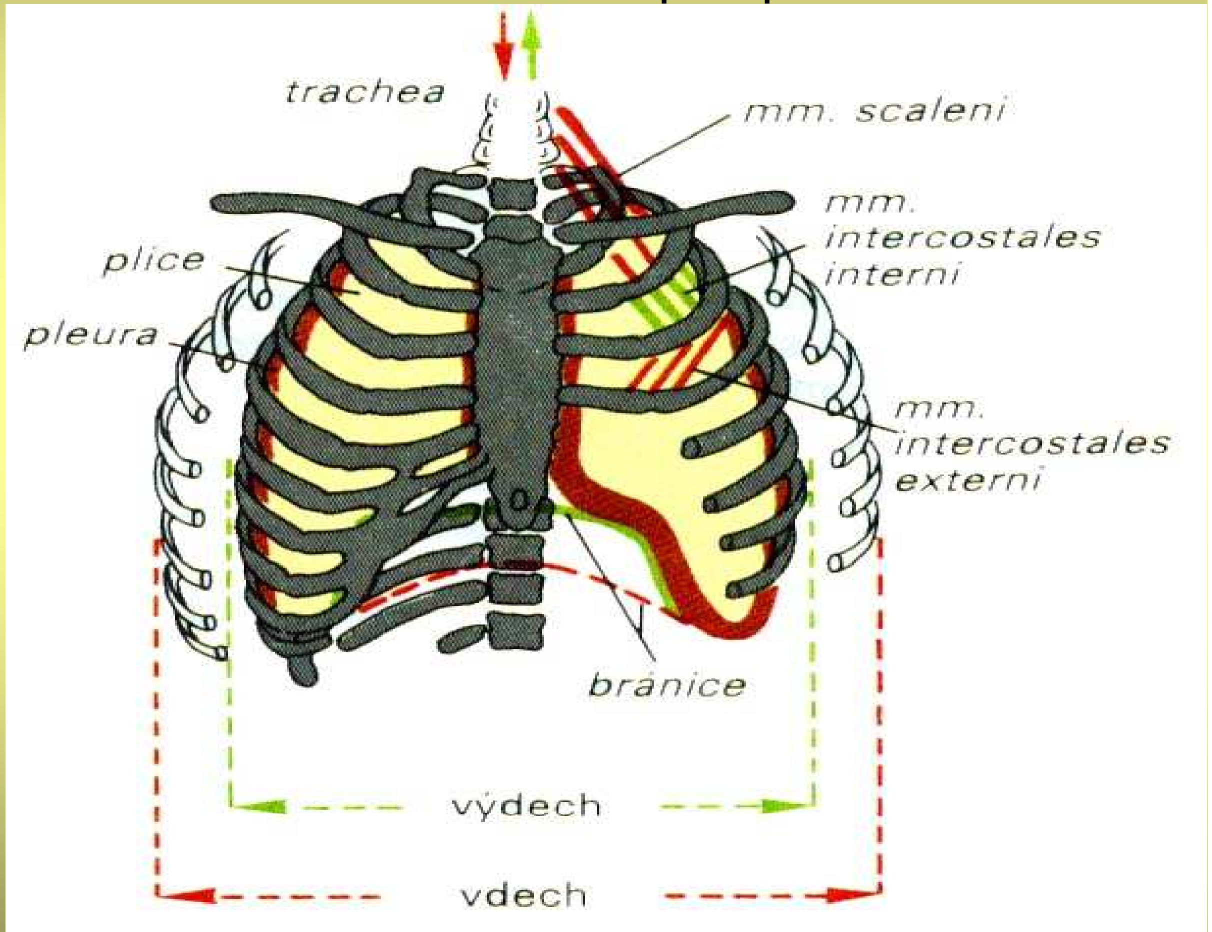
- ***accessory* inspiratory muscles** (mm. scalene)

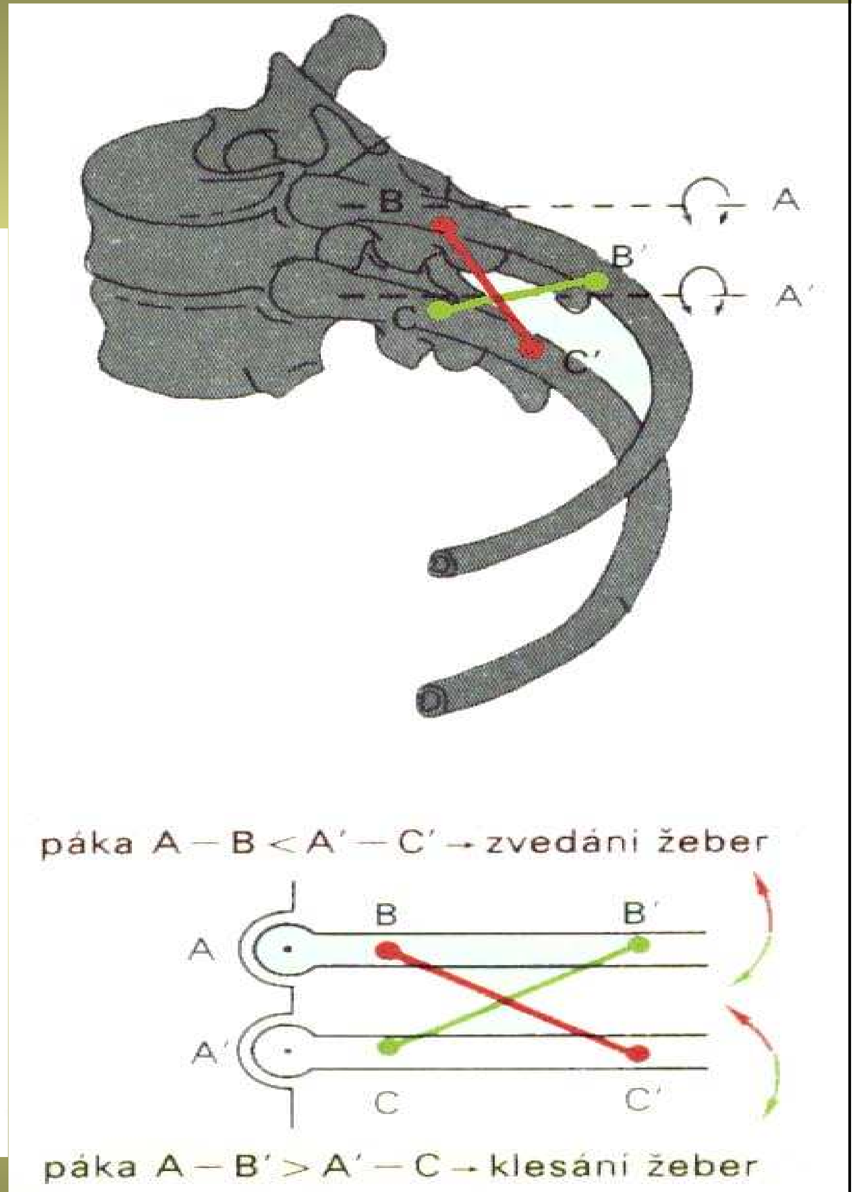
EXPIRATORY muscles

Only at FORCED breathing

- ***internal* intercostals**
- **muscles of the anterior *abdominal* wall**
  (abdominal recti, …)

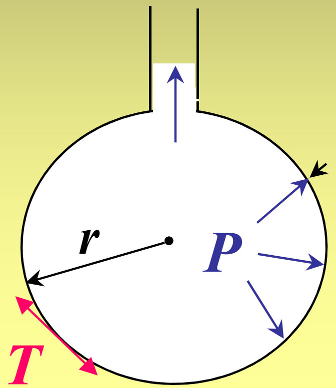
Bucket-handle and water-pump handle effects



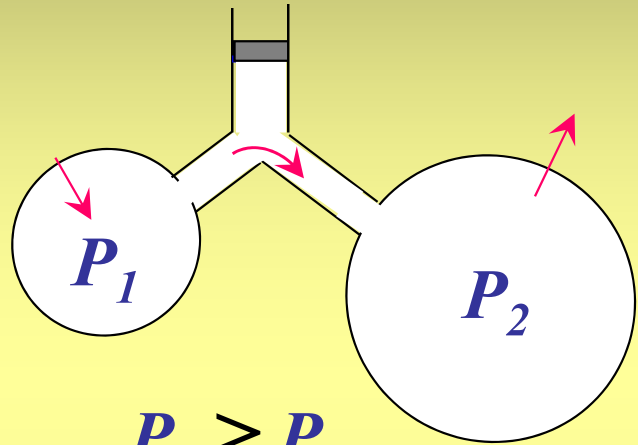


LAW OF LAPLACE

spherical structures



$$P = \frac{2T}{r}$$



$P_1 > P_2$

P pressure

r radius

T surface tension

PATHOLOGY

- **COLLAPSE OF ALVEOLI - ATELECTASIS**
- **EXPANSION OF ALVEOLI**

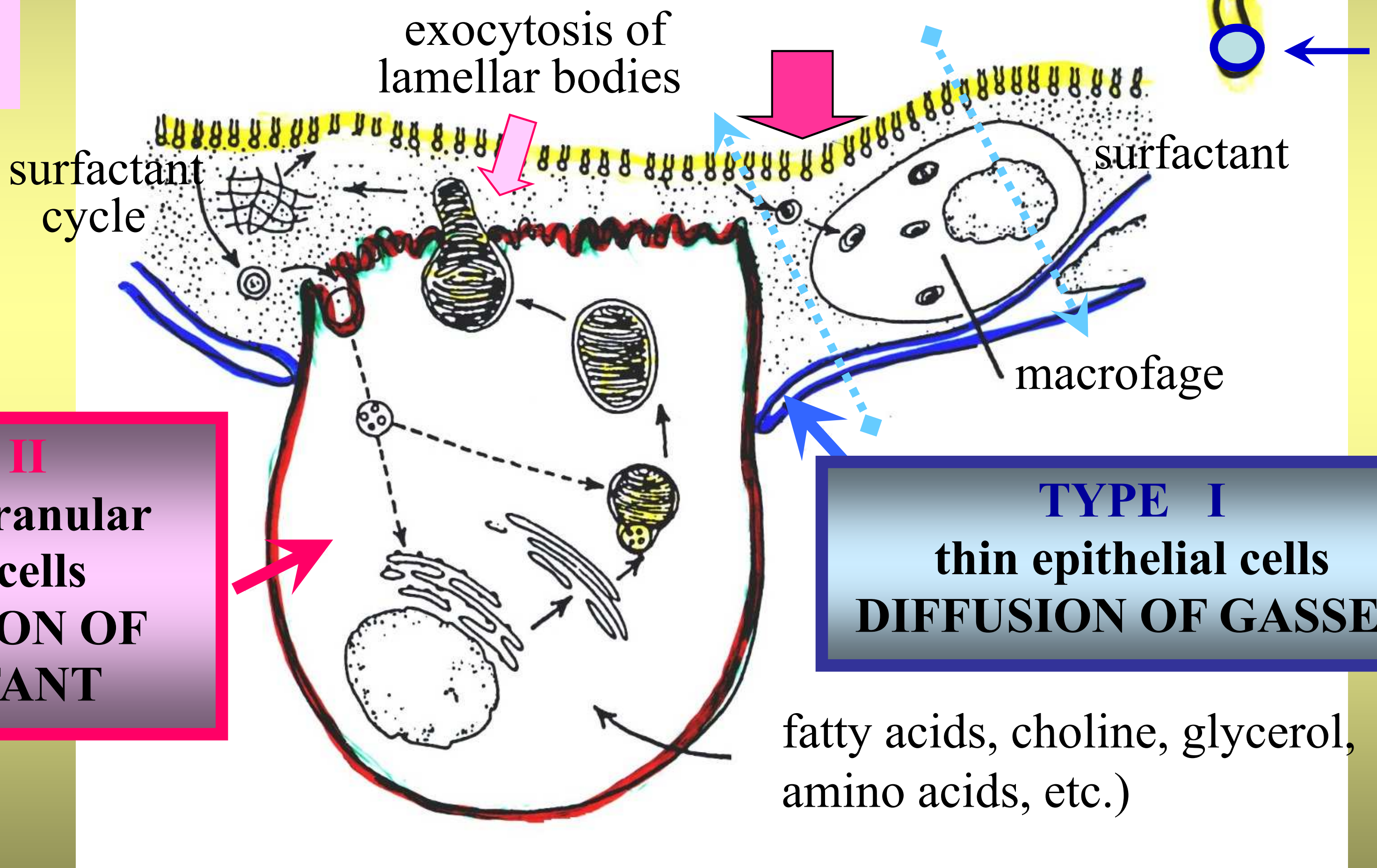
SURFACTANT

SURFACE TENSION LOWERING AGENT

EFFECT MAINLY IN THE EXPIRED POSITION

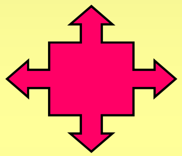
PHOSPHOLIPID
dipalmitoyl
fosfatidyl cholin

ALVEOLAR EPITHELIAL CELLS



TYPE II
specialized granular epithelial cells
PRODUCTION OF SURFACTANT

TYPE I
thin epithelial cells
DIFFUSION OF GASSES



COMPOSITION OF DRY ATMOSPHERIC AIR

O_2	20.98 %	$F_{O2} \cong 0.21$
N_2	78.06 %	$F_{N2} \cong 0.78$
CO_2	0.04 %	$F_{CO2} = 0.0004$

Other constituents

BAROMETRIC (ATMOSPHERIC) PRESSURE AT SEA LEVEL

1 atmosphere = 760 mm Hg

PARTIAL PRESSURES OF GASSES IN DRY AIR AT SEA LEVEL

P_{O2} = 760 x 0.21 = ~160 mm Hg

P_{N2} = 760 x 0.78 = ~593 mm Hg

P_{CO2} = 760 x 0.0004 = ~0.3 mm Hg

1 *kPa = 7.5 mm Hg (torr)*

COMPOSITION OF ALVEOLAR AIR

partial pressures in mm Hg

INSPIRED AIR

O_2	158.8
CO_2	0.3
N_2	601.0
…	

760 mm Hg

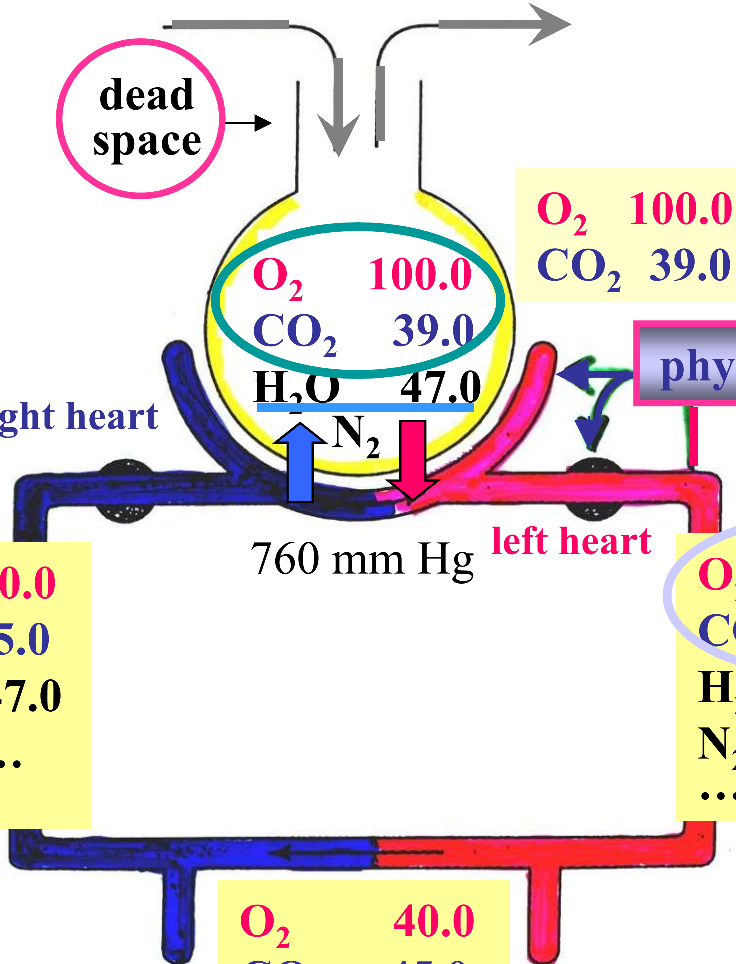
EXPIRED AIR

O_2	115.0
CO_2	33.0
H_2O	47.0
N_2	564.0
…	

760 mm Hg

?

dead space



O_2	100.0
CO_2	39.0
H_2O	47.0
N_2	

760 mm Hg

O_2	100.0
CO_2	39.0

physiological shunts

?

veins

O_2	40.0
CO_2	45.0
H_2O	47.0
N_2	…
…	

arteries

O_2	95.0
CO_2	41.0
H_2O	47.0
N_2	…
…	

periphery capillaries

O_2	40.0
CO_2	45.0
H_2O	47.0
N_2	…
…	

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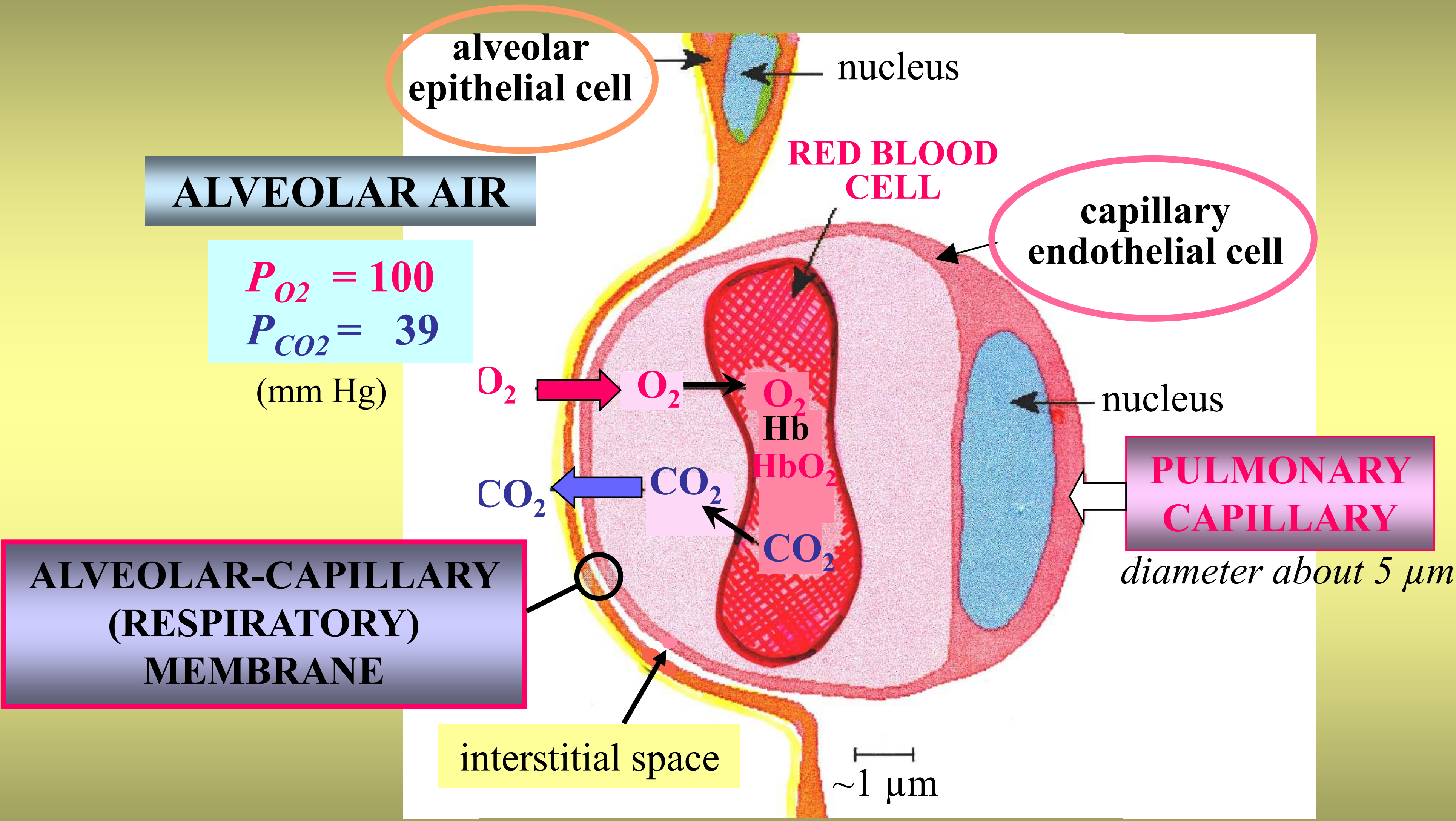
ALVEOLAR-CAPILLARY (RESPIRATORY) MEMBRANE

DIFFUSION OF GASES



0.75 s

time interval of erythrocyte contact with respiratory membrane at rest

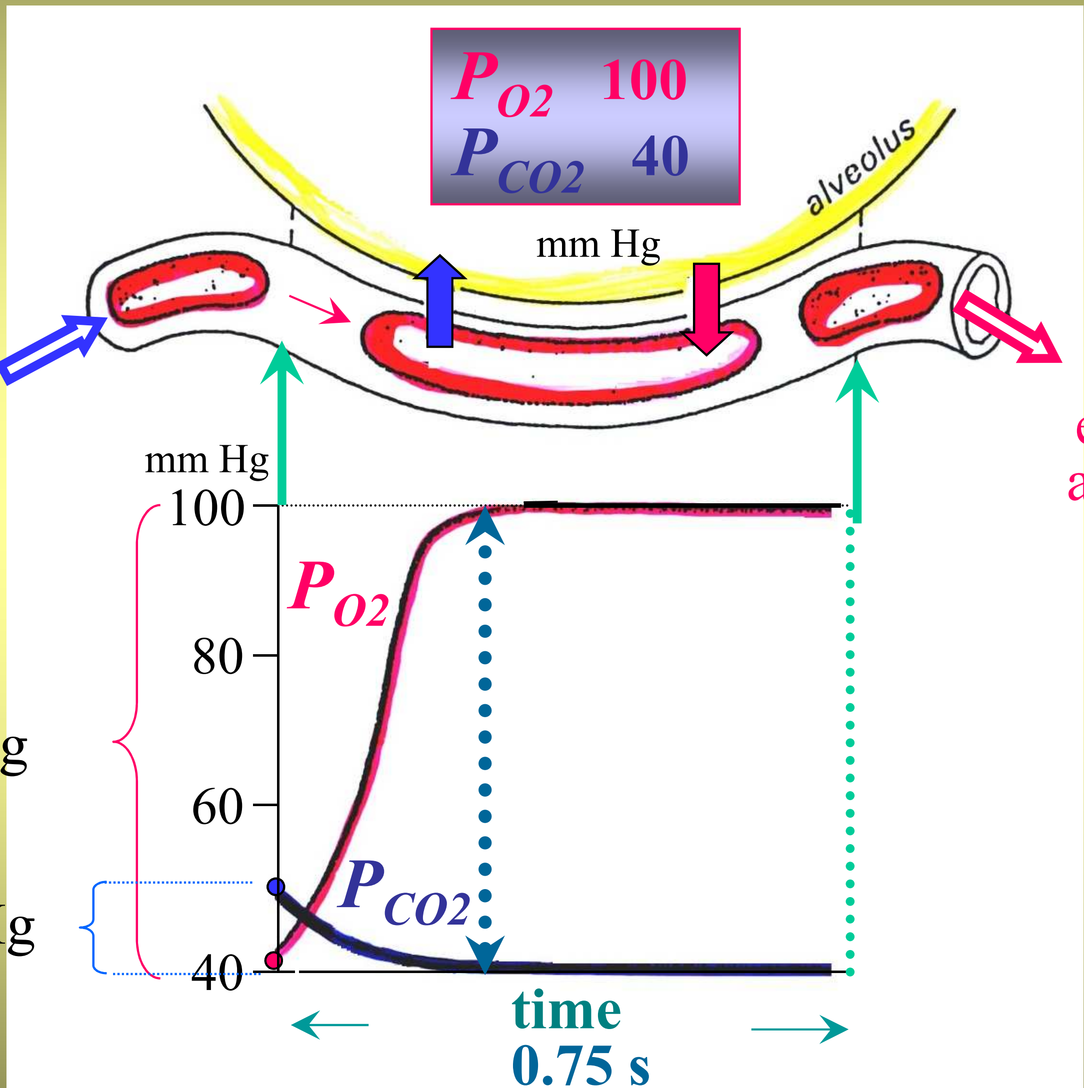
TIME COURSE OF CAPILLARY P_{O2} AND P_{CO2} DURING GRADUAL EQUILIBRATION WITH ALVEOLAR AIR

venous blood

P_{O2} 40
P_{CO2} 46
mm Hg

$\Delta P_{O2} \cong 60$ mm Hg

$\Delta P_{CO2} \cong 6$ mm Hg



P_{O2} 100
P_{CO2} 40
mm Hg

equalization with alveolar pressures

time interval of contact of erythrocyte with respiratory membrane at rest

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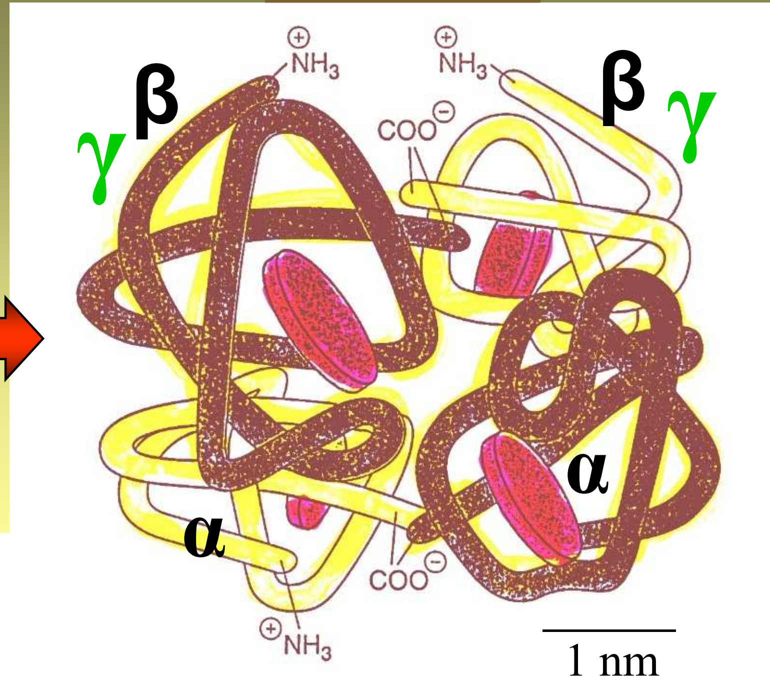
VI TRANSPORT OF GASSES (O_2 and CO_2)

HAEMOGLOBIN

$Hb_4 + 4\ O_2 \leftrightarrow Hb_4O_8$

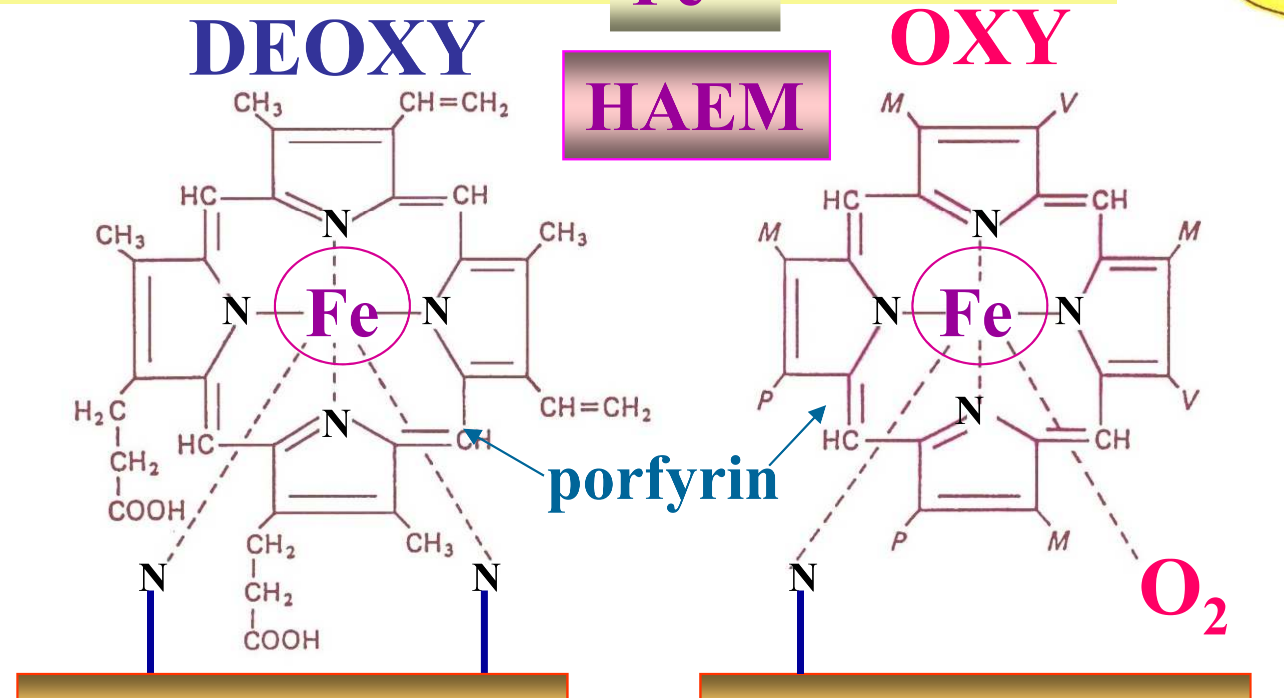
oxygenation

tetramer



Fe2+

HAEM



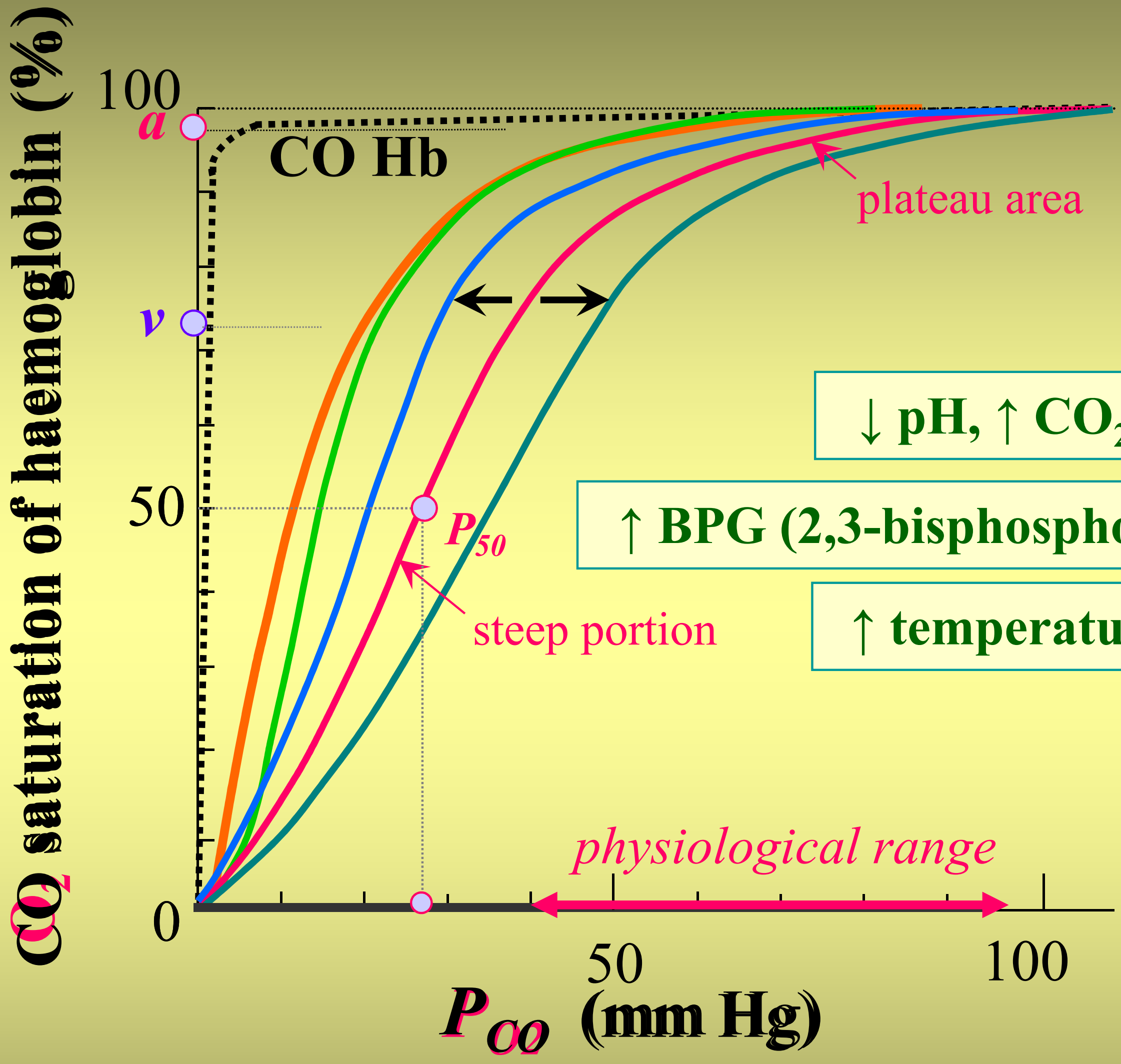
polypeptide chain

polypeptide chain

fetal Hb

Fe^{3+} (methaemoglobin)
oxidation

O_2–HAEMOGLOBIN DISSOCIATION CURVE



BOHR´S EFFECT
(↓ pH, ↑CO_2)

↓ pH, ↑ CO_2

↑ BPG (2,3-bisphosphoglycerate)

↑ temperature

fetal Hb

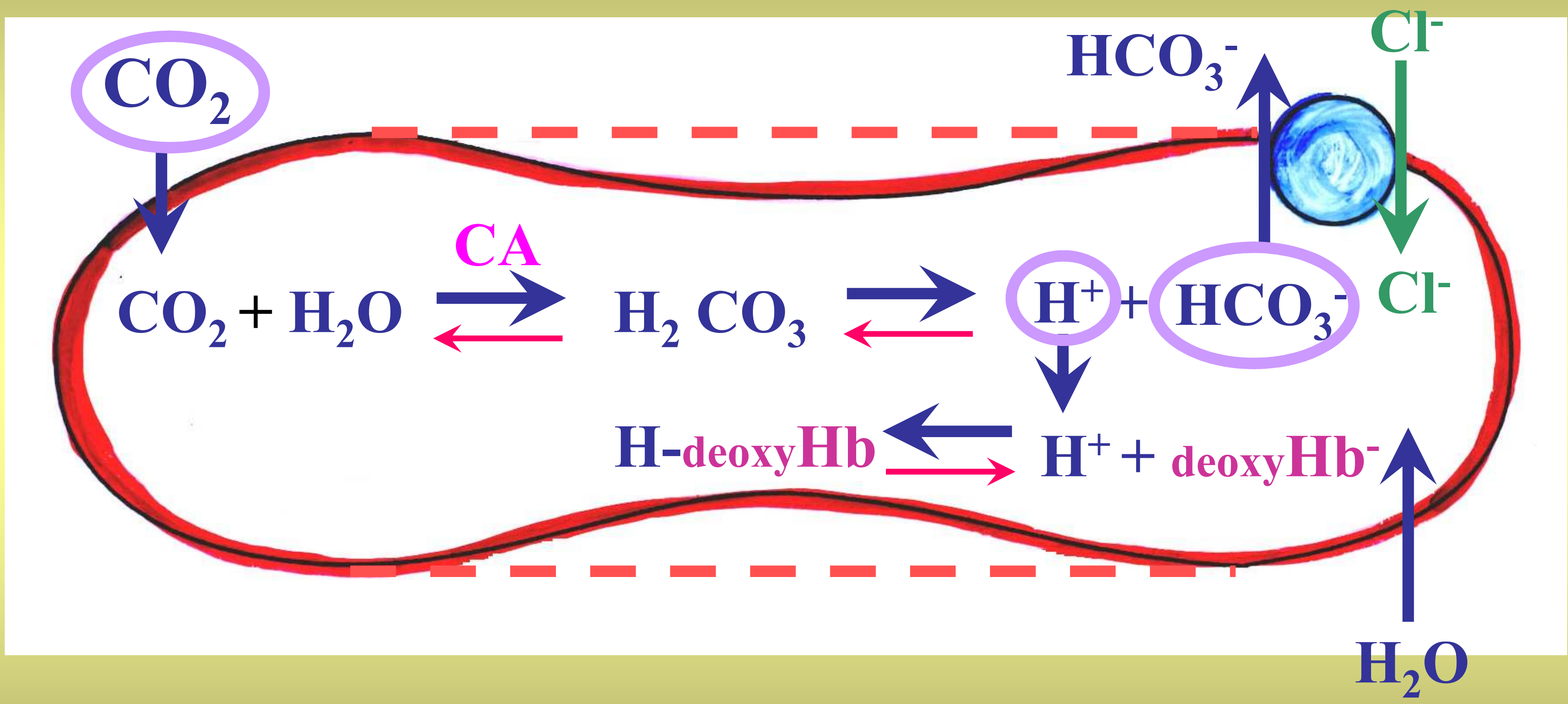
myoglobin

methaemoglobin

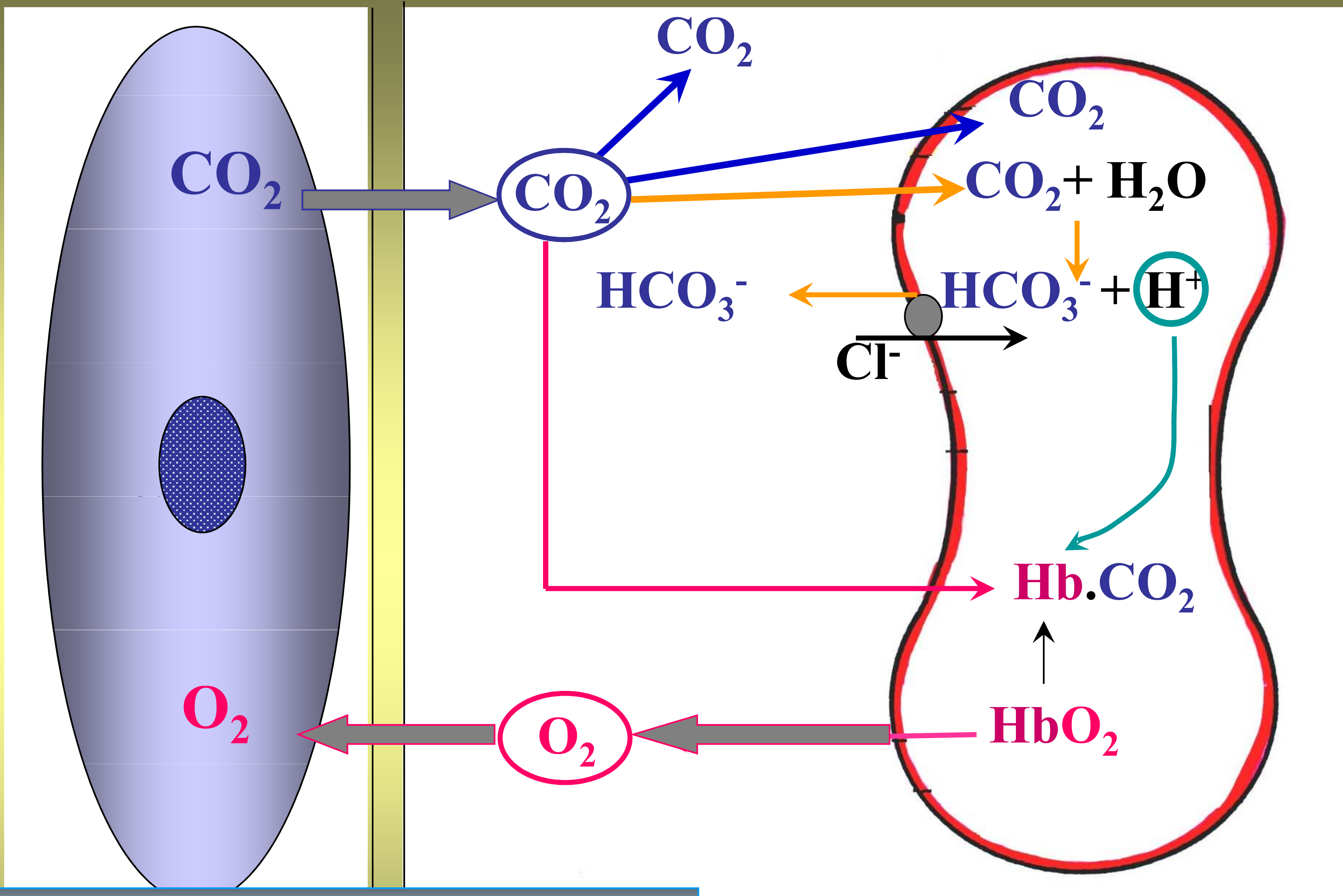
physically dissolved O_2 (1.4%)

TRANSPORT OF CO_2

HAMBURGER CHLORIDE SHIFT



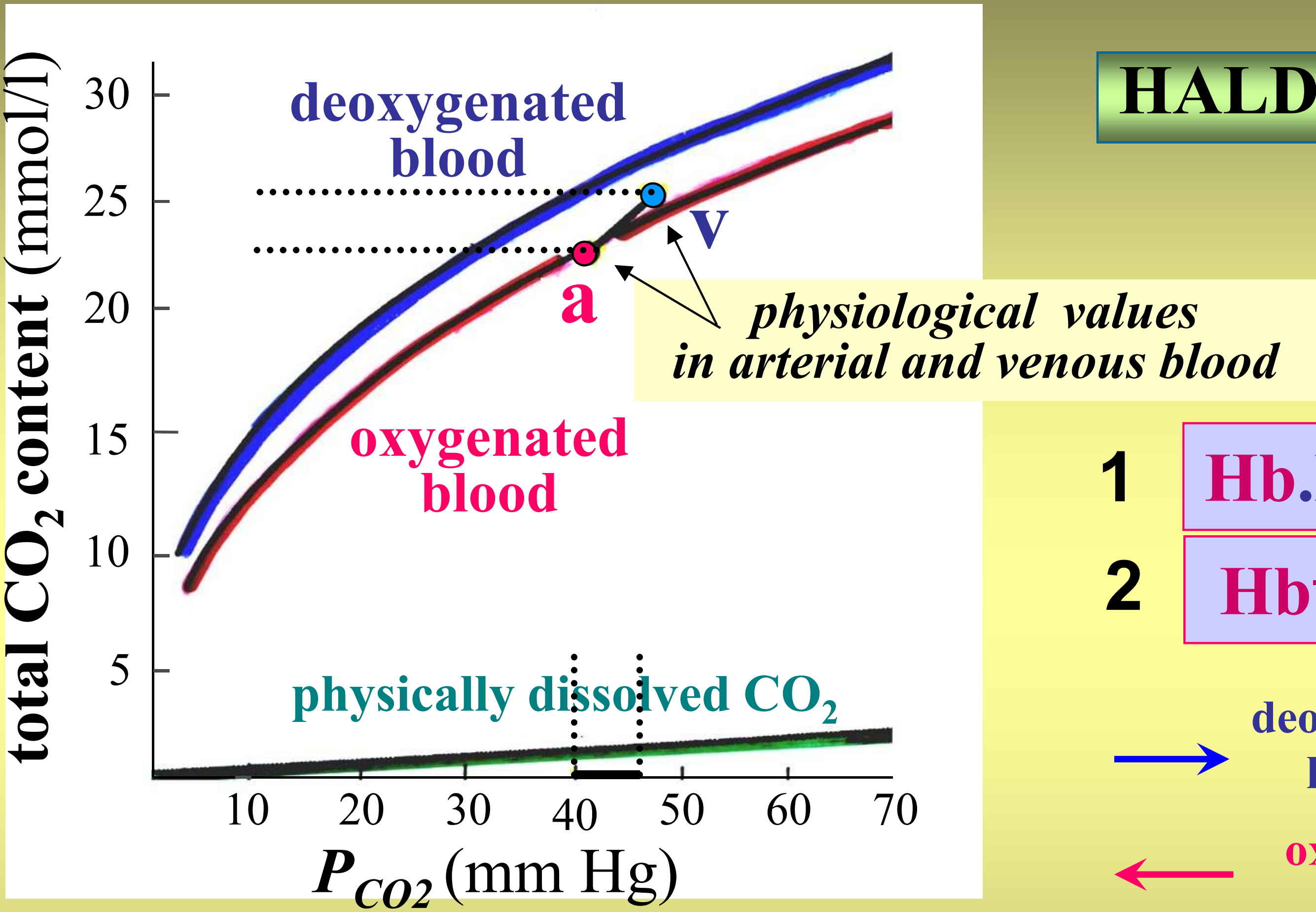
CA – carbonic anhydrase



- CO_2 physically dissolved (~5.3%)
- CO_2 + Hb-NH_2 ⇄ Hb.NH-COO^- (carbamino-Hb) (~5.3 %)
- $CO_2 + H_2O \rightleftarrows HCO_3^- + H^+$ (~89%)

60% in plasma, 29% in red blood cell

CO_2 DISSOCIATION CURVE



HALDANE EFFECT

?

DEOXY-Hb

1 Hb.NH.COO$^-$

2 $Hb^- + H^+ \rightleftarrows HHb$

→ deoxygenated blood in peripheral tissues

← oxygenated blood in the lungs

$$CO_2 + H_2O \rightleftarrows H_2CO_3 \rightleftarrows H^+ + HCO_3^-$$

↑↓

$$Hb^- + H^+ \rightleftarrows HHb$$

TISSUES: **DEOXY-Hb** binds H^+ more readily (weaker acid) ⇒ ↑ amount of chemically bound CO_2

LUNGS: H^+ is released from **OXY-Hb** ⇒ ↓ amount of chemically bound CO_2

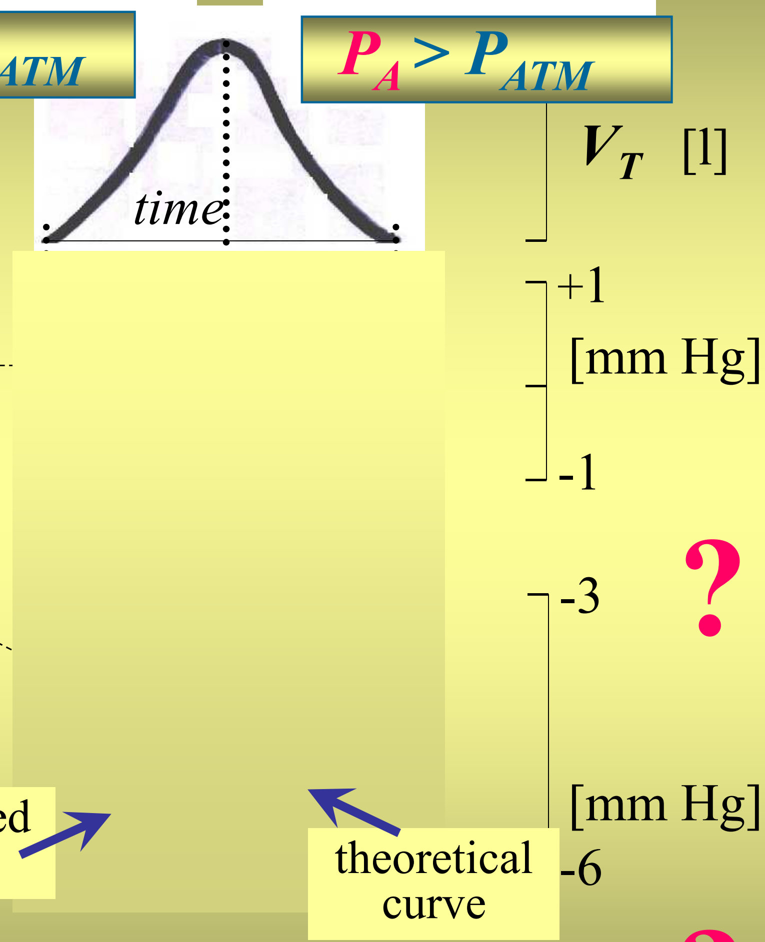
END

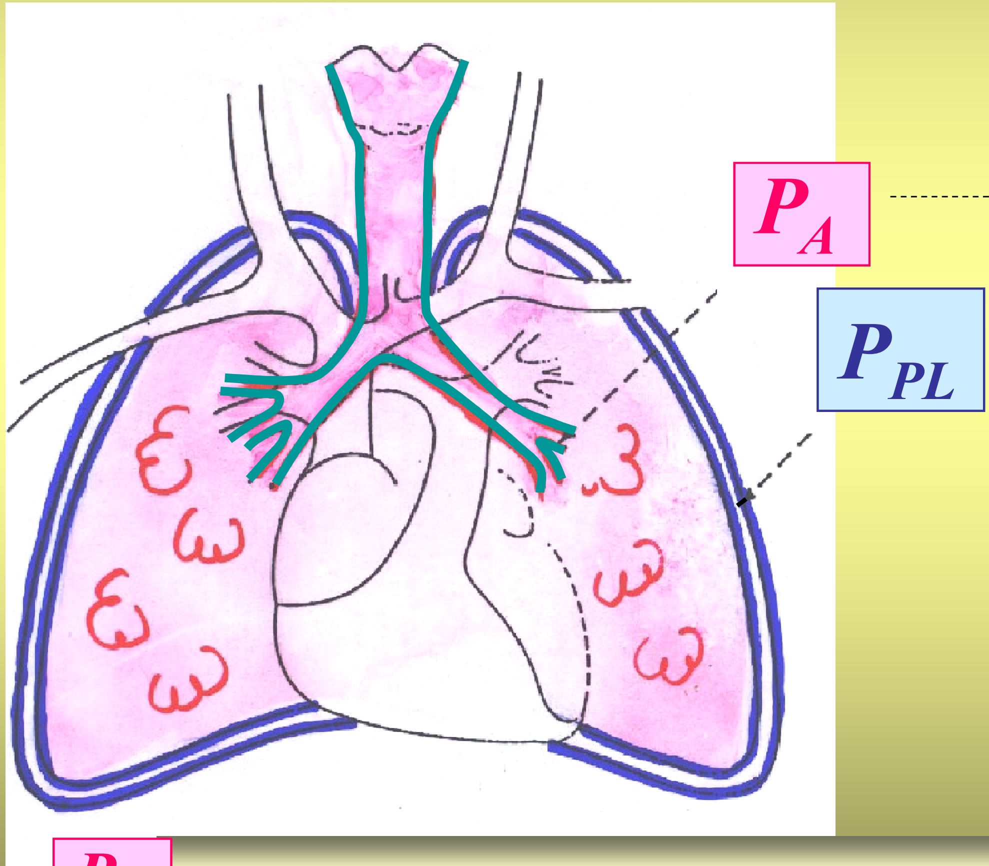
TIME COURSE OF PRESSURES AT QUIET RESPIRATION

$P.V = const$ ⇒ $P = \frac{const}{V}$

INSPIRATION $P_A < P_{ATM}$

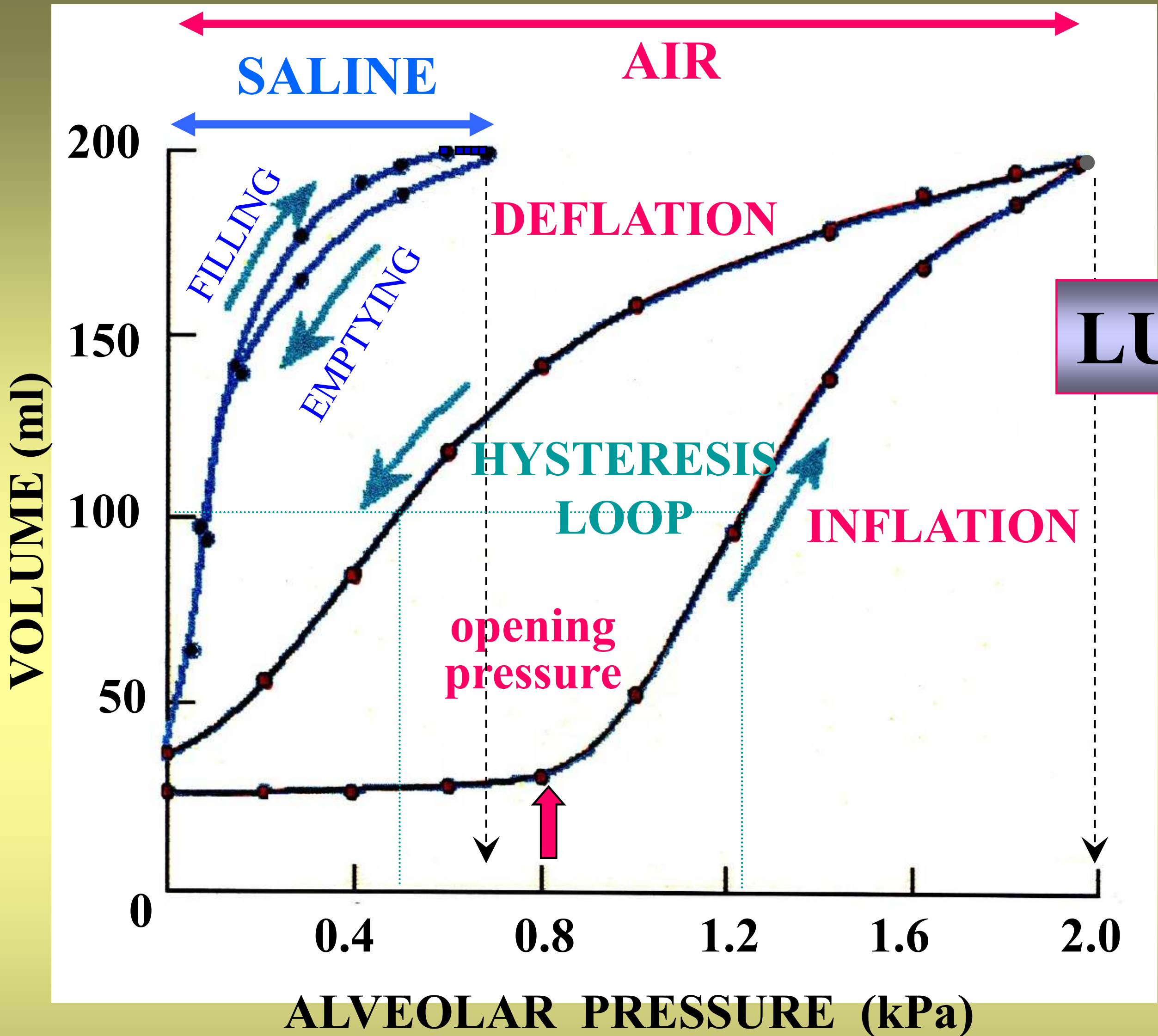
EXPIRATION $P_A > P_{ATM}$





P_A **ALVEOLAR (INTRAPULMONARY, LUNG)**

P_{PL} **INTRAPLEURAL (INTRATHORACIC)**

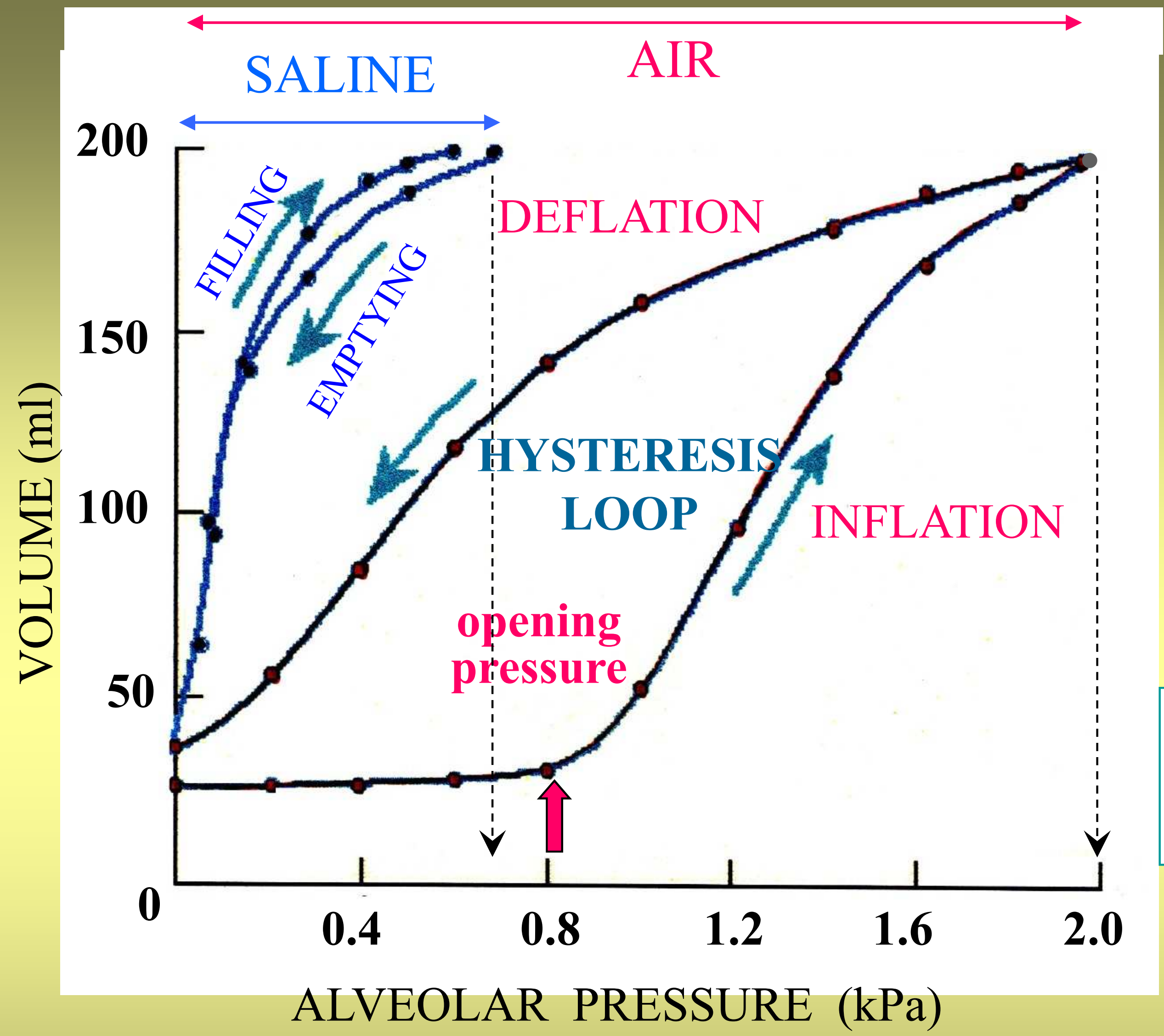


LUNGS ELASTICITY

1 *kPa* = 7.5 *mm Hg*

LUNGS ELASTICITY

- **INHERENT TISSUE ELASTICITY (elastin and collagen fibres)**
- **SURFACE TENSION FORCES air-liquid interface in alveoli**

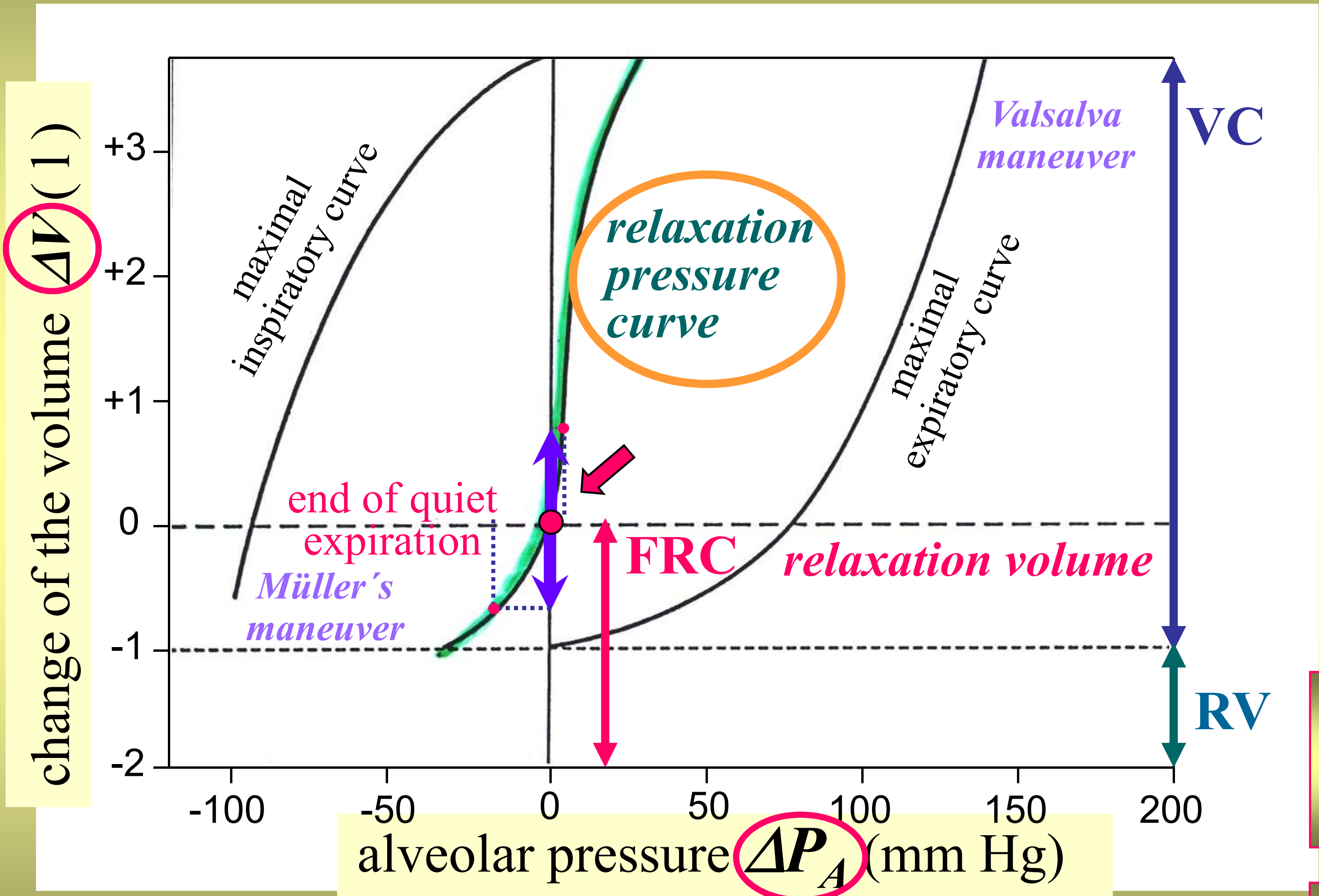


Factors involved in HYSTERESIS LOOP

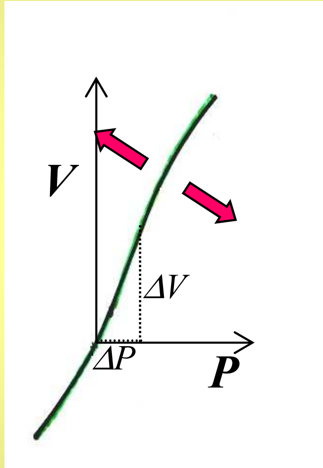
- **LAPLACE LAW (responsible for high opening pressure of alveoli)**
- **Dynamic changes** in the **DENSITY of surfactant molecules** during **INSPIRATION** and **EXPIRATION**

COMPLIANCE (VOLUME STRETCHABILITY)

STATIC MEASUREMENT IN CLOSED SYSTEM



$$C = \frac{\Delta V}{\Delta P}$$



compliance is decreased
↑ stiffness of the tissue

compliance is increased
↓ stiffness of the tissue

TOTAL RESPIRATORY SYSTEM
(lungs and chest)

TOTAL WORK OF RESPIRATORY MUSCLES AT QUIET BREATHING

ELASTIC (STATIC) WORK (65%)

to overcome the elastic forces of the chest and lungs

DYNAMIC WORK (35%)

- to overcome the resistance of air passages during the air movement – AERODYNAMIC RESISTANCE (~ 28%)
- to overcome the friction during mutual movement of inelastic tissues – VISCOUS RESISTANCE (~ 7%)